

2026 Chemist Warehouse Perth Track Classic, Perth Saturday 14 February 2026 (Continental Tour Bronze Meet)

Extended Start Lists - compiled by David Tarbotton

NOTES: only relevant records included (i.e. NZL record only included if it is a chance of being broken); distance events pacing plan in **red**;
 SB - season best (1 January 26 to now), WJ - World U20 Champs, WC - World Champs, WU - World Uni Games, OG - Olympic Games, PG - Paralympics Games.
 OG20 - Tokyo Olympics, WI - World Indoors, Aus Chps - Australian Championships, ADE - Adelaide Invitational, Ind - Indoors, Out - Outdoors

15:45 WOMEN - Pole Vault Steinepreis Paganin Women's Pole Vault								
RECORDS: MEET Alana Boyd WA 4.66 (2012) ; AUSTRALIAN Nina Kennedy WA 4.91m (2023), AUS ALLCOMERS - Nina Kennedy WA 4.82m (2021)								
QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 4.60m - nil qual; World Indoors 4.70m - nil qual; World U20 Champs 4.05m: Daisy Brayshaw W, Sukhnoor Rangı V, Khushnoor Rangı V								
2025 PERTH TRACK CLASSIC: Misaki Morota (Jpn) 4.35m, Olivia Gross 4.35m, Tryphena Hewett 4.25m, Leila Barker 4.15m, Elyssia Kenshole 4.15m, Georgia Tayler 3.90m, Ellie Parsons 3.90m								
2025 AUST CHAMPIONSHIPS: 1) Olivia Gross 4.21, 2) Elyssia Kenshole 4.21, 3) Georgia Tayler 4.10, 3) Leila Barker 4.10, 5) Sukhnoor Rangı 3.95, 6)Cassidy Bradshaw 3.95, 7)Madeline Lawson 3.80								
2024 AUST CHAMPIONSHIPS: 1. Nina Kennedy 4.65m, 2. Olivia Gross 4.05m, 3. Elyssia Kenshole 4.05m, 4. Georgia Tayler 3.80m, 5. Grace Bath 3.80m								
STARTING HEIGHT AND PROGRESSION: 3.62, 3.77, 3.92, 4.07, 4.17, 4.27, 4.37								
Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Olivia Gross	W	James Fitzpatrick	23	4.35 (25)	4.05	2025 Australian Champion	Relocated from Melbourne; Younger sister of CG22 relay medallist Mia Gross.
2	Tryphena Hewett	S	Kym Simons	20	4.25 (25)	4.15	Bronze medallist 2024 World U20 Championships Finalist 2025 World University Games	Also competes in heptathlon
3	Misaki Morota	JPN	Shigeru Tanaka	27	4.48 (23)	n/a	7-time National champion and Japanese record holder Competed 2025 World Championships	
4	Cassidy Bradshaw	V	Hamish Nelson	22	4.31 (23)	3.95	2025 Victorian Champion; finalist 2022 World U20 Champs	Studied at University of Oklahoma
5	Elyssia Kenshole	V	Bill Georgantas	22	4.35 (25)	4.05	2023 Australian and Victorian champion Silver medallist 2025 Australian Championships 2024 Oceania champion; Won Zatopek in Dec with a PB 4.35m	Started gymnastics aged 3, but moved to athletics after many injuries.
6	Nina Kennedy	W	James Fitzpatrick	28	4.91 (23)	n/a	2024 Olympic champion & 2023 world champion CG18 3rd, OG20 qual, CG22 1st, WC22 3rd, WC23 1st, OG24 gold, WC25 1st; 4-time Australian champion	Had stress fractures in her back at end of 2023 and 2024 International seasons; vaulted over 4.90m 3 times
7	Leila Barker	W	James Fitzpatrick	20	4.15 (26)	4.15	Bronze medallist 2025 Australian Championships	
8	Daisy Bradshaw	W	Lauren Ramsden	17	4.20 (25)	4.15	2025 Australian U18 champion	

16:30 MEN - 5000m Steinepreis Paganin Men's 5000m

RECORDS: MEET - Ray Boyd WA 14:29.7 (1988), **AUST RECORD:** 12:55.76 Craig Mottram VIC 2004; **AUS ALLCOMERS** Augustine Choge KEN 12:56.41 2006; **AUST U20** - Mizan Mehari A 13:25.63

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games **13:01.00** - Ky Robinson Q 12:59.61; **World U20 Champs 14:08.00** - 14:03.46 Charles Barrett V, 14:06.76 Lucas Chis V

2025 ADELAIDE INVITATIONAL 5000m: James Hansen 13:40.89, Samuel Clifford 13:41.48, Joshua Phillips 13:42.54, Oliver Chignell (Nzl) 13:42.97, Isaac Heyne 13:43.82, Matthew Clarke 13:49.16,

2025 AUST CHAMPIONSHIPS 5000m: 1 1) Seth O'Donnell 13:49.30, 2) Cameron Myers 13:49.66, 3) Ky Robinson 13:50.31, 4) Jude Thomas 13:51.02, 5) James Hansen 13:51.05, 6) Jackson Sharp 13:54.91, 7) Jack Bruce 13:56.54, 8) Isaac Heyne 13:58.91, 9) Zach Facioni 14:04.04, 10) Logan Janetzki 14:04.69, 11) Max Shervington 14:08.13, 12) Adam Goddard 14:15.89

2024 AUST CHAMPIONSHIPS 5000m: 1 Matthew Ramsden 13:39.61, 2 Morgan McDonald 13:39.66, 3 Jackson Sharp 13:39.82, 4 Toby Gillen 13:40.11, 5 Ky Robinson 13:40.22, 6 Jack Rayner 13:41.17, 7 Zach Facioni 13:44.64, 8 Callum Davies 13:47.20, 9 Sam McEntee 13:47.70, 10 Haftu Strintzos 13:53.30, 14th Jude Thomas 14:02.40

PACING: 13:20; 200m 32, 600m 1:36, 1000m 2:40, 1400m 3:44, 1800m 4:48, 2200m 5:52, 2600m 6:56, 3000m 8:00, 3400m 9:04, 3800m 10:08, 4200m 11:12, 4600m 12:16, 5000m 13:20

13:32; 200m 32.5, 600m 1:37.5, 1000m 2:42.5, 1400m 3:47.5, 1800m 4:52, 2200m 5:57, 2600m 7:02, 3000m 8:07, 3400m 9:12, 3800m 10:17, 4200m 11:22, 4600m 12:27, 5000m 13:32

PACING PLAN: Max Shervington (PB 3000m 8:01) 66/67s to 2000m

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Dante Armstrong	W		19	14:56.99 (26)	14:56.99		
3	Jonah Hanikeri	W	Matthew Ramsden	18	14:32.60 (25)	15:17.73		
4	Matt Smith	W	Matthew Ramsden	29	14:05.19 (22)	14:23.61	WA 2026 5000m champion	
5	Matt Ramsden	W	Nic Bideau	28	13:16.63 (20)	n/a	World Indoor 3000m finalist & 3-time National 5000m champion At 1500m WC19 semi, WC22 heat, WC23 semi At 5000m WC22 heat, CG22 10th; At 3000m WI22 12th	Coaches a squad in Perth.
6	Daniel Canala			29	13:53.51		Finalist 5000m World University Games (2019) Schieved two Zatopek top-10s	
7	Liam Dardengo	W		22	14:49.73	15:18.78		
8	Max Shervington PACE	W		22	PB 3000m 8:01		Competed in the 1500m 2025 World University Games, PB 3:38.88; 8th 1500m Australian Championships	

16:45 WOMEN Triple Jump

RECORDS: MEET - Nicole Mladenis WA 14.21w (2002); **AUST** - Nicole Mladenis WA 14.04m (2002); **AUST U20** - Linda Allen QLD 13.36m (2006)

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 14.00m - nil qual; World Indoors 14.15m - nil qual; World U20 Champs 13.00m: Izzy Louison-Roe

2025 SYDNEY TRACK CLASSIC: 1) Desleigh Owusu 13.56, 2) Annabelle Parmegiani 12.56;

2025 AUSTRALIAN CHAMPS: 1) Desleigh Owusu 13.75, 2) Alexandra Kanowski 13.38w, 3) Tiana Boras 13.21, 4) Tia Louise Rozario SGP 12.74w, 5) Chloe Grenade 12.71, 6) Sophie Zarafa 12.62w, 7) Olivia Dimech 12.26, 8) Melissa Foster 11.66, Annabelle Parmegiani NM, Kayla Cuba NM,

2024 AUSTRALIAN CHAMPS: Desleigh Owusu 13.59m(+1.0)(q 13.62m +0.6), Kayla Cuba 13.26m(-0.3)(q 13.42m +0.3), Chloe Grenade 12.92m(-0.4)(q 12.87m +0.0), Annabelle Parmegiani 12.85m(+0.2), Caitlin Blackman 12.76m(-0.4), Zoe Edwards 12.67m(-0.7)

2023 AUSTRALIAN CHAMPS: 1. Desleigh Owusu NSW 13.33m(-0.3); 2. Kayla Cuba QLD 13.05m(-1.3); 3. Annabelle Parmegiani NSW 12.88m(-0.9); 4. Caitlin Blackman WA 12.68m(-0.1); 5. Alexandra Kanowski QLD 12.64m(-0.7);

Lan	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Sophie Williams	W	Benjamin Catley	16	12.00 (25)	n/a	Australian U17 long jump and triple jump champion	
2	Zoe Hooker	W	Nicole Mladenis-Hooker	18	12.06 (25)	n/a	WA U20 Champion 4th place getter Australian U20 Championships	Mother and coach holds the Aust open record
3	Brooke Buschkuehl	V	Russell Stratton	32	13.34 (12)	12.36w	At TJ: Jan 2026 - VIC HP Meet 12.36w Previous jump, in 2012 (14-years ago) - 1st Australian U20 Champs (13.34) AT LJ: 3-time Olympian (2 finals), 6 World Champs (4 finals), 2 Comm Games (2 silvers) Broke the Australian LJ record twice 6 years apart. 6-time Aus Champion; 7-time Aus U20 Champion (4 LJ, 3 TJ)	In 2013 diagnosed with coeliac disease and was found to be gluten intolerant. Coached for her entire career by her dad - Russell.
4	Izzy Louison-Roe	N	Karen Roe	18	13.31 (26)	13.31	AT HJ: World U20 Championships silver medallist; #2 Aus U20 All-time; leapt a CG26 qualifier AT TJ: #3 Australian U20 all-time, is 5cm from AUS record 2023 & 2024 Australian All Schools won LJ, TJ, HJ triples	Her mother and coach, Karen Roe, is a strength and condition coach Izzy has Australian/jamaican heritage.
5	Karla Boras	V	Alwyn Jones	17	12.87 (26)	12.87	Australian U18 long jump and triple jump champion	Has Croation heritage and speaks Croatian;
6	Desleigh Owusu	N	Andrew Murphy	24	13.86 (25)	n/a	Bronze medallist 2025 World Uni Games Competed at 2025 World Championships 3-time Australian champion; #3 Australian all-time	First Australian women to compete in the triple jump at an outdoor global championship (worlds or Olympics).

16:48 WOMEN - Discus Throw

RECORDS: MEET - Daniela Costian QLD 64.34 (1992), AUST - Dani Stevens NSW 69.64m (2017)

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 62.00 - nil qual; World U20 Champs 49.00: Lauren Kelly W, Chelsy Wayne N, Jessica Johnston N

2025 PERTH TRACK CLASSIC: Taryn Gollshewsky 58.31m, Nanaka Kori (Jpn) 56.39m, Xykavene Beale 52.32m, Jessica Johnston 50.26m, Anika Gosling 49.56m, Lauren Kelly 46.02m

2025 ADELAIDE INVITATIONAL: Taryn Gollshewsky 54.99m, Xylavene Beale 52.31m, Jessica Johnston 51.34m, Chelsy Wayne 50.82m, Kajsa Shield 50.58m, Anika Gosling 50.32m

2025 AUST CHAMPIONSHIPS: 1) Taryn Gollshewsky 55.41, 2) Xylavene Beale 51.78, 3) Chelsy Wayne 51.33, 4) Anika Gosling 50.03, 5) Ashlyn Blackstock 49.53, 6) Sina Wildraut 49.27, 7) Kajsa Shield 48.53, 8) Jessica Siviour 46.49, 9) Jessica Johnston 45.08

2024 AUST CHAMPIONSHIPS: 1. Taryn Gollshewsky 59.53m, 2. Charlize Goody 52.30m, 3. Xylavene Beale 52.19m, 4. Kajsa Shield 51.88m, 5. Chelsy Wayne 50.34m, 6. Ashlyn Blackstock 48.75m, 7. Jessica Johnston 47.76m, 8. Anika Gosling 47.40m

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Kajsa Shield	Q	Tony Shield	21	51.88 (24)	50.72	4th 2024 Australian Championships	
2	Anika Gosling	W	Paul Wilson	26	52.75 (25)	45.69	Bronze medalist 2024 Oceania Championships	
3	Lauren Kelly	W	Dale Stevenson	18	52.92 (2025)	n/a	Australian U18 All Schools Shot and Discus champion	
4	Chelsy Wayne	N	Rowan Vergano	18	52.25 (25)	51.07	Australian representative 2024 World U20 Championships & Aus U20 champion 2023 Commonwealth Youth Games discus silver medal	Lives in Wollongong
5	Ashlyn Blackstock	N	Denis Knowles	21	56.38 (26)	56.38	2025 Oceania Cup champion Set 3 PBs this summer for a 4 metre improvement Improved from #29 to #17 Australian All-time this summer	Started training with Denis Knowles in 2022, after her coach died.
6	Akane Kawaguchi	JPN	Shigeo Hatakeyama	27	54.05 (22)	n/a	2-time Japanese National Champs medallist	
7	Taryn Gollshewsky	Q	Les Kuorikoski	32	62.36 (24)	56.54	Paris Olympian and 3-time CG Representative 2-time World Championships competitor CG: 2014 9th, 2018 5th, 2014 4th; WUG17 3rd, WC17 qual, WC23 qual, OG24 qual, WC25 qual; 5-time Australian champ	Broke her leg playing soccer in 2021 but returned to win 2022 National Title; Works as a teachers aide; Coach was a decathlete 1995 AUS champ; Has thrown over 57m for the last 13 years.

16:55 MEN - 110m Hurdles

RECORDS: MEET - Colin Jackson GBR 13.14w (1996), AUST - Kyle Vander-Kuyp V 13.29 (1995); AUS ALLCOMERS Anier Garcia CUB 13.00 (2000);

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 13.40 - nil qual

2025 MAURIE PLANT MEET: (0.9): 1) Tatsuki Abe JPN 13.57, 2) Mitchell Lightfoot 13.84, 3) Jacob McCorry 13.87, 4) Austin Little 13.99, 5) Timothy Forster 14.16, 6) Sam Hurwood 14.17

2025 ADELAIDE INVITATIONAL: (+2.3) Tayleb Willis 13.56, Tetsuro Nishi (Jpn) 13.76, Mitchell Lightfoot 13.91, Chen Kuei-ru (Tpe) 14.00, Sam Hurwood 14.10, Lucas de Souza (Bra) 14.29, Austin

2025 AUST CHAMPIONSHIPS: (1.3) 1) Mitchell Lightfoot 13.65, 2) Austin Little 13.69, 3) Jacob McCorry 13.69, 4) Timothy Forster 14.08, 5) Ivor Metcalf 14.08, 6) William Wong 14.49

2024 AUST CHAMPIONSHIPS: (+0.9) Chris Douglas 13.59, Tayleb Willis 13.62, Nicholas Andrews 13.98, Ivor Metcalf 14.33, Jarrod Sansom 14.67, Rhys Dobbins 14.76, Jacob McCorry 14.83 (1h2

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Rylan Scott	W	Ben Catley	19	15.19 (25)	15.19	6900 decathlete	
3	Tim Forster	N	David Forster	20	14.01 (26)	14.01	4th 2025 Australian Championships	
4	Alex Stewart	W	Braiden Clarke	21	14.43	14.59		
5	William Wong	V	Eric Wong	19	14.16 (26)	14.16	2024 Australian U20 Champion, Australian representative 2024 World U20 Championships.	
6	Ryo Koike	JPN	Gen Yanagihara	22	13.57 (23)	n/a		2.05m high jumper
7	Alex Dunn	S	Gaby Philis	19	14.54	14.54		
8	Rhys Dobbins	N	Mick Zisti	22	14.55 (26)	14.55		From Newcastle

17:06 WOMEN - 100m Hurdles SRG Global Women's 100m Hurdles

RECORDS: MEET - Sally Pearson QLD 12.59 (2014); AUST - Sally Pearson QLD 12.28 Daegu (2011); **AUST ALLCOMERS** - Sally Pearson QLD 12.49 Melb (2012)

Tammin Lampret N

QUALIFYING STANDARD: World Championships 12.73 - nil qualifiers; World Indoors 60m 8.02 - Michelle Jenneke Q 7.98.

2025 ADELAIDE INVITATIONAL: (+1.2) Chisato Kiyoyama (Jpn) 13.11, Emily Britton 13.20, Zhang Bo-ya (Tpe) 13.24, Delta Amidzovski 13.40, Manaka Shibata (Jpn) 13.42, Hannah Jones 13.43, Emelia

2025 AUSTRALIAN CHAMPS: (2.1): 1) Liz Clay 12.74w, 2) Danielle Shaw 12.90w, 3) Delta Amidzovski 13.27w, 4) Daniela Roman 13.31w, 5) Hannah Jones 13.47w, Emily Britton DNF,

2024 AUSTRALIAN CHAMPS: (w:-0.0) Michelle Jenneke 12.88, Liz Clay 13.03 (heat 12.93), Danielle Shaw 13.08, Abbie Taddeo 13.49, Hannah Jones 13.50, Adrine Monagi (PNG) 13.65 (heat National

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Leah Richards	W	Lyn Foreman	24	13.79	13.95		
3	Carla Takchi	N	Vasanth Krishnan	28	13.76 (23)	n/a	Finalist 2022 Australian Championships	
4	Michelle Jenneke	N	Bronwyn Thompson	32	12.65 (24)	12.96	Dual Olympian and 2nd fastest in Aust history WC22 semi, CG22 5th, WC23 semi, OG24 repchrg 3 x CG top-5s; 7-time world championships semi-finalist (in & outdoors)	In heat at Paris Olympics fell and fully ruptured hamstring tendon (20.85), but still ran the repechage (13.80). Her coach Gary Bourne, who oversaw her setting a PB after 7 years in 2022, passed away in 2023. She is now coached by former long jumper Bronwyn Thompson.
5	Danielle Shaw	V	Nicholas Cross	27	12.98 (24)	13.06	Bronze medallist 60 hurd 2026 Australian Short Track Champs Bronze medallist 2024 Oceania & Australian Championships Semi-finalist World Junior Championships	
6	Emily Britton	N	Mick Zisti	24	13.06 (26)	13.06	Semi-finalist World University Games (2023) #13 AUS All-time 2025 NSW champion	Former training partner with Michelle Jenneke & Hannah Jones, all under Mick Zisti. Massive improvement in 2023, then injured in 2024. Broke 3-year old PB in 2026
7	Emelia Surch	Q	Glynis Nunn	22	13.30 (25)	n/a	Bronze medallist Heptathlon 2025 World Uni Games 4th placegetter 2022 World U20 Championships long jump	Registered Nurse, works part-time Australian Health Practitioner Regulation Agency Her mum was a QLD State heptathlon champion.
8	Tiahna Skelton	N	Mick Zisti	22	13.49 (25)	n/a	2025 Oceania Cup champion	

17:15 WOMEN - 100m Concord Business Advisory Women's 100m Heats

HEAT 1

RECORDS: MEET - Melinda Gainsford NSW 11.03w (1998) & Angela Issajenko CAN 10.8hw (1987); **AUST Open & U20** - Torrie Lewis Q 11.08 (2025); **AUST U18** - Leah O'Brien W 11.14 (2025):

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 11.07 - nil qual; **60m World Indoors 7.20** - Olivia Dodds 7.17, Torrie Lewis 7.19; **World U20 Champs 11.78:** Maya Taber N, Emilia Reed W, Zara Hagan Q, Grace Crowe V, Amaya Mearns Q, Rhema Adelaja N, Thewbelle Philp Q

2025 PERTH TRACK CLASSIC: A RACE (+3.0) Bree (Masters) Rizzo 11.09, Mia Gross 11.20, Chloe Mannix-Power 11.30, Kristie Edwards 11.32, Olivia Dodds 11.36, Georgia Harris 11.38, Ebony Lane

2025 ADELAIDE INVITATIONAL: (Race A (+1.8) Bree (Masters) Rizzo 11.30, Kristie Edwards 11.43, Georgia Harris 11.64, Thewbelle Philp 11.60, Olivia Inkster 11.69, Amaya Mearns 11.71, Kayla

2025 AUST CHAMPIONSHIPS: (0.9) 1) Torrie Lewis 11.24, 2) Leah O'Brien 11.24, 3) Bree Rizzo 11.25, 4) Chloe Mannix-Power 11.33, 5) Mia Gross 11.35, 6) Georgia Harris 11.41, 7) Ebony Lane 11.47, 8) Sam Geddes 11.48, 9) Olivia Inkster 11.53;

2024 AUST CHAMPIONSHIPS: (w (-0.6) Naa Anang 11.34, Ella Connolly 11.37, Ebony Lane 11.41, Aleksandra Stoilova 11.43, Bree Masters 11.52, Kristie Edwards 11.58, Georgia Harris 11.70,

	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Lauren Percival	N	Abbie Taddeo	22	11.63 (26)	11.63	Silver medalists 200m Australian Uni Games	
2	Taylah Cruttenden	W	Russell Mathanda	22	11.45 (25)	11.64	2nd 60m 2025 Australian Short Track Championships, 2022 World U20 Champs rep; WJ22 100m semi, 4x100m 6th	
4	Olivia Matzer	Q	David Reid	22	11.63 (1.5)	11.75/11.50 w		
5	Bree Rizzo (nee Masters)	Q	Ryan Hoffman	30	11.23 (23 & 25)	n/a	Olympic 100m Semi-finalist (first AUS for 24 years to achieve this) 2022 Commonwealth Games Relay bronze medalist WC22 100 heat; CG22 100 semi, 4x100 bronze; WC23 100 heat, 4x100 heat; OG24 100m semi, relay ht 100m 11.23 #10 all-time; 100m 11.09 #5 all-time all-conditions Run on the three recent AUS 4x100m records.	Former Little Athlete & beach sprint world champion, returned to track in 2019 aged 24. Studied Communications (Business) with a major in Marketing & Public Relations at Bond University. Job: Public Relations and Run Coordinator at LSKD.
6	Thewbelle Philip	Q	Leanne Hines Smith	17	11.35 (25)	n/a	Australian 2026 60m Short Track Champion Australian representative 2025 World Relays & 2024 World U20 Championships	Indigenous and Filipino heritage. At the World Relays anchored a 43.15 Australian team
7	Olivia Dodds	W	Lyn Foreman	19	11.43 (25)	11.44	Australian Team Member 2024 World U20 Championships - relay final disq, Members of 2 Australian U20 relay record breaking teams	Started as a hurdler. Her mother was a good sprinter. Last 5 races since Feb 22: 11.45w, 11.36w, 11.33w, 11.56, 11.43
8	Monique Hanlon	Q	Luke Donatini	21	11.58 (24)	n/a	Finalist 200m 2025 Australian Championships	
9	Olivia Inkster	N	Katie Edwards	21	11.51 (25)	11.76	2-time World U20 Championships representative WJ22 200m semi, 4x100m 6th; WJ24 relay final	Studying Education at UTS in Sydney Celebrated her 21st birthday this week (Thursday)
10	Keely Boyne	V	Chris Boyne	24	11.67 (24)	n/a		

17:15 WOMEN - 100m Concord Business Advisory Women's 100m Heats

HEAT 2

RECORDS: MEET - Melinda Gainsford NSW 11.03w (1998) & Angela Issajenko CAN 10.8hw (1987); **AUST Open & U20** - Torrie Lewis Q 11.08 (2025); **AUST U18** - Leah O'Brien W 11.14 (2025):

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 11.07 - nil qual; **60m World Indoors 7.20** - Olivia Dodds 7.17, Torrie Lewis 7.19; **World U20 Champs 11.78:** Maya Taber N, Emilia Reed W, Zara Hagan Q, Grace Crowe V, Amaya Mearns Q, Rhema Adelaja N, Thewbelle Philp Q

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2024 AUST CHAMPIONSHIPS: (w (-0.6) Naa Anang 11.34, Ella Connolly 11.37, Ebony Lane 11.41, Aleksandra Stoilova 11.43, Bree Masters 11.52, Kristie Edwards 11.58, Georgia Harris 11.70,

	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Bronte Pickering	N	Rob Marks	24	11.66 (26)	11.66	2024 NSW open 100m champion	
2	Olivia Hastings	S	Dan Semmier	22	11.47 (25)	11.53	2025 SA 100m Champion At 2025 Adelaide Invitational won B 100m race - windy 11.40	
3	Charlotte Ehioghae	W	Greg Knott	14	11.54 (25)	11.74/11.30 w	Australian U15 100m/200m champion	
4	Ebony Lane	V	Chris Dale	27	11.30 (24)	11.45w	Olympian (reserve relay) and member of 2 Australia 4x100m record teams. #18 AUS All-time World Champs representative relay; WC23 4x100 relay DNF	Personal Trainer
5	Zoe Hobbs	NZL	James Mortimer	28	10.94 (25)	11.09w	Australian 100m Allcomers record holder 10.97 12-time NZL National champion WC22 semi, WC23 semi, OG24 semi, WC25 semi	-Equalled or lowering National record on 11 occasions; Her coach James Mortimer is a former hurdler/sprinter &H229 9-time NZL champion
6	Jade Johnston-Mitrevska	N	Rob Marks	24	11.67 (24)	11.93/ 11.65w	National Championships semi-finalist	
7	Chloe Mannix-Power	Q	Brett Robinson	25	11.33 (25)	11.61/11.37 w	2024 Stawell Gift champion and 3-time Australian Beach sprint champion 3rd 60m 2025 Australian Short Track Championships	In 2016 at Aust U17 200m champs, placed 5th behind Ella Connolly and Kristie Edwards. Returned to track in 2025.
8	Kate Philpott	W	Russell Mathanda	16	11.74 (25)	n/a	Silver medallist 100/200m Australian U17 Championships	
9	Jessica Hanney	W	Brian Pozzi	17	11.77 (25)	11.90w	4th 100m/200m Australian U18 Championships	
10	Kayla Lemm	S	Danie Semmier	29	11.69 (25)	11.91	Silver medallist 100m/200m SA Championships	

17:20 MEN - High Jump

RECORDS: MEET - 2.36m Konstantin Matusevich ISR (2000); **AUST** - 2.36m Tim Forsyth VIC & Brandon Starc NSW (1997 & 2018); **NZL RECORD** Hamish Kerr 2.36m (2024)

RECORDS: **AUST ALLCOMERS** - 2.36m Tim Forsyth VIC (1997) & Konstantin Matusevich ISR (2000)

QUALIFYING STANDARD & QUALIFIERS: **Commonwealth Games 2.30** - nil qual; **World Indoors 2.30** - nil qual; **World U20 Champs 2.12** - nil quals

2025 MAURIE PLANT MEET: 1) Tomohiro Shinno JPN 2.20, 2) Roman Anastasios 2.20, 3) Brandon Starc 2.20, 4) Yual Reath 2.16, 7) Joel Baden 2.12, 8) Zane Paterson 2.12

2025 PERTH TRACK CLASSIC: Roman Anastasios 2.18m, Brandon Starc 2.18m, Jonatan Titmarsh 2.15m, Mitchell Hatfield 2.10m, Alex Perin 2.10m, Michael Christie 2.00m

2025 AUSTRALIAN CHAMPS: 1) Brandon Starc 2.21, 2) Yual Reath 2.20, 3) Roman Anastasios 2.20, 4) Zachary Hayward 2.13, 5) Connor Larsen 2.13, 6) Zane Paterson 2.13, 7) Jonathan Titmarsh 2.09, 8) Angus Clark 2.05, 9) Alex Perin 2.05,

STARTING HEIGHT AND PROGRESSION: 2.02, 2.07, 2.12, 2.17, 2.20, 2.23, 2.26, 2.28

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Sebastian Masiello			17	2.00 (26)	2.00	Achieved first 2.00m jump on January 31, improved from previous best 1.90m.	
2	Mackay Jones	N	self	18	2.10 (25)	2.05	Silver medallist 2025 Australian U20 Champs	
3	Yual Reath	V	Mike Barber	25	2.30 (24)	n/a	Paris Olympian, 2025 World Championships finalist WC22 qual; OG24 qual, WC25 11th	Born in South Sudan; lives in Ballarat where he is the oldest boy and supports his 3 siblings working as a landscaper.
4	Jonathan Waddingham	W	Albert Cianfrini	19	2.10 (25)	2.00	2025 Australian U20 Champion	

17:25 MEN - 100m Concord Business Advisory Men's 100m Heats

HEAT 1								
RECORDS: MEET - Patrick Johnson ACT 9.88w (2003); AUST - Patrick Johnson ACT 9.93 (2003): AUST ALLCOMERS - Maurice Greene USA 9.87 (2000)								
RECORDS: AUST U20 - Jake Doran QLD 10.15 (2018)								
QUALIFYING STANDARDS & QUALIFIERS: Commonwealth Games 10.00 - nil qualifiers; World Indoors 60m 6.59 Edward Osei-Nketia 6.54, Jai Gordon 6.59; World U20 Champs 10.50 - nil qual								
2025 PERTH TRACK CLASSIC RACE A (+1.1) Lachlan Kennedy 10.03, Joshua Azzopardi 10.09, Sebastian Sultana 10.11, Jack Hale 10.23, Jacob Despard 10.24, Naoki Inoue (Jpn) 10.27, Chris Ius 10.29, Yuhi Mori (Jpn) 10.32, Joseph Ayoade 10.40, RACE B (+3.0) Chris Geordas 10.49, Conor Larranaga -Boyle 10.49								
2025 ADELAIDE INVITATIONAL: Race A (+5.3) Lachlan Kennedy 10.10, Jacob Despard 10.14, Calab Law 10.24, Chris Ius 10.25, Lin Yu-sian (Tpe) 10.35, Pais Wisil (Png) 10.47, Jagga Pybus 10.52, Craig Concesso 10.58; Race 2 (+2.3) Luca Schmitt 10.44, Joshua Love 10.54								
2025 AUST CHAMPIONSHIPS: (1.5) Rohan Browning 10.01, (2) Lachlan Kennedy 10.01, (3) Joshua Azzopardi 10.17, (4) Calab Law 10.17, (5) Jacob Despard 10.19, (6) Jack Hale 10.23, (7) Joseph Ayoade 10.28, (8) Connor Bond 10.28, (9) Jake Doran 10.39								
2024 AUST CHAMPIONSHIPS: (1.2) Sebastian Sultana 10.27 (semi 10.17), Joshua Azzopardi 10.39, Jacob Despard 10.41, Rohan Browning 10.41, Connor Bond 10.50, Jai Gordon 10.50								
Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Conor Larranaga-Boyle	W	Tony Kevan	23	10.65 (24)	10.66	WA 2025 State 100m champion	
3	Connor Bond	N	Mick Zisti	22	10.25 (25)	n/a	100m Finalist 2025 World Uni Games WUG25 7th 100m, 4th 4x100m	His father, Grahame Bond, was a 5-time Wallaby, while his uncle, Adam Ashley Cooper, recently retired after a 14 year and 121 test career for the Wallaby's.
4	Rohan Browning	N	Jack Edwards	28	10.01 (21)	n/a	2020 & 2024 Olympian Olympic Games and World Championships semi-finalist BEST: WC23 100m semi; CG22 100M 6th, OG20 semi; 2021, 2023 & 2025 Aus 100m champ	Law & Arts graduate Sydney Uni
5	Josiah John	W	Asad Hosseini	18	10.40 (25)	n/a	Australian representative 2025 World Relays 2025 Australian U20 100/200 champion	His father Dan, originally from India, is a church minister.
6	Chris Ius	N	Andrew Murphy	26	10.24 (20)	n/a	Semi-finalist 100/200m 2023 World Uni Games	Sydney Uni physio graduate
7	Ben Kelly	N	Rob Marks	19	10.23 (26)	10.23	2025 Australian Champs bronze medallist U20 100m Smashed his PB this summer from 10.65 to 10.23. 2nd 100m 2026 ACT Champs defeating 2 Olympians.	Training partner Josh Azzopardi, Studying Secondary Education at Wollongong Uni. Grew up on a 6000 acre farm (livestock & crops) in rural NSW.
8	Prince Jackson	Q	Stacey Taurima	25	10.31 (25)	n/a	Australian representative 2025 World relays Last summer improved from 10.65 to 10.31	Coach is a former triple jumper
9	Caleb White	W	Kim Taylor	26	10.50 (26)	10.50		

17:25 MEN - 100m Concord Business Advisory Men's 100m Heats

HEAT 2								
RECORDS: MEET - Patrick Johnson ACT 9.88w (2003); AUST - Patrick Johnson ACT 9.93 (2003): AUST ALLCOMERS - Maurice Greene USA 9.87 (2000)								
RECORDS: AUST U20 - Jake Doran QLD 10.15 (2018)								
QUALIFYING STANDARDS & QUALIFIERS: Commonwealth Games 10.00 - nil qualifiers; World Indoors 60m 6.59 Edward Osei-Nketia 6.54, Jai Gordon 6.59; World U20 Champs 10.50 - nil qual								
2025 PERTH TRACK CLASSIC RACE A (+1.1) Lachlan Kennedy 10.03, Joshua Azzopardi 10.09, Sebastian Sultana 10.11, Jack Hale 10.23, Jacob Despard 10.24, Naoki Inoue (Jpn) 10.27, Chris Ius 10.29, Yuhi Mori (Jpn) 10.32, Joseph Ayoade 10.40, RACE B (+3.0) Chris Geordas 10.49, Conor Larranaga -Boyle 10.49								
2025 ADELAIDE INVITATIONAL: Race A (+5.3) Lachlan Kennedy 10.10, Jacob Despard 10.14, Calab Law 10.24, Chris Ius 10.25, Lin Yu-sian (Tpe) 10.35, Pais Wisil (Png) 10.47, Jagga Pybus 10.52, Craig Concesso 10.58; Race 2 (+2.3) Luca Schmitt 10.44, Joshua Love 10.54								
2025 AUST CHAMPIONSHIPS: (1.5) Rohan Browning 10.01, (2) Lachlan Kennedy 10.01, (3) Joshua Azzopardi 10.17, (4) Calab Law 10.17, (5) Jacob Despard 10.19, (6) Jack Hale 10.23, (7) Joseph Ayoade 10.28, (8) Connor Bond 10.28, (9) Jake Doran 10.39								
2024 AUST CHAMPIONSHIPS: (1.2) Sebastian Sultana 10.27 (semi 10.17), Joshua Azzopardi 10.39, Jacob Despard 10.41, Rohan Browning 10.41, Connor Bond 10.50, Jai Gordon 10.50								
Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Luca Schmitt	S	Rick Treleaven	20	10.39 (26)	10.39	2nd 100m & 200m 2025 SA Champs	
3	Merone Wijesinghe	SRI	Vimukthi De Zosya	20	10.41 (24)	10.22w	100m Semi-finalist 2024 World U20 Championships Sri Lankian U20 100m recordholder	
4	Alexander Colgan	V	Tom Morehouse	21	10.15 (24)	n/a	#13 Australian all-time 10.15 (2024) Broke through 2 years ago running 10.15, battled some injury since. 2023 Aus U20 Champs - 2nd 100m Progression/SB: 2022 11.13-10.90-10.69; 2023 – 10.51, 10.44, 10.42; 2024 – 10.29, 10.15, 2025 - 10.46, 2026 - 10.01w	2024 ACT Champs PB went from 10.42 to 10.29 (heat) & 10.15 (final); Then injured remainder of 2024. His family own a beef farm and he is from Wodonga.
5	Joshua Azzopardi	N	Rob Marks	26	10.09 (25)	n/a	100m Olympian and member of the Australian 4x100m record #6 AUS all-time WJ18 100m & 4x100 heat, CG22 4x100 heat, WU23 100m semi; OG24 100m heat, 4x100m heat; Oceania 2024 100m 1st	Student Health Science in Exercise; Aus team Ozttag World Cup U21 Has Maltese heritage.
6	Jacob Despard	T	Brett Robinson	29	10.15 (24)	10.35	Paris Olympian and member Australian 4x100m relay record at Paris Olympics. Won 2018 Stawell Gift Australian 4x100 relays: CG22, OG24, WC25	Last year changed to a new coach Brett Robinson; promising junior fast bowler, started his sprinting career as a way to improve his run-up speed
7	Pais Wisil	PNG	Tony Fairweather	25	10.24 (25)	10.29w	World Indoor 60m semi-finalist PNG 60m & 100m National record holder	Brother of PNG sprint queen & Olympian Toea Wisil.
8	Joseph Ayoade	N	Greg Smith	21	10.23 (24)	n/a	2025 NSW 100m champion; 2025 WUG semi 100m, 4th 4x100	Studying a Bachelor of Commerce at Sydney Uni

17:34 WOMEN 100m Ambulant**Paragon Consultants Women's Ambulant 100m**

INTERNATIONAL CHAMPIONSHIPS IN 2026: No world championships, but a selection of events at the Commonwealth Games and there are no standards, as athletes are invited according to rankings. Commonwealth Games Para women's 100m for: T38 and T47 - noted below too.

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Ella Azura Pardy T38	W		35	13.21		3-time Paralympian A member of the National team since 2014 Commonwealth Games. 3xCG, 3 x PG, 5 x WC	T38 is conducted at the Commonwealth Games.
3	Layla Sharp T38	N	Greg Smith	18	14.50		Finalist T38 400m 2025 World Para Athletics Championships	T38 is conducted at the Commonwealth Games.
4	Briseis Brittain T38	NT		17			Australian T38 U17 100m & 400m record holder	T38 is conducted at the Commonwealth Games.
5	Natalie Millerd T47	A	Rowan Vergano	19	13.62		Australian T47 U17 & U20 long jump record holder	T47 is conducted at the Commonwealth Games.
6	Rhiannon Clarke T38	W	Danny Kevan	23	12.77		2-time Paralympian and 2-time Commonwealth medallist At 100m CG18 2nd, WC19 3rd, PG20 5th, CG22 3rd, PG24 4th, WC25 7th	Studying a Bachelor of Biological Science and Master of Biological Science Wildlife Conservation. T38 is conducted at the Commonwealth Games.☐
7	Keira Post T37	S	Shane Danaher	18			Australian T37 U15, U17 & U20 100m record holder	Her U20 100m Australian record is 13.89, T38 (&T37) is conducted at the Commonwealth Games.
8	Mali Lovell T36	N	Katie Edwards	21	14.24		Paralympic medallist WC23 200m 2nd, WC24 200m 3rd, PG24 200m 3rd, 100m 5th, WC25 100m 2nd, 200m 2nd	Won medals at all 4 of her global championships.
9	Akeesha Snowden T37	S	Lynn Larsen	20	13.77		Finalist T37 100m, 200m and 400m 2025 World Para Athletics Championships	T38 (& T37) is conducted at the Commonwealth Games.
10	Lexie Brown T47	N		14	13.12		Competed in T47 100m and 200m at 2025 World Para Athletics Champs	T47 is conducted at the Commonwealth Games.

17:42 MEN 100m Ambulant Paragon Consultants Men's Ambulant 100m

INTERNATIONAL CHAMPIONSHIPS IN 2026: No world championships, but a selection of events at the Commonwealth Games and there are no standards, as athletes are invited according to rankings. Commonwealth Games men's Para 100m for: T12, T38 and T47 - noted below too.

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Samuel Allen T38	Q	Stacey Taurima	18	11.80		Competitor 100m & 200m 2025 World Para Athletics Champs	T38 is conducted at the Commonwealth Games.
3	Chad Perris T13	A	Matt Beckenham	33	10.65		Australia's fastest paralympian with a 100m PB 10.65 5-time World Para Athletics Championships medallist	Chad grew up in Perth and still has family there.
4	Jaydon Page T47	A	Matt Beckenham	21	10.95		Paralympian and Commonwealth Games Silver medallist	T47 is conducted at the Commonwealth Games.
5	Thomas McGough T38	V	Craig Mahony	15			Australian record holder in the U15 T38 100 & 200m	T38 is conducted at the Commonwealth Games.
6	Ullrich Muller - T38	Q	Stacey Taurima	19	11.18		Finalist 100m & 400m 2025 World Para Athletics Champ	T38 is conducted at the Commonwealth Games.
7	Nathan Jason T12	Q	Vincent Jason	23	11.04		Finalist 2025 World Para Athletics Championships	T12 is conducted at the Commonwealth Games.

17:45 MEN - Pole Vault

RECORDS: MEET - Paul Burgess WA 5.91 (2007); **AUST** - Steven Hooker WA 6.06m (2009), **AUST ALLCOMERS** - Paul Burgess WA Perth 6.00m (2005)

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 5.95m - Kurtis Marschall W 5.95m; **World Indoors 5.90m** - nil; **World U20 Champs 5.12m:** nil qual

2025 PERTH TRACK CLASSIC: Charlie Myers (Gbr) 5.55m, Dalton Di Medio 5.45m, Masaki Ejima (Jpn) 5.45m, Shingo Sawa (Jpn) 5.35m, Nick Southgate (Nzl) 5.35m,..... Jordan Kildare 5.05m

2025 ADELAIDE INVITATIONAL: Dalton Di Medio 5.25m, Charlie Myers (Gbr) 5.15m, James Steyn (Nzl) 5.15m, Jack Downey 5.05m, Nick Southgate (Nzl) 5.05m, Jordan Kildare 4.90m

2025 AUST CHAMPIONSHIPS: 1.Kurtis Marschall 5.71, 2) Benjamin Conacher 5.51, 3) Charlie Myers GBR 5.51, 4) Dalton Di Medio 5.51, 5) Lachlan Burns 5.41, 6) Jack Downey 5.30, 7) Nick Southgate NZL 5.15, 8) Andre Di Medio 5.00

2024 AUST CHAMPIONSHIPS: 1.Kurtis Marschall 5.62m, 2. Nick Southgate (Nzl) & Dalton Di Medio 5.27m, 4. Jack Downey 5.12m, 5. Aiden Princena-White & Lachlan Burns 4.92m, 7. Samuel McDonald & Liam Georgilopoulos 4.92m (q 4.95m), 9. Triston Vincent 4.92m

STARTING HEIGHT AND PROGRESSION: 4.63, 4.83, 4.98, 5.08, 5.18, 5.28, 5.38, 5.48

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Charlie Myers	GBR	Howard Arbuthnot	28	5.71 (19)	5.30	4 GBR titles; Competed at World Juniors 2016, World Uni 2017, European Champs 2018	BASED in Brisbane and training with Howard Arbuthnot on the Gold Coast; Motto: "Hard work beats talent when talent doesn't work hard"; started vaulting aged 13 curious about the sport. Sport & exercises science graduate.
2	Tomoya Karasawa	JPN	Shigeru Tanaka	23	5.62 (24)	n/a	2023 Japanese National champion	
3	Dalton Di Medio	V	Mark Stewart	25	5.51 (25)	5.38	Oceania Champion 2022 & 2024 National medallist 2022, 2023 & 2024, Last summer set 4 PBs	Studied Sport and Exercise Science at La Trobe University 2019-22
4	Nick Southgate	NZL	James Fitzpatrick	31	5.47 (16)	5.15	6-time NZL National champion; NZL Indoor recordholder	Based in Perth
5	Aiden Princena-White	N	Zsuzsanna Olgyay-Szabo	21	5.53 (24)	5.30	6th 2025 World University Games 2024 Oceania Champs silver medal, #13 Aus all-time	Studying Bachelor of Cyber Security at UTS in Sydney
6	Kurtis Marschall	W	Declan Carruthers	28	5.95 (23)	n/a	Dual Commonwealth Games champion and 2-time world champs bronze medallist WJ16 2nd, OG16 qual rd, CG18 1st, OG20 final, WC22 qual rd, CG22 1st, WC23 3rd, OG24 6th, WC25 3rd	Studying Applied Science (Sports and Exercise) at Uni of WA
7	James Steyn	NZL	Kate Rooney	26	5.50 (19)	5.20	2024 NZL champion; 4-time NZL champion;	
8	Jack Downey	W	James Fitzpatrick	24	5.50 (26)	5.50m	2021 Australian champion (when aged 19) Broke 5-year-old PB last week in Perth vaulting 5.50m	
9	Lachlan Burns	V	Hamish Nelson	27	5.41 (25)	5.30	2023 & 2024 Victorian champion	

17:50 WOMEN 400m Hurdles SRG Global Women's 400m Hurdles

RECORDS: MEET - Lauren Boden ACT 55.61 (2012); AUST - Debbie Flintoff-King VIC 53.17 (1988); AUST ALLCOMERS - Irina Privalova RUS 53.02
QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 55.00 - nil qual; World U20 Champs 60.75: Maiya Hewitt N, Mia Shelley W
2025 SYDNEY TRACK CLASSIC: 1) Sarah Carli 54.86, 2) Alanah Yukich 55.64, 3) Alesha Bennetts 56.67, 4) Isabella Guthrie 57.22, 5) Ayesya Ibrahim JPN 57.66, 6) Brodee Mate 58.72,
2025 AUSTRALIAN CHAMPS: 1) Sarah Carli 54.29, 2) Alanah Yukich 55.29, 3) Alesha Bennetts 57.04, 4) Isabella Guthrie 57.44, 5) Marli Wilkinson 57.86, 6) Daniela Roman 58.10
2024 AUSTRALIAN CHAMPS: Sarah Carli 54.96, Marli Wilkinson 56.11, Isabella Guthrie 57.19, Loan Ville (Fra) 58.31, Daniela Roman 58.34, Alesha Bennetts 58.47, Claudia Chapman 60.24, Ashleigh Palmer 61.48, Brodee Mate dq
2023 AUSTRALIAN CHAMPS: 1. Sarah Carli NSW 56.56; 2. Daniela Roman VIC 58.00; 3. Loan Ville FRA 58.74; 4. Brodee Mate NSW 58.85; 5. Isabella Guthrie NSW 59.78; 6. Scarlett Pye NSW 61.11; 7. Marli Wilkinson VIC 61.93; 8. Claudia Chapman QLD 62.07.

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Mia Shelley	W	Ben Catley	15	60.03 (25)	60.22	Australian U20 Champion 2025	
3	Marli Wilkinson	VIC	Dan Bailey	25	56.11 (24)	57.04	2024 Australian and Oceania silver medallist	
4	Alanah Yukich	W	Rose Monday	28	55.04 (25)	n/a	Paris Olympic Games 400m hurdles semi-finalist 2016 World Juniors 400m H semi	Studied at Uni of Texas at San Antonio - Business, Psychology and Sociology, then Master of Science. Started 2024 with a best of 57.00 second, then during ran 7 sub 55.5 times. At World relays split 51.32 secs.
5	Ayesha Ibrahim	JPN	Shunji Karube	28	56.50 (20)	n/a	2020 Japanese National champion	
6	Sarah Carli	N	Abbie Taddeo	31	54.29 (25)	n/a	Olympian & 3-time World Champs semi-finalist #3 Australian all-time; Fastest Aussie in the last 19 years (since 2007); WC Semis 2019/2022/2025	Financial Advisor; In a gym accident in Feb 2021 suffered a traumatic carotid artery dissection.
7	Shiori Chiba	JPN	Gen Yanagihara	20	57.74 (25)	n/a	Bronze medallist Japan University Games	
8	Isabella Guthrie	N	Abbie Taddeo	22	57.19 (24)	59.38	2023 Pacific Games silver medallist 2022 World U20 Championships semi-finalist WJ22 400h semi disq (fell), 4x400m 6th	Has a twin sister who also competed at 2022 World U20 Champs.
9	Maiya Hewitt	N	Joshua Hewitt	16	58.83 (26)	58.83	Australian U17 400m hurdles champion	Father/coach Joshua Hewitt was a NSW State champion

17:55 MEN - Long Jump

RECORDS: MEET - Liam Adcock NSW/QLD 8.33 (2025); **AUST** - Mitchell Watt QLD 8.54m (2011); **AUST U20** - Chris Koffke QLD 8.12 (2007); **AUST U18** - Darcy Roper QLD 8.01 (2015)

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 8.20m - nil qual; **World Indoors 8.02m** - nil; **World U20 Champs** 7.58m: Mason McGroder N, Luke Vrataric N

2025 ADELAIDE INVITATIONAL: Harrison Williams 7.77m (+1.7), Samuel Taylor 7.73m (+2.1)(7.69m +1.4), Mason McGroder 7.73m (+1.9), Oli Callahan 7.41m (+0.9), Jalen Rucker 7.40m(+2.2)

2025 AUSTRALIAN CHAMPS: 1) Liam Adcock 8.14w, 2) Liam Fairweather 8.03, 3) Mason McGroder 7.78, 4) Amiru Chandrasena 7.57w, 5) Harrison Williams 7.57w, 6) Ethan Pectos 7.52w, 7) Alex Epitropakis 7.51, 8) Andrew George Medina SGP 7.30

2024 AUSTRALIAN CHAMPS: 1. Chris Mitrevski 8.32m(-0.2), Liam Adcock 8.03m(+0.0), Henry Frayne 7.93m(-0.4), Jalen Rucker 7.84m(+0.0), Darcy Roper 7.75m(-0.4)(qual 8.14m +0.4), Zane Branco 7.69m(-0.2), Oscar Miers 7.55m(+0.3)(qual 7.77m -0.1), Blake Shaw 7.54m, Samuel Taylor 7.47m, Liam Fairweather 7.30m

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Michael Mayne T38	V	Alwyn Jones	21	6.33	n/a	6th long jump 2025 World Para Athletics Championships	
2	Aston Archer	W	Grant Szalek	18	7.45 (25)	6.99/7.16w	4th Australian U20 Champs	
3	Mackenzie Liddelow	W		28	7.40 (25)	6.97	2025 WA State Champion	
4	Aden McDonald	W		19	7.40 (25)	7.30	2025 Australian U20 champion, jumped a 7.71windy to win	
5	Liam Fairweather	N	Jason Fairweather	23	8.03 (25)	7.70	Silver medalists 2025 Aus Champs, competed at World Uni Games; 2024 & 2025 NSW Champion	Lives in NSW country town of Maitland
6	Jalen Rucker	Q	Mike Barber	28	8.02 (23)	7.94	2023 National silver medallist At 2025 ACT Champs, jumped best for 3 years.	Former pole vaulter 4.60m PB. 29th birthday on 18th Feb.
7	Alex Epitropakis	Q	Stacey Taurima	20	7.87 (26)	7.87	10th place 2025 World University Games Competed in the triple jump at the 2024 World U20 Champs	
8	Jacob Hristianopoulos	GRE	Grant Szalek	22	7.45 (26)	7.45	In form setting a PB in January	In 2025 became eligible to represent Greece

18:00 MEN - 800m Steinepreis Paganin Men's 800m

RECORDS: MEET - David Rudisha KEN 1:44.89 (2016); AUST - Peter Bol WA 1:42.55 (2025); AUS AllComers - David Rudisha KEN 1:43.15 (2010)

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 1:44.50 - nil qual; World Indoors 1:45.90 - nil qual; World U20 Champs 1:50.00 - Daniel Williams N, Tate Van Camp Q, Tyler Gridley S

2025 ADELAIDE INVITATIONAL: Peter Bol 1:46.40, Daniel Williams 1:46.70, Jack Lunn 1:47.71, Jared Micallef (Mlt) 1:49.33, Luke Shaw 1:49.48, Mason Cohen 1:49.82, Obsa Youssouf 1:51.39,

2025 AUSTRALIAN CHAMPS: 1) Peter Bol 1:43.79 AR, 2) Peyton Craig 1:44.07, 3) Luke Boyes 1:44.50, 4) Jack Lunn 1:45.88, 5) Jared Micallef MLT 1:46.08 NR, 6) Mason Cohen 1:46.40, 7) Jye Perrott 1:47.66, 8) Lachlan Raper 1:48.53, 9) Daniel Williams 1:50.33

2024 AUSTRALIAN CHAMPS: 1. Luke Boyes 1:44.73, Peter Bol 1:45.06, Peyton Craig 1:45.76, Jack Lunn 1:46.92, Lachlan Raper 1:47.53, Mason Cohen 1:47.58, Dylan Stenson 1:48.34

PACING PLAN: Benjamin Patterson (PBs 400/800m 49.26/1:53) through 400m in 50.5 seconds

Lan	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Bob Abdelrahim	V	Justin Rinaldi	18	1:46.48 (26)	1:46.48	2025 Australian U20 800m champion	Motto: "The only way to achieve greatness in life is to have patience, consistency, and discipline."
2	Mikuto Kaneko	JPN	Justin Rinaldi	24	1:45.85 (21)	n/a	2022 Japanese National 800m champion	
3	Tiarnen Crocken	GBR	Justin Rinaldi	26	1:44.48 (25)	n/a	Competed 2025 World Championships	From Burnley. Earned selection for the world championships when placing a surprise second in the trials.
4	Junya Matsumoto	JPN	Justin Rinaldi	25	1:46.52 (22)	n/a	Silver medallist 800m 2023 Japanese Championships	
5	Daniel Williams	N	Andrew Rowlings	18	1:45.49 (25)	1:48.33	Australian representative 2024 World U20s and #2 Australian junior all-time; CYG23 1500m 4th, WJ24 1500m heat	Lives on the NSW north coast near Nambucca Heads.
6	Luke Boyes	N	Ben St Lawrence	22	1:44.50 (25)	1:47.60	2024 Australian Champion in a championship record Competed 2025 World Championships, #8 AUS all-time	Student Law/Communications (Social & Political Science)
7	Benjamin Patterson PACE		400m through 50.5		PBs 400/800m 49.26/1:53		Former Australian U18 800m medallist	
7	Mason Cohen	N	Ben Liddy	29	1:46.40 (25)	1:48.88	2024 NSW champion	Lawyer
8	Peter Bol	W	Justin Rinaldi	31	1:42.55 (25)	1:44.86	3-time Olympian and Australian record holder Broken AUS 800m record on 4 occasions; 4-time AUS Champion; OG20 800m 4th	His first name 'Nagmeldin' meaning star;
9	Nathan Cumberbatch	TTO	Justin Rinaldi	21	1:47.70 (25)	n/a	Trinidad and Tobago 1500m record holder	Grew up in Milwaukee. Studying Aerospace Engineering at Uni Southern California (USC). Has a pilot's license.

18:05 MEN Javelin Throw SRG Global Men's Javelin Throw

RECORDS: MEET - Rumesh Tharanga Pathirage (SRI) 85.41m; AUST - Jarrod Bannister QLD 89.02m (2008)
QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 84.00m - nil qual; World U20 Champs 68.50m - nil qual
2025 PERTH TRACK CLASSIC: Rumesh Tharanga Pathirage (Sri) 85.41m, Rin Suzuki (Jpn) 81.23m, Yuta Sakiyama 80.86m, Neil Janse 75.23m, Cameron McEntyre 75.15m, Ryohei Arai (Jpn) 72.02m, Cruz Hogan 71.03m, Oscar Sullivan 70.01m, Michael Burian (F44) 61.19m
2025 AUST CHAMPIONSHIPS: 1) Felise Vahai Sosaia FRA 79.78, 2) Cameron McEntyre 75.42, 3) Liam Shelton 74.59, 4) Neil Janse van Rensburg 73.65, 5) Jonathan Bell 71.45, 6) Oscar Sullivan 71.36, 7) Cruz Hogan 71.09
2024 AUST CHAMPIONSHIPS: Cameron McEntyre 76.10m, Nash Lowis 75.31m, Neil Janse 74.70m, Cruz Hogan 74.26m (q 75.14m), Oscar Sullivan 70.78m, Hamish Peacock 70.34m
2023 AUST CHAMPIONSHIPS: 1. Liam O'Brien QLD 77.62m; 2. Cameron McEntyre NSW 76.83m; 3. Howard McDonald QLD 75.30m; 4. Hamish Peacock TAS 75.24m; 5. Nash Lowis QLD 74.49m; 6. Felise Vahai Sosaia FRA 73.03m; 7. Cruz Hogan WA 69.03m; 8. Oliver Blackburn VIC 66.98m;

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Wyatt Hill	W		17	62.10 (26)	62.10	2025 Australian U18 decathlon champion	
2	Liam Shelton	T	Hamish Peacock	24	74.59 (25)	68.93	Bronze medallist 2025 Australian Championships	
3	Felise Vahai Sosaia	FRA	Eric Reuillard	26	82.04 (23)	n/a	2-time French national champion and competitor at 2023 World Championships	
4	Neil Janse	Q	Ben Thomson	25	78.41 (23)	66.80	Bronze medallist 2024 Australian Championships, #17 AUS all-time	
5	Rumesh Tharanga Pathirage	SRI	Meegama Achange		86.50 (25)		7th place 2025 World Championships. Sri Lankan National record holder	Thre 85.41m last year at Perth Track Classic
6	Hamish Peacock	T	Evan Peacock	35	84.39 (16)	70.16	2-time Commonwealth Games medallist & Olympian. 4-time National champion; #5 Australian All-time	

18:08 WOMEN - 400m Programmed Women's 400m

RECORDS: MEET - Cathy Freeman VIC 51.01 (1998); **AUST** - Cathy Freeman VIC 48.63 (1996); **AUST U20** - Cathy Freeman VIC 51.14 (1992);

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 50.75 - nil qual; **World U20 Champs 55.20:** Xanthee Watts Q, Naomi Krajancic N, Mariam Kamara N, 54.86 Maiya Hewitt N, Alice Hill N, Rose Acklin Q

2025 PERTH TRACK CLASSIC: Ellie Beer 52.78, Amelia Rowe 53.06, Bella Pasquali 53.36, Charlotte McAuliffe 53.53, Jemma Pollard 53.85, Laura McShane 53.88, Alanah Yukich 54.21, Arie Flores

2025 AUSTRALIAN CHAMPS: 1) Ellie Beer 51.42, 2) Bella Pasquali 51.84, 3) Amelia Rowe 52.49, 4) Carla Bull 52.90, 5) Jasmin Guthrie 53.32, 6) Laura McShane 53.40, 7) Jemma Pollard 53.74,

2024 AUSTRALIAN CHAMPS: Ellie Beer 51.59, Mikaela Selaidinakos 53.33, Rebecca Bennett 53.60, Alanah Yukich 53.88, Alexia Loizou 54.10, Laura McShane 54.11, Jemma Pollard 54.31, Angeline

Lan	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Nieve Walsh	W		24	56.90 (21)			
3	Carla Bull	Q	Brett Robinson	23	52.29 (25)	n/a	Represented Australia on 2 relays at 2025 World Championships Semi-finalist 200m 2023 World University Games	Physiotherapy student at Griffith University Owner Strength & Fitness Studio 2022 Stawell Gift winner
4	Amelia Rowe	W	Brian Pozzi	19	52.49 (25)	n/a	Silver medallist 4x400m World U20 Championships WJ24 400m semi, 4x400 silver; 2024 Australian U20 champion	#13 Australian U20 all-time
5	Jemma Pollard	N	Tim Eschebach	20	52.18 (26)	52.18	Anchored the Australian team to bronze at the World indoors Silver medallist 4x400m relay 2024 World U20 Championships WJ24 400m semi, 4x400 silver; WI25 4x400 bronze, WC25 ht	Studying Graphic Design & working with Simon Curwood Jewellers in Newcastle.
6	Ellie Beer	Q	Brett Robinson	23	51.30 (25)	n/a	Dual Olympian & World Indoor 4x400m bronze medallist OG20 400m heat, OG24 400m heat, WI25 4x400 bronze 3-time Australian champ; AUS all-time #12 400m	Studying Sports Development at Griffith Uni.
7	Alexia Loizou	V	Matt Carter	27	53.08 (26)	53.08	2019 Stawell Gift winner	
8	Angel Turner	W	Anne Masters	21	54.18 (25)	54.95	WA 2025 State 400m champion	

18:15 MEN - 400m Programmed Men's 400m

RECORDS: MEET Darren Clark NSW 45.29 (1987); **AUST** - Darren Clark NSW 44.38 (1988); **AUST ALLCOMERS** - Michael Johnson 43.84 (2000)

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games **44.85** - 44.54 Reece Holder Q; **World Indoors 45.80** - Cooper Sherman, Aidan Murphy, Tom Reynolds; **World U20 Champs 47.40** - Gout Gout Q, Seth Kennedy Q, Chase Grant N, 47.33 Adam Beiers Q

2025 PERTH TRACK CLASSIC: Cooper Sherman 45.31, Fuga Sato (Jpn) 45.56, Terrell Thorne 45.90, Danie Blest 47.23, Timothy Sanki 47.59

2025 AUSTRALIAN CHAMPS: 1) Cooper Sherman 45.26, 2) Terrell Thorne 45.54, 3) Luke Van Ratingen 45.64, 4) Thomas Reynolds 46.13, 5) Augustine Nketia Jr 46.29, 6) Daniel Blest 46.81

2024 AUSTRALIAN CHAMPS: Cooper Sherman 45.89, Luke van Ratingen 46.31, Alex Beck 46.64, Harrison Hunt 46.75, Thomas Reynolds 46.77, Daniel Best 47.06, Nicholas Donaldson 47.16, Ian

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Jeremy Boyle	W		30	49.05	49.46	Bronze medallist 400m WA State Championships	
3	Gustav Nielsen	DEN	Michael Jørgensen	27	45.41	45.91	14-time Dutch national champion & competed in the 400m 2023 World Champs	Decathlete in his junior years
4	Kenki Imaizumi	JPN	Hirohiko Maemura	24	45.29 (25)	n/a	Competed at 2025 World Champs in two relays.	Japanese 300m recordholder
5	Cooper Sherman	V	Neville Down	21	45.08 (26)	45.08	2025 World Indoor 400m semi-finalist ACT Champs 45.08 PB moves his to #14 AUS all-time	From Ballarat. Related to Don Sherman, lawn bowls 1982 Commonwealth Games champion
6	Thomas Reynolds	V	Mathew Oakely	21	45.17 (26)	45.17	3-time Australian representative in 2025 - World Relays, World Unis & World Champs. Recent PB 45.17 #17 AUS all-time	Studying Bachelor of Health Sciences
7	Ryo Yoshikawa	JPN	Hirohiko Maemura	24	45.88 (25)	n/a	Competed in Indoor 400m at 2025 World Indoors	
8	Seth Kennedy	Q	Brett Robinson	17	46.62 (25)	47.14	2025 Australian Junior 400m champion	18th birthday next week (Feb 19)
9	Matthew Hunt	N	Ben Liddy	19	46.27 (26)	46.27	Australian U20 400m hurdles champion & competitor at the 2024 World U20 Championships	Two stunning races in 2026, sliced 3 second off his 400m PB and 1 second off his 400m PB.

18:23 WOMEN - 100m Concord Business Advisory Women's 100m

RECORDS: MEET - Melinda Gainsford NSW 11.03w (1998) & Angela Issajenko CAN 10.8hw (1987); **AUST Open & U20** - Torrie Lewis Q 11.08 (2025); **AUST U18** - Leah O'Brien W 11.14 (2025):

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 11.07 - nil qual; 60m World Indoors 7.20 - Olivia Dodds 7.17, Torrie Lewis 7.19; **World U20 Champs 11.78:** Maya Taber N, Emilia Reed W, Zara Hagan Q, Grace Crowe V, Amaya Mearns Q, Rhema Adelaja N, Thewbelle Philp Q

2025 PERTH TRACK CLASSIC: A RACE (+3.0) Bree (Masters) Rizzo 11.09, Mia Gross 11.20, Chloe Mannix-Power 11.30, Kristie Edwards 11.32, Olivia Dodds 11.36, Georgia Harris 11.38, Ebony Lane

2025 ADELAIDE INVITATIONAL: (Race A (+1.8) Bree (Masters) Rizzo 11.30, Kristie Edwards 11.43, Georgia Harris 11.64, Thewbelle Philp 11.60, Olivia Inkster 11.69, Amaya Mearns 11.71, Kayla

2025 AUST CHAMPIONSHIPS: (0.9) 1) Torrie Lewis 11.24, 2) Leah O'Brien 11.24, 3) Bree Rizzo 11.25, 4) Chloe Mannix-Power 11.33, 5) Mia Gross 11.35, 6) Georgia Harris 11.41, 7) Ebony Lane 11.47, 8) Sam Geddes 11.48, 9) Olivia Inkster 11.53;

2024 AUST CHAMPIONSHIPS: (w (-0.6) Naa Anang 11.34, Ella Connolly 11.37, Ebony Lane 11.41, Aleksandra Stoilova 11.43, Bree Masters 11.52, Kristie Edwards 11.58, Georgia Harris 11.70,

Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
Zoe Hobbs	NZL	James Mortimer	28	10.94 (25)	11.09w	Australian 100m Allcomers record holder 10.97 12-time NZL National champion WC22 semi, WC23 semi, OG24 semi, WC25 semi	-Equalled or lowering National record on 11 occasions; Her coach James Mortimer is a former hurdler/sprinter &H229 9-time NZL champion
Bree Rizzo (nee Masters)	Q	Ryan Hoffman	30	11.23 (23 & 25)	n/a	Olympic 100m Semi-finalist (first AUS for 24 years to achieve this) 2022 Commonwealth Games Relay bronze medalist WC22 100 heat; CG22 100 semi, 4x100 bronze; WC23 100 heat, 4x100 heat; OG24 100m semi, relay ht 100m 11.23 #10 all-time; 100m 11.09 #5 all-time all-conditions Run on the three recent AUS 4x100m records.	Former Little Athlete & beach sprint world champion, returned to track in 2019 aged 24. Studied Communications (Business) with a major in Marketing & Public Relations at Bond University. Job: Public Relations and Run Coordinator at LSKD.
Chloe Mannix-Power	Q	Brett Robinson	25	11.33 (25)	11.61/11.37 w	2024 Stawell Gift champion and 3-time Australian Beach sprint champion	In 2016 at Aust U17 200m champs, placed 5th behind Ella Connolly and Kristie Edwards.
Olivia Dodds	W	Lyn Foreman	19	11.43 (25)	11.44	Australian Team Member 2024 World U20 Championships - relay final disq, Members of 2 Australian U20 relay record breaking teams	Started as a hurdler. Her mother was a good sprinter. Last 5 races since Feb 22: 11.45w, 11.36w, 11.33w, 11.56, 11.43
Taylah Cruttenden	W	Russell Mathanda	22	11.45 (25)	11.64	2nd 60m 2025 Australian Short Track Championships, 2022 World U20 Champs rep; WJ22 100m semi, 4x100m 6th	
Thewbelle Philip	Q	Leanne Hines Smith	17	11.35 (25)	n/a	Australian representative 2025 World Relays & 2024 World U20 Championships	Indigenous and Filipino heritage. At the World Relays anchored a 43.15 Australian team
Ebony Lane	V	Chris Dale	27	11.30 (24)	11.45w	Olympian (reserve relay) and member of 2 Australia 4x100m	Personal Trainer
Olivia Inkster	N	Katie Edwards	21	11.51 (25)	11.76	2-time World U20 Championships representative	Studying Education at UTS in Sydney
Charlotte Ehioghae	W	Greg Knott	14	11.54 (25)	11.74/11.30	Australian U15 100m/200m champion	
Monique Hanlon	Q	Luke Donatini	21	11.58 (24)	n/a	Finalist 200m 2025 Australian Championships	
Olivia Hastings	S	Dan Semmier	22	11.47 (25)	11.53	2025 SA 100m Champion At 2025 Adelaide Invitational won B 100m race - windy 11.40	

18:31 MEN - 100m Concord Business Advisory Men's 100m

RECORDS: MEET - Patrick Johnson ACT 9.88w (2003); AUST - Patrick Johnson ACT 9.93 (2003): **AUST ALLCOMERS** - Maurice Greene USA 9.87 (2000)

RECORDS: AUST U20 - Jake Doran QLD 10.15 (2018)

QUALIFYING STANDARDS & QUALIFIERS: Commonwealth Games 10.00 - nil qualifiers; World Indoors 60m 6.59 Edward Osei-Nketia 6.54, Jai Gordon 6.59; World U20 Champs 10.50 - nil qual

2025 PERTH TRACK CLASSIC RACE A (+1.1) Lachlan Kennedy 10.03, Joshua Azzopardi 10.09, Sebastian Sultana 10.11, Jack Hale 10.23, Jacob Despard 10.24, Naoki Inoue (Jpn) 10.27, Chris Ius 10.29, Yuhi Mori (Jpn) 10.32, Joseph Ayoade 10.40, RACE B (+3.0) Chris Geordas 10.49, Conor Larranaga -Boyle 10.49

2025 ADELAIDE INVITATIONAL: Race A (+5.3) Lachlan Kennedy 10.10, Jacob Despard 10.14, Calab Law 10.24, Chris Ius 10.25, Lin Yu-sian (Tpe) 10.35, Pais Wisil (Png) 10.47, Jagga Pybus 10.52, Craig Concesso 10.58; Race 2 (+2.3) Luca Schmitt 10.44, Joshua Love 10.54

2025 AUST CHAMPIONSHIPS: (1.5) Rohan Browning 10.01, 2) Lachlan Kennedy 10.01, 3) Joshua Azzopardi 10.17, 4) Calab Law 10.17, 5) Jacob Despard 10.19, 6) Jack Hale 10.23, 7) Joseph Ayoade 10.28, 8) Connor Bond 10.28, 9) Jake Doran 10.39

2024 AUST CHAMPIONSHIPS: (1.2) Sebastian Sultana 10.27 (semi 10.17), Joshua Azzopardi 10.39, Jacob Despard 10.41, Rohan Browning 10.41, Connor Bond 10.50, Jai Gordon 10.50

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
	Rohan Browning	N	Jack Edwards	28	10.01 (21)	n/a	2020 & 2024 Olympian Olympic Games and World Championships semi-finalist BEST: WC23 100m semi; CG22 100M 6th, OG20 semi; 2021, 2023 & 2025 Aus 100m champ	Law & Arts graduate Sydney Uni
	Joshua Azzopardi	N	Rob Marks	26	10.09 (25)	n/a	100m Olympian and member of the Australian 4x100m record #6 AUS all-time WJ18 100m & 4x100 heat, CG22 4x100 heat, WU23 100m semi; OG24 100m heat, 4x100m heat; Oceania 2024 100m 1st	Student Health Science in Exercise; Aus team Oztag World Cup U21 Has Maltese heritage.
	Alexander Colgan	V	Tom Morehouse	21	10.15 (24)	n/a	#13 Australian all-time 10.15 (2024) Broke through 2 years ago running 10.15, battled some injury since. 2023 Aus U20 Champs - 2nd 100m Progression/SB: 2022 11.13-10.90-10.69; 2023 – 10.51, 10.44, 10.42; 2024 – 10.29, 10.15, 2025 - 10.46, 2026 - 10.01w	2024 ACT Champs PB went from 10.42 to 10.29 (heat) & 10.15 (final); Then injured remainder of 2024. His family own a beef farm and he is from Wodonga.
	Jacob Despard	T	Brett Robinson	29	10.15 (24)	10.35	Paris Olympian and member Australian 4x100m relay record at Paris Olympics. Won 2018 Stawell Gift Australian 4x100 relays: CG22, OG24, WC25	Last year changed to a new coach Brett Robinson; promising junior fast bowler, started his sprinting career as a way to improve his run-up speed
	Joseph Ayoade	N	Greg Smith	21	10.23 (24)	n/a	2025 NSW 100m champion; 2025 WUG semi 100m, 4th 4x100	Studying a Bachelor of Commerce at Sydney Uni
	Ben Kelly	N	Rob Marks	19	10.23 (26)	10.23	2025 Australian Champs bronze medallist U20 100m Smashed his PB this summer from 10.65 to 10.23. 2nd 100m 2026 ACT Champs defeating 2 Olympians.	Training partner Josh Azzopardi, Studying Secondary Education at Wollongong Uni. Grew up on a 6000 acre farm (livestock & crops) in rural NSW.
	Chris Ius	N	Andrew Murphy	26	10.24 (20)	n/a	Semi-finalist 100/200m 2023 World Uni Games	Sydney Uni physio graduate
	Pais Wisil	PNG	Tony Fairweather	25	10.24 (25)	10.29w	World Indoor 60m semi-finalist PNG 60m & 100m National record holder	Brother of PNG sprint queen & Olympian Toea Wisil.
	Connor Bond	N	Mick Zisti	22	10.25 (25)	n/a	100m Finalist 2025 World Uni Games WUG25 7th 100m, 4th 4x100m	His father, Grahame Bond, was a 5-time Wallaby, while his uncle, Adam Ashley Cooper, recently retired after a 14 year and 121 test career for the Wallaby's.
	Prince Jackson	Q	Stacey Taurima	25	10.31 (25)	n/a	Australian representative 2025 World relays Last summer improved from 10.65 to 10.31	Coach is a former triple jumper

18:39 WOMEN - 1500m Paragon Consultants Women's 1500m

RECORDS: MEET - Sophie O'Sullivan IRE 4:06.74 (2025); **AUST** - Jessica Hull NSW 3:50.83 (2024); **AUST ALLCOMERS** - Linden Hall VIC 3:59.67 (2021)

RECORDS: **AUST U20** - Claudia Hollingsworth VIC 4:04.45 (2024)

QUALIFYING STANDARD & QUALIFIERS: **Commonwealth Games 4:01.50** - 3:55.16 Jess Hull N; **World Indoors 4:06.00** - Sarah Billings V 4:01.79, Jess Hull N 4:03.72; **World U20 Champs 4:27.00:**

Emma Fryga Q, Maddison King V, Ally Brooks V, Violet Owen T, Imogen Baker V, Mia Jade Gray V, Fleur Cooper N, Ally Brooks V

2025 PERTH TRACK CLASSIC: 1) Sophie O'Sullivan IRL 4:06.74, 2) Maudie Skyring 4:07.28, 3) Jaylah Hancock-Cameron 4:07.88, 4) Laura Nagel NZL 4:09.97, 5) Tomoka Kimura JPN 4:16.19, 6) Ran

2025 AUSTRALIAN CHAMPS: 1) Jessica Hull 4:11.36, 2) Sarah Billings 4:11.51, 3) Georgia Griffith 4:12.09, 4) Linden Hall 4:13.73, 5) Jaylah Hancock-Cameron 4:14.37, 6) Klara Dess 4:16.07, 7) Isabella Thornton-Bott 4:19.92, 8) Steph Kelly 4:20.00

2024 AUSTRALIAN CHAMPS: Jessica Hull 4:01.39, Georgia Griffith 4:03.68, Linden Hall 4:05.03, Sarah Billings 4:08.15, Jaylah Hancock-Cameron 4:13.88, Leah Simpson 4:20.39, Zoe Toland 4:20.59,

PACING PLAN: Macey Hehir (800m PB 2:11) through 400m in 63 seconds

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
1	Angie Ross	W		45	4:30.00			
2	Laura Nicholson	IRE		25	4:07.07 (25)	4:43 mile	Competed in 1500m for Ireland at 2025 World Champs 8th 1500m 2025 World University Games;	2025 IRE National 1500m champion
3	Scarlett Robb	NZL		17	4:21.49 (26)	4:21.49	NZL U18 3000m champion; 48th U20 race World Cross Country	
4	Emma Fryga	Q	Beverley Morris, Roy Rankin	16	4:18.53 (25)	4:22.06	Across 2024 & 2025 won 10 Australian titles (undefeated) from 400m to 1500m in U15, U16 & U20	
5	Izzy Thornton-Bott	N	Ned Brophy-Williams	27	4:08.33 (23)	4:24.81	2nd 1500m 2023 NCAA 2025 NSW 5000m champion	Studied cience (Anthropology) at Uni of Oregon and Human Behaviour at Oxford University.
6	Jaylah Hancock-Cameron	N	Andae Kalemusic	23	4:07.88 (25)	4:14.96	Australia mile (road and track) champion 2018 Youth Olympic Games; Won 2024 Zatopek 1500m	From Broulee on the NSW South Coast.
7	Abbey Caldwell	V	Gavin Burren	24	3:59.32 (25)	4:04.13	Olympic semi-finalist and Commonwealth Games/World XC medallist; 4 from 4 Global outdoor semis. CG22 3rd; WXC23 4x2km 3rd; WC23 800m & 1500m semi; OG24 800m semi; WI25 800m heat, WC25 800m semi	Studying Health Sciences part time at Deakin University Has 10 sub-1:59 times; Australia all-time #3 800m & #5 1500m
8	Nozomi Tanaka	JPN		26	3:59.19 (21)	4:13.90 ind	Olympic 1500m finalist & 11 time Japanese National champion Set Japan National records from 1000m to 5000m Japan team: 2xOG, 4xWC, 3xIndWC, 3xWXC	Her mother, Chihiro Tanaka, ran 61 marathons over 22 years with a best of 2:29.
9	Sarah Hynes	W		26	4:32.95 (24)	4:38.03		
10	Macey Hehir PACE	W	PACE 2:11 at 800m	17			WA U18 800m champion	

18:49 MEN - 200m Ativas Men's 200m

RECORDS: MEET Chris Ius NSW 20.57w (2025), AUST ALLCOMERS - Frankie Fredericks NAM 19.92 (1999); AUST Open & U20 - Gout Gout QLD 20.02 (2025)

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 20.16 - nil qualifiers; World U20 Champs 21.25 - Seth Kennedy Q, Zavier Peacock N, Jonathan Kasiano Q

2025 PERTH TRACK CLASSIC: (+3.8) Chris Ius 20.57, Calab Law 20.66, Jacob Despard 20.88, Chris Geordas 20.99, Josiah John 21.03, Joseph Ayoade 21.16, Hiroki Shigetani (Jpn) 21.43

2025 ADELAIDE INVITATIONAL: (-3.3) Calab Law 21.05, Lachlan Kennedy 21.19, Jacob Despard 21.49, Chris Ius 21.77, Aidan Murphy 21.80, Tommy Te Puni (Nzl) 21.85, Chris Geordas 21.98

2025 AUSTRALIAN CHAMPS: (2.2) Gout Gout 19.84w, 2) Aidan Murphy 20.40w, 3) Chris Ius 20.76w, 4) Christopher Geordas 21.02w, 5) Ryan Tarrant 21.09w, 6) Godfrey Okerenyang 21.21w

2024 AUSTRALIAN CHAMPS: (-1.0) 1. Calab Law 20.54, 2. Theodor Young (RSA) 20.88, 3. Aidan Murphy 20.94, 4. Jackson Rowe 20.95, 5. Jacob Despard 20.96, 6. Matthew Friar 21.07, 7. Chris Ius

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Jake Hayter	N		20	20.94 (26)	20.94	Set 100m and 200m PBs this year	
3	Zavier Peacock	N	Michael Psarakis & Jack Edwards	17	21.03 (25)	n/a	2025 Australian U18 100m and 200m champion Has had breakthrough PBs this summer at 200m & 100 10.44	A good Rugby League player, in 2025 he quit the sport: "There were just too many injuries & concussions."
4	Ryoutaro Hama	JPN	Gen Yanagihara	19	20.65 (25)	n/a	Silver medalist 200m 2025 East Asian Championships	
5	Chris Ius	N	Andrew Murphy	25	20.61 (24)	20.84	Member of the current Australian 4x100m record 2025 World University Games 200m finalist 3 Australian teams in 2025 - World Relays, Unis and Worlds	Physiotherapist Member AUS 4x100m record in March 2025 - 37.87
6	Christopher Geordas	N	Vas Krishnan	24	20.82 (26)	20.82	4th place 2025 Australian 200m Championships 2023 Australian Uni Games 200m champion	Formerly from Perth Bachelor of Engineering Uni NSW, Mechanical Engineer at Crown Tooling Pty Ltd.
7	Seisho Sasaki	JPN	Masamichi Okudaira	20	20.74 (25)	n/a	Gold medalist 200m 2025 Japanese University Champs	
8	Luca Schmitt	S	Rick Treleaven	20	21.01 (25)	n/a	2nd 100m & 200m 2025 SA Champs	

18:55 WOMEN - 200m **Ativas Women's 200m**

RECORDS: MEET - Melinda Gainsford NSW 22.82 (1995); AUST - Melinda Gainsford-Taylor N 22.23 (1997); **AUST U20 & U18** - Raelene Boyle V 22.74 1968

QUALIFYING STANDARD & QUALIFIERS: Commonwealth Games 22.57 - 22.56 Torrie Lewis; **World U20 Champs 24.35:** Mariam Kamara N, Maya Taber N, Emilia Reed W, Zara Hagan Q, Amaya Mearns Q, Rhema Adelaja N, Thewbelle Philp Q

2025 PERTH TRACK CLASSIC: (+1.6) Lakara Stallan 22.97, Jessica Milat 22.97, Mia Gross 23.00, Kristie Edwards 23.17, Chloe Mannix-Power 23.29, Remi Tsuruta (Jpn) 23.42, Carla Bull 23.42, Emilia

2025 AUST CHAMPIONSHIPS: (1.2) Jessica Milat 22.75, 2) Kristie Edwards 22.81, 3) Carla Bull 23.00, 4) Mia Gross 23.05, 5) Nyajima Jock 23.28, 6) Olivia Inkster 23.60

2024 AUST CHAMPIONSHIPS: (w:-0.3) 1. Torrie Lewis 23.05 (1s1 22.94), 2. Mia Gross 23.39, 3. Georgia Hulls (NZL) 23.42, 4. Riley Day 23.65, 5. Monique Hanlon 23.93, 6. Carla Bull 24.04, 7. Kayla

HISTORICAL NOTE: M

Lar	Name		Coach	Age	PB	SB	Athletics Performances	Biographical information
2	Sophia Fighera	V	Ashley Gudgeon	27	23.29 (25)	24.87	Former bronze medallist National 200m champs (2021) 2nd 2019 Stawell Gift	Personal Trainer who has two businesses - the speed project and empower performance.
3	Nyajima Jock	V	Gerrad Keating	23	23.28 (25)	n/a	2025 Victorian 200m champion; 5th 200m Australian Champs	Studied Beauty Therapy at Federation University in Ballarat
4	Monique Hanlon	Q	Luke Donatini	21	23.57	23.61	Finalist 200m 2025 Australian Championships	
5	Ella Connolly	Q		25	22.95 (22)	23.73	Olympian & bronze medallist 4x400 relay 2025 World Indoor Member of all 3 Australia 4x100m record teams; 2025 Australian Short track 60m champion Commonwealth Games 200m finalist & Relay bronze medallist; WJ18 400m 4th; CG22 200m 6th, 4x100 3rd; WC22 200m heat; OG24 100m heat, 4x100m; WI25 60m heat, 4x400m bronze	Studying Education at Griffith University; Casual teacher.
6	Emilia Reed	W	Aaron Bresland	15	23.29 (25)	23.61	Australian U16 & U20 200m champion (2025)	
7	Amaya Mearns	Q	Andrew Iselin	17	23.15 (24)	24.07	Australian U18 All Schools 100/200m champion #2 Australian U18 200m all-time	
8	Olivia Inkster	N	Katie Edwards	21	23.60 (25)	24.27	2-time World U20 Championships representative WJ22 200m semi, 4x100m 6th; WJ24 relay final	Studying Educationa at UTS in Sydney Celebrated her 21st birthday this week (Thursday)