

2026 Australian Athletics Championships (103rd Staging)

Venue - Sydney Olympic Park Athletic Centre, Homebush

Dates - 9 to 12 April 2026

The entries column indicates the entry in 2025

Bold will indicate a change of time or event status since the original TT publication

Strikeout will indicate the event is cancelled OR a round is not required

* next to an event indicates round will be deleted if entry numbers require one less round

Day 1	Thursday 9 April	Age Group	2025 Entries	Expected Groups	Round	Specification
11.00am	Hammer	Open Women	26	1	Qualification	4.00kg
11.00am	Shot Put (Seated)	Open Women	5		Final	
11.00am	100m	Open Men	14	2	Decathlon	
11.15am	100m	U20 Men	21	3	Decathlon	
11.15am	High Jump	Open Men	18	2	Qualification	
11.30am	100m Hurdles	U20 Women	15	2	Heptathlon	0.838m
11.45am	100m Hurdles	Open Women	18	2	Heptathlon	0.838m
12.00pm	Long Jump	Open Men	14	1	Decathlon	
12.00pm	Long Jump	U20 Men	21	1	Decathlon	
12.15pm	Shot Put (Seated)	Open Men	5		Final	
12.30pm	Discus	Open Men	22	1	Qualification	2.00kg
1.00pm	High Jump	Open Women	18	Combined	Heptathlon	
1.00pm	High Jump	U20 Women	15	Conduct - 2	Heptathlon	
1.00pm	1500m	Open Women	43	3	1st Round	
1.30pm	1500m	Open Men	56	3 or 4	1st Round	
1.15pm	Shot Put	Open Men	14	1	Decathlon	7.26kg
1.15pm	Shot Put	U20 Men	21	1	Decathlon	6.00kg
1.45pm	Discus (Ambulant)	Open Women	9	1	Final	
2.00pm	400m*	Open Men			Preliminary Qualification	Athletes Seeded lower than 14th
2.20pm	400m*	Open Women			Preliminary Qualification	Athletes Seeded lower than 14th
2.30pm	Pole Vault	Open Women	21	1	Qualification	
2.30pm	Triple Jump	Open Women	17	2	Qualification	
3.00pm	Shot Put	Open Women	18	1	Heptathlon	4.00kg
3.15pm	Discus (Ambulant)	Open Men	9	1	Final	
3.30pm	High Jump	Open Men	14	Combined	Decathlon	
3.30pm	High Jump	U20 Men	21	Conduct - 2	Decathlon	
4.00pm	Triple Jump	Open Men	22	2	Qualification	
4.00pm	Shot Put	U20 Women	15	1	Heptathlon	4.00kg
5.00pm	Javelin	Open Women	19	1	Qualification	600g
5.15pm	Long Jump (Ambulant)	Open Men	18	1 or 2	Final	
5.30pm	4x100m Relay	Mixed		1	Final	
5.45pm	200m	Open Women	18	2	Heptathlon	
5.55pm	200m	U20 Women	15	2	Heptathlon	
6.10pm	400m (Ambulant)	Open Men	18	2	Timed Finals	
6.20pm	400m (Ambulant)	Open Women	13	2	Timed Finals	
6.30pm	400m	U20 Men	21	3	Decathlon	
6.40pm	400m	Open Men	14	2	Decathlon	

Day 2	Friday 10 April	Age Group	2025 Entries	Expected Groups	Round	Specification
9.30am	Hammer	Open Men	16	1	Qualification	7.26kg
9.30am	Javelin / Club (Seated)	Open Women	5	Combined Conduct	Final	
9.30am	Javelin / Club (Seated)	Open Men	2		Final	
10.00am	Long Jump	Open Women	18	1	Heptathlon	
10.00am	110m Hurdles	U20 Men	21	3	Decathlon	0.991m
10.10am	110m Hurdles	Open Men	14	3	Decathlon	1.067m
11.00am	Discus	Open Men	14	1	Decathlon	2.00kg
11.00am	Discus	U20 Men	21	1	Decathlon	1.75kg
11.30am	Long Jump	U20 Women	15	1	Heptathlon	
12.30pm	Javelin	Open Women	20		Heptathlon	600g
12.45pm	Discus	Open Women	14	1	Qualification	1.00kg
1.30pm	Pole Vault	Open Men	14	Combined Conduct - 2	Decathlon	
1.30pm	Pole Vault	U20 Men	21		Decathlon	
1.30pm	Long Jump	Open Women	26	2	Qualification	
2.00pm	Javelin	Open Men	27	1 or 2	Qualification	800g
2.15pm	Javelin	U20 Women	15	1	Heptathlon	
3.00pm	Long Jump	Open Men	26	2	Qualification	
3.30pm	High Jump	Open Women	8		Qualification	
4.35pm	400m Hurdles*	Open Men			Preliminary Qualification	(0.914m) Athletes Seeded lower than 14th
4.50pm	400m Hurdles*	Open Women			Preliminary Qualification	(0.762m) Athletes Seeded lower than 14th
4.10pm	100m	Open Men	82-24=58	6	Preliminary Qualification	Athletes Seeded lower than 24th
4.30pm	Javelin	Open/U20 Men	14+21	COMBx2	Decathlon Group A	800g
4.40pm	100m	Open Women	71-24=47	6	Preliminary Qualification	Athletes Seeded lower than 24th
5.00pm	Pole Vault	Open Men	19	2	Qualification	
5.10pm	1500m (Ambulant)	Open Women	5	1	Final	
5.20pm	100m (Wheelchair)	Open Women	6		Final	
5.30pm	100m (Wheelchair)	Open Men	6		Final	
5.30pm	Javelin	Open/U20 Men	14+21	COMBx2	Decathlon Group B	800g
5.45pm	400m	Open Men	27	3	1st Round	3 heats of 8 - 14 seeds + 10 from PQR
6.05pm	400m	Open Women	27	3	1st Round	3 heats of 8 - 14 seeds + 10 from PQR
6.20pm	800m*	Open Women			Preliminary Qualification	Athletes Seeded lower than 14th
6.35pm	800m*	Open Men			Preliminary Qualification	Athletes Seeded lower than 14th
6.50pm	800m	U20 Women	15	1	Heptathlon	
7.00pm	Long Jump (Ambulant)	Open Women	11	1	Final	
7.00pm	Hammer	Open Women	10	1	Final	4.00kg
7.05pm	800m	Open Women	18	1	Heptathlon	
7.10pm	Triple Jump	Open Women	10	1	Final	
7.15pm	100m	Open Men	24+16	5	1st Round	5 heats of 8 - 24 seeds + 16 from PQR
7.40pm	100m	Open Women	24+16	5	1st Round	5 heats of 8 - 24 seeds + 16 from PQR
8.05pm	1500m (Ambulant)	Open Men	16	1	Final	
8.15pm	1500m	Open Women	12	1	Final	
8.25pm	1500m	Open Men	12	1	Final	
8.35pm	400m (Wheelchair)	Open Women	6		Final	
8.42pm	400m (Wheelchair)	Open Men	6		Final	
8.50pm	1500m	Open Men	14	1	Decathlon	

9.00pm	1500m	U20 Men	21	1	Decathlon	
Day 3	Saturday 11 April	Age Group	2025 Entries	Expected Groups	Round	Specification
12.00pm	Shot Put	Open Women	17	1	Qualification	4.00kg
1.15pm	Shot Put	Open Men	17	1	Qualification	7.26kg
1.30pm	Javelin (Ambulant)	Open Women	5	1	Final	
2.15pm	Javelin (Ambulant)	Open Men	9	1	Final	600g
2.45pm	Discus (Seated)	Open Men	3	1	Final	
4.00pm	Discus (Seated)	Open Women	3	1	Final	
4.00pm	Hammer	Open Men	15	1	Final	7.26kg
4.15pm	100m (Ambulant)	Open Women	22	3	1st Round	
4.35pm	100m (Ambulant)	Open Men	37	4	1st Round	
4.55pm	5000m	Open Men	2x24	1	Final - 2	
5.20pm	200m (Wheelchair)	Open Women	4	1	Final	
5.27pm	200m (Wheelchair)	Open Men	5	1	Final	
5.35pm	800m (Ambulant)	Open Men	11	1	Final	
5.42pm	800m (Ambulant)	Open Women	7	1	Final	
5.50pm	400m Hurdles	Open Men	22	3	1st Round	(0.914) 3 heats of 8 - 14 seeds + 10 from PQR
6.00pm	Shot Put (Ambulant)	Open Men	11	1	Final	
6.10pm	400m Hurdles	Open Women	19	3	1st Round	(0.762) 3 heats of 8 - 14 seeds + 10 from PQR
6.15pm	Discus	Open Men	10	1	Final	2.00kg
6.30pm	Pole Vault	Open Women	10	1	Final	
6.30pm	800m (Wheelchair)	Open Women	4	1	Final	
6.37pm	800m (Wheelchair)	Open Men	5	1	Final	
6.40pm	High Jump	Open Men	10	1	Final	
6.45pm	100m (Ambulant)	Open Women	9	1	Final	
6.52pm	100m (Ambulant)	Open Men	9	1	Final	
7.05pm	100m	Open Women	24	3	Semi Finals	
7.20pm	100m	Open Men	24	3	Semi Finals	
7.15pm	Triple Jump	Open Men	10	1	Final	
7.30pm	Shot Put	Open Women	10	1	Final	4.00kg
7.35pm	800m	Open Women	24	3	1st Round	3 heats of 8 - 14 seeds + 10 from PQR
7.47pm	800m	Open Men	24	3	1st Round	3 heats of 8 - 14 seeds + 10 from PQR
7.45pm	Javelin	Open Women	10	1	Final	600g
8.00pm	400m	Open Women	9	1	Final	
8.07pm	400m	Open Men	9	1	Final	
8.15pm	3000m Steeplechase	Open Women	15	1	Final	
8.30pm	100m	Open Women	9	1	Final	
8.37pm	100m	Open Men	9	1	Final	
8.45pm	5000m	Open Men	2x24	1	Final - 1	
9.10pm	200m	Open Men	51-14=37	4 or 5	Preliminary Qualification	Athletes Seeded lower than 14th
9.30pm	200m	Open Women	52-14=38	5	Preliminary Qualification	Athletes Seeded lower than 14th

Day 4	Sunday 12 April	Age Group	2025 Entries	Expected Groups	Round	Specification
10.00am	200m (Ambulant)	Open Women	19	3	1st Round	
10.20am	200m (Ambulant)	Open Men	33	4 or 5	1st Round	
10.30am	Discus	Open Women	14	1	Final	1.00kg
10.40am	100m Hurdles	Open Women	30	3	1st Round	0.838m
10.50am	Long Jump	Open Women	10	1	Final	
11.00am	Shot Put (Ambulant)	Open Women	10	1	Final	
11.05am	110m Hurdles	Open Men	22	3	1st Round	1.067m
11.20am	200m	Open Women	24	3	1st Round	3 heats of 8 - 14 seeds + 10 from PQR
11.30am	Pole Vault	Open Men	10	1	Final	
11.35am	200m	Open Men	24	3	1st Round	3 heats of 8 - 14 seeds + 10 from PQR
11.55am	3000m Steeplechase	Open Men	18	1	Final	
12.15pm	200m (Ambulant)	Open Women	8	1	Final	
1.00pm	High Jump	Open Women	8	1	Final	
12.15pm	High Jump	Open Women	8	1	Final	
12.20pm	Long Jump	Open Men	10	1	Final	
12.22pm	200m (Ambulant)	Open Men	8	1	Final	
12.30pm	Shot Put	Open Men	14	1	Final	7.26kg
12.30pm	Javelin	Open Men	10	1	Final	800g
12.30pm	110m Hurdles	Open Men	8	1	Final	1.067m
12.40pm	100m Hurdles	Open Women	8	1	Final	0.838m
12.50pm	800m	Open Women	8	1	Final	
12.57pm	800m	Open Men	8	1	Final	
1.05pm	400m Hurdles	Open Women	8	1	Final	0.762m
1.15pm	400m Hurdles	Open Men	8	1	Final	0.914m
1.25pm	5000m	Open Women	29	1	Final	
1.45pm	200m	Open Women	8	1	Final	
1.52pm	200m	Open Men	8	1	Final	
2.05pm	4x400m Relay	Open Mixed		1	Final	