



2026 AUSTRALIAN ALL SCHOOL ATHLETICS CHAMPIONSHIPS TECHNICAL REGULATIONS

19 March 2026

Championships in Australia are conducted according to the rules of World Athletics, World Para Athletics, and Australian Athletics.

1 Timetable Changes

The timetable and any changes in the timetable or these regulations are available on the Australian Athletics website at <https://www.athletics.com.au/event/2026-australian-all-schools-championships/>.

2 Uniforms

All athletes should wear their approved Member Association uniform – and any variations or transition arrangements agreed between the Competition Manager and each MA. Where MA uniform is unavailable, under-age athletes should wear the uniform of their First Claim Club. All uniform must comply with the [Australian Athletics advertising regulations](#).

Particular attention is drawn to the Nike Pro and similar instances with other manufacturers, where oversize branding around the top bands of lower body garments is prevalent. Athletes will not be permitted to compete in those items which do not comply with the advertising regulations. Taping or the turning down of such non-compliant top bands will not be allowed. To avoid stress on arrival at the Call Room athletes are asked to ensure that they are not wearing these garments for on-field warm-up or competition purposes.

3 Athlete Check In

All athletes are assumed checked in for this Championship. If an athlete needs to withdraw, Team Managers are requested to provide this information to the TIC as soon as possible and ideally before any draw is made (90 mins prior).

Team Managers must advise the TIC two (2) hours prior to the scheduled start time of any relay if they will have a team competing.

4 Scratching from an event

If an athlete fails to participate in an event after confirmation (checkin) or does not compete in all rounds of an event for which s/he has qualified, s/he may not be permitted to compete further as outlined in World Athletics Rule TR 4.4. This rule does not apply to an athlete who having confirmed, then withdraws before the closure of the confirmation (check in) time for the first round of that event.



5 Competition Bibs

All athlete competition bibs will be provided to the Team Manager of the Member Association through which the athletes are entered. Athletes should report to their Team Manager immediately upon arrival at the venue unless the Team has made other provision for the distribution of Bibs.

For all athletes in walking events:

- Athletes will receive two numbered bibs. The competition bibs must be worn on the front and back of their competition uniform firmly attached with no less than four (4) pins. The entire bib including sponsorship information must be always visible and no part of the bib shall be folded under the uniform. These numbered bibs will be issued in the Call Room.

For athletes in all other events:

- Athletes will receive one bib only displaying the athlete's name. In track events the bib must be worn on the front of the uniform, for field events athletes may choose to wear the bib on either the front or the back of their competition uniform firmly attached with no less than four (4) pins. The entire bib including sponsorship information must be always visible and no part of the bib shall be folded under the uniform.

Athletes who lose their bibs will need to collect a new bib at the TIC and pay \$20 for a replacement.

Australian Athletics will enforce World Athletics Rules TR 5.9 & TR 5.11, which render an athlete liable to disqualification if s/he tampers in any way with the competition bib.

6 Entries

Entries may only be submitted by Member Associations or Athletics North Queensland. No overseas entries will be accepted. In each age group a maximum of two (2) athletes of each gender may be entered by each MA.

Athletes may be selected and entered by their MA in the same or similar event** in one age group only – which may be their own or, provided they are eligible, a higher one. [For example, an MA could select an athlete in the U15 shot put and the U16 javelin.]

Athletes who are to be entered in a single individual event only may also be entered in the same or similar event** in no more than one higher age group for which they are eligible provided that then remains the only individual events in which they are entered. Where this occurs, athletes may not be entered in both U15/U16 or U17/U18 or U16/U17. There must be two years between age group.

An example is listed below

- U16 SP, DT and HT; or
- U16 SP, U16 DT and U18 HT; or
- U16 HT and U18 HT only [under the specialist only event option]

Subject to the above rules there is no limit on the number of relay events an athlete may participate in but they must not be entered in more than four (4) individual events.



Para entries are only accepted for a single age group “PA”. After all entries are received the athletes will be allocated to the various age groups (U20, U17 and U15) where there are sufficient athletes to conduct that event as a standalone event (at least 3). This is done on the understanding that the groups are merged to ensure no athletes miss out. For example, if 4 athletes are age eligible for U17 and only one for U20 then there will be no U17 event, only U20. Athletes will always use the throwing implements appropriate for their age. Para-athletes may compete in the same or similar events** in one age group only.

If there are less than three entries in any event then events may be combined to make the competition viable. This includes the possibility where (for example) there are three entries in U15 and 1 entry in U17 then there will only be one event conducted, the U17 to allow all athletes to participate.

Same/similar event means 80/90/100/110m hurdles; 200/400m hurdles; 3000/5000metres and 1500/3000/5000m walk and each of the throwing events (regardless of change in weight of implements).

Athletes may only enter events always subject to the following regulations:

- Athletes must be turning 14 years of age in the year of competition to enter any steeplechase or 3000 metres.
- Athletes must be turning at least 16 years of age in the year of competition to enter any event in excess of 5000 metres or any men’s open throwing, hurdles, or steeplechase event.

7 Warm-up & Training

Warm-up facilities are available at the McGillvray Oval at the back of the stadium.

Training will be available 3:00pm - 7:00pm on Thursday 3 December.

8 Accreditation

Accreditation must be collected from the accreditation entry point outside the main gate. Athletes must always wear their accreditation.

Accreditation passes are not transferable. Athletes will not be granted entry to the stadium without an accreditation pass for any reason. Athletes that lose their accreditation will need to purchase an additional one at \$20 from the TIC.

Accredited Australian Athletics coaches who have at least one athlete competing may apply for and will be provided with Accreditation. Accreditation gives access to the venue. Only athletes’ technical officials, staff and media will have access to the competition area (which includes post event and the medal staging area)



9 Call Room Procedures

A call room will be in operation. All athletes are required to report to the Call Room before all rounds of all events.

The Call Room is in the end of the stadium nearest the 100m start.

Having previously checked in, all athletes must report to the call room on time with their competition bib attached with no less than four (4) pins.

Hip numbers will be provided at the Call Room for those events that require them.

In the Call Room, athletes will be expected to demonstrate that their competition uniform and bibs, shoes and other equipment comply with the competition rules. Track athletes will leave the Call Room ready to run.

In exceptional circumstances competition management may allow track athletes to take warm clothing to the start line. If this is allowed, it will be advised at the Call Room and the athletes will be responsible for retrieving their own clothing from the start line.

Athletes will proceed to the start of their event from the Call Room accompanied by a Call Room Judge, Starter's Assistant or Field Event Official. Athletes who proceed to the event not accompanied by a judge or an official may not be allowed to start.

The call times allow for marshalling and movement to the competition site. The remainder of the time may be used to complete the warm-up at the competition site (where the competition site is not in use). Warm-ups are only to be conducted under the supervision of officials.

If an athlete is already or likely to be competing in another event at the designated call time the athlete or someone on his/her behalf must notify the Call Room prior to the designated call time.

Please note that Para Wheelchair athletes will not be able to take their day chairs into the Call Room (except for those in seated throws).

The athletes and their running order in relays are provided in the Call Room by competing teams. Teams are expected to arrive with the team list in the correct order on the appropriate form.

The final entry time to the Call Room are as follows (times are prior to the scheduled start time). Note that these times are for closing the Call Room for these events, there will be a call for athletes 5 minutes before these when the Call Room will open for the event.

Event	Entry time to call room
Pole Vault	70 minutes
Discus, Javelin, Hammer, High Jump	45 minutes
Long & Triple Jump, Shot Put, Seated Throws (if combined)	35 minutes
Hurdles, Wheelchair Track, Seated Throws (if separate), Relays	20 minutes
All other track events	15 minutes



10 Start Rules - World Athletics Rule TR 16.7 & TR 16.8

- a) For the able-bodied competition from U15 to Open inclusive, the World Athletics Rule will be applied.
- b) For U14 competitions and below, one false start per race (not each athlete) shall be allowed without disqualification of the athlete making the false start. Any athlete(s), making further false starts shall be disqualified from the race. Where an athlete eligible for such an age group competes in an older age group, he/she will be subject to the rules applied to the older age group.
- c) For all Para events, the start rule will be applied as per individual classification standards. (see later for information related to assistance)
 - Starting blocks (for events up to and including 400m) are mandatory for classes T01, T11, T12, T13 and T20.
 - Starting blocks may be used for sport classes T21, T35-38, T40-47 and T61-64 in all races up to and including 400m, these athletes may require their starting blocks to be set for them by the Starter's Assistant.
 - A crouch start stance is not required by athletes in Sport Classes T21, T35-38, T40-47, T61-64 and T71-72.
- d) Only those starting blocks supplied by the venue can be used. Private blocks are not permitted.

11 Rounds to be contested – Able Bodied

Rules for progression and qualifying rounds are as follows. These are the numbers of athletes checked-in and over-ride the World Athletics Rules and remain subject to change by competition management.

Where less rounds are scheduled, the scheduled rounds will be the maximum which will apply (unless exceptional circumstances)

Event	Confirmed athlete	Rounds
100m & 90m/100m/110mHurdles	1-10	Final only
	11-30	Two rounds
200m & 400m	1-9 (9 lane track)	Final only
	10-27 (9 lane track)	Two rounds
800m, 200m/400m Hurdles		Timed Finals only
1500m, 2000m SC, 3000m, Race Walks, Relays		Final only
Field Events		Single round
Para U15, U17, U20	All track events	Timed Finals

At the discretion of the competition management the above regulations may be modified to suit local requirements.



12 Track Progressions

For events up to and including 400 metres.

3 heats: First 2 in each heat plus the next 2 fastest to the final

2 heats: First 3 in each heat plus the next 2 fastest to the final

Next Fastest

The 'next fastest' will be decided on times to 0.01 second. If the times are equal and there is space available, then both or all such athletes will be advanced. Where there is no space available then the photo finish will be re-read to 0.001 second if possible. If further ties remain then there will be a coin toss.

13 Preferred lanes (for lane allocation after the first round)

The preferred lanes for events from 100m to 400m inclusive (including hurdles) will follow the World Athletics rules TR20.4.2 for an 8-lane track (though athletes will run in lanes 2-9).

14 A and B Finals

Where any event is conducted with A and B Finals then where athletes have the same time to 1/100 and are from different heats then times are not taken to 1/1000 for the purposes of giving medals. If in same heat, then placing still applies.

15 Field Events

All age groups (including Para Athletics), all athletes will have three (3) trials. At the conclusion of the 3 trials, the top eight (8) athletes will have one (1) further trial. The competition order will be changed after round 3 only. **In Para events, the competition order will not be changed.**

The following boards will be used for triple jump Championships and will not be changed.

Men	Age Group	Women
11m or 13m	U18	9m or 11m
11m or 13m	U17	9m or 11m
9m or 11m	U16	9m or 11m
9m or 11m	U15	9m or 11m
9m or 11m	U14	9m or 11m



Jump offs will be conducted under World Athletics TR26.9. The Technical Delegate can terminate the jump-off if the prevailing weather or light conditions justify the termination of the competition at that point.

Pole Vault Dispensation: For the Under 18 age group and lower for women and the U16 age group and lower for men, at the discretion of the Chief Judge at the event, a trial may be deemed valid where the athlete made a reasonable attempt to push the pole back in the direction of the runway, but the wind then caused the bar to be dislodged by the pole.

All athletes in **seated throws** will do their throws consecutively. A reasonable amount of time will be permitted for an athlete's throwing frame to be secured in the circle before the athlete attains a seated position on the throwing frame. The maximum time allowed for athletes to secure themselves to the chair and have as many warmup throws as time permits is:

- 4 minutes for F32-34 and F45-57
- 5 minutes for F31 and F51-53

Athletes will be allowed a one-minute break between their third and fourth throws.

16 Relays

For all mixed relays the order will be Male, Female, Male, Female.

The running order for all teams must be submitted 2 hours before the scheduled start time. Teams will be able to make changes in the Call Room.

17 Personal Implements

Athletes who wish to include their own throwing implements in the equipment pool (which may be used by any athlete in the same competition), must lodge them with the Technical Manager at the **Technical Room**, no later than **three (3) hours**, before the scheduled start time of their event on the day of competition or on a previous day (for events that are held early in the morning). The technical room will not open before 7.00am each morning so athletes need to be aware of close off times.

Any such implements will be impounded until after the competition when athletes may collect them from the Technical Room. If qualifying is held in field events and personal implements are lodged, and the athletes that lodged them make the final they will be impounded until the final is held.

Please note that World Athletics TR32.2 limits the number of personal implements added to the pool per person to a maximum of 2. There should be no **rough stickers** on the discus. **Both ends of the hammer wire must be covered by "clear plastic tubing to prevent the wire unravelling during competition."**

Athletes are to provide their own vaulting poles. Australian Athletics will not provide poles. Poles must be lodged at the Technical Room no later than **three (3) hours** prior to the event and be clearly labelled with the athletes NAME, CONTACT NUMBER and EVENT (& AGE GROUP).

18 Race Walking - Penalty Zone

The Penalty Zone will be in place for the race walking events 5000 metres and longer.



19 Para Athletics - Classification

An athlete intending to compete in a Para Athletics event must have a formally recognised National or International Level Classification.

20 Para Athletics - Baseline Performances

Baseline provides a simplified way for athletes, administrators, and coaches to compare performances in multi-class events across all athletes with an eligible classification. Baseline uses a base time/distance/height in each class for each contestable event and measures this against the individual athletes' performance to generate a score.

Australian Athletics (AA) may change or amend the Baseline guidelines and associated resources (including base performance) at any time. For further information on Baseline performance and the Baseline performance template please head to the Australian Athletics website.

21 Para Athletics – Assistance / Guides

21.1 Assistance without any requirement of paperwork / forms / approval

T11-12 Guide Runners, all athletes in the T11 classification run with a guide and are blindfolded, T12 athletes have the option to use a guide.

F31-33 and F51-54 can have one assistant per athlete per event.

T11/12 – Can have two (2) guides for jumping events.

F11/12 – Can have one (1) assistant per athlete for throwing events.

No other classes are entitled to have an assistant on the field of play.

21.2 Assistance which requires approval (appropriate forms)

21.2.1 Form Required and always Approved:

Starting Block Assistance (starters assistant) for T12, T20, T21, T35-38, T40-47, T61-64, T71-72

Field Event Assistance (runway markers by field judge) for T/F20, T/F21, T/F35-38, T/F42-47, T/F61-64

21.3 Assistance outside of those above may still be permitted but would require justification and approval by the Technical Delegate in advance of the day of competition.

Applications of this type must be submitted at the time of entries and should include:

- the rationale for requiring assistance;
- the health or safety risks that may arise in the event without assistance
- be accompanied by medical or other professional evidence to support the request

Assistance for athletes with a hearing disability which requires approval

Starting lights systems are regarded as personal equipment and the athlete needs to provide their own. Athletes requiring deaf lights should fill out the appropriate form (available on the website) and submit it to TIC the day before the competition.



22 Para Athletics – MASH

22.1 For athletes requiring a MASH (T61/T62) , in para athletics:

- There is a dispensation of the MASH requirement in Under 15 competition at all levels
- Athletes competing in Under 17 competition and above at national level must have an approved MASH. States to make their own decisions in state-based competition.

22.2 For athletes requiring a MASH (T61/T62) , in able bodied competition:

- There is no dispensation for any age athletes in national level competition.
- If an athlete without a valid MASH participates in a WRC then the competition organiser MUST ensure that the results ARE NOT included in the results provided to World Athletics. (as per WAR C2.1B)

23 Para Athletics – Coaching for Seated Throws

Athletes in seated throwing events are unable to move to the edge of the track to receive coaching support in the same way as athletes in other events.

To facilitate appropriate coaching support between attempts, coaches will be able to move from a designated location near the site of each seated throwing event to provide advice to athletes. This location will be determined by the Referee on an event-by-event basis.

Sport Class F31-33 and F51-54 are allowed one assistant per athlete as per WPA rules. If the assistant is also the coach, they will be permitted to move to the designated location when it is their athlete's turn to provide coaching advice between their trials.

For Sport Classes F34 and F55 – 57, or where the assistant is not the coach, the coach will be granted access to the FOP to provide coaching advice to their athletes during their trials.

In the Club Throw and Discus Throw the coach must be escorted both in and out of the cage with no delay to the event.

No coaching is allowed from any other location within the FOP and no recording devices are permitted within the FOP.

23.1 Procedure

- While the athlete is being secured to their throwing frame, the coach (if not an assistant) will be escorted from the coaching area outside of the field of play to the designated location within the FOP. Once assistants (where applicable) have finished helping their athlete, they will move either to the designated location to assume the coaching role (if also the coach) or back to their designated seating for assistants within the FOP.
- After each attempt the coach may move to and speak to the athlete until the next attempt is announced. The coach must then return to the designated location within the FOP and can only talk to the athlete after they have completed their next attempt. The coach must be silent throughout the attempt.
- Once an athlete has completed all their attempts, coaches who are not the assistant will return to the designated coach's seating and assistants will return to their designated seating within the FOP.
- The next athletes coach will be escorted onto the FOP if applicable.



This process will be repeated for all athletes until the event is complete.

24 Concussion in Sport

Australian Athletics is a signatory to and follows the Concussion Guidelines available at <https://www.ausport.gov.au/concussion>.

25 Post Event Procedures

At the conclusion of each event (including field events, heats, and semi-finals) athletes must report immediately to Post Event Control located near the finish line end of the track. Doping control may be conducted. If athletes have other events or duties (such as interviews or presentations) they should sign the acknowledgement and ask the chaperone to wait.

26 Medal Presentations

After the championship finals, medal presentations will be made as soon as possible after the event. All placegetters are asked to assist with this procedure by going with an official at the completion of the event. Each athlete must wear either their competition singlet or tracksuit top for the presentation.

All medals, including para, (gold, silver, bronze) will only be awarded if three (3) or more athletes/teams participate in the event. Where two athletes/teams participate then only the gold medal will be awarded. There will be no medal awarded where only one athlete participates.

For Underage Para the results from Ambulant, Wheelchair/Seated and Frame Running will be combined to produce a final result.

27 Team Competition

There will be two overall State v State competitions: Overall (all States) and “Small State” (this will exclude NSW, QLD and VIC)

Point Scoring: Points will be awarded based on finishing position and allocated as follows;

- 1st= 9 points
- 2nd= 8 points
- 3rd= 7 points
- 4th= 6 points
- 5th= 5 points
- 6th= 4 points
- 7th= 3 points
- 8th= 2 point
- 9th = 1 point

Only one athlete per state will score points. This athlete will automatically be determined as the first finisher from the state. All other competitors will be non-scoring. If a state is not represented in a final, performances from heats will be used to determine the allocation of points.



28 Protests & Appeals

These must be lodged initially with the relevant Referee as per World Athletics Rules (WA TR8).

Appeals to the Referee Review Panel can be made after a Protest to the Referee is dismissed, are to be made in writing on the appropriate form and lodged with the \$50 fee. Appeals may be lodged by either the athlete or athlete's representative (usually the Team Manager) and are to be lodged in the TIC.

The Referee Review Panel (replacing the Jury of Appeal) will operate as below:

A Referee's Decision Review Panel comprising two (2) persons, shall hear any appeal made in accordance with the applicable World Athletics Rules. For the avoidance of doubt, this Panel will act in place of the Jury of Appeal and no Jury of Appeal shall be appointed for these competitions. Two panel members shall hear any appeal. Panel members will be nominated by the Technical Delegate(s) (or the Competition Director if Delegate(s) are unavailable) from amongst the other referees appointed for the competition, provided that any such person is not involved in the matter which is the subject of the appeal.

The Referee's Decision Review Panel shall discharge its duties in accordance with the World Athletics Rules applicable to Juries of Appeal and any variations prescribed by or arising from these General Rules. A member of the Referee's Decision Review Panel shall make a report to the Competition Director detailing any appeals heard and the decisions made.

If at least one Member of the Panel agrees with the original decision of the Referee, such decision shall prevail. If both members disagree, they shall make a decision which shall be substituted for the original decision. Alternatively, the Panel may request the Referee to make a new decision with which they agree.

For out of stadia championships, trials or World Ranking Competition or World Athletics Label Race conducted under the direct jurisdiction of Australian Athletics, where no other referees have been appointed, no appeal shall be allowed, and the decision of the Referee shall prevail. In accordance with World Athletics Rules, where new evidence becomes available such Referee shall fully review their original decision.

Eligibility protests under World Athletics Technical Rule 8.1 shall be dealt with by the Technical Delegate(s). Any appeal shall be dealt with by the relevant governing body – for national events, Australian Athletics and for events below national level, by the relevant Member Association under whose jurisdiction the event is being conducted.



29 Appendices – Competition Specific Information

29.1 Appendix 1 - Permitted Spikes

In Perth only Christmas Tree or Pyramid spikes are permitted. Needle spikes are banned and are not used under any circumstances. These will be checked in the Call Room. Spike length is a maximum of 7mm for track and 9mm for Javelin and Jumps.

Spikes guidelines

The only spikes permitted for use on the track are the Christmas tree and Pyramid shape variety as pictured below. The composition of the spike, i.e. ceramic or metal, is irrelevant and will not be monitored. Track spikes must not exceed 7mm. Field spikes must not exceed 9mm except for javelin & high jump which must not exceed 11mm. Blanks are permitted.

Permitted				Not-permitted	
					
Steel or Ceramic Christmas Tree	Steel or Ceramic Half Christmas Tree	Steel or Ceramic Pyramid	Steel or Ceramic Blanks	Needle & 15mm	

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29.2 Appendix 2 - Starting heights & progressions in high jump and pole vault

Pole Vault - Girls	
Under 14	1.70m, 1.90m, 2.10m, 2.30m, 2.45m, 2.60m, 2.75m, 2.90m, 3.00m, 3.10m
Under 15	1.70m, 1.90m, 2.10m, 2.25m, 2.40m, 2.55m, 2.65m, 2.75m
Under 16	1.70m, 1.90m, 2.10m, 2.25m, 2.40m, 2.55m, 2.65m, 2.75m
Under 17	2.00m, 2.20m, 2.40m, 2.60m, 2.75m, 2.90m, 3.05m, 3.20m, 3.35m, 3.45m
Under 18	2.00m, 2.20m, 2.40m, 2.60m, 2.75m, 2.90m, 3.05m, 3.20m, 3.35m, 3.45m

Pole Vault – Boys	
Under 14	1.70m, 1.90m, 2.10m, 2.30m, 2.45m, 2.60m, 2.75m, 2.90m, 3.00m, 3.10m
Under 15	1.80m, 2.00m, 2.20m, 2.40m, 2.55m, 2.70m, 2.85m, 3.00m, 3.10m
Under 16	1.80m, 2.00m, 2.20m, 2.40m, 2.55m, 2.70m, 2.85m, 3.00m, 3.10m
Under 17	2.60m, 2.80m, 3.00m, 3.20m, 3.40m, 3.55m, 3.70m, 3.85m, 4.00m, 4.15m, 4.25m
Under 18	2.60m, 2.80m, 3.00m, 3.20m, 3.40m, 3.55m, 3.70m, 3.85m, 4.00m, 4.15m, 4.25m

High Jump - Girls	
Under 14	1.25m, 1.30m, 1.35m, 1.40m, 1.45m, 1.49m, 1.52m, 1.55m, 1.58m, 1.60m
Under 15	1.35m, 1.40m, 1.45m, 1.50m, 1.54m, 1.58m, 1.61m, 1.64m, 1.66m
Under 16	1.40m, 1.45m, 1.50m, 1.55m, 1.59m, 1.63m, 1.66m, 1.69m, 1.71m
Under 17	1.45m, 1.50m, 1.55m, 1.60m, 1.64m, 1.68m, 1.71m, 1.74m, 1.76m
Under 18	1.50m, 1.55m, 1.60m, 1.64m, 1.68m, 1.71m, 1.74m, 1.77m, 1.79m

High Jump – Boys	
Under 14	1.35m, 1.40m, 1.45m, 1.50m, 1.55m, 1.59m, 1.63m, 1.67m, 1.71m, 1.74m, 1.76m
Under 15	1.45m, 1.50m, 1.55m, 1.60m, 1.65m, 1.70m, 1.74m, 1.78m, 1.81m, 1.84m, 1.86m
Under 16	1.50m, 1.55m, 1.60m, 1.65m, 1.70m, 1.75m, 1.79m, 1.83m, 1.86m, 1.89m, 1.91m
Under 17	1.55m, 1.60m, 1.65m, 1.70m, 1.75m, 1.80m, 1.84m, 1.88m, 1.91m, 1.94m, 1.96m
Under 18	1.60m, 1.65m, 1.70m, 1.75m, 1.80m, 1.85m, 1.89m, 1.93m, 1.96m, 1.99m, 2.01m



29.3 Appendix – Venue Locations

