

HIGH PERFORMANCE NEWSLETTER

JANUARY 2016

Message from High Performance Director Simon Nathan

Since I last wrote there has been a lot of selection activity happening. Congratulations to the athletes and coaches who have achieved nomination for the Olympic Games, along with those selected in the IAAF World Half Marathon team.

Name	Event	Coach
OLYMPIC GAMES		
Chris Erickson	50km Walk	Brent Vallance
David McNeill	10000m	Nic Bideau
Brendon Reading	50km Walk	Chris Erickson
Jared Tallent	50km Walk	Claire Tallent
Eloise Wellings	10000m	Nic Bideau
WORLD HALF MARATHON CHAMPIONSHIPS		
Michael Shelley	Men's Individual	Dick Telford
Milly Clark	Women's Individual & Team	James Fitzgerald
Cassie Fien	Women's Individual & Team	-
Jess Trengove	Women's Individual & Team	Adam Didyk
Eloise Wellings	Women's Individual & Team	Nic Bideau

In early January the IAAF announced Bydgoszcz, Poland as the venue for the IAAF World U20 Championships and Rome, Italy as the host of the IAAF World Race Walking Team Championships. Revised selection policies for both of these events have now been published on the Athletics Australia website (see <http://athletics.com.au/High-Performance/Able-Bodied/Team-Information/World-U20-Championships> and <http://athletics.com.au/High-Performance/Able-Bodied/Team-Information/World-Race-Walk-Cup>) for details.

Best wishes,

Simon Nathan

High Performance Director

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2016 Team Staff – Expressions of interest

A reminder that the deadline to submit an application for a Team Coach or Team Manager position is **31st January**. Information on the process and the application form can be found at www.athletics.com.au/High-Performance/Team-Staff.

Olympic Games

The AOC have approved the adoption of all the new **Olympic qualification standards** as published by the IAAF in late 2015 (see www.iaaf.org/competition/standards). The revised Olympic Games nomination policy is at www.athletics.com.au/High-Performance/Able-Bodied/Team-Information/Rio-2016-Olympic-Games.

The IAAF has made a change to the day 4 (Monday 15 August) timetable.
<http://www.iaaf.org/news/press-release/rio-2016-timetable-athletics-change>

The **first round of the women's 200m** is now in the morning, and the **first round of the women's 400m hurdles** is now in the evening. The **final of the women's 400m** remains in the evening.

The times within the morning session of the **men's 400m round 1** and **3000m steeple chase round 1** have changed, along with the **women's 3000m steeplechase final**. They have all moved to start 50 minutes later than the previous timetable.

Personal Coach, Friend and Family Rio update

Successful sessions for parents, partners and coaches of athletes who expect to travel to Rio for the **Olympic Games or Paralympic Games** have been held in Melbourne, Brisbane and Sydney. Sessions in Canberra, Hobart and Perth will be held this week as per the schedule below.

Date	City	Venue	Time
Tuesday 19 January	Canberra	AIS Silver Room (Australian Institute of Sport ACT)	19:00 – 21:00
Friday 22 January	Hobart	Domain Athletics Centre (Queens Domain TAS)	18:00 – 20:00
Sunday 24 January	Perth	Fred Napier Room – WA Athletics Stadium (Stephenson Avenue, Mt Claremont WA)	11:00 – 13:00

If you want to reserve a place please email carol.grant@athletics.org.au or the local contact - Michael Perry [NSWIS and AIS], Susan Andrews [TAS] or Mel Tantrum [WA].

Junior Walks Athletes – World Race Walking Team Championships & World U20 Championships

Athletes that wish to compete in the junior walks events at the World Race Walking Team Challenge and the World U20 Championships must apply in writing to Simon Nathan by **31st January**. Full details can be found in the applicable policies for these events.

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