

Australian Mountain Running Championships

Orange, New South Wales

26 March 2023

Men-11km

1 st	Fraser Darcy	South Australia	48:09
2 nd	Ewan Shingler	New South Wales	48:19
3 rd	Leo Peterson	New South Wales	48.40
4 th	Alastair George	New South Wales	49:34
5 th	Tim Barnett	New South Wales	49:38
6 th	Max Taylor	New South Wales	49:56
7 th	Will Atkinson	New South Wales	50:19
8 th	Alex Dreyer	Australian Capital Territory	50:38
9 th	Jack Powell	Queensland	50:47
10 th	Michael Chapman	Australian Capital Territory	50:58
11 th	Stephen Brown	New South Wales	55:03
12 th	Nick Walker	New South Wales	56:35
13 th	John Winsbury	New South Wales	57:05
14 th	Tim Lovett	New South Wales	58:56
15 th	Peter Finlay	New South Wales	1:03:35
16 th	Paul Stein	New South Wales	1:04:25

Women – 11km

] st	Jessica Ronan	Australian Capital Territory	57:08	
2nd	Elizabeth Humphrie	Australian Capital Territory	1:01:13	
3rd	Em O'Sullivan	New South Wales	1:02:00	
4th	Audrey Hall	New South Wales	1:03:39	
5th	Carolena Kostas	New South Wales	1:08:20	
6 th	Margaret Kenny	New South Wales	1:16:23	
Under 20 Men				
1 st	Zack Newsham	Queensland	19:35	
2 nd	Nicholas Irwin	New South Wales	21:48	
Under 20 Women				
1st	Selwyn Russell	Queensland	22:17	
2 nd	Eva Chiaramon	New South Wales	25:21	