

2010 Australian Age Championships
Sydney Olympic Park Athletics Centre, Homebush
FINAL Timetable as at 1 March 2010

Time	Event	Age Group	Round
Day One - Thursday 11 March 2010			
10:15 AM	Triple Jump	Under 14 Women	FINAL
10:15 AM	Hammer Throw	Under 15 Women	FINAL
10:15 AM	Hammer Throw	Under 16 Women	FINAL
10:30 AM	Discus Throw (WU Track)	Under 17 Women	FINAL
10:45 AM	110 metres Hurdles	Under 20 Men	1st Round
11:00 AM	110 metres Hurdles	Under 17 Men	1st Round
11:00 AM	High Jump (Pit A)	Under 17 Women	FINAL
11:00 AM	High Jump (Pit B)	Under 18 Women	FINAL
11:10 AM	Triple Jump	Under 14 Men	FINAL
11:10 AM	110 metres Hurdles	Under 18 Men	1st Round
11:30 AM	100 metres Hurdles	Under 20 Women	1st Round
11:45 AM	Discus Throw (WU Track)	Under 18 Women	FINAL
11:45 AM	100 metres Hurdles	Under 17 Women	1st Round
12:00 PM	100 metres Hurdles	Under 18 Women	1st Round
12:00 PM	Triple Jump	Under 20 Women	FINAL
12:00 PM	Hammer Throw	Under 15 Men	FINAL
12:00 PM	Hammer Throw	Under 16 Men	FINAL
12:00 PM	400 metres	Under 14 Men	1st Round
12:15 PM	400 metres	Under 14 Women	1st Round
12:45 PM	200 metres Hurdles	Under 15 Men	1st Round
12:55 PM	200 metres Hurdles	Under 16 Men	1st Round
1:10 PM	200 metres Hurdles	Under 15 Women	1st Round
1:20 PM	200 metres Hurdles	Under 16 Women	1st Round
1:30 PM	400 metres	Under 20 Women	1st Round
1:45 PM	400 metres	Under 20 Men	1st Round
1:45 PM	Discus Throw (WU Track)	Under 14 Women	FINAL
2:00 PM	Pole Vault (Pit A)	Under 15 Men	FINAL
2:00 PM	Pole Vault (Pit A)	Under 16 Men	FINAL
2:00 PM	Triple Jump	Under 20 Men	FINAL
2:05 PM	800 metres	Under 17 Men	1st Round
2:15 PM	Javelin Throw	Under 17 Men	FINAL
2:17 PM	800 metres	Under 18 Men	1st Round
2:30 PM	800 metres	Under 17 Women	1st Round
2:40 PM	800 metres	Under 18 Women	1st Round
2:45 PM	Discus Throw (WU Track)	Under 14 Men	FINAL
2:55 PM	400 metres	Under 15 Men	1st Round
3:05 PM	400 metres	Under 16 Men	1st Round
3:15 PM	400 metres	Under 15 Women	1st Round
3:25 PM	400 metres	Under 16 Women	1st Round
3:40 PM	800 metres	Under 14 Men	1st Round
3:45 PM	Long Jump	Under 17 Men	FINAL
3:45 PM	Javelin Throw	Under 18 Men	FINAL
4:00 PM	400 metres Hurdles	Under 20 Women	1st Round
4:15 PM	400 metres Hurdles	Under 20 Men	1st Round
4:15 PM	800 metres	Under 14 Women	1st Round
4:35 PM	5000 metres Walk	Under 17 Men	FINAL
4:35 PM	5000 metres Walk	Under 18 Men	FINAL
5:00 PM	Pole Vault (Pit A)	Under 15 Women	FINAL

Sheet1

5:00 PM	Pole Vault (Pit A)	Under 16 Women	FINAL
5:10 PM	Long Jump	Under 18 Men	FINAL
5:10 PM	2000 metres Steeplechase	Under 15 Men	FINAL
5:15 PM	Discus Throw	Under 20 Women	FINAL
5:22 PM	2000 metres Steeplechase	Under 16 Men	FINAL
5:34 PM	2000 metres Steeplechase	Under 15 Women	FINAL
5:42 PM	2000 metres Steeplechase	Under 16 Women	FINAL
6:00 PM	4 x 100 metres Relay	Under 16 Men	FINAL
6:08 PM	4 x 100 metres Relay	Under 16 Women	FINAL
6:15 PM	5000 metres Walk	Under 17 Women	FINAL
6:15 PM	5000 metres Walk	Under 18 Women	FINAL
6:45 PM	Long Jump	Under 15 Men	FINAL
6:45 PM	Discus Throw	Under 20 Men	FINAL
6:50 PM	3000 metres	Under 20 Women	FINAL
7:02 PM	5000 metres	Under 20 Men	FINAL
7:25 PM	400 metres Hurdles	Under 17 Women	1st Round
7:35 PM	400 metres Hurdles	Under 18 Women	1st Round
8:05 PM	400 metres Hurdles	Under 17 Men	1st Round
7:50 PM	400 metres Hurdles	Under 18 Men	1st Round
8:05 PM	*1500 metres	Under 18 Men	1st Round
8:17 PM	800 metres	Under 20 Men	1st Round

Day Two - Friday 12 March 2010

9:15 AM	Triple Jump	Under 17 Men	FINAL
9:15 AM	Hammer Throw	Under 17 Men	FINAL
9:15 AM	*1500 metres	Under 20 Men	1st Round
9:30 AM	800 metres	Under 20 Women	1st Round
9:30 AM	Shot Put	Under 20 Men	FINAL
9:40 AM	400 metres	Under 17 Women	1st Round
9:55 AM	400 metres	Under 18 Women	1st Round
10:00 AM	High Jump (Pit A)	Under 15 Men	FINAL
10:00 AM	High Jump (Pit B)	Under 16 Men	FINAL
10:10 AM	400 metres	Under 17 Men	1st Round
10:20 AM	400 metres	Under 18 Men	1st Round
10:15 AM	Triple Jump	Under 18 Men	FINAL
10:30 AM	Hammer Throw	Under 18 Men	FINAL
10:35 AM	400 metres	Under 14 Women	FINAL
10:42 AM	400 metres	Under 14 Men	FINAL
10:55 AM	80 metres Hurdles	Under 14 Women	1st Round
11:00 AM	Shot Put	Under 20 Women	FINAL
11:15 AM	90 metres Hurdles	Under 14 Men	1st Round
11:00 AM	90 metres Hurdles	Under 15 Women	1st Round
11:10 AM	90 metres Hurdles	Under 16 Women	1st Round
11:30 AM	100 metres Hurdles	Under 15 Men	1st Round
11:40 AM	100 metres Hurdles	Under 16 Men	1st Round
11:45 AM	Javelin Throw	Under 17 Women	FINAL
12:00 PM	Long Jump	Under 17 Women	FINAL
12:00 PM	1000 metres	Under 18 Women	YOG Trial
12:05 PM	1000 metres	Under 18 Men	YOG Trial
12:30 PM	Shot Put	Under 15 Men	FINAL
12:35 PM	800 metres	Under 15 Women	1st Round
12:47 PM	800 metres	Under 16 Women	1st Round
1:00 PM	Pole Vault (Pit A)	Under 20 Women	FINAL
1:00 PM	Pole Vault (Pit B)	Under 20 Men	FINAL
1:00 PM	Javelin Throw	Under 18 Women	FINAL

Sheet1

1:00 PM	800 metres	Under 15 Men	1st Round
1:12 PM	800 metres	Under 16 Men	1st Round
1:30 PM	200 metres	Under 15 Women	1st Round
1:45 PM	200 metres	Under 16 Women	1st Round
2:00 PM	Shot Put	Under 16 Men	FINAL
2:00 PM	200 metres	Under 15 Men	1st Round
2:10 PM	200 metres	Under 16 Men	1st Round
2:30 PM	Long Jump	Under 18 Women	FINAL
2:30 PM	Javelin Throw	Under 14 Men	FINAL
2:35 PM	110 metres Hurdles	Under 20 Men	FINAL
2:45 PM	110 metres Hurdles	Under 17 Men	FINAL
2:52 PM	110 metres Hurdles	Under 18 Men	FINAL
3:02 PM	100 metres Hurdles	Under 20 Women	FINAL
3:12 PM	100 metres Hurdles	Under 17 Women	FINAL
3:20 PM	100 metres Hurdles	Under 18 Women	FINAL
3:30 PM	90 metres Hurdles	Under 14 Men	FINAL
3:40 PM	80 metres Hurdles	Under 14 Women	FINAL
3:45 PM	Javelin Throw	Under 14 Women	FINAL
3:50 PM	1500 metres Walk	Under 14 Women	FINAL
4:00 PM	High Jump (Pit A)	Under 15 Women	FINAL
4:00 PM	High Jump (Pit B)	Under 16 Women	FINAL
4:03 PM	200 metres Hurdles	Under 15 Women	FINAL
4:10 PM	200 metres Hurdles	Under 16 Women	FINAL
4:15 PM	Long Jump	Under 14 Men	FINAL
4:17 PM	200 metres Hurdles	Under 15 Men	FINAL
4:25 PM	200 metres Hurdles	Under 16 Men	FINAL
4:32 PM	1500 metres Walk	Under 14 Men	FINAL
4:45 PM	4 x 100 metres Relay	Under 18 Women	FINAL
4:52 PM	4 x 100 metres Relay	Under 18 Men	FINAL
5:00 PM	*400 metres	Under 20 Men	Semi Finals
5:12 PM	3000 metres	Under 15 Women	FINAL
5:15 PM	Long Jump	Under 14 Women	FINAL
5:15 PM	Discus Throw	Under 15 Women	FINAL
5:25 PM	3000 metres	Under 16 Women	FINAL
5:38 PM	3000 metres	Under 15 Men	FINAL
5:50 PM	3000 metres	Under 16 Men	FINAL
6:05 PM	3000 metres Steeplechase	Under 20 Men	FINAL
6:20 PM	3000 metres Steeplechase	Under 20 Women	FINAL
6:30 PM	Discus Throw	Under 16 Women	FINAL
6:35 PM	2000 metres Steeplechase	Under 17 Women	FINAL
6:35 PM	2000 metres Steeplechase	Under 18 Women	FINAL
6:45 PM	2000 metres Steeplechase	Under 17 Men	FINAL
6:55 PM	2000 metres Steeplechase	Under 18 Men	FINAL
7:10 PM	10000 metres Walk	Under 20 Women	FINAL
7:10 PM	10000 metres Walk	Under 20 Men	FINAL

Day Three - Saturday 13 March 2010

9:00 AM	Hammer Throw	Under 20 Men	FINAL
9:00 AM	100 metres	Under 20 Men	1st Round
9:20 AM	100 metres	Under 15 Women	1st Round
9:30 AM	100 metres	Under 16 Women	1st Round
9:30 AM	Triple Jump	Under 15 Men	FINAL
9:40 AM	100 metres	Under 15 Men	1st Round
9:50 AM	100 metres	Under 16 Men	1st Round
10:05 AM	100 metres	Under 20 Women	1st Round

Sheet1

10:00 AM	Shot Put	Under 14 Men	FINAL
10:15 AM	Hammer Throw	Under 20 Women	FINAL
10:20 AM	*100 metres	Under 20 Men	Semi Finals
10:30 AM	High Jump (Pit A)	Under 17 Men	FINAL
10:30 AM	High Jump (Pit B)	Under 18 Men	FINAL
10:35 AM	200 metres	Under 17 Men	1st Round
10:50 AM	200 metres	Under 18 Men	1st Round
11:00 AM	Triple Jump	Under 16 Men	FINAL
11:00 AM	Shot Put	Under 14 Women	FINAL
11:05 AM	200 metres	Under 17 Women	1st Round
11:05 AM	200 metres	Under 18 Women	1st Round
11:35 AM	200 metres	Under 14 Women	1st Round
11:45 AM	Javelin Throw	Under 15 Women	FINAL
11:50 AM	200 metres	Under 14 Men	1st Round
12:10 PM	400 metres Hurdles	Under 17 Men	FINAL
12:15 PM	400 metres Hurdles	Under 18 Men	FINAL
12:25 PM	400 metres Hurdles	Under 17 Women	FINAL
12:30 PM	400 metres Hurdles	Under 18 Women	FINAL
12:30 PM	Shot Put	Under 17 Women	FINAL
12:40 PM	100 metres	Under 15 Women	FINAL
12:47 PM	100 metres	Under 16 Women	FINAL
12:55 PM	100 metres	Under 15 Men	FINAL
1:00 PM	Pole Vault (Pit A)	Under 14 Women	FINAL
1:00 PM	Pole Vault (Pit B)	Under 14 Men	FINAL
1:00 PM	Javelin Throw	Under 16 Women	FINAL
1:02 PM	100 metres	Under 16 Men	FINAL
1:10 PM	100 metres	Under 20 Women	FINAL
1:18 PM	100 metres	Under 20 Men	FINAL
1:30 PM	Long Jump	Under 20 Women	FINAL
1:30 PM	1500 metres	Under 15 Women	FINAL
1:38 PM	1500 metres	Under 16 Women	FINAL
1:48 PM	1500 metres	Under 15 Men	FINAL
1:56 PM	1500 metres	Under 16 Men	FINAL
2:00 PM	Shot Put	Under 18 Women	FINAL
2:10 PM	200 metres	Under 17 Women	FINAL
2:17 PM	200 metres	Under 18 Women	FINAL
2:25 PM	200 metres	Under 17 Men	FINAL
2:30 PM	Discus Throw	Under 17 Men	FINAL
2:32 PM	200 metres	Under 18 Men	FINAL
2:40 PM	200 metres	Under 14 Women	FINAL
2:48 PM	200 metres	Under 14 Men	FINAL
2:58 PM	800 metres	Under 17 Women	FINAL
3:00 PM	Long Jump	Under 20 Men	FINAL
3:05 PM	800 metres	Under 18 Women	FINAL
3:12 PM	800 metres	Under 17 Men	FINAL
3:20 PM	800 metres	Under 18 Men	FINAL
3:28 PM	800 metres	Under 14 Women	FINAL
3:35 PM	800 metres	Under 14 Men	FINAL
3:45 PM	Discus Throw	Under 18 Men	FINAL
3:45 PM	400 metres	Under 20 Women	FINAL
3:52 PM	400 metres	Under 20 Men	FINAL
4:00 PM	Pole Vault (Pit A)	Under 17 Women	FINAL
4:00 PM	Pole Vault (Pit B)	Under 18 Women	FINAL
4:00 PM	400 metres	Under 15 Women	FINAL
4:07 PM	400 metres	Under 16 Women	FINAL

Sheet1

4:15 PM	400 metres	Under 15 Men	FINAL
4:22 PM	400 metres	Under 16 Men	FINAL
4:30 PM	Long Jump	Under 15 Women	FINAL
4:35 PM	1500 metres	Under 20 Men	FINAL
4:45 PM	1500 metres	Under 20 Women	FINAL
4:55 PM	3000 metres	Under 17 Women	FINAL
5:08 PM	3000 metres	Under 18 Women	FINAL
5:15 PM	Discus Throw	Under 15 Men	FINAL
5:22 PM	4 x 100 metres Relay	Under 14 Men	FINAL
5:30 PM	4 x 100 metres Relay	Under 14 Women	FINAL
5:40 PM	3000 metres	Under 17 Men	FINAL
5:53 PM	3000 metres	Under 18 Men	FINAL
6:00 PM	Long Jump	Under 16 Women	FINAL
6:10 PM	3000 metres Walk	Under 15 Men	FINAL
6:10 PM	3000 metres Walk	Under 16 Men	FINAL
6:15 PM	Discus Throw	Under 16 Men	FINAL
6:32 PM	4 x 100 metres Relay	Under 20 Men	FINAL
6:40 PM	4 x 100 metres Relay	Under 20 Women	FINAL
6:50 PM	3000 metres Walk	Under 15 Women	FINAL
6:50 PM	3000 metres Walk	Under 16 Women	FINAL
7:10 PM	*200 metres	Under 20 Men	1st Round
7:30 PM	4 x 1500 metres Relay	Open Men	Match

Day Four - Sunday 14 March 2010

8:30 AM	100 metres	Under 14 Men	1st Round
8:50 AM	100 metres	Under 14 Women	1st Round
9:00 AM	Triple Jump	Under 17 Women	FINAL
9:00 AM	Hammer Throw	Under 17 Women	FINAL
9:00 AM	100 metres	Under 18 Women	1st Round
9:20 AM	100 metres	Under 17 Men	1st Round
9:15 AM	Shot Put	Under 17 Men	FINAL
9:30 AM	100 metres	Under 18 Men	1st Round
9:30 AM	High Jump (Pit A)	Under 14 Men	FINAL
9:30 AM	High Jump (Pit B)	Under 14 Women	FINAL
9:35 AM	100 metres	Under 17 Women	1st Round
9:50 AM	200 metres	Under 20 Women	1st Round
10:15 AM	Hammer Throw	Under 18 Women	FINAL
10:05 AM	200 metres	Under 20 Men	Semi Finals
10:25 AM	*100 metres	Under 18 Women	Semi Finals
10:30 AM	Triple Jump	Under 18 Women	FINAL
10:45 AM	Shot Put	Under 18 Men	FINAL
11:00 AM	100 metres Hurdles	Under 15 Men	FINAL
11:07 AM	100 metres Hurdles	Under 16 Men	FINAL
11:17 AM	90 metres Hurdles	Under 15 Women	FINAL
11:25 AM	90 metres Hurdles	Under 16 Women	FINAL
11:15 AM	*100 metres	Under 14 Men	Semi Finals
11:25 AM	*100 metres	Under 14 Women	Semi Finals
11:30 AM	Pole Vault (Pit A)	Under 17 Men	FINAL
11:30 AM	Pole Vault (Pit B)	Under 18 Men	FINAL
11:35 AM	1500 metres	Under 14 Men	FINAL
11:45 AM	1500 metres	Under 14 Women	FINAL
11:45 AM	Javelin Throw	Under 15 Men	FINAL
11:55 AM	100 metres	Under 17 Men	FINAL
12:00 PM	Triple Jump	Under 15 Women	FINAL

Sheet1

12:02 PM	100 metres	Under 18 Men	FINAL
12:10 PM	100 metres	Under 17 Women	FINAL
12:15 PM	Shot Put	Under 15 Women	FINAL
12:17 PM	100 metres	Under 18 Women	FINAL
12:27 PM	200 metres	Under 20 Women	FINAL
12:30 PM	Javelin Throw	Under 16 Men	FINAL
12:32 PM	200 metres	Under 20 Men	FINAL
12:42 PM	800 metres	Under 15 Men	FINAL
12:50 PM	800 metres	Under 16 Men	FINAL
12:58 PM	800 metres	Under 15 Women	FINAL
1:05 PM	800 metres	Under 16 Women	FINAL
1:12 PM	800 metres	Under 20 Women	FINAL
1:20 PM	800 metres	Under 20 Men	FINAL
1:30 PM	Triple Jump	Under 16 Women	FINAL
1:30 PM	400 metres Hurdles	Under 20 Women	FINAL
1:40 PM	400 metres Hurdles	Under 20 Men	FINAL
1:45 PM	Shot Put	Under 16 Women	FINAL
1:48 PM	400 metres	Under 17 Men	FINAL
1:55 PM	400 metres	Under 18 Men	FINAL
2:00 PM	High Jump (Pit A)	Under 20 Men	FINAL
2:00 PM	High Jump (Pit B)	Under 20 Women	FINAL
2:00 PM	Javelin Throw	Under 20 Men	FINAL
2:02 PM	400 metres	Under 17 Women	FINAL
2:10 PM	400 metres	Under 18 Women	FINAL
2:20 PM	100 metres	Under 14 Men	FINAL
2:28 PM	100 metres	Under 14 Women	FINAL
2:38 PM	1500 metres	Under 17 Men	FINAL
2:46 PM	1500 metres	Under 18 Men	FINAL
2:55 PM	200 metres	Under 15 Men	FINAL
3:00 PM	Long Jump	Under 16 Men	FINAL
3:02 PM	200 metres	Under 16 Men	FINAL
3:10 PM	200 metres	Under 15 Women	FINAL
3:18 PM	200 metres	Under 16 Women	FINAL
3:15 PM	Javelin Throw	Under 20 Women	FINAL
3:28 PM	1500 metres	Under 17 Women	FINAL
3:36 PM	1500 metres	Under 18 Women	FINAL
3:45 PM	*400 metres	Under 14 Men	FINAL
3:52 PM	*400 metres	Under 14 Women	FINAL
3:45 PM	4 x 400 metres Relay	Under 18 Men	FINAL
3:52 PM	4 x 400 metres Relay	Under 18 Women	FINAL
4:00 PM	4 x 400 metres Relay	Under 20 Men	FINAL
4:08 PM	4 x 400 metres Relay	Under 20 Women	FINAL
4:15 PM	4 x 200 metres Relay	Under 16 Men	FINAL
4:22 PM	4 x 200 metres Relay	Under 16 Women	FINAL

NOTE * indicates which round will be removed if three rounds are not required