

2026 Australian Athletics Championships (103rd Staging)

Venue - Sydney Olympic Park Athletic Centre, Homebush

Dates - 9 to 12 April 2026

The entries column now indicates the entry in 2026

Bold will indicate a change of time or event status since the original TT publication

Strikeout will indicate the event is cancelled OR a round is not required

* next to an event indicates round will be deleted if entry numbers require one less round

Day 1	Thursday 9 April	Age Group	Entries	Races/ Pools	Round	Specification	Event Site
10.45am	100m Hurdles	Open Women	27	3	Heptathlon	0.838m	
10.45am	Hammer	Open Women	27	1	Qualification	4.00kg	Southern D
11.00am	Shot Put (Seated)	Open Men	2	Combined Conduct	Final		Southern D
11.00am	Shot Put (Seated)	Open Women	4		Final		Southern D
11.05am	100m	Open Men	13	2	Decathlon		
11.15am	100m	U20 Men	18	2	Decathlon		
11.15am	High Jump	Open Men	14	2	Qualification		
11.45am	High Jump	Open Women	27	2	Heptathlon		Northern D
12.00pm	Long Jump	Open Men	13	1	Decathlon		Front Straight
12.00pm	Long Jump	U20 Men	18	1	Decathlon		Back Straight
12.30pm	Discus	Open Men	21	1	Qualification	2.00kg	Southern D
12.45pm	100m Hurdles	U20 Women	17	2	Heptathlon	0.838m	
1.00pm	1500m	Open Women	45	3	1st Round		
1.15pm	Shot Put	Open Men	13	1	Decathlon	7.26kg	Southern D
1.15pm	Shot Put	U20 Men	18	1	Decathlon	6.00kg	Northern D
1.30pm	1500m	Open Men	61	4	1st Round		
1.45pm	High Jump	U20 Women	17	1	Heptathlon		Northern D
2.00pm	Discus (Ambulant)	Open Women	8	1	Final		Southern D
2.00pm	400m	Open Men	52-15=37	4	Preliminary Qualification	Athletes Seeded lower than 15th	
2.20pm	400m	Open Women	37-15=22	3	Preliminary Qualification	Athletes Seeded lower than 15th	
2.30pm	Pole Vault	Open Women	14	1	Qualification		
2.30pm	Triple Jump	Open Women	19	2	Qualification		Front/Back Straight
3.00pm	Shot Put	Open Women	27	2	Heptathlon	4.00kg	Southern/Northern D
3.30pm	Discus (Ambulant)	Open Men	12	1	Final		Southern D
4.00pm	High Jump	Open Men	13	Combined Conduct - 2 Pits	Decathlon		Northern D
4.00pm	High Jump	U20 Men	18		Decathlon		
4.00pm	Triple Jump	Open Men	18	1	Qualification		Front Straight
4.15pm	Shot Put	U20 Women	17	1	Heptathlon	4.00kg	Northern D

5.00pm	Javelin	Open Women	19	1	Qualification	600g	Southern D
5.30pm	Long Jump (Ambulant)	Open Men	18	2	Final		Front/Back Straight
5.30pm	4x100m Relay	Mixed		1	Final		
5.40pm	200m	Open Women	27	3	Heptathlon		
5.55pm	200m	U20 Women	17	2	Heptathlon		
6.10pm	400m (Ambulant)	Open Men	11	2	Timed Finals		
6.20pm	400m (Ambulant)	Open Women	12	2	Timed Finals		
6.30pm	400m	U20 Men	18	3	Decathlon		
6.40pm	400m	Open Men	13	2	Decathlon		

Day 2	Friday 10 April	Age Group			Round	Specification	Event Site
9.30am	Hammer	Open Men	16	1	Qualification	7.26kg	Southern D
9.30am	Javelin / Club (Seated)	Open Women	4	1	Final		Northern D
9.30am	Javelin / Club (Seated)	Open Men	3	1	Final		Northern D
9.55am	110m Hurdles	U20 Men	18	2	Decathlon	0.991m	
10.00am	Long Jump	Open Women	27	2	Heptathlon		Front/Back Straight
10.10am	110m Hurdles	Open Men	13	2	Decathlon	1.067m	
11.00am	Discus	Open Men	13	1	Decathlon	2.00kg	Southern D
11.00am	Discus	U20 Men	18	1	Decathlon	1.75kg	WUT
11.30am	Long Jump	U20 Women	17	1	Heptathlon		Front/Back Straight
12.30pm	Javelin	Open Women	27	2	Heptathlon	600g	Southern D
12.45pm	Discus	Open Women	16	1	Qualification	1.00kg	WUT
1.30pm	Pole Vault	Open Men	13	Combined Conduct - 2 Pits	Decathlon		Northern D
1.30pm	Pole Vault	U20 Men	18		Decathlon		
1.30pm	Long Jump	Open Women	23	2	Qualification		Front Straight
2.15pm	Javelin	U20 Women	17	1	Heptathlon		WUT - Northern End
2.30pm	Javelin	Open Men	26	1 or 2	Qualification	800g	Southern D
3.00pm	Long Jump	Open Men	22	2	Qualification		Front/Back Straight
3.30pm	High Jump	Open Women	10		Qualification		
3.35pm	400m Hurdles*	Open Men	25		Preliminary Qualification	0.914m	
3.50pm	400m Hurdles*	Open Women	27		Preliminary Qualification	0.762m	
3.50pm	100m	Open Men	105-24=81	8 or 9	Preliminary Qualification	Athletes Seeded lower than 24th	
4.30pm	Javelin	Open/U20 Men	13+18	COMBx2	Decathlon Group A	800g	Southern D (or WUT)
4.35pm	100m	Open Women	86-24=62	7	Preliminary Qualification	Athletes Seeded lower than 24th	
5.00pm	Pole Vault	Open Men	23	2	Qualification		Northern D - 2 pits
5.10pm	1500m (Ambulant)	Open Women	4	1	Final		
5.20pm	100m (Wheelchair)	Open Women	5	1	Final		
5.30pm	100m (Wheelchair)	Open Men	7	1	Final		
5.30pm	Javelin	Open/U20 Men	13+18	COMBx2	Decathlon Group B	800g	Southern D
5.45pm	400m	Open Men	27	3	1st Round		
6.05pm	400m	Open Women	27	3	1st Round		
6.20pm	800m	Open Women	40-15=25	3	Preliminary Qualification		
6.35pm	800m	Open Men	59-15=44	5	Preliminary Qualification		
6.55pm	800m	U20 Women	17	1	Heptathlon		
7.00pm	Long Jump (Ambulant)	Open Women	16	1	Final		Back Straight
7.00pm	Hammer	Open Women	10	1	Final	4.00kg	Southern D
7.05pm	800m	Open Women	27	2	Heptathlon		

7.10pm	Triple Jump	Open Women	10	1	Final		Front Straight
7.15pm	100m	Open Men	24+21	5	1st Round	5 heats of 9 - 24 seeds + 21 from PQR	
7.40pm	100m	Open Women	24+21	5	1st Round	5 heats of 9 - 24 seeds + 21 from PQR	
8.07pm	1500m (Ambulant)	Open Men	10	1	Final		
8.19pm	1500m	Open Women	12	1	Final		
8.29pm	400m (Wheelchair)	Open Women	8	1	Final		
8.36pm	400m (Wheelchair)	Open Men	6	1	Final		
8.45pm	1500m	Open Men	12	1	Final		
8.55pm	1500m	Open Men	13	1	Decathlon		
9.05pm	1500m	U20 Men	18	1	Decathlon		

Day 3	Saturday 11 April	Age Group			Round	Specification	Event Site
12.00pm	Shot Put	Open Women	16	1	Qualification	4.00kg	Southern D
1.30pm	Shot Put	Open Men	22	1	Qualification	7.26kg	Southern D
1.30pm	Javelin (Ambulant)	Open Women	4	1	Final		Northern D
2.15pm	Javelin (Ambulant)	Open Men	11	1	Final	600g	Northern D
2.45pm	Discus (Seated)	Open Men	1	1	Final		
4.00pm	Discus (Seated)	Open Women	0	1	Final		
4.15pm	Hammer	Open Men	10	1	Final	7.26kg	Southern D
4.25pm	100m (Ambulant)	Open Women	31	3 or 4	1st Round		
4.55pm	100m (Ambulant)	Open Men	42	4 or 5	1st Round		
4.55pm	5000m	Open Men	31	1	Final - 2		
5.25pm	200m (Wheelchair)	Open Women	3	1	Final		
5.27pm	200m (Wheelchair)	Open Men	1	1	Final		
5.35pm	800m (Ambulant)	Open Men	6	1	Final		
5.42pm	800m (Ambulant)	Open Women	4	1	Final		
5.50pm	400m Hurdles	Open Men	25	3	1st Round	0.914m	
6.00pm	Shot Put (Ambulant)	Open Men	12	1	Final		Southern D
6.10pm	400m Hurdles	Open Women	27	3	1st Round	0.762m	
6.15pm	Discus	Open Men	10	1	Final	2.00kg	Southern D
6.30pm	Pole Vault	Open Women	14	1	Final		Northern D
6.30pm	800m (Wheelchair)	Open Women	5	1	Final		
6.37pm	800m (Wheelchair)	Open Men	6	1	Final		
6.40pm	High Jump	Open Men	14	1	Final		Southern D
6.45pm	100m (Ambulant)	Open Women	9	1	Final		
6.52pm	100m (Ambulant)	Open Men	9	1	Final		
7.05pm	100m	Open Women	24	3	Semi Finals		
7.15pm	Triple Jump	Open Men	10	1	Final		Front Straight
7.20pm	100m	Open Men	24	3	Semi Finals		
7.30pm	Shot Put	Open Women	10	1	Final	4.00kg	Northern D (NE Circle)
7.35pm	800m	Open Women	24	3	1st Round		
7.45pm	Javelin	Open Women	10	1	Final	600g	Southern D
7.47pm	800m	Open Men	24	3	1st Round		
8.00pm	400m	Open Women	9	1	Final		
8.07pm	400m	Open Men	9	1	Final		
8.15pm	3000m Steeplechase	Open Women	17	1	Final		
8.30pm	100m	Open Women	9	1	Final		
8.37pm	100m	Open Men	9	1	Final		

8.45pm	5000m	Open Men	31	1	Final		
9.05pm	200m	Open Men	64-14=50	5 or 6	Preliminary Qualification	See Technical Regulation 14.2	
9.40pm	200m	Open Women	67-14=53	6	Preliminary Qualification	See Technical Regulation 14.2	

Day 4	Sunday 12 April	Age Group			Round	Specification	Event Site
9.50am	200m (Ambulant)	Open Women	25	3	1st Round		
10.10am	200m (Ambulant)	Open Men	31	4	1st Round		
10.30am	Discus	Open Women	10	1	Final	1.00kg	Southern D
10.35am	100m Hurdles	Open Women	36	4	1st Round	0.838m	
10.50am	Long Jump	Open Women	10	1	Final		Front Straight
11.00am	Shot Put (Ambulant)	Open Women	9	1	Final		Southern D
11.00am	110m Hurdles	Open Men	27	3	1st Round	1.067m	
11.20am	200m	Open Women	27	3	1st Round	3 heats of 9 - 14 seeds + 13 from PQR	
11.30am	Pole Vault	Open Men	10	1	Final		Northern D
11.35am	200m	Open Men	27	3	1st Round	3 heats of 9 - 14 seeds + 13 from PQR	
12.05pm	3000m Steeplechase	Open Men	16	1	Final		
12.15pm	High Jump	Open Women	10	1	Final		Southern D
12.20pm	Long Jump	Open Men	10	1	Final		Front Straight
12.20pm	200m (Ambulant)	Open Women	9	1	Final		
12.27pm	200m (Ambulant)	Open Men	9	1	Final		
12.30pm	Shot Put	Open Men	10	1	Final	7.26kg	tbd
12.30pm	Javelin	Open Men	10	1	Final	800g	Southern D
12.37pm	110m Hurdles	Open Men	9	1	Final	1.067m	
12.47pm	100m Hurdles	Open Women	9	1	Final	0.838m	
12.55pm	800m	Open Women	9	1	Final		
1.03pm	800m	Open Men	9	1	Final		
1.13pm	400m Hurdles	Open Women	9	1	Final	0.762m	
1.22pm	400m Hurdles	Open Men	9	1	Final	0.914m	
1.28pm	5000m	Open Women	26	1	Final		
1.48pm	200m	Open Women	9	1	Final		
1.55pm	200m	Open Men	9	1	Final		
2.05pm	4x400m Relay	Open Mixed		1	Final		