

HP COACH MENTORING



HIGH PERFORMANCE COACH MENTORING PROGRAM

Australian Athletics has a group of highly qualified and experienced coaches who have repeatedly demonstrated their ability to develop junior talent through to elite senior international levels. These coaches have also shown that they have the knowledge of 'what it takes to win' on the world stage. The mentoring program aims to capture this collective expertise for the benefit of our developing high-performance coaches and their athletes. The program is aimed at system and personal coaches for the 2028 Los Angeles and 2032 Brisbane Olympic cycles.

Program information

The Coach Mentoring Program will run for twelve months with each mentee being assigned a mentor. It will begin with a 90-minute training session conducted online in the evening of 5 March 2025.

The mentor/mentee matches will be mutually agreed with a formal arrangement clearly specifying the roles of each participant. Athletics Australia will provide mentor and mentee guides.

The Mentors

The mentors have fulfilled all/some of the following:

- Coached medalists at Commonwealth Games and/or top 8 finishers at World, Olympic, or Paralympics.
- Coached many team members at World Championships, Olympics, or Paralympics.
- Formed part of Olympic, Paralympic and/or World Championship (senior and junior) team coaching/management staff for several cycles.
- Are highly committed to providing education/mentoring opportunities for other coaches.

Mentee responsibilities

The mentees will be required to:

- Participate in the online mentor/mentee training session from 7.30 to 9.00 pm ADST on Wednesday 5th March 2025.
- In conjunction with their mentors, establish a 12-month coach development plan with agreed targets and timelines. This will involve:
 - Regular bimonthly meetings with specific coach education objectives.
 - Spending time together in each other's daily training environment and/or competitions, or elsewhere. Athletics Australia will assist with the costs associated with this.
 - Provide Athletics Australia with a written outline of this plan.
- Attend the monthly online Town Hall meetings conducted by Athletics Australia with all mentors and mentees, and possibly presenting at one of these meetings.
- At the end of the 12 months mentees will participate in an evaluation process with their mentor which will include a written reflection of the program (template to be provided). Mentors will assess the level of participation and commitment of each mentee.
- Adhere to Athletics Australia's quality coaching and ethical practices.

Mentee selection

The expectation is that mentees will fulfill all/some of the following criteria:

- Currently coaching NASS athlete(s).
- Currently coaching PTP athlete(s).

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- Be an identified coach in a targeted event group or geographic location.
- Be part of any of these programs:
 - Individual Supported Coach,
 - Athlete to Coach (Able or Para),
 - Women in High Performance Coaching,
 - Level 4 High Performance Coach Program.
- Hold an Athletics Australia coaching accreditation.

Program evaluation and feedback

Mentors and mentees will be surveyed six months into the program, and again at its conclusion. Athletics Australia will also conduct a final review meeting at the end of the program, but feedback will be welcomed throughout.

For further information please contact the National Coach Development Coordinator (Mark Stewart, mark.stewart@athletics.org.au).