

**THE 2010 AUSTRALIAN ROADWALKING CHAMPIONSHIPS  
IN CONJUNCTION WITH  
THE 2010 RACEWALKING AUSTRALIA CARNIVAL  
SUNDAY 22 AUGUST 2010  
UNIVERSITY OF QUEENSLAND, ST LUCIA, QLD**

The 2010 Australian Roadwalking Championships are a joint venture involving Athletics Australia, the State Associations and Racewalking Australia.

Entry is available online at [www.athletics.com.au](http://www.athletics.com.au). Please note, this online entry will not mention Teams Events, as once an athlete enters online in a championship event which is listed below, he or she is automatically entered in the associated R.W.A. Teams event.

Men Open 20km  
Men Under 20 10km  
Boys Under 18 10km  
Boys Under 16 5km  
Boys Under 14 3km  
Boys Under 12 2km  
Women Open 20km  
Women Open 10km  
Women Under 20 10km  
Girls Under 18 5km  
Girls Under 16 5km  
Girls Under 14 3km  
Girls Under 12 2km

## PROGRAM OF EVENTS

1	8.00am	A.A. R.W.A R.W.A	Open Men Masters Men Open Men	20 km Championship 20 km Championship 20km Teams Race
2	8.00am	A.A. R.W.A	Under 20 Men Under 20 Men	10 km Championship 10km Teams Race
3	8.00am	A.A. R.W.A	Under 18 Men Under 18 Men	10 km Championship 10km Teams Race
4	8.05am	A.A. R.W.A	Open Women Open Women	20 km Championship 10km Teams Race
5	8.05am	R.W.A R.W.A R.W.A	Open Women Open Women Masters Women	10 km Championship 10km Teams Race 10 km Championship
6	8.05am	A.A. R.W.A	Under 20 Women Under 20 Women	10 km Championship 10km Teams Race
7	9.25am	R.W.A R.W.A	Under 12 Boys Under 12 Boys	2 km Championship 2 km Teams Race
8	9.25am	R.W.A R.W.A	Under 12 Under 12 Girls	Girls 2 km Championship 2 km Teams Race
9	9.45am	A.A. R.W.A	Under 14 Boys Under 14 Boys	3 km Championship 3 km Teams Race
10	9.45am	A.A. R.W.A	Under 14 Girls Under 14 Girls	3 km Championship 3 km Teams Race
11	10.05am	A.A. R.W.A	Under 16 Boys Under 16 Boys	5 km Championship 5 km Teams Race
12	10.05am	A.A. R.W.A	Under 16 Girls Under 16 Girls	5 km Championship 5 km Teams Race
13	10.30am	A.A. R.W.A	Under 18 Women Under 18 Women	5 km Championship 5 km Teams Race
14	10.30am	Invitation	Open Invitation	5km Invitation
15	11.00am	Invitation	Under 10 Boys Under 10 Girls	1km Invitation 1km Invitation

**NOTES TO CLARIFY:  
OPEN AND MASTERS AGE CATEGORIES**

- **Open Women** can enter either the A.A. 20 km event **OR** the R.W.A. 10 km event, but not both. Although, all women whether in the A.A. 20 km event or the R.W.A. 10 km event, are automatically eligible to score points in the R.W.A. 10 km Teams Championship, provided they are members of one of the R.W.A. clubs. 10 km split times will be used for this purpose.
- **Masters Men and Women** do not need to enter masters and open separately. Simply enter the 20 km Open Men or the 10 km Open Women, as your age (M40+ or W35+) will automatically put you in the 10 km Masters category as well.

**ENTRY PROCEDURE AND COSTS**

- Entry for events 1-13 will be via the Athletics Australia website: [www.athletics.com.au](http://www.athletics.com.au)
- Entry fee for the first event is \$20. For walkers who choose to enter more than one event, the maximum fee payable is capped at \$30.
- When entering, R.W.A. entrants must nominate their R.W.A. Walking Club to allow for the identification of clubs in the Teams based competition.
- All R.W.A. walkers who enter an individual championship are automatically entered into the associated R.W.A. Teams Event.
- The entry fee will cover a Race Day booklet which will be given to each competitor free of additional charge.
- Entries for events 14 and 15 will be taken on the day. Entry cost for these events is \$5.

**ENTERING MULTIPLE EVENTS**

Because of the close scheduling of events and the longer distances being raced by the younger walkers, a decision has been made that **only walkers 12 years and older on the day may enter multiple events.** This is a duty of care consideration. By way of example, young walkers under the age of 12 are not to be seen racing the Under 12 2 km event, following up with a second race of either the 3 km or 5 km distance with little or no break.

**CLOSING DATE FOR ONLINE ENTRIES**

The closing time for online entries with Athletics Australia is **Monday 9th August at 5PM.** Once entries have closed, Athletics Australia will forward entry lists to Athletics QLD, to be collected by the R.W.A. committee registrar to confirm current membership status and Handicaps.

## **STATE REPRESENTATION AND UNIFORMS**

Walkers in Athletics Australia championship events may be nominated to represent their State as official representatives, provided that they are current members of A.A. affiliated clubs. Athletes must wear either their state uniform, or Racewalking Australia club uniform. State or Australian Institute of Sport walkers may wear their official Institute competition uniform.

## **AGE DESIGNATION**

- Age for all A.A. and R.W.A. events (events 1 – 13) is age as at **31 December 2010**.
- Age for invitational events (events 14 - 15) is '**age on the day**'.

## **TEAM MANAGERS MEETING**

A Team Managers meeting will be held on **Saturday 21 August at UQ, St Lucia** at 6.00pm. Race numbers and any final information will be distributed at this time. For managers who cannot make this meeting, race numbers may be picked up from the Event Management on race day.

## **PROTESTS**

Protests must be lodged initially with the Referee as per IAAF rules. Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$20 fee. Appeals can be made by either the athlete or Team Manager and should be lodged at the Administration area where forms will be available.

## **OFFICIALS**

- Clubs are invited to nominate officials to assist with the conduct of the carnival.
- Please submit your expression of interest, the names and capacity in which people wish to officiate, to Dave Smith: [david@rewind.com.au](mailto:david@rewind.com.au)
- Note that since these are Australian championships, all major positions, including the judging panel, will be handled by Athletics Australia.
- Clubs are asked to submit their nominations when they forward their handicaps.



## **PRESENTATIONS**

The presentation of awards will be held in the Meeting Room, UQ Stadium, St Lucia. Refreshments are available to purchase from the club.

## **AWARDS**

- Athletics Australia Championship medals will be presented to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in the Australian Championship events.
- Racewalking Australia medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in the Racewalking Australia, Masters and Under 12 events.
- Handicap Trophies will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in all Racewalking Australia events.
- Racewalking Australia medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placed teams in Racewalking Australia Teams Events.
- Racewalking Australia Perpetual trophies will be awarded to the winning teams in Racewalking Australia events.
- Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in the 14 and 15 male and female invitational events.
- Winners of outright individual awards cannot win a handicap trophy.

## **PERPETUAL TROPHIES**

- |                              |                       |
|------------------------------|-----------------------|
| • Glover Shield Open         | Men 20km Teams        |
| • Carrington Cup Open        | Women 10km Teams      |
| • Troy Sundstrom Trophy      | U/20 Men 10km Teams   |
| • Jane Saville Trophy        | U/20 Women 10km Teams |
| • Nathan Deakes Trophy       | U/18 Men 10km Teams   |
| • Jacobson Trophy            | U/18 Women 5km Teams  |
| • Goble Trophy               | U/16 Boys 5km Teams   |
| • Knight Trophy              | U/16 Girls 5km Teams  |
| • Ron Crawford Trophy        | U/14 Boys 3km Teams   |
| • Deanna Rahill Trophy       | U/14 Girls 3km Teams  |
| • Under 12 Boys Team Trophy  | U/12 Boys 2km Teams   |
| • Under 12 Girls Team Trophy | U/12 Girls 2km Teams  |

Current perpetual trophy holders are asked to return the engraved trophies to the organisers on or before the day of the carnival.

## **VENUE INFORMATION**

Parking will be available before the first race in the carpark adjacent to the Start/Finish but the road will be closed from then on. After this, kerbside parking is available after the roundabout on Sir Fred Schonell Drive.

## **SHOWERS AND TOILETS**

These are located under the stadium

## HANDICAPS

Handicaps for R.W.A. Competitors should be based on the following base times.

EVENT	TYPE	CATEGORY	DISTANCE	BASE TIME
1	R.W.A.	Open/Masters Men	20km	1:20:00
	R.W.A.	Under 20 Men	10km	42:00
	R.W.A.	Under 18 Men	10km	44:00
	R.W.A.	Open/Masters Women	10km	42:00
	R.W.A.	Under 20 Women	10km	44:00
	R.W.A.	Under 12 Boys	2km	9:20
	R.W.A.	Under 12 Girls	2km	9:20
	R.W.A.	Under 14 Boys	3km	13:30
	R.W.A.	Under 14 Girls	3km	13:30
	R.W.A.	Under 16 Boys	5km	22:30
	R.W.A.	Under 16 Girls	5km	23:00
	R.W.A.	Under 18 Women	5km	22:30

Clubs are to complete a separate handicap time form (attached to this document) for each athlete, which is then to be forwarded to the R.W.A. committee registrar by **Sunday 15<sup>th</sup> August**

Address:  
David Smith  
7 Magor Street  
TARINGA  
QLD 4068

### FURTHER INFORMATION

For further information please contact: David Smith [david@rewind.com.au](mailto:david@rewind.com.au)  
Or Tim Erickson [terick@melbpc.org.au](mailto:terick@melbpc.org.au)

**HANDICAP TIME FORMS**

Clubs must complete a separate form for each competitor by 15<sup>th</sup> August and sent to:  
**David Smith, 7 Magor Street, Taringa, Qld 4068**

<p style="text-align: center;"><b>HANDICAP TIMES</b></p> <p>COMPETITOR: .....</p> <p>DATE OF BIRTH: .....</p> <p>CLUB: .....</p> <p>EVENT: .....</p> <p>TIME: .....</p>	<p style="text-align: center;"><b>HANDICAP TIMES</b></p> <p>COMPETITOR: .....</p> <p>DATE OF BIRTH: .....</p> <p>CLUB: .....</p> <p>EVENT: .....</p> <p>TIME: .....</p>
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