

AUSTRALIAN ATHLETICS
AUSTRALIAN RECORDS as at 28 April 2026

EVENT	PERF.	WIND	NAME	STATE	D.O.B.	VENUE	DATE
MEN							
60 METRES							
Australian Allcomers	6.43	+1.6	Lachlan Kennedy	QLD	4 Nov 2003	Canberra	25 Jan 2025
Australian	6.43	+1.6	Lachlan Kennedy	QLD	4 Nov 2003	Canberra	25 Jan 2025
100 METRES							
Australian Allcomers	9.87	-0.1	Maurice Greene	USA	23 Jul 1974	Sydney	23 Sep 2000
Australian	9.93	+1.8	Patrick Johnson	ACT	26 Sep 1972	Mita, JPN	5 May 2003
Australian Under 20	10.00	+0.9	Gout Gout	QLD	29 Dec 2007	Brisbane	21 Feb 2026
Australian Under 18	10.17	+0.9	Gout Gout	QLD	29 Dec 2007	Brisbane	6 Dec 2024
Australian Under 16	10.57	+1.4	Gout Gout	QLD	29 Dec 2007	Brisbane	12 Nov 2022
200 METRES							
Australian Allcomers	19.67	+1.7	Gout Gout	QLD	29 Dec 2007	Sydney	12 Apr 2026
Australian	19.67	+1.7	Gout Gout	QLD	29 Dec 2007	Sydney	12 Apr 2026
Australian Short Track	20.71		Damien Marsh	QLD	28 Mar 1971	Toronto, CAN (i)	12 Mar 1993
Australian Under 20	20.02	+0.0	Gout Gout	QLD	29 Dec 2007	Ostrava CZE	24 Jun 2025
Australian Under 18	20.04	+1.5	Gout Gout	QLD	29 Dec 2007	Brisbane	7 Dec 2024
Australian Under 16	21.14	-0.1	Gout Gout	NSW	29 Dec 2007	Adelaide	9 Dec 2022
400 METRES							
Australian Allcomers	43.84		Michael Johnson	USA	13 Sep 1967	Sydney	25 Sep 2000
Australian	44.38		Darren Clark	NSW	6 Sep 1965	Seoul, KOR	26 Sep 1988
Australian Short Track	45.44		Steven Solomon	NSW	16 May 1993	Clemson, USA (i)	23 Feb 2018
Australian Under 20	44.75		Darren Clark	NSW	6 Sep 1965	Los Angeles, USA	8 Aug 1984
Australian Under 18	45.64		Terrell Thorne	QLD	5 May 2007	Brisbane	8 Dec 2024
Australian Under 16	47.94		Seth Kennedy	QLD	19 Feb 2008	Brisbane	16 Dec 2023
800 METRES							
Australian Allcomers	1:43.15		David Rudisha	KEN	17 Dec 1988	Melbourne	4 Mar 2010
Australian	1:42.55		Peter Bol	WA	22 Feb 1994	Monaco, MON	11 Jul 2025
Australian Short Track	1:45.14		Peter Bol	WA	22 Feb 1994	Torun, POL (i)	22 Mar 2026
Australian Under 20	1:44.11		Peyton Craig	QLD	28 Mar 2005	Paris, FRA	9 Aug 2024
Australian Under 18	1:47.24		Paul Byrne	VIC	29 Jan 1976	Canberra	11 Dec 1993
Australian Under 16	1:49.64		Tate van Camp	QLD	8 Jan 2010	Brisbane	22 Nov 2025
1000 METRES							
Australian Allcomers	2:16.29		Peter Bol	WA	22 Feb 1994	Melbourne	6 Mar 2025
Australian	2:16.09		Jeffrey Riseley	VIC	11 Nov 1986	Ostrava, CZE	17 Jun 2014
Australian Short Track	2:16.95		Jack Anstey	QLD	8 Apr 1997	Boston, USA (i)	10 Feb 2024
Australian Under 20	2:17.44		Cameron Myers	ACT	9 Jun 2006	Hengelo, NED	7 Jul 2024
Australian Under 18	2:23.1		Michael Power	VIC	9 May 1976	Melbourne	7 Jan 1993
Australian Under 16	2:25.70		Hayden Todd	ACT	29 Jun 2005	Canberra	24 Oct 2020
1500 METRES							
Australian Allcomers	3:30.42		Cameron Myers	ACT	9 Jun 2006	Melbourne	28 Mar 2026
Australian	3:29.41		Oliver Hoare	NSW	29 Jan 1997	Osto, NOR	15 Jun 2023
Australian Short Track	3:32.35		Oliver Hoare	NSW	29 Jan 1997	New York, USA (i)	13 Feb 2021
Australian Under 20	3:29.80		Cameron Myers	ACT	9 Jun 2006	Ostrava CZE	24 Jun 2025
Australian Under 18	3:33.26		Cameron Myers	ACT	9 Jun 2006	Chorzow, POL	16 Jul 2023
Australian Under 16	3:49.74		Daniel Williams	NSW	3 Aug 2007	Sydney	22 Dec 2022
1 MILE (= 1609.33 METRES)							
Australian Allcomers	3:50.61		Stewart McSweyn	TAS	1 Jun 1995	Penguin	29 Dec 2020
Australian	3:47.48		Oliver Hoare	NSW	29 Jan 1997	Osto, NOR	16 Jun 2022
Australian	3:47.48		Cameron Myers	ACT	9 Jun 2006	New York, USA (i)	8 Feb 2025
Australian Short Track	3:47.48		Cameron Myers	ACT	9 Jun 2006	New York, USA (i)	8 Feb 2025
Australian Under 20	3:47.48		Cameron Myers	ACT	9 Jun 2006	New York, USA (i)	8 Feb 2025
2000 METRES							
Australian Allcomers	4:50.76		Craig Mottram	VIC	18 Jun 1980	Melbourne	9 Mar 2006
Australian	4:48.77		Stewart McSweyn	TAS	1 Jun 1995	Brussels, BEL	8 Sep 2023
3000 METRES							
Australian Allcomers	7:39.22		Luke Kipkosgei	KEN	27 Nov 1975	Sydney	20 Feb 1999
Australian	7:27.57		Cameron Myers	TAS	9 Jun 2006	Boston, USA (i)	24 Jan 2026
Australian Short Track	7:27.57		Cameron Myers	QLD	9 Jun 2006	Boston, USA (i)	24 Jan 2026
Australian Under 20	7:33.12		Cameron Myers	ACT	9 Jun 2006	Boston, USA (i)	2 Feb 2025
Australian Under 18	7:52.06		Cameron Myers	NSW	9 Jun 2006	Sydney	11 Mar 2023
Australian Under 16	8:15.99		Evan Rowbotham	NSW	19 Jan 2010	Sydney	13 Dec 2025

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EVENT	PERF.	WIND	NAME	STATE	D.O.B.	VENUE	DATE
5000 METRES							
Australian Allcomers	12:56.41		Augustine Choge	KEN	21 Jan 1987	Melbourne (MCG)	20 Mar 2006
Australian	12:55.76		Craig Mottram	VIC	18 Jun 1980	London, GBR	30 Jul 2004
Australian Short Track	12:59.43		Jack Rayner	VIC	19 Dec 1995	Boston, USA (i)	21 Feb 2025
Australian Under 20	13:25.63		Mizan Mehari	ACT	25 Jan 1980	Hechtel, BEL	7 Aug 1999
Australian Under 18	14:06.76		Lucas Chis	Vic	21 Jun 2008	Melbourne	20 Nov 2025
10000 METRES							
Australian Allcomers	27:18.20		Haile Gebrselassie	ETH	18 Apr 1973	Sydney	25 Sep 2000
Australian	26:57.07		Ky Robinson	QLD	27 Feb 2002	San Juan Capistrano, USA	28 Mar 2026
Australian Under 20	28:50.4		Rob de Castella	VIC	27 Feb 1957	Melbourne	16 Dec 1976
1 HOUR TRACK							
Australian Allcomers	20,232.56m		Ron Clarke	VIC	21 Feb 1937	Geelong	27 Oct 1965
Australian	20,516m		Rob de Castella	VIC	27 Feb 1957	Rome, ITA	17 Apr 1982
60M HURDLES							
Australian	7.56		Chris Douglas	VIC	10 Feb 1997	Belgrade, SRB (i)	18 Mar 2022
100M HURDLES							
Aust Under 16 (.84m)	12.59	+2.0	Ken Ferrante Tanikawa	SA	18 Oct 2009	Brisbane	7 Dec 2024
110M HURDLES							
Australian Allcomers	13.00	+0.6	Anier Garcia	CUB	9 Mar 1976	Sydney	25 Sep 2000
Australian	13.29	+0.6	Kyle Vander-Kuyp	VIC	30 May 1971	Goteborg, SWE	11 Aug 1995
Aust Under 20 (1.067m)	13.76	nwi	Don Wright	QLD	26 Apr 1959	Pocatello, USA	19 May 1978
Aust Under 20 (0.99m)	13.27	-1.0	Nicholas Hough	NSW	20 Oct 1993	Barcelona, ESP	12 Jul 2012
Aust Under 18 (0.91m)	12.87	+1.6	Sasha Zhoya	WA	25 Jun 2002	Angers, FRA	5 Jul 2019
200M HURDLES (0.76m)							
Australian Allcomers	22.59	+0.2	Darryl Wohlsen	QLD	6 Mar 1973	Brisbane	14 Mar 1996
Australian	22.59	+0.2	Darryl Wohlsen	QLD	6 Mar 1973	Brisbane	14 Mar 1996
Australian Under 20	23.2h	nwi	Peter Balthes	QLD	17 Jun 1944	Brisbane	9 Feb 1963
Australian Under 16	23.93	+0.8	Cameron Badger	NSW	11 Jan 2009	Brisbane	6 Dec 2024
400M HURDLES							
Australian Allcomers	47.50		Angelo Taylor	USA	29 Dec 1978	Sydney	27 Sep 2000
Australian	48.28		Rohan Robinson	VIC	15 Nov 1971	Atlanta, USA	31 Jul 1996
Australian Under 20	49.73		Rohan Robinson	VIC	15 Nov 1971	Plovdiv, BUL	10 Aug 1990
Aust Under 18 (0.91m)	50.45		Simon Hollingsworth	TAS	9 May 1972	Sydney	2 Dec 1989
Aust Under 18 (0.84m)	51.62		Jack Love	QLD	24 Apr 2006	Brisbane	16 Apr 2023
2000M STEEPLECHASE							
Aust Under 18 (0.91m)	5:43.73		Aaron Hunt	NSW	10 Mar 1972	Sydney	5 Dec 1988
Aust Under 18 (0.84m)	5:43.73		<i>Standard to beat</i>				
Aust Under 16 (0.76m)	5:54.22		Patrick McMahon	NSW	25 Sep 2010	Perth	5 Apr 2025
3000M STEEPLECHASE							
Australian Allcomers	8:16.14		Brahim Boulami	MAR	20 Apr 1972	Melbourne	9 Sep 2001
Australian	8:13.15		Edward Trippas	NSW	22 Sep 1998	Lille, FRA	9 Aug 2025
Australian Under 20	8:32.01		Ky Robinson	QLD	27 Feb 2002	Eugene, USA	11 Jun 2021
3000m RACE WALK							
Australian Under 18	11:37.55		Bailey Housden	QLD	4 Oct 2007	Brisbane	9 Mar 2024
Australian Under 16	11:58.75		Callum Martin	NSW	24 Mar 2011	Sydney	24 Mar 2026
5000m RACE WALK							
Australian Short Track	18:52.20		David Smith	VIC	24 Jul 1955	Indianapolis, USA (i)	8 Mar 1987
Australian Under 20	19:23.96		Isaac Beacroft	NSW	18 Jul 2007	Sydney	14 Mar 2024
Australian Under 18	19:23.96		Isaac Beacroft	NSW	18 Jul 2007	Sydney	14 Mar 2024
10000m RACE WALK							
Australian Allcomers	38:02.68		Isaac Beacroft	NSW	18 Jul 2007	Sydney	11 Dec 2025
Australian	38:02.68		Isaac Beacroft	NSW	18 Jul 2007	Sydney	11 Dec 2025
Australian Under 20	38:02.68		Isaac Beacroft	NSW	18 Jul 2007	Sydney	11 Dec 2025
Australian Under 18	39:36.39		Isaac Beacroft	NSW	18 Jul 2007	Lima, PER	30 Aug 2024
20000m RACE WALK							
Australian Allcomers	1:19:48.1		Nathan Deakes	VIC	17 Aug 1977	Brisbane	4 Sep 2001
Australian	1:19:48.1		Nathan Deakes	VIC	17 Aug 1977	Brisbane	4 Sep 2001
Australian Under 20	1:36:39.7		Michael Harvey	VIC	5 Dec 1962	Melbourne	27 Jun 1981
30000m RACE WALK							
Australian Allcomers	2:14:22		Simon Baker	VIC	6 Feb 1958	Melbourne	9 Sep 1990
Australian	2:14:22		Simon Baker	VIC	6 Feb 1958	Melbourne	9 Sep 1990
50000m RACE WALK							
Australian Allcomers	3:43:50.0		Simon Baker	VIC	6 Feb 1958	Melbourne	9 Sep 1990
Australian	3:43:50.0		Simon Baker	VIC	6 Feb 1958	Melbourne	9 Sep 1990

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4 X 100M RELAY							
Australian Allcomers	37.61		USA - Drummond, Williams, Lewis, Greene			Sydney	30 Sep 2000
Australian	37.87		AUS - Kennedy, Azzopardi, Ius, Law			Sydney	15 Mar 2025
Aust State Team	39.06		NSW - Alozie, Ntiamoah, Hough, Geddes			Taipei City, TPE	27 May 2013
Australian Under 20	39.12		AUS - Newah-Jarfoi, Sultana, Hasley, Gout			Brisbane	24 Feb 2024
Australian Under 18	40.85		NSW - Pearce, Hammond, McRae, Fakiye			Canberra	4 Dec 2008
Australian Under 16	41.77		NSW - Benschler, Camps, Greene, Stephenson			Canberra	12 Mar 1988
4 X 200M RELAY							
Australian Allcomers	1:23.04		NSW - S.Vassella, Hollands, Capobianco, P.Vassella			Sydney	6 Dec 1998
Australian	1:23.04		NSW - S.Vassella, Hollands, Capobianco, P.Vassella			Sydney	6 Dec 1998
Australian Short Track	1:33.25		AUS-Farlow,Little,McMahon,Stone			Torun, POL (i)	30 Mar 2019
Aust State Team	1:23.04		NSW - S.Vassella, Hollands, Capobianco, P.Vassella			Sydney	6 Dec 1998
Australian Under 20	1:25.48		NSW - Champion, Kearney, Mace, Theodore			Sydney	4 Dec 1983
Australian Under 18	1:26.75		QLD - Wong, Easton, Lilley, Cox			Brisbane	4 Dec 2021
Australian Under 16	1:29.40		VIC - Tonkin, Remmers, Wroe, Littlejohn			Adelaide	9 Dec 2000
4 X 400M RELAY							
Australian Allcomers	2:58.68		NIG - Chukwa, Monye, Bada, Udo-Obong			Sydney	30 Sep 2000
Australian	2:59.70		AUS - Clark, Frayne, Minihan, Mitchell			Los Angeles, USA	11 Aug 1984
Australian Short Track	3:08.49		AUS-Garner,Green,Perry,Robinson			Seville, ESP (i)	10 Mar 1991
Australian State Team	3:02.1		VIC - Frayne, Minihan, Mitchell, Van Miltenburg			Melbourne	26 Feb 1984
Australian Under 20	3:04.74		AUS - McFarlane, Batman, Thom, Vincent			Annecy, FRA	2 Aug 1998
Australian Under 18	3:14.39		VIC - Klabbers, Longmuir, Nevin, Reed			Melbourne	30 Mar 1984
Australian Under 16	3:17.56		NSW - Dennis, Perry, Smart, Waters			Hobart	7 Mar 1986
4 X 800M RELAY							
Australian Allcomers	7:20.0		QLD - Crew, Goulding, Hawes, Hillardt			Brisbane	6 Mar 1982
Australian	7:11.48		AUS - Ralph, Gregson, Williamsz, West			Nassau, BAH	24 May 2014
Aust State Team	7:20.0		QLD - Crew, Goulding, Hawes, Hillardt			Brisbane	6 Mar 1982
Australian Under 20	7:39.5		NSW - Earl, Ozolins, Trinca, Wheeler			Sydney	29 Nov 1981
Australian Under 18	7:46.20		NSW - Andreatta, Fitzgerald, Bromley, Hall			Sydney	17 Dec 2000
Australian Under 16	8:00.50		USC-Newsham, Maher, Ackfield, Heffernan			Brisbane	15 Nov 2025
4 X 1500M RELAY							
Australian Allcomers	15:17.91		NSW - Farrelly, Hunt, Woods, Roff			Sydney	17 Nov 2007
Australian	14:46.04		AUS - Gregson, McEntee, Birmingham, Williamsz			Nassau, BAH	25 May 2014
Aust State Team	15:17.91		NSW - Farrelly, Hunt, Woods, Roff			Sydney	17 Nov 2007
Australian Under 20	15:45.09		VIC - Bowden, Gibbs, Sly, Unthank			Melbourne	28 Mar 1992
Australian Under 18	16:04.7		VIC - Ellis, Howley, McMahon, Millichamp			Melbourne	17 Dec 1989
Australian Under 16	16:38.42		USC-Newsham, Maher, Ackfield, Heffernan			Brisbane	16 Nov 2025
100M, 200M, 300M, 400M RELAY							
Australian Under 18	1:53.98		NSW - Browning, Wood, Shelley, Stenmark			Adelaide	7 Dec 2014
Australian Under 16	1:58.56		NSW - Ghisso, Cattana, Szymanski, Jeffreson			Perth	8 Dec 2019
HIGH JUMP							
Australian Allcomers	2.36		Tim Forsyth	VIC	17 Aug 1973	Melbourne	2 Mar 1997
Australian Allcomers	2.36		Konstantin Matusevich	ISR	25 Feb 1971	Perth	5 Feb 2000
Australian	2.36		Tim Forsyth	VIC	17 Aug 1973	Melbourne	2 Mar 1997
			Brandon Starc	NSW	24 Nov 1993	Eberstadt, GER	26 Aug 2018
Australian Under 20	2.34		Tim Forsyth	VIC	17 Aug 1973	Oslo, NOR	4 Jul 1992
Australian Under 18	2.29		Tim Forsyth	VIC	17 Aug 1973	Plovdiv, BUL	12 Aug 1990
Australian Under 16	2.14		David Hoyle	VIC	23 Dec 1963	Perth	15 Dec 1979
Australian Under 16	2.14		Mark Sills	QLD	24 Dec 1976	Perth	5 Dec 1992
POLE VAULT							
Australian Allcomers	6.00		Paul Burgess	WA	14 Aug 1979	Perth	26 Feb 2005
Australian	6.06		Steven Hooker	WA	16 Jul 1982	Boston, USA (i)	7 Feb 2009
Australian Under 20	5.70		Kurtis Marschall	SA	25 Apr 1997	Mannheim, GER	26 Jun 2016
Australian Under 18	5.56		Sasha Zhoya	WA	25 Jun 2002	Sydney	1 Apr 2019
Australian Under 16	4.92		Sasha Zhoya	WA	25 Jun 2002	Sydney	27 Mar 2017
LONG JUMP							
Australian Allcomers	8.55	+0.4	Ivan Pedroso	CUB	17 Dec 1972	Sydney	28 Sep 2000
Australian	8.54	+1.7	Mitchell Watt	QLD	25 Mar 1988	Stockholm, SWE	29 Jul 2011
Australian Under 20	8.12	+1.1	Christopher Noffke	QLD	6 Jan 1988	Nuoro, ITA	11 Jul 2007
Australian Under 18	8.01	+0.5	Darcy Roper	QLD	31 Mar 1998	Cali, COL	16 Jul 2015
Australian Under 16	7.38	+1.5	Christopher Noffke	QLD	6 Jan 1988	Brisbane	21 Nov 2003
TRIPLE JUMP							
Australian Allcomers	17.71	+0.2	Jonathan Edwards	GBR	10 May 1966	Sydney	25 Sep 2000
Australian	17.46	+1.7	Ken Lorraway	ACT	6 Feb 1956	London	7 Aug 1982
Australian Under 20	16.62	+1.5	Henry Frayne	VIC	14 Apr 1990	Belgrade, SRB	7 Jul 2009
Australian Under 18	15.84	+1.9	Dylan James	WA	1 Mar 2002	Perth	23 Nov 2019
Australian Under 16	14.79	+0.0	Daniel Okerenyang	NSW	23 Oct 2007	Adelaide	11 Dec 2022

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SHOT PUT						
Australian Allcomers	22.00	Ulf Timmermann	GDR	1 Nov 1962	Canberra	5 Oct 1985
Australian	21.35	Damien Birkinhead	VIC	8 Apr 1993	Zagreb, CRO	28 Aug 2017
Aust Under 20 (7.26kg)	19.23	Damien Birkinhead	VIC	8 Apr 1993	Geelong	27 Oct 2012
Aust Under 20 (6kg)	21.14	Damien Birkinhead	VIC	8 Apr 1993	Barcelona, ESP	11 Jul 2012
Aust Under 18 (5kg)	21.31	Damien Birkinhead	VIC	8 Apr 1993	Melbourne	7 Nov 2010
Aust Under 16 (4kg)	21.08	Amosia Soatini	NSW	30 Sep 1996	Sydney	11 Dec 2021
DISCUS THROW						
Australian Allcomers	69.35	Matthew Denny	QLD	2 Jun 1996	Adelaide	13 Apr 2024
Australian	74.78	Matthew Denny	QLD	2 Jun 1996	Oklahoma USA	11 Apr 2025
Aust Under 20 (2kg)	62.37	Matthew Denny	QLD	2 Jun 1996	St Polten, AUT	4 Jun 2015
Aust Under 20 (1.75kg)	66.81	Matthew Denny	QLD	2 Jun 1996	Brisbane	23 Nov 2014
Aust Under 18 (1.5kg)	68.44	Werner Reiterer	VIC	27 Jan 1968	Melbourne	2 Nov 1985
Aust Under 16 (1kg)	75.33	Timothy Driesen	VIC	27 Mar 1984	Sydney	10 Dec 1999
HAMMER THROW						
Australian Allcomers	82.94	Koji Murofushi	JPN	8 Oct 1974	Brisbane	7 Sep 2001
Australian	79.29	Stuart Rendell	ACT	30 Jun 1972	Varazdin, CRO	6 Jul 2002
Aust Under 20 (7.26kg)	70.52	Matthew Denny	QLD	2 Jun 1996	Halle, GER	17 May 2015
Aust Under 20 (6kg)	80.48	Matthew Denny	QLD	2 Jun 1996	Townsville	25 Sep 2015
Aust Under 18 (5kg)	81.44	Matthew Denny	QLD	2 Jun 1996	Brisbane	9 Jun 2013
Aust Under 16 (4kg)	75.17	Ned Weatherley	VIC	12 Jan 1998	Geelong	2 Nov 2013
JAVELIN THROW						
Australian Allcomers	90.17	Jan Zelezny	CZE	16 Jun 1966	Sydney	23 Sep 2000
Australian	89.02	Jarrod Bannister	QLD	15 Mar 1986	Brisbane	29 Feb 2008
Australian Under 20	76.58	Luke Cann	VIC	17 Jul 1994	Brisbane	23 Mar 2013
Aust Under 18 (700g)		Must better 77.80 to be accepted. Standard to be reviewed at the end of 2026 if not reached.				
Aust Under 18 (700g pre 2025)	77.80	Conor Warren	QLD	23 Feb 1998	Melbourne	6 Dec 2015
Aust Under 16 (700g)		Must better 73.64 to be accepted. Standard to be reviewed at the end of 2026 if not reached.				
Aust Under 16 (700g pre 2025)	73.64	Ian Pearce	QLD	30 Aug 1973	Brisbane	20 May 1989
DECATHLON						
Australian Allcomers	8641	Erki Nool	EST	25 Jun 1970	Sydney	28 Sep 2000
Australian	8649	Ashley Moloney	QLD	13 Mar 2000	Tokyo, JPN	5 Aug 2021
Aust Under 20 (Open Imp)	8038	Ashley Moloney	QLD	13 Mar 2000	Gotzis, AUT	26 May 2019
Aust Under 20	8190	Ashley Moloney	QLD	13 Mar 2000	Tampere, FIN	11 Jul 2018
Australian Under 18	7559	Ashley Moloney	QLD	13 Mar 2000	Sydney	30 Mar 2017
Aust Under 16 (Heptathlon)	4967	Blake Deery	ACT	2 Jul 2008	Brisbane	16 Apr 2023
HEPTATHLON						
Australian Short Track	6344 pts	Ashley Moloney	QLD	13 Mar 2000	Belgrade, SRB (i)	19 Mar 2022

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MEN - ROAD	(Note: + = in route to longer distance)						
HALF MARATHON							
Australian Allcomers	61:08		Andrew Buchanan	VIC	10 Apr 1991	Gold Coast	5 Jul 2025
Australian	59:53		Jack Rayner	VIC	19 Dec 1995	Barcelona, ESP	15 Feb 2026
MARATHON							
Australian Allcomers	2:06:06		Hailemariam Kiros	ETH	5 Feb 1997	Sydney	31 Aug 2025
Australian	2:06:22		Andrew Buchanan	VIC	10 Apr 1991	Valencia ESP	1 Dec 2024
Mile ROAD RACE							
Australian	3:57.25		Jack Anstey	QLD	8 Apr 1997	Honolulu, USA	7 Dec 2024
5KM ROAD RACE							
Australian	13:20		Craig Mottram	VIC	18 Jun 1980	Carlsbad, USA	3 Apr 2005
10KM ROAD RACE							
Australian Allcomers	27:43		Jack Rayner	VIC	19 Dec 1995	Burnie	23 Oct 2022
Australian	27:34		Sam Clifford	TAS	11 May 2002	Tokyo, JPN	3 May 2025
100KM ROAD RACE							
Australian Allcomers	6:29:26		Tim Sloane	TAS	29 Jul 1967	Richmond (Tas)	23 Apr 1995
Australian	6:29:26		Tim Sloane	TAS	29 Jul 1967	Richmond (Tas)	23 Apr 1995
5KM ROAD WALK							
Australian Under 18	20:52		Owen Toyne	ACT	19 Jun 2007	Canberra	9 Jun 2024
Australian Under 16	21:36		Owen Toyne	ACT	19 Jun 2007	Melbourne	11 Sep 2022
10KM ROAD WALK							
Australian Under 20	38:55		Isaac Beacroft	NSW	18 Jul 2007	Ballarat	24 Aug 2025
Australian Under 18	39:56		Isaac Beacroft	NSW	18 Jul 2007	Antalya, TUR	21 Apr 2024
20KM ROAD WALK							
Australian Allcomers	1:17:39		Evan Dunfee	CAN	28 Sep 1990	Adelaide	16 Feb 2025
Australian	1:17:33		Nathan Deakes	VIC	17 Aug 1977	Cixi City, CHN	23 Apr 2005
Australian Under 20	1:22:37		Isaac Beacroft	NSW	18 Jul 2007	Bochum GER	27 Jul 2025
HALF MARATHON RACE WALK							
Australian Allcomers)	Best performances accepted at end of 2026 (either nationals, international or submitted records)					
Australian)						
35KM ROAD WALK							
Australian Allcomers	2:26.25		Rhydian Cowley	VIC	4 Jan 1991	Canberra	9 Jun 2024
Australian	2:25.21		Rhydian Cowley	VIC	4 Jan 1991	Nomi, JPN	16 Mar 2025
MARATHON RACE WALK							
Australian Allcomers)	Best performances accepted at end of 2026 (either nationals, international or submitted records)					
Australian)						
50KM ROAD WALK							
Australian Allcomers	3:35:47		Nathan Deakes	VIC	17 Aug 1977	Geelong	2 Dec 2006
Australian	3:35:47		Nathan Deakes	VIC	17 Aug 1977	Geelong	2 Dec 2006

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WOMEN							
60 METRES							
Australian Allcomers	7.16	+1.3	Ella Connolly	NSW	13 Jul 2000	Sydney	1 Feb 2025
Australian	7.14		Torrie Lewis	QLD	8 Jan 2005	Belgrade SRB (i)	29 Jan 2025
100 METRES							
Australian Allcomers	10.97	+0.5	Zoe Hobbs	NZL	11 Sep 1997	Sydney	11 Mar 2023
Australian	11.08	-0.8	Torrie Lewis	QLD	8 Jan 2005	Tokyo, JPN	13 Sep 2025
Australian Under 20	11.10	+1.6	Torrie Lewis	QLD	8 Jan 2005	Canberra	27 Jan 2024
Australian Under 18	11.14	+1.7	Leah O'Brien	WA	29 Jan 2008	Perth	8 Apr 2025
Australian Under 16	11.45	+1.3	Emilia Reed	WA	25 May 2010	Perth	6 Apr 2025
200 METRES							
Australian Allcomers	21.90	-0.7	Marita Koch	GDR	18 Feb 1957	Canberra	4 Oct 1985
Australian	22.23	+0.8	Melinda Gainsford	NSW	1 Oct 1971	Stuttgart, GER	13 Jul 1997
Australian Short Track	22.64		Melinda Gainsford	NSW	1 Oct 1971	Barcelona, ESP (i)	11 Mar 1995
Australian Under 20	22.74	+2.0	Raelene Boyle	VIC	24 Jun 1951	Mexico City, MEX	18 Oct 1968
Australian Under 18	22.74	+2.0	Raelene Boyle	VIC	24 Jun 1951	Mexico City, MEX	18 Oct 1968
Australian Under 16	22.8h	nwi	Debbie Wells	NSW	29 May 1961	Brisbane	28 Feb 1976
400 METRES							
Australian Allcomers	47.60		Marita Koch	GDR	18 Feb 1957	Canberra	6 Oct 1985
Australian	48.63		Cathy Freeman	VIC	16 Feb 1973	Atlanta, USA	29 Jul 1996
Australian Short Track	52.17		Maree Holland	NSW	25 Jul 1963	Budapest, HUN (i)	4 Mar 1989
Australian Under 20	51.14		Cathy Freeman	VIC	16 Feb 1973	Birmingham, GBR	28 Jun 1992
Australian Under 18	51.80		Jana Pittman	NSW	9 Nov 1982	Sydney	12 Dec 1999
Australian Under 16	52.90		Tamsyn Lewis	VIC	20 Jul 1978	Melbourne	20 Feb 1994
800 METRES							
Australian Allcomers	1:56.15		Maria Lurdes Mutola	MOZ	27 Oct 1972	Sydney	25 Sep 2000
Australian	1:57.15		Jessica Hull	NSW	22 Oct 1996	Tokyo JPN	19 Sep 2025
Australian Short Track	1:59.46		Catriona Bisset	VIC	1 Mar 1994	Birmingham, GBR (i)	19 Feb 2022
Australian Under 20	1:58.40		Claudia Hollingsworth	VIC	12 Apr 2005	Adelaide	14 Apr 2024
Australian Under 18	2:00.81		Keely Small	ACT	9 Jun 2001	Gold Coast	12 Apr 2018
Australian Under 16	2:02.49		Georgie Clarke	VIC	17 Jun 1984	Melbourne	20 Mar 1999
1000 METRES							
Australian Allcomers	2:34.50		Georgia Griffith	VIC	15 Dec 1996	Box Hill	6 Mar 2025
Australian	2:30.96		Jessica Hull	NSW	22 Oct 1996	Monaco, MON	11 Jul 2025
Australian Short Track	2:38.45		Hayley Kitching	NSW	26 Sep 2024	Penn State, USA (i)	17 Jan 2026
Australian Under 20	2:36.72		Claudia Hollingsworth	VIC	12 Apr 2005	Box Hill	8 Mar 2021
Australian Under 18	2:36.72		Claudia Hollingsworth	VIC	12 Apr 2005	Box Hill	8 Mar 2021
Australian Under 16	2:43.08		Kayla Van der Linden	WA	28 May 2004	Perth	9 Dec 2019
1500 METRES							
Australian Allcomers	3:58.09		Claudia Hollingsworth	VIC	12 Apr 2005	Melbourne	5 Mar 2026
Australian	3:50.83		Jessica Hull	NSW	22 Oct 1996	Paris, FRA	7 Jul 2024
Australian Short Track	3:59.45		Jessica Hull	NSW	22 Oct 1996	Torun, POL (i)	22 Mar 2026
Australian Under 20	4:04.45		Claudia Hollingsworth	VIC	12 Apr 2005	Adelaide	10 Feb 2024
Australian Under 18	4:06.77		Georgie Clarke	VIC	17 Jun 1984	Hobart	30 Jan 2000
Australian Under 16	4:12.51		Georgie Clarke	VIC	17 Jun 1984	Melbourne	6 Dec 1999
1 MILE (= 1609.33 METRES)							
Australian Allcomers	4:22.66		Lisa Corrigan	ACT	2 Dec 1984	Melbourne	2 Mar 2007
Australian	4:13.68		Jessica Hull	NSW	22 Oct 1996	London, GBR	19 Jul 2025
Australian Short Track	4:19.03		Jessica Hull	NSW	22 Oct 1996	New York, USA (i)	9 Feb 2024
Australian Under 20	4:32.73		Susie Power	VIC	26 Mar 1975	Melbourne	17 Dec 1992
2000 METRES							
Australian Allcomers	5:56.3		Angela Raines-White	QLD	22 Mar 1974	Brisbane	27 Nov 1988
Australian	5:19.70		Jessica Hull	NSW	22 Oct 1996	Monaco, MON	12 Jul 2024
Australian Short Track	5:26.68		Jessica Hull	NSW	22 Oct 1996	Liévin, FRA	19 Feb 2026
3000 METRES							
Australian Allcomers	8:31.81		Jessica Hull	NSW	22 Oct 1996	Sydney	11 Mar 2023
Australian	8:24.20		Georgia Griffith	VIC	5 Dec 1996	Oslo, NOR	30 May 2024
Australian Short Track	8:24.39		Jessica Hull	NSW	22 Oct 1996	Glasgow, GBR (i)	1 Mar 2024
Australian Under 20 (MIX)	8:44.1		Donna Gould	SA	10 Jun 1966	Eugene, USA	13 Jul 1984
Australian Under 20	8:51.90		Amy Bunnage	VIC	22 Mar 2005	Sydney	11 Mar 2023
Australian Under 18	9:00.60		Amy Bunnage	VIC	22 Mar 2005	Melbourne	15 Dec 2022
Australian Under 16	9:08.93		Emily Brichacek	ACT	7 Jul 1990	Canberra	29 Oct 2005
5000 METRES							
Australian Allcomers	14:40.79		Gabriela Szabo	ROM	14 Nov 1975	Sydney	25 Sep 2000
Australian	14:31.45		Rose Davies	NSW	21 Dec 1999	London, GBR	19 Jul 2025
Australian Short Track	14:58.43		Linden Hall	VIC	20 Jun 1991	Boston, USA (i)	15 Feb 2025
Australian Under 20	15:00.75		Amy Bunnage	VIC	22 Mar 2005	Boston, USA (i)	7 Dec 2024

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EVENT	PERF.	WIND	NAME	STATE	D.O.B.	VENUE	DATE
10000 METRES							
Australian Allcomers	30:17.49		Derartu Tulu	ATH	21 Mar 1972	Sydney	30 Sep 2000
Australian	30.34.11		Rose Davies	NSW	21 Dec 1999	Oslo, NOR	11 Jun 2025
Australian Under 20	34:15.0		Donna Gould	SA	10 Jun 1966	Adelaide	18 Dec 1985
1 HOUR TRACK							
Australian Allcomers			<i>Not Claimed</i>				
Australian			<i>Not Claimed</i>				
60M HURDLES							
Australian	7.73		Sally Pearson	QLD	19 Sep 1986	Istanbul, TUR (i)	10 Mar 2012
90M HURDLES							
Aust Under 16 (0.76m)	12.31	+0.7	Sophie White	WA	23 Jan 2002	Canberra	3 Dec 2016
100M HURDLES							
Australian Allcomers	12.49	+0.8	Sally Pearson	QLD	19 Sep 1986	Melbourne	3 Mar 2012
Australian	12.28	+1.1	Sally Pearson	QLD	19 Sep 1986	Daegu, KOR	3 Sep 2011
Australian Under 20	13.01	+0.4	Sally McLellan	QLD	19 Sep 1986	Brisbane	26 Nov 2005
Aust Under 18 (0.76m)	13.02	+1.8	Delta Amidzovski	NSW	23 Aug 2006	Brisbane	16 Apr 2023
200M HURDLES							
Australian Allcomers	25.7h	****	Pam Ryan	VIC	12 Aug 1939	Melbourne	25 Nov 1971
Australian	25.7h	****	Pam Ryan	VIC	12 Aug 1939	Melbourne	25 Nov 1971
	(* ***) Run over different specifications)						
Australian Allcomers	25.79	-0.6	Lauren Wells	ACT	3 Aug 1988	Canberra	21 Jan 2017
Australian	25.79	-0.6	Lauren Wells	ACT	3 Aug 1988	Canberra	21 Jan 2017
Australian Under 16	27.27	-2.5	Chloe Jamieson	ACT	20 Apr 1994	Hobart	5 Dec 2009
400M HURDLES							
Australian Allcomers	53.02		Irina Privalova	RUS	22 Nov 1968	Sydney	27 Sep 2000
Australian	53.17		Debbie Flintoff-King	VIC	20 Apr 1960	Seoul, KOR	28 Sep 1988
Australian Under 20	55.20		Jana Pittman	NSW	9 Nov 1982	Pietersberg, RSA	18 Mar 2000
Australian Under 18	56.23		Jana Pittman	NSW	9 Nov 1982	Sydney	18 Dec 1999
2000M STEEPLECHASE							
Australian Under 20	6:25.77		Melissa Rollison	QLD	13 Apr 1983	Sydney	1 May 2000
Australian Under 18	6:25.77		Melissa Rollison	QLD	13 Apr 1983	Sydney	1 May 2000
Australian Under 16	6:33.54		Jessica Gilfillan	QLD	10 Feb 1992	Gold Coast	8 Jun 2007
3000M STEEPLECHASE							
Australian Allcomers	9:19.51		Dorcus Inzikuru	UGA	2 Feb 1982	Melbourne	22 Mar 2006
Aust National	9:14.28		Genevieve Lacaze	VIC	4 Aug 1989	Paris, FRA	27 Aug 2016
Australian Under 20	9:30.70		Melissa Rollison	QLD	13 Apr 1983	Brisbane	4 Sep 2001
3000m RACE WALK							
Australian Short Track	11:53.82		Kerry Saxby-Junna	NSW	2 Jun 1961	Toronto, CAN (i)	12 Mar 1993
Australian Under 20	12:27.74		Jane Saville	NSW	5 Nov 1974	Melbourne	25 Feb 1993
Australian Under 18	12:43.0		Michelle French	NSW	1 Apr 1982	Sydney	8 Nov 1997
Australian Under 16	12:43.0		Michelle French	NSW	1 Apr 1982	Sydney	8 Nov 1997
5000m RACE WALK							
Australian Under 20	21:34.23		Natalie Saville	NSW	7 Sep 1978	Melbourne	1 Mar 1997
Australian Under 18	21:39.03		Katie Hayward	QLD	23 Jul 2000	Brisbane	22 Oct 2016
10000m RACE WALK							
Australian Allcomers	42:15.68		Elizabeth McMillen	NSW	10 Apr 2004	Sydney	11 Dec 2025
Australian	41:57.22		Kerry Saxby-Junna	NSW	2 Jun 1961	Seattle, USA	24 Jul 1990
Australian Under 20	43:20.65		Katie Hayward	QLD	23 Jul 2000	Sydney	5 Apr 2019
20000m RACE WALK							
Australian Allcomers	1:26:52.3		Olimpiada Ivanovo	RUS	29 Aug 1970	Brisbane	6 Sep 2001
Australian	1:33:40.2		Kerry Saxby-Junna	NSW	2 Jun 1961	Brisbane	6 Sep 2001
4 X 100M RELAY							
Australian Allcomers	41.37		GDR - Auerswald, Gladisch, Gohr, Rieger			Canberra	6 Oct 1985
Australian	42.48		AUS - Connolly, Masters, Edwards, Lewis			London	20 Jul 2024
Aust State Team	44.00		NSW - Gainsford, Hough, Lee, Moore			Adelaide	7 Mar 1992
Australian Under 20	44.34		AUS - Scolyer, Dodds, Hagan, Milat			Sydney	23 Mar 2024
Australian Under 18	44.43		NSW - Gifford, Adelaja, Harrison, Taber			Sydney	16 Apr 2026
Australian Under 16	46.08		NSW - Ross, Harrison, Lampret, Taber			Perth	9 Dec 2023
4 X 200M RELAY							
Australian Allcomers	1:32.6		AUS - Boyle, Jowett, Robertson, Wilson			Brisbane	25 Jan 1976
Australian	1:32.6		AUS - Boyle, Jowett, Robertson, Wilson			Brisbane	25 Jan 1976
Australian Short Track	1:42.34		VIC-Mucci,Andrew,Boyle,Cairns			Pocatello, USA (i)	18 Feb 2017
Aust State Team	1:36.41		NSW - Caples, Clarke, Holland, Sullivan			Sydney	21 Nov 1987
Australian Under 20	1:36.99		Ignition-Vincent,McDonald,Te Heu Heu Tukino,Philp			Brisbane	16 Nov 2025
Australian Under 18	1:36.99		Ignition-Vincent,McDonald,Te Heu Heu Tukino,Philp			Brisbane	16 Nov 2025
Australian Under 16	1:37.94		NSW - Adelaja, Dimitrov, Ifejika, Vassella			Perth	8 Apr 2025

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EVENT	PERF.	WIND	NAME	STATE	D.O.B.	VENUE	DATE
4 X 400M RELAY							
Australian Allcomers	3:19.49		GDR - Busch, Emmelmann, Koch, Neubaer			Canberra	4 Oct 1985
Australian	3:23.81		AUS - Peris, Lewis, Gainsford-Taylor, Freeman			Sydney	30 Sep 2000
Australian Short Track	3:26.87		AUS-Andrews,van Heer,Lewis,Freeman			Maebashi, JPN (i)	7 Mar 1999
Aust State Team	3:31.35		VIC - Flemming, Flintoff, Stewart, Tomsett			Adelaide	16 Mar 1986
Australian Under 20	3:30.38		AUS - Andrews, Hanigan, Poetschka, Scamps			Plovdiv, BUL	12 Aug 1990
Australian Under 18	3:42.47		NSW - Alton, Babbage, Hall, Maroney			Brisbane	21 Mar 1982
Australian Under 16	3:45.47		NSW - Phillips, Scamps, Stenberg, West			Hobart	7 Mar 1986
4 X 800M RELAY							
Australian Allcomers	8:39.5		VIC - Anderson, Perkins, Robinson, Webster			Melbourne	19 Dec 1992
Australian	8:13.26		VIC - McGowan, Buckman, Kajan, Duncan			Nassau, BAH	25 May 2014
Aust State Team	8:39.5		VIC - Anderson, Perkins, Robinson, Webster			Melbourne	19 Dec 1992
Australian Under 20	8:48.5		QLD - Dawson, Lonsdale, Stephens, Van Gorp			Brisbane	19 Dec 1989
Australian Under 18	8.57.81		NSW - Kajan, Tamsett, Neville, Doyle			Sydney	19 Nov 2005
Australian Under 16	8.59.40		NSW - Evans, Harding-Delooze, Wilon, Harding-Delooze			Sydney	17 Nov 2013
4 X 1500M RELAY							
Australian Allcomers	18:00.92		VIC - Anderson, Perkins, Robinson, Webster			Melbourne	12 Dec 1992
Australian	17:08.65		AUS - Buckman, Delany, McGowan, Duncan			Nassau, BAH	24 May 2014
Aust State Team	17:09.75		AUS - Harvey, Clarke, Richardson, Jamieson			London, GBR	25 Jun 2000
Australian Under 20	18:21.77		NSW - Hancock-Cameron, Hargraves, Winward, Liakatos			Sydney	20 Nov 2021
Australian Under 18	18:22.47		NSW - L.Harding-Delooze, Evans, Hopper, A.Harding-Delooze			Blacktown	15 Nov 2015
Australian Under 16	18:37.21		NSW - Wilson, King, Evans, Harding-Delooze			Sydney	16 Nov 2013
100M, 200M, 300M, 400M RELAY							
Australian Under 18	2.06.58		AUS - Gulli, Tauro, Hill, Hoebergen			Marrakesh, MAR	17 Jul 2005
Australian Under 16	2.11.43		NSW - Stoilova, Wright, Inkster, Monk			Perth	8 Dec 2019
HIGH JUMP							
Australian Allcomers	2.03		Nicola Olyslagers	NSW	28 Dec 1996	Canberra	27 Jan 2024
Australian	2.04		Nicola Olyslagers	NSW	28 Dec 1996	Zurich, SUI	28 Aug 2025
Australian Under 20	1.96		Eleanor Patterson	VIC	22 May 1996	Sydney	15 Mar 2015
Australian Under 18	1.96		Eleanor Patterson	VIC	22 May 1996	Townsville	7 Dec 2013
Australian Under 16	1.86		Leah Cranston	QLD	25 Feb 1970	Brisbane	16 Feb 1986
Australian Under 16	1.86		Gai Kapernick	QLD	20 Sep 1970	Brisbane	16 Feb 1986
Australian Under 16	1.86		Andrea Hughes	TAS	12 Dec 1973	Adelaide	9 Dec 1989
POLE VAULT							
Australian Allcomers	4.82		Nina Kennedy	WA	5 Apr 1997	Sydney	13 Mar 2021
Australian	4.91		Nina Kennedy	WA	5 Apr 1997	Zurich, SUI (i)	30 Aug 2023
Australian Under 20	4.59		Nina Kennedy	WA	5 Apr 1997	Perth	14 Feb 2015
Australian Under 18	4.40		Vicky Parnov	WA	24 Oct 1990	Rheinland-Pfalz, GER	30 Jun 2007
Australian Under 18	4.40		Elizabeth Parnov	WA	9 May 1994	Perth	18 Apr 2010
Australian Under 18	4.40		Nina Kennedy	WA	5 Apr 1997	Eugene, USA	24 Jul 2014
Australian Under 16	4.15		Vicky Parnov	WA	24 Oct 1990	Gold Coast	5 Jul 2005
LONG JUMP							
Australian Allcomers	7.27	+0.7	Heike Drechsler	GDR	16 Dec 1964	Canberra	6 Oct 1985
Australian	7.13	+1.8	Brooke Buschkuehl	VIC	12 Jul 1993	Chula Vista, USA	9 Jul 2022
Australian Under 20	6.60	nwi	Lyn Tillet	NSW	15 Aug 1953	Munich	23 Aug 1972
Australian Under 20	6.60	+1.1	Brooke Stratton	VIC	12 Jul 1993	Mannheim, GER	3 Jul 2011
Australian Under 18	6.55	nwi	Nicole Boegman	NSW	5 Mar 1967	Sydney	15 Oct 1983
Australian Under 16	6.32	+2.0	Shermin Oksuz	WA	24 Mar 1984	Perth	28 Mar 1999
TRIPLE JUMP							
Australian Allcomers	15.20	-0.3	Tereza Marinova	BUL	5 Sep 1977	Sydney	24 Sep 2000
Australian	14.04	+2.0	Nicole Mladenis	WA	22 Sep 1975	Hobart	9 Mar 2002
Australian	14.04	+1.8	Nicole Mladenis	WA	22 Sep 1975	Perth	7 Dec 2003
Australian Under 20	13.36	+0.0	Linda Allen	QLD	22 Mar 1987	Gold Coast	8 Jul 2006
	13.36	+1.0	Izobelle Louison-Roe	NSW	14 May 2007	Sydney	18 Apr 2026
Australian Under 18	13.30	-0.1	Tiana Boras	VIC	4 Mar 2005	Cali, COL	6 Aug 2022
Australian Under 16	13.13	+1.1	Sarah Sydney	QLD	16 Feb 1984	Sydney	11 Dec 1999
SHOT PUT							
Australian Allcomers	20.69		Natalya Lisovskaya	URS	16 Jul 1962	Canberra	4 Oct 1985
Australian	19.74		Gael Martin	VIC	27 Aug 1956	Berkeley, USA	14 Jul 1984
Australian Under 20	16.84		Marley Raikiwasa	SA	7 Aug 2005	Florida	10 May 2024
Aust Under 18 (3 kg)	17.27		Allira Takau	QLD	9 Dec 2007	Adelaide	17 Apr 2024
Aust Under 16 (3 kg)	16.32		McKayla Grobler	NSW	16 Nov 2010	Melbourne	6 Dec 2025
DISCUS THROW							
Australian Allcomers	69.78		Martina Opitz	GDR	12 Dec 1960	Canberra	6 Oct 1985
Australian	69.64		Dani Stevens	NSW	26 May 1988	London, GBR	13 Aug 2017
Australian Under 20	60.63		Dani Samuels	NSW	26 May 1988	Beijing, CHN	20 Aug 2006
Australian Under 18	58.52		Dani Samuels	NSW	26 May 1988	Brisbane	26 Nov 2005

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EVENT	PERF.	WIND NAME	STATE	D.O.B.	VENUE	DATE
Australian Under 16	53.24	Katrina Steele	NSW	2 Jul 1981	Melbourne	28 Feb 1997

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EVENT	PERF.	WIND NAME	STATE	D.O.B.	VENUE	DATE
HAMMER THROW						
Australian Allcomers	71.71	Kamila Skolimowska	POL	4 Nov 1982	Melbourne	9 Sep 2001
Australian	73.63	Stephanie Ratcliffe	VIC	29 Dec 2000	Austin, USA	8 Jun 2023
Aust Under 20 (4 kg)	65.75	Alexandra Hulley	NSW	24 Jul 1997	Campbelltown	29 May 2016
Aust Under 18 (3 kg)	71.14	Alexandra Hulley	NSW	24 Jul 1997	Adelaide	6 Dec 2014
Aust Under 16 (3 kg)	64.27	Alexandra Hulley	NSW	24 Jul 1997	Sydney	11 Oct 2012
JAVELIN THROW						
Australian Allcomers	68.92	Kathryn Mitchell	VIC	10 Jul 1982	Melbourne	11 Apr 2018
Australian	68.92	Kathryn Mitchell	VIC	10 Jul 1982	Melbourne	11 Apr 2018
Australian Under 20	57.60	Mackenzie Little	NSW	22 Dec 1996	Melbourne	4 Apr 2014
Aust Under 18 (500g)	61.47	Mackenzie Little	NSW	22 Dec 1996	Donetsk, UKR	11 Jul 2013
Aust Under 16 (500g)	51.69	Tallara Joseph-Riogi	NSW	16 Sep 2009	Adelaide	16 Apr 2024
HEPTATHLON						
Australian Allcomers	6584	Denise Lewis	GBR	27 Aug 1972	Sydney	24 Sep 2000
Australian	6695	Jane Flemming	VIC	14 Apr 1965	Auckland, NZL	28 Jan 1990
Australian Under 20	5915	Celeste Mucci	VIC	11 Aug 1999	Gold Coast	13 Apr 2018
COMBINED EVENT						
Aust Under 18	5650	Sharon Jaklofsky	QLD	30 Sep 1968	Brisbane	24 Feb 1985
Aust Under 16	5515	Sophie Williams	WA	20 May 2009	Adelaide	15 Apr 2024
PENTATHLON						
Australian Short Track	4490	Jane Jamieson	NSW	23 Jun 1975	Maebashi, JPN (i)	5 Mar 1999
DECATHLON						
Australian Allcomers						
Australian						<i>Records will only be ratified if better than 7000 points</i>
Australian Under 20						<i>Records will only be ratified if better than 6800 points</i>

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EVENT	PERF.	WIND	NAME	STATE	D.O.B.	VENUE	DATE
WOMEN - ROAD	(Note: + = in route to loner distance)						
HALF MARATHON							
Australian Allcomers	66:39		Keira D'Amato	USA	21 Oct 1984	Gold Coast	1 Jul 2023
Australian	67:17		Isobel Batt-Doyle	SA	14 Sep 1995	Marugame JPN	2 Feb 2025
MARATHON							
Australian Allcomers	2:18:22		Sifan Hassan	NED	1 Jan 1993	Sydney	31 Aug 2025
Australian	2:21:24		Jessica Stenson	SA	15 Aug 1987	Valencia, ESP	7 Dec 2025
Mile ROAD RACE							
Australian	4:32.45		Jessica Hull	NSW	22 Oct 1996	Riga, LAT	1 Oct 2023
5 km ROAD RACE							
Australian	14:59		Benita Willis	QLD	6 May 1979	London, GBR	1 Sep 2002
10 km ROAD RACE							
Australian Allcomers	31:38		Leanne Pompeani	NSW	25 Jun 1996	Launceston	11 Jun 2023
Australian	30:44		Isobel Batt-Doyle	SA	14 Sep 1995	Tokyo, JPN	3 May 2025
100KM ROAD RACE							
Australian Allcomers	7:48:51		Jackie Fairweather	QLD	11 Oct 1967	Gold Coast	7 Jun 2009
Australian	7:34:25		Kristin Bull	VIC	2 Aug 1981	Los Alcazares, ESP	20 Nov 2016
5KM RACE WALK							
Australian Under 18	22:44		Katie Hayward	QLD	23 Jul 2000	Brisbane	30 Jul 2017
Australian Under 16	22:57		Ela Uzun	VIC	21 Apr 2011	Ballarat	24 Aug 2025
10KM RACE WALK							
Australian Allcomers	41:29.71		Kerry Saxby-Junna	NSW	2 Jun 1961	Canberra	27 Aug 1988
Australian	41:29.71		Kerry Saxby-Junna	NSW	2 Jun 1961	Canberra	27 Aug 1988
Australian Under 20	45:10.0		Natalie Saville	NSW	7 Sep 1978	Melbourne	27 Feb 1997
20KM RACE WALK							
Australian Allcomers	1:27:09		Jemima Montag	VIC	15 Feb 1998	Adelaide	11 Feb 2024
Australian	1:26:25		Jemima Montag	VIC	15 Feb 1998	Paris, FRA	1 Aug 2024
HALF MARATHON RACE WALK							
Australian Allcomers)	Best performances accepted at the end of 2026 (either nationals, international or submitted records)					
Australian)						
35KM RACE WALK							
Australian Allcomers	2:45.31		Olivia Sandery	SA	22 Jan 2003	Albert Park	15 Dec 2024
Australian	2:42.40		Olivia Sandery	SA	22 Jan 2003	Nomi, JPN	16 Mar 2025
MARATHON RACE WALK							
Australian Allcomers)	Best performances accepted at the end of 2026 (either nationals, international or submitted records)					
Australian)						
50KM RACE WALK							
Australian Allcomers	<i>Not Claimed</i>						
Australian	4:09.33		Claire Tallent	SA	6 Jul 1981	Taicang, CHN	5 May 2018

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EVENT	PERF.	WIND	NAME	STATE	D.O.B.	VENUE	DATE
MIXED							
MIXED 4x100 mts RELAY							
Australian)	Record to be ratified at end 2026 from performances (either nationals, internationals or submitted records)					
Aust State Team)	All ages follow World Athletics order M, W, M, W except U16 where any order is accepted.					
Australian Under 20)						
Australian Under 18)						
Australian Under 16)						
MIXED 4x400 mts RELAY							
Australian	3:12.20		AUS-VanRatingen, Beer, Thorne, Bull			Guangzhou, CHN	11 May 2025
Aust State Team	3:21.26		VIC-Power, Andrew, Reynolds, Plessinger			Melbourne	15 Feb 2024
Australian Under 20	3:19.27		AUS Gilbert, Pasquali, Deguara, Gregorevic			Lima, PER	27 Aug 2024
Australian Under 18	3:25.08		AUS (NSW) Thomas, Oboya, Moir, Doris			Nassau, BAH	23 Jul 2017
Australian Under 16	3:36.43		SA - Colbourne, Sands, McAuliff, Taylor			Adelaide	11 Dec 2022