



**AUSTRALIAN JUNIOR AND PARA-JUNIOR ATHLETICS CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK ATHLETIC CENTRE  
14 - 18 MARCH 2018**

**TECHNICAL REGULATIONS**

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**TEAM MANAGERS AND ATHLETES ARE REQUESTED TO READ THE FOLLOWING VERY CAREFULLY**

The Championships will be conducted according to the rules of the IAAF, IPC and Athletics Australia.

**1. CLASSIFICATION:**

Any athlete intending to compete in a para-event must have a formally recognised National Level Classification.

**2. PARA ATHLETES COMBINING CLASSES**

All of the events conducted at the Championships will be in a combined class format. All classes will be combined (both Wheelchair and Ambulant) for the purposes of scoring. Official results will be determined based on the Multi Disability Scoring tables (described in more detail later in this document).

In the case of field events, since this competition is only conducted in Under 20 and Under 16 age groups, athletes may throw the weight for their two year age group. i.e. athletes that are 13 in 2015 may throw the implement weight for their classification in the Under 14 age group (despite competing as an Under 16 athlete)

**3. UNIFORMS:**

All athletes entered in the Championships must wear their correct Member Association uniform.

**4. ATHLETE BIBS:**

- Athlete bibs will be given to Team Managers, who will be responsible for issuing to all athletes under their control.
- The athlete bibs issued to competitors for these Championships must be worn on the front and back (except for IAAF approved events where only one is necessary) of the competitor's uniform firmly attached with not less than four (4) pins, so the entire number and sponsorship information can be easily read.
- No part of the number shall be folded under the uniform.
- *ATHLETICS AUSTRALIA WILL ENFORCE IAAF RULE 143.8, WHICH RENDERS AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY WITH THE COMPETITION NUMBER.*
- Side numbers will be provided by an official either in the Call Room or at the start for events requiring them.

**5. ENTRY PASSES:**

- Entry Passes for the Championships will be given to Member Associations at the Technical Meeting. There will be no gate entry fees for Wednesday 14<sup>th</sup> March. On each other day, if an athlete does not have an entry pass s/he will be required to pay the admission fee.
- NO EXCUSES WILL BE ACCEPTED.
- Entry passes are NOT transferable.

## 6. ADDITIONAL HEATS/ELIMINATION ROUNDS:

If additional heats or elimination rounds are required (other than those already scheduled), all entrants for that event will be notified through their Team Manager.

## 7. CONFIRMATION OF ENTRIES:

All athletes are deemed to be confirmed. Team Managers are encouraged to make any scratchings as soon as possible. This should be done by the Team Manager in the Administration Room, which will be located at the Competition Management room on the main concourse, not later than **one hour (90 minutes for pole vault)** before the scheduled starting time of each event. After close of confirmation for each event, heat allocations and lane draws will be conducted for those events.

## 8. SCRATCHINGS:

*If an athlete fails to scratch from an event by the time required under Regulation 7 above or does not compete in all rounds of an event for which s/he has qualified, s/he may not be permitted to compete in subsequent events in the championships, including relays (IAAF Rule 142.4 will be applied).*

## 9. CALL ROOM PROCEDURES:

- All athletes are required to report to the Call Room prior to their event.
- If an athlete is entitled to and wishes to use a Guide, they **must** accompany the athlete to the Call Room and proceed with the athlete to the field of play. A coloured vest will be provided to them, which they **must** return after the event.
- In the Call Room athletes will be expected to demonstrate that their competition uniform, numbers, shoes and other equipment comply with the competition rules.

Athletes will proceed to the start of their event from the Call Room **ACCOMPANIED BY AN OFFICIAL**. Athletes who proceed to the event not accompanied by an official may not be allowed to start.

The **closing call entry times** at the Call Room are:

- |                                      |            |
|--------------------------------------|------------|
| • Pole Vault                         | 70 minutes |
| • High Jump, Discus, Hammer, Javelin | 45 minutes |
| • Shot Put, Long & Triple Jump       | 35 minutes |
| • Hurdles & Relays                   | 20 minutes |
| • Track Events                       | 15 minutes |

This time allows for marshalling and movements to the competition site. The remainder of the time may be used to complete the warm-up at the competition site (under the supervision of the officials), when the competition site is not in use.

If an athlete is already or likely to be competing in another event at the designated marshalling time, the Team Manager must notify the Call Room of this prior to the designated marshalling time with a **Clash of Event** form, available for the Administration Room, which will be located at the Competition Management room on the main concourse.

## 10. START RULE DISPENSATION:

IAAF Competition Rule 162: Rules: 162.6 & 162.7 “Any competition (or part thereof) conducted exclusively for athletes competing in the under 14 age group and younger; only one false start per race shall be allowed without disqualification of the athlete making the false start. Any athlete(s) making further false starts shall be disqualified from the race. Where an athlete eligible for such an age group competes in an older age group, he/she will be subject to the rules as applied to the older age group.

The effect of this dispensation for these Championships is that:

- (a) for the Under 15 to Under 20 events inclusive, the IAAF Rule will be applied, subject to the Australian Starting Guidelines (a copy of which is available on the AA web-site); and
- (b) for the Under 14 the above dispensation will be applied.
- (c) for the Under 16 and U20 para events, the start rule will be applied as per individual classification standards

## 11. PROGRESSION TO FINALS (TRACK):

Rules for progression and qualifying rounds are as follows. These are the numbers of athletes checked-in and over-ride the IAAF Rules, and remain subject to changes directed by the Competition Director of Athletics Australia.

- |                                |              |                 |
|--------------------------------|--------------|-----------------|
| • 100**/200/400 metres/Hurdles | **1-9        | Final only      |
| 10 - 27                        |              | Two Rounds      |
| 28+                            |              | Three Rounds    |
| • 800**                        | 1-11         | Final only      |
| 12+                            |              | Two Rounds      |
| • 1500 metres##                | 1-15         | Final only      |
| 16+                            |              | Two rounds only |
| • 3/5000 metres & Steeple      | Final only # |                 |
| • Walks                        | Final only   |                 |

\*\* In the case of straight events, up to 10 athletes, and for 800m up to 12 athletes, may be included in some heats or finals to eliminate unnecessary rounds. If more than 30 confirmations are received for 100m or straight hurdles, and more than 27 confirmations for the 200m or 400m or 200m / 400m hurdles events, additional rounds may be programmed.

# May be conducted in two divisions as timed finals, if necessary.

## In U14, U15, U16 1500 metres seeded timed finals will be held rather than heats and finals where in the opinion of the Administration Delegate and Competition Director the numbers confirmed in a particular race exceed the number that could be fairly and safely included in a single race. The factors that they will consider will relate to each particular race.

### Notes

- The Under 17 Women's Steeple has too many athletes to safety and fairly conduct as one race. As a result, a number of the slower runners in this event will be combined with the Under 18 Women's steeplechase
- The Under 17 Women's 3000 has too many athletes to safety and fairly conduct this as one race. As a result, if more than 25 athletes confirm, the slowest runners will be combined with the Under 18 3000 event.

### Progressions:

For events up to and including 800 metres:

- 6 heats: First 2 per heat plus next 4 fastest to semi finals
- 5 heats: First 2 per heat plus next 6 fastest to semi finals
- 4 heats: First 3 per heat plus next 4 fastest to semi finals
- 3 heats: First 2 per heat plus next 2 fastest to final
- 2 heats: First 3 per heat plus next 2 fastest to final

For events of 1500 metres:

- 2 heats: First 4 per heat plus next 4 fastest to final

Where it is decided that semi finals shall be conducted, adjustments to the above progressions may be made and notified either at the Technical Meeting, or as soon as practicable thereafter.

The 'next fastest' will be decided on times. If the times are equal, then the highest placing in the round will determine who will progress to the next round, unless there is more available space in the final for all athletes involved in the tie. If a tie still remains, times will be read to .001 seconds. Any remaining tie will be resolved by a draw by lot.

Reserves **will not** be placed in finals where a withdrawal occurs.

The draw shall be made one hour before the advertised starting time of the event. Where all scheduled rounds of a competition are not required then the first round shall be cancelled, unless otherwise advised at the Technical Meeting.

## 12. FIELD EVENTS

In throwing events and the horizontal jumps in the **U14, U15, U16 and U17** age groups, all athletes will have three (3) trials. At the conclusion of the **3 trials**, the best 8 athletes will have **one (1)** further trial. The competition order will be changed after round 3.

In the **U18 and U20** age groups, all athletes will have three (3) trials and the best eight (8) thereafter, will have a further three (3) trials. The competition order will be changed after round 3.

Competitors will be required to adhere to the new IAAF timing rules as follows:

Number of competitors left in the competition	High Jump	Pole Vault	Other
More than 3 (or for the very first trial of each athlete)	0.5min	1 min	0.5min
2 or 3	1.5min	2min	1 min
1	3min	5min	-
Consecutive trials	2min	3min	2min

**Note: When calculating the number of athletes remaining in the competition, this shall include those athletes who could be involved in a jump off for first place.**

## 13. STARTING HEIGHTS:

The following starting heights will apply.

	<u>Pole Vault</u>	<u>High Jump</u>
Under 14 (Men)	1.60	1.40
Under 14 (Women)	1.60	1.35
Under 15 (Men)	1.80	1.60
Under 15 (Women)	1.80	1.40
Under 16 (Men)	2.00	1.60
Under 16 (Women)	1.90	1.40
Under 17 (Men)	2.60	1.65
Under 17 (Women)	2.10	1.45
Under 18 (Men)	2.80	1.70
Under 18 (Women)	2.30	1.45
Under 20 (Men)	3.30	1.80
Under 20 (Women)	2.80	1.50

Progressions will be determined at the Technical Meeting

## 14. TRIPLE JUMP:

The following boards will be used in the Triple Jump:

<u>Age group</u>	<u>Board</u>
Under 14 (Men)	9/11m
Under 14 (Women)	9/11m
Under 15 (Men)	9/11m
Under 15 (Women)	9/11m
Under 16 (Men)	9/11m
Under 16 (Women)	9/11m
Under 17 (Men)	11/13m
Under 17 (Women)	9/11m
Under 18 (Men)	11/13m
Under 18 (Women)	9/11m
Under 20 (Men)	11/13m
Under 20 (Women)	9/11m

## 15. POLE VAULT RULE DISPENSATION:

AA Competition Rule 20.2.27: Rule 183.2 (a) – For the under 18 age group and lower for women and the under 16 age group and lower for men, this rule, at the discretion of the Chief Judge of the event, may not be applied to a particular trial, where in the opinion of the Chief Judge, a competitor made a reasonable attempt to push the pole back in the direction of the runway, but the wind then caused the bar to be dislodged by the pole.

This dispensation shall apply for the relevant age groups at all meetings held in Australia.

## 16. VERTICAL JUMPS

IAAF Rules 181.8(d) and 181.9 – in these Championships in the normal course of events, jump-offs for first place in vertical jumps will be conducted. The Technical Delegate may only act under Rule 181.8(d) if the prevailing weather or light conditions justify the termination of the competition at that point.

## 17. PRIVATE IMPLEMENTS:

Athletes who wish to use their own throwing implements during the championships MUST lodge them with the Technical Manager at the Technical/Equipment Room located at the start line end of the track **no later than three hours** before the scheduled starting time of that particular event on the day of competition or on a previous day. The implements will be impounded until after the event or events for which they are submitted at which time athletes may collect them from the Technical/Equipment Room.

Athletes are expected to provide their own vaulting poles. The Organising Committee will not provide vaulting poles. Poles must also be lodged at the Technical/Equipment Room.

## 18. STARTING BLOCKS:

Starting blocks must be used for all able-bodied events up to and including 400m and only those supplied by the Organising Committee may be used.

Para-athletes are required to use starting blocks as per their individual classification requirements.

Private blocks will not be permitted.

## 19. SPIKES:

Spikes permitted at Sydney Olympic Park Athletic Centre are as follows:

<u>Events</u>	<u>Maximum</u>	<u>Type</u>
Track events	7mm	pyramid or needle
Long & Triple Jumps	7mm	pyramid or needle
High Jump & Javelin	12mm for heel	pyramid or needle

## 20. RELAY CONFIRMATION FORMS:

- The Team Manager must complete relay confirmation forms. These forms must list the members of the relay team in running order and must be handed in at the Administration Room at least **two hours** prior to the start of the event.
- Any changes to the original running order after declarations close, must be supported by a medical certificate from the appointed Medical Officer (IAAF Rule 170.11).
- If changes are made to the running order prior to the start of the event, then they **MUST** be made on a new form.
- A form that has scratching-out/changes on it will not be accepted.

## **21. MULTI DISABILITY SCORING TABLES:**

Results will be determined using Athletics Australia's Multi-Disability Standards (MDS). Athletics Australia AWD Statistician, Neil Fuller, has developed the MDS in consultation with a variety of people closely involved in athletics for people with a disability. The MDS enables a mathematical comparison of results between the classes contesting the event. The system is a modification of the % of World Record system that is used by Athletics Australia to combine the Open Classes at the Australian Para-athlete Championships.

The MDS system is necessary, as we do not have accurate/reliable World Records for the respective age groups and disability classes competing at the Championships. It also enables for adjustments to be made where "Open" World Records are significantly influenced by technology (e.g. underage beginners are unlikely to be running on "state of the art" prosthetic limbs).

## **22. GUIDES:**

Guide vests will be supplied and distributed in the Call Room

- T11-12 Guide-runner
  - T11 athletes run with a guide runner and must wear approved opaque glasses or an approved substitute.
  - T12 athletes may run with a guide runner and may use opaque glasses
- F31-33: 51-54 athletes may have one guide per athlete per event
- F11 athletes may use 2 (two) guides for jumping events (orientation and calling)
- F11-12 athletes may use 1 (one) guide only for throwing events
- T01 – athletes must advise Administration ASAP if they require the use of the Start Lighting System

## **23. MEDAL PRESENTATIONS:**

- Medals will be presented as soon as possible after the final of each event.
- All placegetters are asked to assist with this procedure by going with an official at the completion of the event.
- Each athlete must wear either their competition singlet or tracksuit top for the victory ceremony.
- Team Managers are requested to assist in ensuring athletes are readily available and are correctly dressed.
- For Para-athletes, only one set of medals will be offered per age group (U20 and U16) in each event. For example, a 14yr old may place 1<sup>st</sup>, 12yr old 2<sup>nd</sup> and a 15yr old 3<sup>rd</sup> in a U16 event, to which one set of medals will be awarded.

## **24. PROTESTS:**

- All protests must be lodged initially with the Referee as per IAAF Rules.
- Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$50 fee.
- Appeals can be made by either the athlete or the Team Manager and should be lodged in the Administration Room where forms will be available.
- At these Championships an approved team official may be present to assist an athlete whenever an athlete is being addressed or questioned by a Referee or the Jury of Appeal.

## **25. EXIT FROM THE FIELD OF PLAY:**

All athletes must exit the Field of Play through the Post Event Control area, which is located near the finish line. Officials will direct athletes to this area. **Athletes MUST NOT exit the Field of Play other than through this area.**

## **26. Pit Lane**

Athletics Australia will trial the Pit lane rule for the following walking events at the Australian Junior Championships;

- Under 20 (Male & Female)
- Under 18 male & Female)
- Under 17 (Male & Female)

An athlete will be required to enter the Pit Lane and remain there for the applicable period once they have received three Red Cards and are so advised by the Chief Judge or someone delegated by him.

The applicable periods in the Pit Lane shall be:

**10000m – 1min**  
**5000m - 0.5min**

If, at any time, the athlete receives an additional Red Card from a Judge other than one of the three who had previously sent a Red Card, he shall be disqualified. An athlete who fails to enter the Pit Lane when required to do so, or remain there for the applicable period, shall be disqualified by the Chief Judge.

## **27. TECHNICAL (TEAM MANAGERS) MEETING:**

The Technical Meeting will be held at Sydney Olympic Park Athletic Centre on **Wednesday 14th March commencing at 10.00am**

## **28. TEAM ARRIVALS:**

Team Managers are asked to advise Athletics Australia: email: [belinda.bozin@athletics.org.au](mailto:belinda.bozin@athletics.org.au), phone: 03 8646 4550 or fax: 03 8646 4560 of team arrival times, hotel accommodation and mobile phone contact details as soon as possible.