



2026 AUSTRALIAN JUNIOR RACE WALKING CHAMPIONSHIPS

23 August 2026

Victoria Park, Ballarat, Victoria

TECHNICAL REGULATIONS

Australian Athletics welcomes all participants in the 2026 Australian Athletics Junior Race Walking Championships. It is important that all participating athletes and where relevant coaches/support personnel take the time to read and adhere to the rules and regulations below, to allow smooth conduct of the Championships.

These Championships will be conducted according to the rules of World Athletics and Australian Athletics.

1 Timetable Changes

The timetable and any changes in the timetable or these regulations are available on the Australian Athletics website.

2 Uniforms

Athletes may wear their approved Member Association uniform or the uniform of their First Claim Club.

Particular attention is drawn to the Nike Pro and similar instances with other manufacturers, where oversize branding around the top bands of lower body garments is prevalent. Athletes will not be permitted to compete in those items which do not comply with the advertising regulations. Taping or the turning down of such non-compliant items will not be allowed. To avoid stress on arrival at the Call Room athletes are asked to ensure that they are not wearing these garments for on-field warm-up or competition purposes.

All uniforms must comply with the Australian Athletics [advertising regulations for uniforms are available online](#).

3 Accreditation

There will be no Accreditation procedures or cards for this competition.

4 Gate Entry

There is no gate charge or venue entry procedure for this competition.

5 Scratching from an event

Athletes who have entered for any event and subsequently decide to scratch are requested to advise the Australian Athletics Competitions Unit as soon as they are aware that they will not participate – competitions@athletics.org.au

Version of 29 April 2026



6 Athlete Check-In and Competition Bibs

Collection of the bibs is from the TIC. All athletes must report to the TIC immediately on arrival at the venue, this also serves as athlete check-in.

The competition bibs issued to athletes for the Championships must be worn on the front and back of their competition uniform firmly attached with no less than four (4) pins. The entire bib including sponsorship information must be always visible and no part of the bib shall be folded under the uniform.

AUSTRALIAN ATHLETICS WILL ENFORCE WORLD ATHLETICS RULE TR 5.9 & TR 5.11, WHICH RENDER AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY THE COMPETITION BIB.

7 Entries

The following Australian Championships events will be conducted:

Age Group	Distance	Age Restriction
Under 12	2km	athletes born in 2015 or 2016
Under 14	3km	athletes born in 2013 or 2014
Under 16	5km	athletes born in 2011 or 2012
Under 18	5km	athletes born in 2009 or 2010
Under 20	10km	athletes born in 2007, 2008, 2009, 2010

Athletes may only compete in their own age group according to the YOB above (except obviously Under 20).

In order to enter and compete in the above events athletes must be currently registered with an AA Member Association or Member Federation affiliated with (and not currently suspended by) World Athletics.

8 Shoes

Athletes competing in the Under 20 and Open events must adhere to World Athletics shoe regulations. Show checker is at <https://certcheck.worldathletics.org/>

No physical shoe declaration is required. Shoes may be spot checked in the Call Room and the Referee may check shoes at the end of the race



9 Call Room Procedures

There will be a call room/marshalling area in operation. All athletes are required to report to the Call Room before 15 minutes prior to their event (after having checked-in and collected their bib)

The call room will be adjacent to the TIC.

In the Call Room, athletes will be expected to demonstrate that their competition uniform and bibs, shoes and other equipment comply with the competition rules. Athletes will leave the Call Room ready to compete.

In exceptional circumstances competition management may allow athletes to take warm clothing to the start line. If this is allowed, it will be advised at the Call Room and the athletes will be responsible for retrieving their own clothing from the start line or passing it to a support person.

Athletes will proceed to the start of their event from the Call Room accompanied by a Call Room Judge or Starter's Assistant. Athletes who proceed to the event not accompanied by a judge or an official may not be allowed to start.

10 Warm-up

Warm-up may be conducted on the course prior to the start of the first race. Thereafter no warm-up is permitted on the course and must be undertaken on adjacent areas.

11 Refreshment Station

A drink station (with water) will be provided for all athletes. Personal refreshment tables will be provided.

12 Penalty Zone

The Penalty Zone will be in place for the 5km and 10km events.

13 Post Event Procedures

The post event control area will be closed to non-athletes to facilitate medal ceremonies. All athletes must go to the post event control area.



14 Medal Presentations

Medal presentations will be made as soon as possible after each event. All placegetters are asked to assist with this procedure by going with an official at the completion of the event. Each athlete must wear either their competition singlet or tracksuit top for the presentation.

All medals (gold, silver, bronze) will only be awarded if three (3) or more athletes participate in the event. Where two athletes participate then only the gold medal will be awarded. There will be no medal awarded where only one athlete participates.

15 Protests & Appeals

These must be lodged initially with the relevant Referee as per World Athletics Rules (WA TR8).

Appeals to the Jury can be made after a Protest to the Referee is dismissed, are to be made in writing on the appropriate form and lodged with the \$50 fee. Appeals may be lodged by either the athlete or athlete's representative (usually the Team Manager) and are to be lodged in the TIC.