



2010 SELECTION TRIALS & 88TH AUSTRALIAN ATHLETICS CHAMPIONSHIPS

Western Australian Athletics Stadium

TECHNICAL REGULATIONS

TEAM MANAGERS AND ATHLETES ARE REQUESTED TO READ THE FOLLOWING VERY CAREFULLY

1. These Championships will be conducted according to the rules of the IAAF, IPC and Athletics Australia.
2. **UNIFORMS: Athletes are encouraged to wear their Member Association, Institute/Academy of Sport, or First Claim Club uniform.** Athletes may wear the uniform of their choice, however all uniforms must comply with IAAF advertising regulations – visit

<http://www.iaaf.org/downloads/IAAFhandbook/index.html>

NO UNAUTHORISED ADVERTISING MAY BE WORN.

Any athlete who wears non permitted advertising (ie. other than clothing manufacturer's logo or approved club sponsor logos of the permitted size - please read IAAF Regulations if you are in doubt) will be ineligible to participate further in the event and be ineligible to receive any awards, prize money or points. For a second "offence", the athlete may be disqualified from the competition and may become ineligible for selection.

3. **COMPETITION NUMBERS** - ATHLETES WILL NOT BE GIVEN PRIOR NOTIFICATION OF THEIR COMPETITION NUMBER. Competition numbers will be issued to competitors when they check in for their first event. Collection of the numbers is from the **Technical Information Centre (TIC)**.

The competition bib numbers issued to competitors for these championships must be worn on the front and back of your competition uniform firmly attached with not less than four (4) pins, so the entire number and sponsorship information can be easily read. No part of the number shall be folded under the uniform.

ATHLETICS AUSTRALIA WILL ENFORCE IAAF RULE 143.8, WHICH RENDERS AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY WITH THE COMPETITION NUMBER.

Hip numbers will be provided by an official in the Call Room for events requiring them.

4. **ENTRY PASSES** will be mailed to athletes. The address entered on the online system will be used. Entry passes are NOT transferable. Athletes will not be granted entry without an entry pass for any reason.
5. **PROGRAMME CHANGES: The revised timetable is available on the Athletics Australia website: www.athletics.com.au and from the Member Associations.**

If qualifying rounds for field events other than those already indicated on the timetable are required all athletes entered for the event will be notified. **Where more than three heats are held for any open, 200m or 400m event, but no semi finals, a B final will be conducted immediately before or after the A final.** B finals may also be held in other events at the discretion of the Competition Director.

6. **CONFIRMATION OF ENTRIES** for each event is the responsibility of each individual athlete.

Athletes MUST report to the **Technical Information Centre (TIC)**, to advise their intention to compete, not later than **ONE HOUR (90 MINUTES for pole vault)** before the scheduled starting time of each event, otherwise they will be scratched from the event.

The **Technical Information Centre (TIC)** is located at ground level on the concourse / centre of the grandstand / hard up against the wall.

ATHLETES MUST ENSURE THAT TIC OFFICIALS CONFIRM OR SCRATCH EACH OF THEIR ENTRIES CORRECTLY. Athletes are encouraged to confirm for all events at one time, as early as practical. After close of confirmation of events, heat allocations and lane draws will be conducted for track events. Draws for all events will be posted on notice boards as soon as they become available.

7. **SCRATCHINGS:** If an athlete fails to scratch from an event after confirmation or does not compete in all rounds of an event for which s/he has qualified, s/he may not be permitted to compete further as outlined in IAAF Rule 142.4.
8. **WARMING UP** for all events shall be carried out at the warm-up track, which is situated alongside the main stadium. The warm-up track includes a 400m eight laned track, hurdles, throwing rings, javelin and long jump, high jump and pole vault pits. No warming up will be permitted in the main arena other than those provided for in the rules.
9. **CALL ROOM PROCEDURES:** In addition to confirming their entries, all athletes are required to report in to the Call Room prior to their event.

In the Call Room athletes will be expected to demonstrate that their competition uniform, singlet and numbers, shoes and other equipment comply with the competition rules.

Athletes will proceed to the start of their event from the Call Room ACCOMPANIED BY A CALL ROOM JUDGE OR FIELD EVENT OFFICIAL. Athletes who proceed to the event not accompanied by a judge or official may not be allowed to start.

The closing Call Entry Times at the CALL ROOM are (prior to scheduled event starting times):

Pole Vault	70 minutes
Discus, Javelin, Hammer, High Jump	45 minutes
Long & Triple Jump, Shot Put	35 minutes
Hurdles, Wheelchair Track, Seated Throws	20 minutes
Other track events	15 minutes

This time allows for marshalling and movements to the competition site. The remainder of the time may be used to complete the warm-up at the competition site where the competition site is not in use (under the supervision of the officials).

If an athlete is already or likely to be competing in another event at the designated call time the athlete or someone on his/her behalf must notify the Call Room of this prior to the designated call time.

Please note that AWD wheelchair athletes will not be able to take their day chairs into the Call Room (except for those in seated throws). Day chairs may be left in the equipment room at the warm-up track during competition. Throwing chairs and racing chairs can be stored overnight in the southern void under the grandstand (entry from the marathon tunnel).

10. **PROGRESSION TO FINALS (TRACK):** Rules for progression and qualifying rounds are as follows. These are the numbers of athletes checked-in and over-ride the IAAF Rules, and remain subject to changes directed by the Competition Director or Athletics Australia.

100m/200m/110m Hurdles/400m (men)	1-9*	Final only
	10-27	two rounds only
	over 27	three rounds
400m (women)/800m & other Hurdles	1-9*	Final only
	over 9	two rounds only
1500 metres	1-15	Final only

3/5/10000 metres & Steeple over 15 two rounds only
Final only

*Nine lanes may be used in events up to and including 800 metres.

PROGRESSIONS

For 100m, 200m, 110m Hurdles, 400m (men)

6 heats	First 2 per heat plus next 4 fastest to semi-finals
5 heats	First 2 per heat plus next 6 fastest to semi-finals
4 heats	First 3 per heat plus next 4 fastest to semi-finals

For 100m Hurdles, 400m (women), 800m, 400m Hurdles

6 heats	First plus next 2 fastest to final
5 heats	First plus next 3 fastest to final
4 heats	First plus next 4 fastest to final
3 heats	First 2 per heat plus next 2 fastest to final
2 heats	First 3 per heat plus next 2 fastest to final

For 100m, 200m, 110m Hurdles, 400m (men)

3 semi-finals	First 2 per heat plus next 2 fastest to final
2 semi-finals	First 3 per heat plus next 2 fastest to final

*** A ninth lane will only be used in cases of ties for qualification or at the discretion of the Competition Director. If the ninth lane is not required for either of these purposes AND there are more than 3 heats with no semi final, nine athletes will progress to the final.**

For events of 1500 metres

3 heats	First 3 per heat plus next 3 fastest to final
2 heats	First 4 per heat plus next 4 fastest to final

The 'next fastest' will be decided on times to 0.01sec. If the times are equal then the highest placing in the round will determine who will progress to the next round if there is no spare lane available. If athletes are still equal and no spare lane is available, the photo finish will be re-read to 0.001 second if possible. If further ties remain then there will be a coin toss.

11. Where the number of entrants for a track event is such as to require the running of heats, the names of all competitors shall be listed in the program. The draw shall be made one hour before the advertised starting time of the event. Where all scheduled rounds of a competition are not required then the first round shall be cancelled, unless otherwise advised.

12. **PROGRESSION TO FINALS (FIELD):** If qualifying rounds are required in field events then a qualifying mark shall be set and all athletes who better the performance shall proceed to the final or the top 10 athletes, whichever is the greater number. Qualifying marks will be available at the Technical Meeting.

13. **STARTING HEIGHTS:** The following starting heights will apply:

	Open
High Jump (Men)	1.80
High Jump (Women)	1.60
Pole Vault (Men)	3.40
Pole Vault (Women)	2.80

Progressions will be determined at the Technical Meeting.

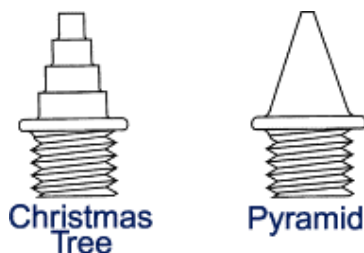
14. **TRIPLE JUMP:** The following boards will be used in the Triple Jump:

Open Men	13m Only
Open Women	11m Only

15. **PRIVATE IMPLEMENTS:** Athletes who wish to include their own throwing implements in the championships equipment pool (private implements may be used by any athlete in the competition) MUST lodge them with the Technical Manager at the **Technical/Equipment Room**, no later than three hours before the scheduled starting time of the particular event on the day of competition or on a previous day. The implements will be impounded until after the competition when athletes may collect them from the Technical/Equipment Room. **Athletes are to provide their own vaulting poles.** The Organising Committee will not provide poles. Poles must also be lodged at the Technical/Equipment Room.

16. **STARTING BLOCKS** must be used for all events up to and including 400m and only those supplied by the Organising Committee may be used. Private blocks will not be permitted.

17. **SPIKES** The ONLY spikes PERMITTED for use on the track are of the Christmas Tree & Pyramid shape variety. The material of which the spike is made e.g. ceramic or metal is irrelevant & as such will not be monitored. For track events, spikes must be 7mm maximum and should be pyramid or needle type. For field events spike length shall not exceed 9mm except in the high jump and javelin where they shall not exceed 12mm. All athletes should be familiar with IAAF Rules 143.2 to 143.6.



18. **POST EVENT PROCEDURES:** At the conclusion of each event (including field events and heats and semi-finals) athletes must report immediately to **Post Event Control Centre** location **TBA**. Doping control may be carried out. If athletes have other events or duties (such as interviews or presentations) they should sign the acknowledgement and ask the chaperone to wait.
19. **MEDAL PRESENTATIONS:** After finals, medal presentations will be made as soon as possible after the event. All place getters are asked to assist with this procedure by going with an official at the completion of the event. Each athlete must wear either their competition singlet or tracksuit top for the victory ceremony. Team Managers are requested to assist in ensuring athletes are readily available and are correctly dressed.
20. **PROTESTS** must be lodged initially with the Referee as per IAAF rules. Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$20 fee. Appeals can be made by either the athlete or Team Manager and should be lodged in the TIC where forms will be available.
21. **SEATED THROWS:** All competitors in the seated throws will do their 6 throws consecutively. Athletes will be allowed the allocated time to set their frame prior to their first throw and will be allowed a re-adjustment time of 2 minutes after the completion of 3 throws. Seated Throws events will be the only events at this championship that may be conducted as mixed events.
22. **TECHNICAL (TEAM MANAGER'S) MEETING:** TBA.