



2025 AUSTRALIAN ATHLETICS SCHOOLS CHALLENGE

8 December 2025

Lakeside Stadium, Melbourne, Victoria

INFORMATION and TECHNICAL REGULATIONS

The Australian Athletics Schools Challenge is a team-based competition for school students. Three divisions will be contested for each sex - junior (U15); intermediate (U17) and senior (U19). Competitors' age is taken on 31 December 2025. This event will be conducted according to the rules of World Athletics and Australian Athletics.

1 Timetable Changes

The timetable and any changes in the timetable or these regulations are available on the Australian Athletics website.

2 Uniforms

All athletes entered in these competition must wear their approved School uniform.

3 Team Lists

Initial entries with athlete names shall be submitted by each competing school team to the Competitions Manager of Australian Athletics by no later than 7 November 2025. Name changes will be permitted until Sunday 7 December at 3.00pm. There are to be no name changes on the day unless approved by the Australian Athletics Competition Manager.

4 Competition Bibs

All athlete competition bibs will be provided to the Team Manager. These will be available on Saturday (from 1pm) and Sunday (from 10am) of the Australian All Schools. Only one bib is issued per athlete firmly attached with no less than four (4) pins. Track athletes must wear the bib on the front. In field events the bib may be worn on the front or back. The entire bib including sponsorship information must be always visible and no part of the bib shall be folded under the uniform.

AUSTRALIAN ATHLETICS WILL ENFORCE WORLD ATHLETICS RULE TR 5.9 & TR 5.11, WHICH RENDER AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY THE COMPETITION BIB.



5 Entries - Division Rules. Specifications and Team Composition

Junior (U15) Teams – as at 31 December 2025 – minimum age is 12 years as at 31 December 2025.

- Teams may fill 8 positions across the 6 individual events + 1 relay.
- Teams consist of a minimum of 5 and maximum of 6 athletes.
- Athletes can do a maximum of two individual events.
- Athletes must do a minimum of 1 individual event.
- All team members must be bona fide students of their designated school in 2025.

Junior events are and team composition is:

Track	100m (2 per team)
	200m (1 per team)
	800m (2 per team)
	4x200m Relay
Field	Long Jump (1 per team)
	Shot Put (1 per team) [4kg for boys, 3kg for girls]
	Javelin (1 per team) [700g for boys, 500g for girls]

Intermediate (U17) as at 31 December 2025

- Teams may fill 11 positions across the 8 individual events + 1 relay
- Teams consist of a minimum of 7 and maximum of 9 athletes
- Athletes can do a maximum of 3 individual events
- Athletes must do a minimum of 1 individual event
- All team members must be bona fide students of their designated school in 2025.

Intermediate events are and team composition is:

Track	100m (2 per team)
	200m (2 per team)
	400m (1 per team)
	800m (2 per team)
	Swedish relay (100m, 300m, 200m, 400m)
Field	High Jump (1 per team)
	Long Jump (1 per team)
	Shot Put (1 per team) [4kg for boys, 3kg for girls]
	Javelin (1 per team) [700g for boys, 500g for girls]



Senior (U19) as at 31 December 2025

- Teams may fill 11 positions across the 8 individual events + 1 relay
- Teams consist of a minimum of 7 and maximum of 9 athletes
- Athletes can do a maximum of 3 individual events
- Athletes must do a minimum of 1 individual event
- All team members must be bona fide students of their designated school in 2025.

Senior events and team composition is:

Track	100m (2 per team)
	200m (1 per team)
	400m (2 per team)
	1500m (2 per team)
	Medley relay (200m, 200m, 400m, 800m)
Field	High Jump (1 per team)
	Long Jump (1 per team)
	Shot Put (1 per team) [5kg for boys, 3kg for girls]
	Javelin (1 per team) [700g for boys, 500g for girls]

No foreign entries will be accepted for this competition.

Students may only compete in only a single team and in a single division (i.e., students may not compete across two or more teams in the same division; or compete in two or more divisions).

6 Team Scoring

The competition will be scored on place. 1st = X points according to the number of teams competing in that division decreasing by one point to last placing with a valid result. If an athlete or relay team is DNS, DNF, NM or DQ no placing points shall be scored.

Scoring example - 8 teams = max of 16 points per event

	100m	100m	200m	400m	400m	1500m	1500m	Medley	JT	SP	HJ	LJ
Team A	16	13	16	16	16	16	16	16	16	16	16	16
Team B	15	12	15	15	15	15	15	15	15	15	15	15
Team C	14	10	14	14	14	14	14	14	14	14	14	14
Team D	9	11	12	13	13	13	13	13	13	13	13	13
Team E	8	4	13	12	12	12	12	12	12	12	12	12
Team F	7	3	10	11	11	11	11	11	11	11	11	11
Team G	6	2	11	10	10	10	10	10	10	10	10	10
Team H	5	1	9	9	9	9	9	9	9	9	9	9



7 Gate Entry

There is no cost to enter the venue for the National Schools Challenge. Australian Athletics will provide accreditation to those athletes and team managers not involved in the All Schools Athletics Championships.

8 Warm-up and training

All warm-up and training must be conducted at the adjacent warm-up area. Care must be taken during these times.

9 Call Room Procedures

There will not be a call room. Athletes are to report to the Start area (Track) 15 minutes prior to the start of the event and to the event site (Field), 30 minutes prior to the start time, to complete warm up procedures.

If an athlete is already or likely to be competing in another event at the designated time the athlete or someone on his/her behalf must notify the officials at the start/event site prior to the designated time.

10 False Start

The World Athletics False Start rules will be applied. There is no dispensation.

11 Field Event Trials

In throwing events and the horizontal jumps in all age groups, all athletes will have three (3) trials.

12 Vertical Jumps

The starting heights and progression for High Jump is listed below. Subject to change.

Senior Girls – 1.30m, 1.35m, 1.40m, 1.45m, 1.50m, 1.55m, 1.60m, 1.63m, 1.66m, 1.69m

Intermediate Girls – 1.25m, 1.30m, 1.35m, 1.40m, 1.45m, 1.50m, 1.55m, 1.60m, 1.63m, 1.66m, 1.69m

Senior Boys – 1.55m, 1.60m, 1.65m, 1.70m, 1.75m, 1.80m, 1.85m, 1.90m, 1.95m, 1.98m, 2.01m

Intermediate Boys – 1.50m, 1.55m, 1.60m, 1.65m, 1.70m, 1.75m, 1.80m, 1.85m, 1.88m, 1.91m, 1.94m, 1.97m

Athletes who do not believe they can clear the starting height may request the bar be set at one lower height in order to record a valid performance. Where there is more than one such athlete, such height shall be the lowest requested.



13 Personal Implements

Athletes who wish to include their own throwing implements in the competition equipment pool (which may be used by any athlete in the same competition), must lodge them with the Technical Manager at the Technical/Equipment Room, no later than two (2) hours, before the scheduled start time of their event. For events on Monday morning, implements can be submitted on Sunday afternoon between 1pm and 3pm.

Please note that World Athletics TR32.2 limits the number personal implements added to the pool per person to a maximum of 2. The implements will be impounded until after the competition (meaning the last applicable event in which the athlete is competing) when athletes may collect them from the Technical/Equipment Room.

14 Starting Blocks

Starting Blocks must be used for all events up to and including the 400m and only those supplied by the venue can be used. Private blocks will not be permitted.

15 Shoes and Spikes

All athletes should be familiar with World Athletics Rule TR5.2 and World Athletics Shoe Regulations 10 and 11 (the most relevant provisions of which are set out below).

At this venue only Christmas Tree or Pyramid spikes are permitted.

Needle spikes are banned and are not used under any circumstances.

These will be checked in the Call Room. Spike length is a maximum of 7mm for track, 9mm for Long Jump and 11mm for Javelin and High Jump.



The full [World Athletics Shoe Regulations can be accessed here](#).

16 Entry Fees

There is no prize money nor travel assistance funding available to teams competing in the competition. The entry fee is \$160 per team (including GST) which will be invoiced by AA to each competing school according to the number of teams it has taking part.

17 Physiotherapy and Massage

Teams may organise their own Physio etc. Please ensure these are not set up in egress exits.

18 Post Event Procedures

Once the event is completed, officials will take the athletes as a group to exit the competition area.



19 Presentations

Trophies and Medals will be awarded as soon as possible after the competition.

20 Protests & Appeals

These must be lodged initially with the relevant Referee as per World Athletics Rules (WA TR8). Appeals to the Jury can be made after a Protest to the Referee is dismissed, are to be made in writing on the appropriate form and lodged with the \$50 fee. Appeals may be lodged by either the athlete or athlete's representative (usually the Team Manager) and are to be lodged to the Competitions Manager of Athletics Australia.