AUSTRALIAN TRACK & FIELD CAHMPIONSHIPS RELAY TEAM Substitution



	MEN:	Open	U/20	U/18	U/16	U14		
	WOMEN:	Open	U/20	U/18	U/16	U14		
	MIXED:	Open	U/20	U/18	U/16	U14		
EVENT NO: EVENT TIME:								
	EVENT: 4x100	4x2	00	4x400				
	STATE:							
SUBSTITUTION								
OUT: Competitor Number / Competitor			IN: Competitor Number / Competitor					

COMPETITOR NUMBE	R	COMPETITOR (Same running	ng order with substitut	ion)
1				
2				
3				
4				
Team Manager Signature:			-	
Date:	Time:	am / pm		
TIC Manager Signature:			Date:	Time: