



AUSTRALIAN
ATHLETICS

Australian Athletics U23 Tour

Craig Pickering

INTRODUCTION



- Off the back of a very successful 2024 World Under-20 Championships, we want to ensure our promising athletes are supported in experiencing high level competitions as they move through the difficult U23 years
- Get used to:
 - International travel
 - Performing with pressure
 - Time away from home / coach
 - Being self-sufficient and adaptable

WHO CAN BE INVITED?



- Read the Invitation Policy on the website!
- Athletes born in 2003, 2004, or 2005 (i.e., Under-23 athletes), as well as athletes born in 2006 (top-year U20 athletes)
- A maximum of three athletes per event, and two events per person
- Maximum of 30 athletes

WHO CAN BE INVITED?



- Nominate by 23:59 AEDT on Sunday 16th March
 - Why so early?
- Meet the Invitation Standards by 23:59pm on Sunday 30th March (and from October 1st 2024)
- Performance has to be in a World Athletics Permit Meet
- No walks, events over 5000m, Combined Events, or Para events

INVITATION PROCESS



- Single invitation meeting w/b Monday 31st March
- Athletes will receive their invitation by Monday 7th April
- Athletes need to accept (or reject) their invitation by Monday 14th April

- If additional spaces become available due to athletes rejecting their invite, further athletes may be invited

- If fewer than 30 athletes are invited, we may invite athletes who have not met the standard, provided they are close to the standard
 - What defines “close”?
 - Important to nominate if you’re “close” to the standard

COMPETITION



- C Events:
 - Men – 100m, 200m, 110mH, 400mH, LJ, HJ, SP
 - Women – 400m, 100mH, LJ, SP, HT
- All other events are F Category
- All implement weights and heights are the senior specification
- All F Category athletes will be accepted; C Category athletes will be subject to availability based on PB/SB (12 international athletes in track and 8 in field events)

TOUR OVERVIEW



- Depart Brisbane on Saturday 31st May (10:50pm)
- Arrive in Taipei Sunday 1st June (5:45am)
- Monday – Friday – training is available
- Saturday 7th and Sunday 8th – Taiwan Open
- Monday 9th June – return home (11:55pm – arrive in BNE 10:35am +1)

- Hotel – Caesar Metro Taipei

COSTS



- Levy - \$1500 - \$2000
- What is included?
 - All flights
 - All accommodation in Taiwan
 - All transport once you arrive at the airport
 - Physiotherapy
 - All meals in Taiwan
- What isn't covered?
 - Getting to the airport
 - Food during travel
 - Kit

TEAM STAFF

- Team Leader – Miles Thompson
- Team Coach – Stephen Perry
- Team Coach – Caroline Bailey
- Performance Enhancement Specialist – Bryce Anderson
- Physiotherapist



QUESTIONS



- A lot of questions are covered in the invitation policy – so double check this.
- Alternative travel arrangements?
- PV?
- Who are we competing against?
- Craig.pickering@athletics.org.au