

ATHLETICS AUSTRALIA
AUSTRALIAN RECORDS as at 27th March 2025

MEN							
EVENT	PERF.	WIND	NAME	STATE	D.O.B.	VENUE	DATE
60 METRES							
Aust Allcomers	6.43	+1.6	Lachlan Kennedy	QLD	04-Nov-03	Canberra	25-Jan-25
Aust National	6.43	+1.6	Lachlan Kennedy	QLD	04-Nov-03	Canberra	25-Jan-25
100 METRES							
Aust Allcomers	9.87	-0.1	Maurice Greene	USA	23-Jul-74	Sydney	23-Sep-00
Aust National	9.93	+1.8	Patrick Johnson	ACT	26-Sep-72	Mita, JPN	05-May-03
Aust U20	10.15	+1.5	Jake Doran	QLD	18-Jul-00	Jamsa, FIN	01-Jul-18
Aust U18	10.17	+0.9	Gout Gout	QLD	29-Dec-07	Brisbane	06-Dec-24
Aust U16	10.57	+1.4	Gout Gout	QLD	29-Dec-07	Brisbane	12-Nov-22
200 METRES							
Aust Allcomers	19.92		Frankie Fredericks	NAM	02-Oct-67	Melbourne	25-Feb-99
Aust National	20.04	+1.5	Gout Gout	QLD	29-Dec-07	Brisbane	07-Dec-24
Aust National Short Track	20.71		Damien Marsh	QLD	28-Mar-71	Toronto, CAN (i)	12-Mar-93
Aust U20	20.04	+1.5	Gout Gout	QLD	29-Dec-07	Brisbane	07-Dec-24
Aust U18	20.04	+1.5	Gout Gout	QLD	29-Dec-07	Brisbane	07-Dec-24
Aust U16	21.14		Gout Gout	NSW	29-Dec-07	Adelaide	09-Dec-22
400 METRES							
Aust Allcomers	43.84		Michael Johnson	USA	13-Sep-67	Sydney	25-Sep-00
Aust National	44.38		Darren Clark	NSW	06-Sep-65	Seoul, KOR	26-Sep-88
Aust National Short Track	45.44		Steven Solomon	NSW	16-May-93	Clemson, USA (i)	23-Feb-18
Aust U20	44.75		Darren Clark	NSW	06-Sep-65	Los Angeles, USA	08-Aug-84
Aust U18	45.64		Terrell Thorne	QLD	05-May-07	Brisbane	08-Dec-24
Aust U16	47.94		Seth Kennedy	QLD	19-Feb-08	Brisbane	16-Dec-23
800 METRES							
Aust Allcomers	1:43.15		David Rudisha	KEN	17-Dec-88	Melbourne	04-Mar-10
Aust National	1:43.99		Joseph Deng	VIC	7-Jul-98	Decines, FRA	08-Jul-23
Aust National Short Track	1:45.59		Charlie Hunter	NSW	20-Jul-96	Fayetteville, USA (i)	13-Feb-21
Aust U20	1:44.11		Peyton Craig	QLD	28-Mar-05	Paris OG	09-Aug-24
Aust U18	1:47.24		Paul Byrne	VIC	29-Jan-76	Canberra	11-Dec-93
Aust U16	1:51.41		Mark Holcombe	VIC	21-Aug-73	Canberra	11-Dec-88
1000 METRES							
Aust Allcomers	2:17.67		Michael Hillardt	QLD	22-Jan-61	Melbourne	14-Jan-88
Aust National	2:16.09		Jeffrey Riseley	VIC	11-Nov-86	Ostrava, CZE	17-Jun-14
Aust National Short Track	2:16.95		Jack Anstey	QLD	08-Apr-97	Boston (i)	10-Feb-24
Aust U20	2:17.44		Cameron Myers	ACT	09-Jun-06	Netherlands	07-Jul-24
Aust U18	2:23.1		Michael Power	VIC	09-May-76	Melbourne	07-Jan-93
Aust U16	2:25.70		Hayden Todd	ACT	29-Jun-05	Canberra	24-Oct-20
1500 METRES							
Aust Allcomers	3:31.25		Hicham El Guerrouj	MAR	14-Sep-74	Melbourne	09-Sep-01
Aust National	3:29.41		Oliver Hoare	NSW	29-Jan-97	Oslo, NOR	15-Jun-23
Aust National Short Track	3:32.35		Oliver Hoare	NSW	29-Jan-97	New York (i)	13-Feb-21
Aust U20	3:32.67		Cameron Myers	ACT	09-Jun-06	New York (i)	08-Feb-25
Aust U18	3:33.26		Cameron Myers	ACT	09-Jun-06	Chorzow, POL	16-Jul-23
Aust U16	3:49.74		Daniel Williams	NSW	03-Aug-07	Sydney	22-Dec-22
1 MILE (= 1609.33 METRES)							
Aust Allcomers	3:50.61		Stewart McSweyn	TAS	01-Jun-95	Penguin	29-Dec-20
Aust National	3:47.48		Oliver Hoare	NSW	29-Jan-97	Oslo, NOR	16-Jun-22
Aust National	3:47.48		Cameron Myers	ACT	09-Jun-06	New York, USA (i)	08-Feb-25
Aust National Short Track	3:47.48		Cameron Myers	ACT	09-Jun-06	New York, USA (i)	08-Feb-25
Aust U20	3:47.48		Cameron Myers	ACT	09-Jun-06	New York, USA (i)	08-Feb-25
2000 METRES							
Aust Allcomers	4:50.76		Craig Mottram	VIC	18-Jun-80	Melbourne	09-Mar-06
Aust National	4:48.77		Stewart McSweyn	TAS	01-Jun-95	Brussels	08-Sep-23
Aust U20	5:09.40		Matthew Ramsden	WA	23-Jul-97	Perth	15-Jun-16
Aust U18	5:15.5		Mark Arens	SA	23-Mar-62	Adelaide	22-Dec-79
3000 METRES							
Aust Allcomers	7:39.22		Luke Kipkosgei	KEN	27-Nov-75	Sydney	20-Feb-99
Aust National	7:28.02		Stewart Mcsweyn	TAS	01-Jun-95	Rome, ITA	17-Sep-20
Aust National Short Track	7:30.38		Ky Robinson	QLD	27-Feb-02	New York (i)	08-Feb-25
Aust U20	7:33.12		Cameron Myers	ACT	09-Jun-06	Bston MA (i)	02-Feb-25
Aust U18	7:52.06		Cameron Myers	NSW	09-Jun-06	Sydney	11-Mar-23
Aust U16	8:25.31		Joshua Torley	ACT	30-Apr-99	Sydney	08-Nov-14
5000 METRES							
Aust Allcomers	12:56.41		Augustine Choge	KEN	21-Jan-87	Melbourne (MCG)	20-Mar-06
Aust National	12:55.76		Craig Mottram	VIC	18-Jun-80	London, GBR	30-Jul-04
Aust National Short Track	12:59.43		Jack Rayner	VIC	19-Dec-95	Boston, USA (i)	21-Feb-25
Aust U20	13:25.63		Mizan Mehari	ACT	25-Jan-80	Hechtel, BEL	07-Aug-99
Aust U18	14:07.92		Samuel Clifford	TAS	11-May-02	Box Hill	14-Nov-19

10000 METRES

Aust Allcomers	27:18.20	Haile Gebrselassie	ETH	18-Apr-73	Sydney	25-Sep-00
Aust National	27:09.57	Jack Rayner	VIC	19-Dec-95	San Juan Capistrano, USA	16-Mar-24
Aust U20	28:50.4	Rob de Castella	VIC	27-Feb-57	Melbourne	16-Dec-76

1 HOUR TRACK

Aust Allcomers	20,232.56m	Ron Clarke	VIC	21-Feb-37	Geelong	27-Oct-65
Aust National	20,516m	Rob de Castella	VIC	27-Feb-57	Rome, ITA	17-Apr-82
Aust U20	18,678m	Tony Bart	SA	04-Dec-55	Adelaide	29-Aug-73

60M HURDLES

Aust National	7.56	Chris Douglas	VIC	10-Feb-97	Belgrade, SRB (i)	18-Mar-22
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100M HURDLES

Aust U16 (.84m)	12.59	+2.0 Ken Ferrante Tanikawa	SA	18-Oct-09	Brisbane	07-Dec-24
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110M HURDLES

Aust Allcomers	13.00	Anier Garcia	CUB	09-Mar-76	Sydney	25-Sep-00
Aust National	13.29	Kyle Vander-Kuyp	VIC	30-May-71	Goteborg, SWE	11-Aug-95
Aust U20 (1.067m)	13.76	Don Wright	QLD	26-Apr-59	Pocatello, USA	19-May-78
Aust U20 (.99m)	13.27	Nicholas Hough	NSW	20-Oct-93	Barcelona, ESP	12-Jul-12
Aust U18 (.91m)	12.87	Sasha Zhoya	WA	25-Jun-02	Angers, FRA	05-Jul-19

200M HURDLES

Aust Allcomers	22.59	Darryl Wohlsen	QLD	06-Mar-73	Brisbane	14-Mar-96
Aust National	22.59	Darryl Wohlsen	QLD	06-Mar-73	Brisbane	14-Mar-96
Aust U20	23.2h	Peter Balthes	QLD	17-Jun-44	Brisbane	09-Feb-63
Aust U16 (.76m)	23.93	+0.8 Cameron Badger	NSW	11-Jan-09	Brisbane	06-Dec-24

400M HURDLES

Aust Allcomers	47.50	Angelo Taylor	USA	29-Dec-78	Sydney	27-Sep-00
Aust National	48.28	Rohan Robinson	VIC	15-Nov-71	Atlanta, USA	31-Jul-96
Aust U20	49.73	Rohan Robinson	VIC	15-Nov-71	Plovdiv, BUL	10-Aug-90
Aust U18 (91.4m)	50.45	Simon Hollingsworth	TAS	09-May-72	Sydney	02-Dec-89
Aust U18 (.84m)	51.62	Jack Love	QLD	24-Apr-06	Brisbane	16-Apr-23

2000M STEEPLECHASE

Aust U18 (.91m)	5:43.73	Aaron Hunt	NSW	10-Mar-72	Sydney	05-Dec-88
Aust U18 (.84m)	<i>Standard - 5.43.73</i>					
Aust U16 (.76m)	5:55.06	James Matthews	NSW	29-Jan-87	Hobart	05-Dec-02

3000M STEEPLECHASE

Aust Allcomers	8:16.14	Brahim Boulami	MAR	20-Apr-72	Melbourne	09-Sep-01
Aust National	8:16.22	Shaun Creighton	VIC	14-May-67	Lille, FRA	02-Jul-93
Aust U20	8:32.01	Ky Robinson	QLD	27-Feb-02	Eugene, USA	11-Jun-21

3000m RACE WALK

Aust U18	11:42.04	Troy Sundstrom	NSW	30-Apr-81	Sydney	21-Feb-98
Aust U16	11:37.55	Bailey Housden	QLD	04-Oct-07	Brisbane	09-Mar-24

5000m RACE WALK

Aust Allcomers	18:12.52	Declan Tingay	WA	06-Feb-99	Melbourne	05-Mar-23
Aust National	18:12.52	Declan Tingay	WA	06-Feb-99	Melbourne	05-Mar-23
Aust National Short Track	18:52.20	David Smith	VIC	24-Jul-55	Indianapolis, USA (i)	08-Mar-87
Aust U20	19:23.96	Isaac Beacroft	NSW	18-Jul-07	Sydney	14-Mar-24
Aust U18	19:23.96	Isaac Beacroft	NSW	18-Jul-07	Sydney	14-Mar-24

10000m RACE WALK

Aust Allcomers	38:03.78	Declan Tingay	WA	06-Feb-99	Canberra	02-Feb-23
Aust National	38:03.78	Declan Tingay	WA	06-Feb-99	Canberra	02-Feb-23
Aust U20	39:36.39	Isaac Beacroft	NSW	18-Jul-07	Lima Pery	30-Aug-24
Aust U18	39:36.39	Isaac Beacroft	NSW	18-Jul-07	Lima Pery	30-Aug-24

20000m RACE WALK

Aust Allcomers	1:19:48.1	Nathan Deakes	VIC	17-Aug-77	Brisbane	04-Sep-01
Aust National	1:19:48.1	Nathan Deakes	VIC	17-Aug-77	Brisbane	04-Sep-01
Aust U20	1:36:39.7	Michael Harvey	VIC	05-Dec-62	Melbourne	27-Jun-81

30000m RACE WALK

Aust Allcomers	2:14:22	Simon Baker	VIC	06-Feb-58	Melbourne	09-Sep-90
Aust National	2:14:22	Simon Baker	VIC	06-Feb-58	Melbourne	09-Sep-90

50000m RACE WALK

Aust Allcomers	3:43:50.0	Simon Baker	VIC	06-Feb-58	Melbourne	09-Sep-90
Aust National	3:43:50.0	Simon Baker	VIC	06-Feb-58	Melbourne	09-Sep-90

4 X 100M RELAY

Aust Allcomers	37.61	USA - Drummond, Williams, Lewis, Greene			Sydney	30-Sep-00
Aust National	37.87	AUS - Kennedy, Azzopardi, Ius, Law			Sydney	15-Mar-25
Aust State Team	39.06	NSW - Alozie, Ntiamoah, Hough, Geddes			Taipei City, TPE	27-May-13
Aust U20	39.12	AUS - Newah-Jarfoi, Sultana, Hasley, Gout			Brisbane	24-Feb-24
Aust U18	40.85	NSW - Pearce, Hammond, McRae, Fakiye			Canberra	04-Dec-08
Aust U16	41.77	NSW - Benschel, Camps, Greene, Stephenson			Canberra	12-Mar-88

4 X 200M RELAY

Aust Allcomers	1:23.04	NSW - S.Vassella, Hollands, Capobianco, P.Vassella			Sydney	06-Dec-98
Aust National	1:23.04	NSW - S.Vassella, Hollands, Capobianco, P.Vassella			Sydney	06-Dec-98
Aust National Short Track	1:33.25	AUS - Farlow, Little, McMahon, Stone			Torun, POL (i)	30-Mar-19

Aust State Team	1:23.04	NSW - S.Vassella, Hollands, Capobianco, P.Vassella			Sydney	06-Dec-98
Aust U20	1:25.48	NSW - Champion, Kearney, Mace, Theodore			Sydney	04-Dec-83
Aust U18	1:26.75	QLD - Wong, Easton, Lilley, Cox			Brisbane	04-Dec-21
Aust U16	1:29.40	VIC - Tonkin, Remmers, Wroe, Littlejohn			Adelaide	09-Dec-00
4 X 400M RELAY						
Aust Allcomers	2:58.68	NIG - Chukwa, Monye, Bada, Udo-Obong			Sydney	30-Sep-00
Aust National	2:59.70	AUS - Clark, Frayne, Minihan, Mitchell			Los Angeles, USA	11-Aug-84
Aust National Short Track	3:08.49	AUS-Garner,Greene,Perry,Robinson			Seville, ESP (i)	10-Mar-91
Aust State Team	3:02.1	VIC - Frayne, Minihan, Mitchell, Van Miltenburg			Melbourne	26-Feb-84
Aust U20	3:04.74	AUS - Mcfarlane, Batman, Thom, Vincent			Annecy, FRA	02-Aug-98
Aust U18	3.14.39	VIC - Klabbers, Longmuir, Nevin, Reed			Melbourne	30-Mar-84
Aust U16	3:17.56	NSW - Dennis, Perry, Smart, Waters			Hobart	07-Mar-86
4 X 800M RELAY						
Aust Allcomers	7:20.0	QLD - Crew, Goulding, Hawes, Hillardt			Brisbane	06-Mar-82
Aust National	7:11.48	AUS - Ralph, Gregson, Williamsz, West			Nassau, BAH	24-May-14
Aust State Team	7:20.0	QLD - Crew, Goulding, Hawes, Hillardt			Brisbane	06-Mar-82
Aust U20	7:39.5	NSW - Earl, Ozolins, Trinca, Wheeler			Sydney	29-Nov-81
Aust U18	7:46.20	NSW - Andreatta, Fitzgerald, Bromley, Hall			Sydney	17-Dec-00
4 X 1500M RELAY						
Aust Allcomers	15:17.91	NSW - Farrelly, Hunt, Woods, Roff			Sydney	17-Nov-07
Aust National	14:46.04	AUS - Gregson, McEntee, Birmingham, Williamsz			Nassau, BAH	25-May-14
Aust State Team	15:17.91	NSW - Farrelly, Hunt, Woods, Roff			Sydney	17-Nov-07
Aust U20	15:45.09	VIC - Bowden, Gibbs, Sly, Unthank			Melbourne	28-Mar-92
Aust U18	16:04.7	VIC - Ellis, Howley, McMahon, Millichamp			Melbourne	17-Dec-89
Aust U16	16:44.05	WA - Hanikeri, Thomas, diToro, Deane			Perth	12-Nov-22
100M, 200M, 300M, 400M RELAY						
Aust U18	1:53.98	NSW - Browning, Wood, Shelley, Stenmark			Adelaide	07-Dec-14
Aust U16	1:58.56	NSW - Ghisso, Cattana, Szymanski, Jefferson			Perth	08-Dec-19
HIGH JUMP						
Aust Allcomers	2.36	Tim Forsyth	VIC	17-Aug-73	Melbourne	02-Mar-97
Aust Allcomers	2.36	Konstantin Matusevich	ISR	25-Feb-71	Perth	05-Feb-00
Aust National	2.36	Tim Forsyth	VIC	17-Aug-73	Melbourne	02-Mar-97
Aust National	2.36	Brandon Starc	NSW	24-Nov-93	Eberstadt, GER	26-Aug-18
Aust U20	2.34	Tim Forsyth	VIC	17-Aug-73	Oslo, NOR	04-Jul-92
Aust U18	2.29	Tim Forsyth	VIC	17-Aug-73	Plovdiv, BUL	12-Aug-90
Aust U16	2.14	David Hoyle	VIC	23-Dec-63	Perth	15-Dec-79
Aust U16	2.14	Mark Sills	QLD	24-Dec-76	Perth	05-Dec-92
POLE VAULT						
Aust Allcomers	6.00	Paul Burgess	WA	14-Aug-79	Perth	26-Feb-05
Aust National	6.06	Steven Hooker	WA	16-Jul-82	Boston, USA (i)	07-Feb-09
Aust U20	5.70	Kurtis Marschall	SA	25-Apr-97	Mannheim, GER	26-Jun-16
Aust U18	5.56	Sasha Zhoya	WA	25-Jun-02	Sydney	01-Apr-19
Aust U16	4.92	Sasha Zhoya	WA	25-Jun-02	Sydney	27-Mar-17
LONG JUMP						
Aust Allcomers	8.55	Ivan Pedroso	CUB	17-Dec-72	Sydney	28-Sep-00
Aust National	8.54	Mitchell Watt	QLD	25-Mar-88	Stockholm, SWE	29-Jul-11
Aust U20	8.12	Christopher Noffke	QLD	06-Jan-88	Nuoro, ITA	11-Jul-07
Aust U18	8.01	Darcy Roper	QLD	31-Mar-98	Cali, COL	16-Jul-15
Aust U16	7.38	Christopher Noffke	QLD	06-Jan-88	Brisbane	21-Nov-03
TRIPLE JUMP						
Aust Allcomers	17.71	Jonathan Edwards	GBR	10-May-66	Sydney	25-Sep-00
Aust National	17.46	Ken Lorraway	ACT	06-Feb-56	London	07-Aug-82
Aust U20	16.62	Henry Frayne	VIC	14-Apr-90	Belgrade, SRB	07-Jul-09
Aust U18	15.84	Dylan James	WA	01-Mar-02	Perth	23-Nov-19
Aust U16	14.79	Daniel Okerenyang	NSW	23-Oct-07	Adelaide	11-Dec-22
SHOT PUT						
Aust Allcomers	22.00	Ulf Timmermann	GDR	01-Nov-62	Canberra	05-Oct-85
Aust National	21.35	Damien Birkinhead	VIC	08-Apr-93	Zagreb, CRO	28-Aug-17
Aust U20 (7.26kg)	19.23	Damien Birkinhead	VIC	08-Apr-93	Geelong	27-Oct-12
Aust U20 (6kg)	21.14	Damien Birkinhead	VIC	08-Apr-93	Barcelona, ESP	11-Jul-12
Aust U18 (5kg)	21.31	Damien Birkinhead	VIC	08-Apr-93	Melbourne	07-Nov-10
Aust U16 (4kg)	21.08	Amosia Soatini	NSW	30-Sep-96	Sydney	11-Dec-21
DISCUS THROW						
Aust Allcomers	69.35	Matthew Denny	QLD	02-Jun-96	Adelaide	13-Apr-24
Aust National	69.96	Matthew Denny	QLD	02-Jun-96	Belgium	13-Sep-24
Aust U20 (2kg)	62.37	Matthew Denny	QLD	02-Jun-96	St Polten, AUT	04-Jun-15
Aust U20 (1.75kg)	66.81	Matthew Denny	QLD	02-Jun-96	Brisbane	23-Nov-14
Aust U18 (1.5kg)	68.44	Werner Reiterer	VIC	27-Jan-68	Melbourne	02-Nov-85
Aust U16 (1kg)	75.33	Timothy Driesen	VIC	27-Mar-84	Sydney	10-Dec-99
HAMMER THROW						
Aust Allcomers	82.94	Koji Murofushi	JPN	08-Oct-74	Brisbane	07-Sep-01
Aust National	79.29	Stuart Rendell	ACT	30-Jun-72	Varazdin, CRO	06-Jul-02
Aust U20 (7.26kg)	70.52	Matthew Denny	QLD	02-Jun-96	Halle, GER	17-May-15
Aust U20 (6kg)	80.48	Matthew Denny	QLD	02-Jun-96	Townsville	25-Sep-15

Aust U18 (5kg)	81.44	Matthew Denny	QLD	02-Jun-96	Brisbane	09-Jun-13
Aust U16 (4kg)	75.17	Ned Weatherley	VIC	12-Jan-98	Geelong	02-Nov-13
JAVELIN THROW						
Aust Allcomers	90.17	Jan Zelezny	CZE	16-Jun-66	Sydney	23-Sep-00
Aust National	89.02	Jarrod Bannister	QLD	15-Mar-86	Brisbane	29-Feb-08
Aust U20	76.58	Luke Cann	VIC	17-Jul-94	Brisbane	23-Mar-13
Aust U18 (700g)						
Aust U18 (700g pre 2025)	77.80	Conor Warren	QLD	23-Feb-98	Melbourne	06-Dec-15
Aust U16 (700g)						
Aust U16 (700g pre 2025)	73.64	Ian Pearce	QLD	30-Aug-73	Brisbane	20-May-89
DECATHLON						
Aust Allcomers	8641	Erki Nool	EST	25-Jun-70	Sydney	28-Sep-00
Aust National	8649	Ashley Moloney	QLD	13-Mar-00	Tokyo, JPN	05-Aug-21
Aust U20 (Open Implements)	8038	Ashley Moloney	QLD	13-Mar-00	Gotzis, AUT	26-May-19
Aust U20 (IAAF)	8190	Ashley Moloney	QLD	13-Mar-00	Tampere, FIN	11-Jul-18
Aust U18	7559	Ashley Moloney	QLD	13-Mar-00	Sydney	30-Mar-17
Aust U16 (Heptathlon)	4967	Blake Deery	ACT	02-Jul-08	Brisbane	16-Apr-23
HEPTATHLON						
Aust National Short Track	6344 pts	Ashley Moloney	QLD	13-Mar-00	Belgrade, SRB (i)	19-Mar-22
MEN - ROAD (Note: + = in route to longer distance)						
HALF MARATHON						
Aust Allcomers	61:11	Pat Carroll	QLD	17-Aug-61	Sydney	22-May-94
Aust National	59:57	Brett Robinson	VIC	08-May-91	Marugame, JPN	02-Feb-20
MARATHON						
Aust Allcomers	2:06:18	Brimin Kipkorir	KEN	1989	Sydney	15-Sep-24
Aust National	2:06:22	Andrew Buchanan	VIC	10-Apr-91	Valencia ESP	01-Dec-24
Mile ROAD RACE						
Aust National	3:57:25	Jack Anstey	QLD	08-Apr-97	Honolulu	07-Dec-24
5KM ROAD RACE						
Aust National	13:20	Craig Mottram	VIC	18-Jun-80	Carlsbad, USA	3rd Apr-05
10KM ROAD RACE						
Aust Allcomers	27:43	Jack Rayner	VIC	19-Dec-95	Burnie	23-Oct-22
Aust National	27:43	Jack Rayner	VIC	19-Dec-95	Burnie	23-Oct-22
100KM ROAD RACE						
Aust Allcomers	6:29:26	Tim Sloane	TAS	29-Jul-67	Richmond (Tas)	23-Apr-95
Aust National	6:29:26	Tim Sloane	TAS	29-Jul-67	Richmond (Tas)	23-Apr-95
5KM ROAD WALK						
Aust U18	20:52	Owen Toyne	ACT	19-Jun-07	Canberra	09-Jun-24
Aust U16	21:36	Owen Toyne	ACT	19-Jun-07	Melbourne	11th Sep-22
8KM ROAD WALK						
Aust U18	34:21.0	Dion Russell	VIC	08-May-75	Melbourne	24-May-92
10KM ROAD WALK						
Aust U20	39:56	Isaac Beacroft	NSW	18-Jul-07	Turkey	21-Apr-24
Aust U18	39:56	Isaac Beacroft	NSW	18-Jul-07	Turkey	21-Apr-24
20KM ROAD WALK						
Aust Allcomers	1:17:39	Evan Dunfee	CAN	28-Sep-90	Adelaide	16-Feb-25
Aust National	1:17:33	Nathan Deakes	VIC	17-Aug-77	Cixi City, CHN	23-Apr-05
Aust U20	1:22:52	Isaac Beacroft	NSW	18-Jul-07	Adelaide	16-Feb-25
30KM ROAD WALK						
Aust Allcomers	2:05:06	Nathan Deakes	VIC	17-Aug-77	Hobart	27-Aug-06
Aust National	2:05:06	Nathan Deakes	VIC	17-Aug-77	Hobart	27-Aug-06
35KM ROAD WALK						
Aust Allcomers	2:26:25	Rhydian Cowley	VIC	04-Jan-91	Canberra	09-Jun-24
Aust National	2:25:21	Rhydian Cowley	VIC	04-Jan-91	Nomi JPN	16-Mar-25
50KM ROAD WALK						
Aust Allcomers	3:35:47	Nathan Deakes	VIC	17-Aug-77	Geelong	02-Dec-06
Aust National	3:35:47	Nathan Deakes	VIC	17-Aug-77	Geelong	02-Dec-06
MEN - BEST ON RECORD						
100 YARDS						
Aust Allcomers	9.2h	Bob Lay	NSW	20-Mar-44	Sydney	10-Mar-65
Aust National	9.2h	Bob Lay	NSW	20-Mar-44	Sydney	10-Mar-65
Aust Allcomers	9.36	Rohan Browning	NSW	31-Dec-97	Sydney	11-Mar-23
Aust National	9.36	Rohan Browning	NSW	31-Dec-97	Sydney	11-Mar-23
OCTATHLON						
Aust U18	6491	Jake Stein	NSW	17-Jan-94	Lille, FRA	07-Jul-11
12 HOURS 10-MAN TRACK RELAY						
Aust Allcomers	242km477.5m	Victoria			Melbourne	30-Sep-84
Aust National	242km477.5m	Victoria			Melbourne	30-Sep-84

WOMEN**60 METRES**

Aust Allcomers	7.16	+1.3	Ella Connolly	NSW	13-Jul-00	Sydney	01-Feb-25
Aust National	7.14		Torrie Lewis	QLD	08-Jan-05	Belgrade SRB (i)	29-Jan-25

100 METRES

Aust Allcomers	10.97		Zoe Hobbs	NZL	11-Sep-97	Sydney	11-Mar-23
Aust National	11.10		Torrie Lewis	QLD	08-Jan-05	Canberra	27-Jan-24
Aust U20	11.10		Torrie Lewis	QLD	08-Jan-05	Canberra	27-Jan-24
Aust U18	11.20		Raelene Boyle	VIC	24-Jun-51	Mexico City, MEX	15-Oct-68
Aust U16	11.3h		Debbie Wells	NSW	29-May-61	Sydney	14-Jan-76
Aust U16	11.57		Torrie Lewis	QLD	08-Jan-05	Brisbane	24-Oct-20

200 METRES

Aust Allcomers	21.90		Marita Koch	GDR	18-Feb-57	Canberra	04-Oct-85
Aust National	22.23		Melinda Gainsford	NSW	01-Oct-71	Stuttgart, GER	13-Jul-97
Aust National Short Track	22.64		Melinda Gainsford	NSW	01-Oct-71	Barcelona, ESP (i)	11-Mar-95
Aust U20	22.74		Raelene Boyle	VIC	24-Jun-51	Mexico City, MEX	18-Oct-68
Aust U18	22.74		Raelene Boyle	VIC	24-Jun-51	Mexico City, MEX	18-Oct-68
Aust U16	22.8h		Debbie Wells	NSW	29-May-61	Brisbane	28-Feb-76

400 METRES

Aust Allcomers	47.60		Marita Koch	GDR	18-Feb-57	Canberra	06-Oct-85
Aust National	48.63		Cathy Freeman	VIC	16-Feb-73	Atlanta, USA	29-Jul-96
Aust National Short Track	52.17		Maree Holland	NSW	25-Jul-63	Budapest, HUN (i)	04-Mar-89
Aust U20	51.14		Cathy Freeman	VIC	16-Feb-73	Birmingham, GBR	28-Jun-92
Aust U18	51.80		Jana Pittman	NSW	09-Nov-82	Sydney	12-Dec-99
Aust U16	52.90		Tamsyn Lewis	VIC	20-Jul-78	Melbourne	20-Feb-94

800 METRES

Aust Allcomers	1:56.15		Maria Lurdes Mutola	MOZ	27-Oct-72	Sydney	25-Sep-00
Aust National	1:57.78		Catriona Bisset	VIC	01-Mar-94	London, GBR	23-Jul-23
Aust National Short Track	1:59.46		Catriona Bisset	VIC	01-Mar-94	Birmingham, GBR (i)	19-Feb-22
Aust U20	1:58.40		Claudia Hollingsworth	VIC	12-Apr-05	Adelaide	14-Apr-24
Aust U18	2:00.81		Keely Small	ACT	09-Jun-01	Gold Coast	12-Apr-18
Aust U16	2:02.49		Georgie Clarke	VIC	17-Jun-84	Melbourne	20-Mar-99

1000 METRES

Aust Allcomers	2:34.50		Georgia Griffith	VIC	15-Dec-96	Box Hill	06-Mar-25
Aust National	2:34.50		Georgia Griffith	VIC	15-Dec-96	Box Hill	06-Mar-25
Aust National Short Track	2:39.47		Zoe Buckmam	VIC	21-Dec-88	Birmingham, GBR (i)	18-Feb-17
Aust U20	2:36.72		Claudia Hollingsworth	VIC	12-Apr-05	Box Hill	08-Mar-21
Aust U18	2:36.72		Claudia Hollingsworth	VIC	12-Apr-05	Box Hill	08-Mar-21
Aust U16	2:43.08		Kayla Van der Linden	WA	28-May-04	Perth	09-Dec-19

1500 METRES

Aust Allcomers	3:59.67		Linden Hall	VIC	20-Jun-91	Box Hill	01-Apr-21
Aust National	3:50.83		Jessica Hull	NSW	22-Oct-96	Paris	07-Jul-24
Aust National Short Track	4:00.80		Georgia Griffith	VIC	05-Dec-96	Nanjing CHN (i)	23-Mar-25
Aust U20	4:04.45		Claudia Hollingsworth	VIC	12-Apr-05	Adelaide	10-Feb-24
Aust U18	4:06.77		Georgie Clarke	VIC	17-Jun-84	Hobart	30-Jan-00
Aust U16	4:12.51		Georgie Clarke	VIC	17-Jun-84	Melbourne	06-Dec-99

1 MILE (= 1609.33 METRES)

Aust Allcomers	4:22.66		Lisa Corrigan	ACT	02-Dec-84	Melbourne	02-Mar-07
Aust National	4:15.34		Jessica Hull	NSW	22-Oct-96	Monte Carlo, MON	21-Jul-23
Aust National Short Track	4:19.03		Jessica Hull	NSW	22-Oct-96	New York, USA (i)	09-Feb-24
Aust U20	4:32.73		Susie Power	VIC	26-Mar-75	Melbourne	17-Dec-92

2000 METRES

Aust Allcomers	5:56.3		Angela Raines-White	QLD	22-Mar-74	Brisbane	27-Nov-88
Aust National	5:19.70		Jessica Hull	NSW	22-Oct-96	Monaco	12-Jul-24
Aust U20	5:50.47		Susie Power	VIC	26-Mar-75	Birmingham, GBR	04-Sep-94
Aust U18	5:56.3		Angela Raines-White	QLD	22-Mar-74	Brisbane	27-Nov-88
Aust U16	5:56.3		Angela Raines-White	QLD	22-Mar-74	Brisbane	27-Nov-88

3000 METRES

Aust Allcomers	8:31.81		Jessica Hull	NSW	22-Oct-96	Sydney	11-Mar-23
Aust National	8:24.20		Georgia Griffith	VIC	05-Dec-96	Oslo	30-May-24
Aust National Short Track	8:24.39		Jessica Hull	NSW	22-Oct-96	Glasgow (i)	01-Mar-24
Aust U20	8:44.1 (Mixed)		Donna Gould	SA	10-Jun-66	Eugene, USA	13-Jul-84
Aust U20	8:51.90		Amy Bunnage	VIC	22-Mar-05	Sydney	11-Mar-23
Aust U18	9:00.60		Amy Bunnage	VIC	22-Mar-05	Melbourne	15-Dec-22
Aust U16	9:08.93		Emily Brichacek	ACT	07-Jul-90	Canberra	29-Oct-05

5000 METRES

Aust Allcomers	14:40.79		Gabriela Szabo	ROM	14-Nov-75	Sydney	25-Sep-00
Aust National	14:41.65		Rose Davies	NSW	21-Dec-99	Tokyo	19-May-24
Aust National Short Track	14:58.43		Linden Hall	VIC	20-Jun-91	Boston, MA (i)	15-Feb-25
Aust U20	15:00.75		Amy Bunnage	VIC	22-Mar-05	Boston, MA (i)	07-Dec-24

10000 METRES

Aust Allcomers	30:17.49		Derartu Tulu	ATH	21-Mar-72	Sydney	30-Sep-00
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Aust National	30.35.66	Lauren Ryan	VIC	15-Mar-98	San Juan Capistrano, USA	16-Mar-24
Aust U20	34:15.0	Donna Gould	SA	10-Jun-66	Adelaide	18-Dec-85
1 HOUR TRACK						
Aust Allcomers	<i>Not Claimed</i>					
Aust National	<i>Not Claimed</i>					
60M HURDLES						
Aust National	7.73	Sally Pearson	QLD	19-Sep-86	Istanbul, TUR (i)	10-Mar-12
90M HURDLES						
Aust U16	12.31	Sophie White	WA	23-Jan-02	Canberra	03-Dec-16
100M HURDLES						
Aust Allcomers	12.49	Sally Pearson	QLD	19-Sep-86	Melbourne	03-Mar-12
Aust National	12.28	Sally Pearson	QLD	19-Sep-86	Daegu, KOR	03-Sep-11
Aust U20	13.01	Sally McLellan	QLD	19-Sep-86	Brisbane	26-Nov-05
Aust U18 (.76m)	13.02	Delta Amidzovski	NSW	23-Aug-06	Brisbane	16-Apr-23
200M HURDLES						
Aust Allcomers	25.7h ****	Pam Ryan	VIC	12-Aug-39	Melbourne	25-Nov-71
Aust National	25.7h ****	Pam Ryan	VIC	12-Aug-39	Melbourne	25-Nov-71
Aust Allcomers	25.79	Lauren Wells	ACT	03-Aug-88	Canberra	21-Jan-17
Aust National	25.79	Lauren Wells	ACT	03-Aug-88	Canberra	21-Jan-17
**** Run over different specifications)						
Aust U16	27.27	Chloe Jamieson	ACT	20-Apr-94	Hobart	05-Dec-09
400M HURDLES						
Aust Allcomers	53.02	Irina Privalova	RUS	22-Nov-68	Sydney	27-Sep-00
Aust National	53.17	Debbie Flintoff-King	VIC	20-Apr-60	Seoul, KOR	28-Sep-88
Aust U20	55.20	Jana Pittman	NSW	09-Nov-82	Pietersberg, RSA	18-Mar-00
Aust U18	56.23	Jana Pittman	NSW	09-Nov-82	Sydney	18-Dec-99
2000M STEEPLECHASE						
Aust U20	6:25.77	Melissa Rollison	QLD	13-Apr-83	Sydney	01-May-00
Aust U18	6:25.77	Melissa Rollison	QLD	13-Apr-83	Sydney	01-May-00
Aust U16	6:33.54	Jessica Gilfillan	QLD	10-Feb-92	Gold Coast	08-Jun-07
3000M STEEPLECHASE						
Aust Allcomers	9:19.51	Dorcus Inzikuru	UGA	02-Feb-82	Melbourne	22-Mar-06
Aust National	9:14.28	Genevieve Lacaze	VIC	04-Aug-89	Paris, FRA	27-Aug-16
Aust U20	9:30.70	Melissa Rollison	QLD	13-Apr-83	Brisbane	04-Sep-01
3000m RACE WALK						
Aust National Short Track	11:53.82	Kerry Saxby-Junna	NSW	02-Jun-61	Toronto, CAN (i)	12-Mar-93
Aust U20	12:27.74	Jane Saville	NSW	05-Nov-74	Melbourne	25-Feb-93
Aust U18	12:43.0	Michelle French	NSW	01-Apr-82	Sydney	08-Nov-97
Aust U16	12:43.0	Michelle French	NSW	01-Apr-82	Sydney	08-Nov-97
5000m RACE WALK						
Aust Allcomers	20:03.0	Kerry Saxby-Junna	NSW	02-Jun-61	Sydney	11-Feb-96
Aust National	20:03.0	Kerry Saxby-Junna	NSW	02-Jun-61	Sydney	11-Feb-96
Aust U20	21:34.23	Natalie Saville	NSW	07-Sep-78	Melbourne	01-Mar-97
Aust U18	21:39.03	Katie Hayward	QLD	23-Jul-00	Brisbane	22-Oct-16
10000m RACE WALK						
Aust Allcomers	42:46.45	Kerry Saxby-Junna	NSW	02-Jun-61	Sydney	14-Jan-89
Aust National	41:57.22	Kerry Saxby-Junna	NSW	02-Jun-61	Seattle, USA	24-Jul-90
Aust U20	43:20.65	Katie Hayward	QLD	23-Jul-00	Sydney	05-Apr-19
20000m RACE WALK						
Aust Allcomers	1:26:52.3	Olimpiada Ivanovo	RUS	29-Aug-70	Brisbane	06-Sep-01
Aust National	1:33:40.2	Kerry Saxby-Junna	NSW	02-Jun-61	Brisbane	06-Sep-01
4 X 100M RELAY						
Aust Allcomers	41.37	GDR - Auerswald, Gladisch, Gohr, Rieger			Canberra	06-Oct-85
Aust National	42.48	AUS - Connolly, Masters, Edwards, Lewis			London	20-Jul-24
Aust State Team	44.00	NSW - Gainsford, Hough, Lee, Moore			Adelaide	07-Mar-92
Aust U20	44.34	AUS - Scolyer, Dodds, Hagan, Milat			Sydney	23-Mar-24
Aust U18	45.48	NSW - O'Grady, Thornton, Geddes, Kyriacou			Sydney	14-Mar-14
Aust U16	46.08	NSW - Ross, Harrison, Lampret, Taber			Perth	09-Dec-23
4 X 200M RELAY						
Aust Allcomers	1:32.6	AUS - Boyle, Jowett, Robertson, Wilson			Brisbane	25-Jan-76
Aust National	1:32.6	AUS - Boyle, Jowett, Robertson, Wilson			Brisbane	25-Jan-76
Aust National Short Track	1:42.34	VIC-Mucci, Andrew, Boyle, Cairns			Pocatello, USA (i)	18-Feb-17
Aust State Team	1:36.41	NSW - Caples, Clarke, Holland, Sullivan			Sydney	21-Nov-87
Aust U20	1:38.41	NSW - Gardiner, Bannister, Turner, Morton			Sydney	09-Dec-07
Aust U18	1:38.41	NSW - Gardiner, Bannister, Turner, Morton			Sydney	09-Dec-07
Aust U16	1:38.41	NSW - Gardiner, Bannister, Turner, Morton			Sydney	09-Dec-07
4 X 400M RELAY						
Aust Allcomers	3:19.49	GDR - Busch, Emmelmann, Koch, Neubaer			Canberra	04-Oct-85
Aust National	3:23.81	AUS - Peris, Lewis, Gainsford-Taylor, Freeman			Sydney	30-Sep-00
Aust National Short Track	3:26.87	AUS-Andrews,van Heer,Lewis,Freeman			Maebashi, JPN (i)	07-Mar-99
Aust State Team	3:31.35	VIC - Flemming, Flintoff, Stewart, Tomsett			Adelaide	16-Mar-86
Aust U20	3:30.38	AUS - Andrews, Hanigan, Poetschka, Scamps			Plovdiv, BUL	12-Aug-90
Aust U18	3:42.47	NSW - Alton, Babbage, Hall, Maroney			Brisbane	21-Mar-82

Aust U16	3:45.47	NSW - Phillips, Scamps, Stenberg, West			Hobart	07-Mar-86
4 X 800M RELAY						
Aust Allcomers	8:39.5	VIC - Anderson, Perkins, Robinson, Webster			Melbourne	19-Dec-92
Aust National	8:13.26	VIC - McGowan, Buckman, Kajan, Duncan			Nassau, BAH	25-May-14
Aust State Team	8:39.5	VIC - Anderson, Perkins, Robinson, Webster			Melbourne	19-Dec-92
Aust U20	8:48.5	QLD - Dawson, Lonsdale, Stephens, Van Gorp			Brisbane	19-Dec-89
Aust U18	8:57.81	NSW - Kajan, Tamsett, Neville, Doyle			Sydney	19-Nov-05
Aust U16	8:59.40	NSW - Evans, Harding-Delooze, Wilon, Harding-Delooze			Sydney	17-Nov-13
4 X 1500M RELAY						
Aust Allcomers	18:00.92	VIC - Anderson, Perkins, Robinson, Webster			Melbourne	12-Dec-92
Aust National	17:08.65	AUS - Buckman, Delany, MCGowan, Duncan			Nassau, BAH	24-May-14
Aust State Team	17:09.75	AUS - Harvey, Clarke, Richardson, Jamieson			London, GBR	25-Jun-00
Aust U20	18:21.77	NSW - Hancock-Cameron, Hargraves, Winward, Liakatos			Sydney	20-Nov-21
Aust U18	18:22.47	NSW - L.Harding-Delooze, Evans, Hopper, A.Harding-Delooze			Blacktown	15-Nov-15
Aust U16	18:37.21	NSW - Wilson, King, Evans, Harding-Delooze			Sydney	16-Nov-13
100M, 200M, 300M, 400M RELAY						
Aust U18	2:06.58	AUS - Gulli, Tauro, Hill, Hoebergen			Marrakesh, MAR	17-Jul-05
Aust U16	2:11.43	NSW - Stoilova, Wright, Inkster, Monk			Perth	08-Dec-19
HIGH JUMP						
Aust Allcomers	2.03	Nicola Olyslagers	NSW	28-Dec-96	Canberra	27-Jan-24
Aust National	2.03	Nicola Olyslagers	NSW	28-Dec-96	Canberra	27-Jan-24
Aust U20	1.96	Eleanor Patterson	VIC	22-May-96	Sydney	15-Mar-15
Aust U18	1.96	Eleanor Patterson	VIC	22-May-96	Townsville	07-Dec-13
Aust U16	1.86	Leah Cranston	QLD	25-Feb-70	Brisbane	16-Feb-86
Aust U16	1.86	Gai Kapernick	QLD	20-Sep-70	Brisbane	16-Feb-86
Aust U16	1.86	Andrea Hughes	TAS	12-Dec-73	Adelaide	09-Dec-89
POLE VAULT						
Aust Allcomers	4.82	Nina Kennedy	WA	05-Apr-97	Sydney	13-Mar-21
Aust National	4.91	Nina Kennedy	WA	05-Apr-97	Zurich, SUI (i)	30-Aug-23
Aust U20	4.59	Nina Kennedy	WA	05-Apr-97	Perth	14-Feb-15
Aust U18	4.40	Vicky Parnov	WA	24-Oct-90	Rheinland-Pfalz, GER	30-Jun-07
Aust U18	4.40	Elizabeth Parnov	WA	09-May-94	Perth	18-Apr-10
Aust U18	4.40	Nina Kennedy	WA	05-Apr-97	Eugene, USA	24-Jul-14
Aust U16	4.15	Vicky Parnov	WA	24-Oct-90	Gold Coast	05-Jul-05
LONG JUMP						
Aust Allcomers	7.27	Heike Drechsler	GDR	16-Dec-64	Canberra	06-Oct-85
Aust National	7.13	Brooke Buschkuehl	VIC	12-Jul-93	Chula Vista, USA	09-Jul-22
Aust U20	6.60	Lyn Tillett	NSW	15-Aug-53	Munich	23-Aug-72
Aust U20	6.60	Brooke Stratton	VIC	12-Jul-93	Mannheim, GER	03-Jul-11
Aust U18	6.55	Nicole Boegman	NSW	05-Mar-67	Sydney	15-Oct-83
Aust U16	6.32	Shermin Oksuz	WA	24-Mar-84	Perth	28-Mar-99
TRIPLE JUMP						
Aust Allcomers	15.20	Tereza Marinova	BUL	05-Sep-77	Sydney	24-Sep-00
Aust National	14.04	+2.0 Nicole Mladenis	WA	22-Sep-75	Hobart	09-Mar-02
Aust National	14.04	+1.8 Nicole Mladenis	WA	22-Sep-75	Perth	07-Dec-03
Aust U20	13.36	Linda Allen	QLD	22-Mar-87	Gold Coast	08-Jul-06
Aust U18	13.30	Tiana Boras	VIC	04-Mar-05	Cali, COL	06-Aug-22
Aust U16	13.13	Sarah Sydney	QLD	16-Feb-84	Sydney	11-Dec-99
SHOT PUT						
Aust Allcomers	20.69	Natalya Lisovskaya	URS	16-Jul-62	Canberra	04-Oct-85
Aust National	19.74	Gael Martin	VIC	27-Aug-56	Berkeley, USA	14-Jul-84
Aust U20	16.84	Marley Raikiwasa	SA	07-Aug-05	Florida	10-May-24
Aust U18 (3 kg)	17.27	Allira Takau	QLD	09-Dec-07	Adelaide	17-Apr-24
Aust U16 (3 kg)	16.17	Margaret Satupai	VIC	09-Jul-92	Melbourne	22-Oct-05
DISCUS THROW						
Aust Allcomers	69.78	Martina Opitz	GDR	12-Dec-60	Canberra	06-Oct-85
Aust National	69.64	Dani Stevens	NSW	26-May-88	London, GBR	13-Aug-17
Aust U20	60.63	Dani Samuels	NSW	26-May-88	Beijing, CHN	20-Aug-06
Aust U18	58.52	Dani Samuels	NSW	26-May-88	Brisbane	26-Nov-05
Aust U16	53.24	Katrina Steele	NSW	02-Jul-81	Melbourne	28-Feb-97
HAMMER THROW						
Aust Allcomers	71.71	Kamila Skolimowska	POL	04-Nov-82	Melbourne	09-Sep-01
Aust National	73.63	Stephanie Ratcliffe	VIC	29-Dec-00	Austin, USA	08-Jun-23
Aust U20 (4 kg)	65.75	Alexandra Hulley	NSW	24-Jul-97	Campbelltown	29-May-16
Aust U18 (3 kg)	71.14	Alexandra Hulley	NSW	24-Jul-97	Adelaide	06-Dec-14
Aust U16 (3 kg)	64.27	Alexandra Hulley	NSW	24-Jul-97	Sydney	11-Oct-12
JAVELIN THROW						
Aust Allcomers	68.92	Kathryn Mitchell	VIC	10-Jul-82	Melbourne	11-Apr-18
Aust National	68.92	Kathryn Mitchell	VIC	10-Jul-82	Melbourne	11-Apr-18
Aust U20	57.60	Mackenzie Little	NSW	22-Dec-96	Melbourne	04-Apr-14
Aust U18 (500 gr)	61.47	Mackenzie Little	NSW	22-Dec-96	Donetsk, UKR	11-Jul-13
Aust U16 (500 gr)	51.69	Tallara Joseph-Riogi	NSW	16-Sep-09	Adelaide	16-Apr-24

HEPTATHLON

Aust Allcomers	6584	Denise Lewis	GBR	27-Aug-72	Sydney	24-Sep-00
Aust National	6695	Jane Flemming	VIC	14-Apr-65	Auckland, NZL	28-Jan-90
Aust U20	5915	Celeste Mucci	VIC	11-Aug-99	Gold Coast	13-Apr-18

COMBINED EVENT

Aust U18	5650	Sharon Jaklofsky	QLD	30-Sep-68	Brisbane	24-Feb-85
Aust U16	5515	Sophie Williams	WA	20-May-09	Adelaide	15-Apr-24

PENTATHLON

Aust National Short Track	4490	Jane Jamieson	NSW	23-Jun-75	Maebashi, JPN (i)	05-Mar-99
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DECATHLON

Aust Allcomers

Aust National *Records will only be ratified if better than 7000 points*Aust U20 *Records will only be ratified if better than 6800 points***MIXED 4x400 mts RELAY**

Aust National	3:17.00	Aus-Oboya, Rubie-Renshaw, Gunn, Beck			Gold Coast	12-Jun-21
Aust State Team	3:21.26	VIC-Power, Andrew, Reynolds, Plessinger			Melbourne	15-Feb-24
Aust U20	3:19.27	Aus Gilbert, Pasquali, Deguara, Gregorevic			Lima Peru	27-Aug-24
Aust U18	3:25.08	Aus (Nsw) Thomas, Oboya, Moir, Doris			Nassau, BAH	23-Jul-17
Aust U16	3:36.43	SA - Colbourne, Sands, McAuliff, Taylor			Adelaide	11-Dec-22

WOMEN - ROAD

(Note: + = in route to lon)

HALF MARATHON

Aust Allcomers	66:39	Keira D'Amato	USA	21-Oct-84	Gold Coast	01-Jul-23
Aust National	67:17	Isobel Batt-Doyle	SA	14-Sep-95	Marugame JPN	02-Feb-25

MARATHON

Aust Allcomers	2:21.41	Workenesh Edesa	ETH	11-Sep-92	Sydney	15-Sep-24
Aust National	2:21.34	Sinead Diver	VIC	17-Feb-77	Valencia, ESP	04-Dec-22

Mile ROAD RACE

Aust National	4:32.45	Jessica Hull	NSW	22-Oct-96	Riga LAT	01-Oct-23
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5 km ROAD RACE

Aust National	14:59	Benita Willis	QLD	06-May-79	London, GBR	1st Sep-02
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10 km ROAD RACE

Aust Allcomers	31:38	Leanne Pompeani	NSW	25-Jun-96	Launceston	11-Jun-23
Aust National	31:15	Isobel Batt-Doyle	SA	14-Sep-95	Albert Park VIC	22-Sep-24

100KM ROAD RACE

Aust Allcomers	7:48:51	Jackie Fairweather	QLD	11-Oct-67	Gold Coast	07-Jun-09
Aust National	7:34:25	Kristin Bull	VIC	02-Aug-81	Los Alcazares, ESP	20-Nov-16

5KM RACE WALK

Aust U18	22:44	Katie Hayward	QLD	23-Jul-00	Brisbane	30-Jul-17
Aust U16	23:41	Ela Uzun	VIC	21-Apr-11	Albert Park VIC	15-Dec-24

8KM RACE WALK

Aust U18	39:15	Jane Saville	NSW	05-Nov-74	Melbourne	24-May-92
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10KM RACE WALK

Aust Allcomers	41:29.71	Kerry Saxby-Junna	NSW	02-Jun-61	Canberra	27-Aug-88
Aust National	41:29.71	Kerry Saxby-Junna	NSW	02-Jun-61	Canberra	27-Aug-88
Aust U20	45:10.0	Natalie Saville	NSW	07-Sep-78	Melbourne	27-Feb-97

20KM RACE WALK

Aust Allcomers	1:26.25	Jemima Montag	VIC	15-Feb-98	Paris OG	01-Aug-24
Aust National	1:27:09	Jemima Montag	VIC	15-Feb-98	Adelaide	11-Feb-24

35KM RACE WALK

Aust Allcomers	2:45.31	Olivia Sandery	SA	22-Jan-03	Albert Park	15-Dec-24
Aust National	2:42.40	Olivia Sandery	SA	22-Jan-03	Nomi JPN	16-Mar-25

50KM RACE WALKAust Allcomers *Not Claimed*

Aust National	4:09.33	Claire Tallent	SA	06-Jul-81	Taicang, CHN	05-May-18
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WOMEN - BEST ON RECORD**100 YARDS**

Aust Allcomers	10.2h	Diane Holden	NSW	28-Oct-63	Sydney	19-Feb-86
Aust National	10.2h	Diane Holden	NSW	28-Oct-63	Sydney	19-Feb-86
Aust Allcomers	10.11	Zoe Hobbs	NZL	11-Sep-97	Sydney	11-Mar-23
Aust National	10.34	Torrie Lewis	QLD	08-Jan-05	Sydney	11-Mar-23

