

# 2011 ZATOPEK:10



Saturday 10th December 2011

Lakeside Stadium, Albert Park

Aughtie Drive, Albert Park (Melway Ref: 2K D7)

## TIMETABLE as at 7/11/11

TIME	EVENT
3:30pm	VAL 300m Heats
4:00pm	Boys & Girls 100m Under 10, 11, 12 & 13 VFK Semi-finals
4:45pm	Little Athletics Girls Under 15 1500m
4:53pm	Little Athletics Boys Under 15 1500m
5:00pm	Boys & Girls Under 10, 11, 12 VFK Final
5:25pm	Little Athletics Victoria Clinic
5:30pm	VAL 300m Final
5:40pm	Men 800m Ambulant
6:05pm	Men Under 20 3000m (B Race)
6:20pm	Ondieki Women Under 20 3000m
6:35pm	Little Athletics Victoria (Mixed-Aged Medley)
6:50pm	Women 100 Yards
6:55pm	David Baxter Memorial Men 100 Yards
7:05pm	Women Triple Jump
7:05pm	Boys & Girls 100m Under 13 VFK Final
7:15pm	Women 1500m
7:30pm	Men Shot Put
7:30pm	ZATOPEK:10 Women 10000m
7:35pm	Women Discus
7:35pm	Men Pole Vault
8:15pm	Men 400m
8:21pm	Women 800m
8:29pm	Women 200m
8:35pm	Men Triple Jump
8:36pm	Victorian 4x400m Women Final
8:44pm	Victorian 4x400m Men Final
8:53pm	Malinowski Men 3000m Steeple
9:06pm	Men 1500m
9:20pm	De Castella Men Under 20 3000m
9:30pm	ZATOPEK:10 Men 10000m

Athletes and coaches please note that there may be schedule changes, so please make sure you recheck the time of your event. You should ensure that you are at the stadium for the entire meet as unavoidable late changes may occur. The final timetable and entry lists will be available at the stadium and updated on the Athletics Victoria and Athletics Australia websites.

For all enquiries contact Athletics Victoria - phone (03) 9428 8195 or email [michelle@athsvic.org.au](mailto:michelle@athsvic.org.au)

For more information visit the  
Athletics Victoria website:

[www.athsvic.org.au](http://www.athsvic.org.au)