



AUSTRALIAN CROSS COUNTRY CHAMPIONSHIPS

Timetable – as at 7 August 2025

23 August 2025

Time	Event	Bib	Distance	Course
08:15	Public Fun Run		5km	1 x 2km & 1 x 3km
09:15	Under 11 Boys		2km	1 x 2km
09:27	Under 11 Girls		2km	1 x 2km
09:40	Under 12 Boys		3km	1 x 3km
09:55	Under 12 Girls		3km	1 x 3km
10:10	Under 13 Boys		3km	1 x 3km
10:25	Under 13 Girls		3km	1 x 3km
10:40	Under 15, Under 17, Under 20 and Open Para Men		3km	1 x 3km
11:00	Under 14 Boys		3km	1 x 3km
11:15	Under 14 Girls		3km	1 x 3km
11:30	Under 20, Open Para Women		3km	1 x 3km
12:40	Open Men		10km	2 x 2km & 2 x 3km
13:15	Open Women		10km	2 x 2km & 2 x 3km
13:55	Masters Men and Women (30yrs+)		4km	2 x 2km
14:20	Under 15 Women		4km	2 x 2km
14:35	Under 15 Men		4km	2 x 2km
14:50	Under 16 Women		4km	2 x 2km
15:05	Under 16 Men		4km	2 x 2km
15:20	Under 17 Women		4km	2 x 2km
15:35	Under 18 Women		4km	2 x 2km
15:50	Under 17 Men		6km	2 x 3km
16:10	Under 18 Men		6km	2 x 3km
16:30	Under 20 Women		6km	2 x 3km
16:55	Under 20 Men		8km	1 x 2km & 2 x 3km

(Sunrise: 06:58, Sunset: 17:56)