

UniSport Nationals Athletics - 2026 FINAL Timetable as at 10 April 2026

Please note timetable is subject to change depending on entry/confirmation numbers. [Numbers currently shown are 2026]
* Para sprint events to be stand alone if that is preferred by athletes. To be surveyed after entries close for preference.

Wednesday 22 April 2026

WEDNESDAY TRACK					WEDNESDAY FIELD				
Time	Age Group	Entry No	Event	Round	Time	Age Group	Entry No	Event	Round
3:30 PM	Open Men <i>Open Para Men*</i>	75 1	100m 100m	Heats (8) Final	3:00 PM	Open Women	17	Pole Vault	Final
4:10 PM	Open Women	50	100m	Heats (6)	4:00 PM	Open Men	11	Triple Jump	Final
4:40 PM	Open Men	36	400m	Heats (5)	4:20 PM	Open Men	7	Hammer	Final
5:10 PM	Open Women	32	400m	Heats (4)	5:30 PM	Open Women	15	Hammer	Final
5:35 PM	Open Men	35	1500m	Finals (2)	6:00 PM	Open Women	15	Triple Jump	Final
5:55 PM	Open Women	35	1500m	Finals (2)	6:00 PM	Open Men	10	Pole Vault	Final
6:15 PM	Open Para Women	1	1500m	Final					
6:25 PM	Open Women	24	100m	Semi Finals (3)					
6:40 PM	Open Men	24	100m	Semi Finals (3)					
6:55 PM	Open Women	8	10,000m	Final					
6:55 PM	Open Men	15	10,000m	Final					
7:35 PM	Mixed	9+	4x400m relay	Finals (2)					

Thursday 23 April 2026

THURSDAY TRACK					THURSDAY FIELD				
Time	Age Group	Entry No	Event	Round	Time	Age Group	Entry No	Event	Round
2:30 PM	Open Women	8	100m	Final	1:30 PM	Open Women	32	Long Jump	Qualifying
2:40 PM	Open Men	8	100m	Final	2:00 PM	Open Men	19	High Jump - Pit 1	Final
2:50 PM	Open Men	9	3000m Steeple	Final	2:10 PM	Open Men	19	Discus	Final
3:10 PM	Open Women	9	3000m Steeple	Final					
3:30 PM	Open Women	8	400m	Final	3:30 PM	Open Men	24	Long Jump	Qualifying
3:40 PM	Open Men	8	400m	Final	4:10 PM	Open Women	14	High Jump - Pit 2	Final
3:55 PM	Open Men	16	110m Hurdles	Finals (2)	4:20 PM	Open Women	22	Discus	Final
4:10 PM	Open Women	22	100m Hurdles	Finals (3)					
4:30 PM	Open Men	10	5000m Walk	Final					
4:30 PM	Open Women	7	5000m Walk	Final					
5:10 PM	Open Para Women	3	200m	Final					
5:15 PM	Open Women	53	200m	Heats (8)					
5:40 PM	Open Men	63	200m	Heats (9)					
	<i>Open Para Men*</i>	1	200m	Final					
6:15 PM	Open Women	31	800m	Heats (3)					
	Open Para Women	1	800m	Final					
6:35 PM	Open Men	42	800m	Heats (4)					

Friday 24 April 2026

FRIDAY TRACK					FRIDAY FIELD				
Time	Age Group	Entry No	Event	Round	Time	Age Group	Entry No	Event	Round
10:00 AM	Open Women	19	400m Hurdles	Finals (3)	9:00 AM	Open Women	15+2	Shot Put	Final
10:15 AM	Open Men	6	400m Hurdles	Final	9:00 AM	Open Men	16	Javelin	Final
10:40 AM	Open Women	9+	4 x 100m Relay	Finals (2)	9:40 AM	Open Women	10	Long Jump	Final
10:50 AM	Open Men	9+	4 x 100m Relay	Finals (2)					
11:05 AM	Open Women	8	800m	Final	10:30 AM	Open Men	12	Shot Put	Final
11:12 AM	Open Men	8	800m	Final	10:30 AM	Open Women	24+1	Javelin	Final
11:25 AM	Open Women	8	200m	Final	11:10 AM	Open Men	10	Long Jump	Final
11:32 AM	Open Men	8	200m	Final					
11:40 AM	Open Women	25	5000m	Final					
12:05 PM	Open Men	33	5000m	Final					
12:30 PM	Open Women	9+	4 x 400m	Finals (2)					
12:40 PM	Open Men	9+	4 x 400m	Finals (2)					
1:00 PM	Final presentations - Overall Champion University Awards								

