

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****Girls 100 Meter Dash Under 13**

Name	Age Team	Prelims
Heat 1 Preliminaries		
1 Harrison, Matilda	New South Wales	12.78Q
2 Taylor, Iluka-Rose	South Australia	12.98q
3 Wong, Laura	Victoria	13.39
4 Wohlsen, Acacia	Queensland	13.41
5 Philpott, Kate	Western Australia	13.60
6 McPherson, Kayla	Tasmania	14.29
7 Gopalakrish, Nandhitha	ACT	15.09
Heat 2 Preliminaries		
1 Sprague, Ariela	Victoria	12.92Q
2 Allen, Charleigh	Queensland	13.03q
3 Bower, Indii	New South Wales	13.28q
4 Hardy, Claire	South Australia	13.63
5 Timeyin, Tolu	Western Australia	13.76
6 Brown, Courtney	Tasmania	13.99
7 Ling, Ruby Jane	ACT	14.84
Heat 3 Preliminaries		
1 Ross, Ishara	Victoria	13.20Q
2 Williams, Sophie	Western Australia	13.23q
3 Lubis, Ahlyrah	New South Wales	13.32q
4 Wilkinson, Anna	Queensland	13.58
5 Fuss, Hayley	South Australia	13.62
6 Werkman, Isla	Tasmania	13.91
7 Lennane, Josie	ACT	15.18

Girls 100 Meter Dash Under 13

Name	Age Team	Finals
Section 1 Finals		
1 Sprague, Ariela	Victoria	12.75
2 Harrison, Matilda	New South Wales	12.82
3 Taylor, Iluka-Rose	South Australia	12.94
4 Allen, Charleigh	Queensland	12.96
5 Ross, Ishara	Victoria	13.02
6 Bower, Indii	New South Wales	13.17
7 Lubis, Ahlyrah	New South Wales	x13.18
8 Williams, Sophie	Western Australia	13.25

Girls 200 Meter Dash Under 13

Name	Age Team	Prelims
Heat 1 Preliminaries		
1 Harrison, Matilda	New South Wales	26.40Q
2 Wilkinson, Anna	Queensland	26.91q
3 Hardy, Claire	South Australia	27.25
4 Berry, Leah	Victoria	27.94
5 Naussedat, Summer	Western Australia	28.63
6 Werkman, Isla	Tasmania	28.93
7 Lennane, Josie	ACT	32.31
Heat 2 Preliminaries		
1 Allen, Charleigh	Queensland	26.31Q
2 Wong, Laura	Victoria	26.85q
3 Fuss, Hayley	South Australia	27.30
4 Lubis, Ahlyrah	New South Wales	27.42
5 Brown, Courtney	Tasmania	28.85

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6 Kelly, Chelsea	ACT	29.80
Heat 3 Preliminaries		
1 Taylor, Iluka-Rose	South Australia	25.85Q
2 Sprague, Ariela	Victoria	26.28q
3 Philpott, Kate	Western Australia	26.90q
4 Bower, Indii	New South Wales	27.19q
5 Charles, Chanel	Tasmania	27.78
6 Gopalakrish, Nandhitha	ACT	30.97

Girls 200 Meter Dash Under 13

Name	Age Team	Finals
Section 1 Finals		
1 Taylor, Iluka-Rose	South Australia	25.67
2 Sprague, Ariela	Victoria	26.13
3 Allen, Charleigh	Queensland	26.32
4 Harrison, Matilda	New South Wales	26.46
5 Philpott, Kate	Western Australia	26.96
6 Wilkinson, Anna	Queensland	27.06
7 Wong, Laura	Victoria	27.07
8 Bower, Indii	New South Wales	27.24

Girls 400 Meter Run Under 13

Name	Age Team	Finals
Section 1		
1 Williams, Monique	Victoria	x65.23
2 Mammone, Georgia	Western Australia	66.21
3 Cook, Annabelle	Tasmania	x67.86
4 Paxton, Tessa	ACT	68.69
5 Kelly, Chelsea	ACT	71.40
6 Hamilton, Ella	ACT	x74.79
Section 2		
1 Watts, Xanthee	Queensland	x61.36
2 McCreery, Siara	New South Wales	61.89
3 Wescombe, Zahli	Tasmania	62.23
4 Williams, Lacey	Victoria	63.89
5 Diep, Elysse	New South Wales	x64.19
Section 3		
1 Taylor, Iluka-Rose	South Australia	58.56
2 Hazell, Taylah	Queensland	60.00
3 Wilkinson, Anna	Queensland	60.54
4 Tarabay, Madeleine	Victoria	61.33
5 Hardy, Claire	South Australia	61.51
6 Charles, Chanel	Tasmania	61.53
7 Goodall, India	South Australia	x62.83
8 Toohey, Keira	New South Wales	63.93

Girls 800 Meter Run Under 13

Name	Age Team	Finals
Section 1		
1 Wescombe, Zahli	Tasmania	2:22.88
2 Jenkinson, Saffron	Queensland	2:24.95
3 Potter, Emma	South Australia	2:27.63
4 Williams, Monique	Victoria	x2:30.99

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5	Cook, Annabelle	Tasmania	2:38.35
6	Mammone, Georgia	Western Australia	2:42.02
7	Paxton, Tessa	ACT	2:42.09
8	Tracey, Edith	Tasmania	x2:54.11
9	Hamilton, Ella	ACT	3:02.19

Section 2

1	Quarrell, Philippa	New South Wales	2:20.37
2	Toohey, Keira	New South Wales	2:21.21
3	Farley, Cassie	Victoria	2:21.43
4	Goodall, India	South Australia	2:22.49
5	Chizzoniti, Mia	Queensland	2:22.86
6	Tickell, Chelsea	Victoria	2:23.94
7	Gawel, Eva	New South Wales	x2:24.92
8	Pallis, Sasha	Western Australia	2:27.35
9	Hazell, Taylah	Queensland	x2:27.86
10	Brown, Madison	South Australia	x2:29.76

Girls 1500 Meter Run Under 13

Name	Age	Team	Finals
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Section 1

1	Quarrell, Philippa	New South Wales	4:48.80
2	Gawel, Eva	New South Wales	4:49.88
3	Toohey, Keira	New South Wales	x4:54.00
4	Jenkinson, Saffron	Queensland	4:55.15
5	Farley, Cassie	Victoria	4:55.79
6	Wescombe, Zahli	Tasmania	5:00.00
7	Brown, Madison	South Australia	5:02.96
8	Tickell, Chelsea	Victoria	5:04.29
9	Potter, Emma	South Australia	5:04.97
10	Pallis, Sasha	Western Australia	5:05.47
11	Chizzoniti, Mia	Queensland	5:06.74
12	Goodall, India	South Australia	x5:08.26
13	Williams, Monique	Victoria	x5:08.50
14	Charles, Chanel	Tasmania	5:22.55
15	Holdich, Milly	Western Australia	5:35.59
16	Cook, Annabelle	Tasmania	x5:40.64
17	Paxton, Tessa	ACT	5:40.93
18	Grocott, Emma	ACT	5:48.54
19	Curtis, Isabelle	Western Australia	x6:11.70

Girls 80 Meter Hurdles (76cm) Under 13

Name	Age	Team	Prelims
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Heat 1 Preliminaries

1	Wong, Laura	Victoria	12.85Q
2	Rayment, Molly	New South Wales	13.28q
3	Munro, Chloe	Queensland	13.63q
4	Hadfield, Tayla	Western Australia	13.86
5	Doyle, Kirra	Tasmania	14.49
6	Baak, Akon	South Australia	14.64
7	Kelly, Chelsea	ACT	14.75

Heat 2 Preliminaries

1	Philpott, Kate	Western Australia	13.77Q
2	Ross, Ishara	Victoria	13.88
3	Latanis, Sienna	New South Wales	14.04
4	Marin, Grace	South Australia	14.90

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls 80 Meter Hurdles (76cm) Under 13**

5 Tracey, Edith	Tasmania	14.97
6 Badwal, Sehaj Kaur	ACT	17.90
Heat 3 Preliminaries		
1 Blayney, Erin	New South Wales	13.10Q
2 Williams, Lacey	Victoria	13.39q
3 McDonald, Alyssa	Queensland	13.43q
4 Lange, Matilda	Tasmania	13.78q
5 Axon, Scarlett	South Australia	14.14

Girls 80 Meter Hurdles (76cm) Under 13

Name	Age Team	Finals
Section 1 Finals		
1 Wong, Laura	Victoria	12.60
2 Blayney, Erin	New South Wales	12.92
3 Rayment, Molly	New South Wales	13.05
4 Williams, Lacey	Victoria	13.21
5 Lange, Matilda	Tasmania	13.58
6 Philpott, Kate	Western Australia	13.66
7 McDonald, Alyssa	Queensland	13.67
8 Munro, Chloe	Queensland	14.07

Girls 200 Meter Hurdles (68cm) Under 13

Name	Age Team	Prelims
Heat 1 Preliminaries		
1 Berry, Leah	Victoria	29.22Q
2 Hazell, Taylah	Queensland	29.91q
3 Lange, Matilda	Tasmania	30.00q
4 Blayney, Erin	New South Wales	30.06
5 Naussedat, Summer	Western Australia	30.24
6 Lennane, Josie	ACT	33.50
7 Hardin, Caitlin	South Australia	33.75
Heat 2 Preliminaries		
1 Hewitt, Maiya	New South Wales	29.12Q
2 Ross, Ishara	Victoria	29.39q
3 McDonald, Alyssa	Queensland	30.32
4 Hadfield, Tayla	Western Australia	30.96
5 Charles, Chanel	Tasmania	31.02
6 Williams, Neveah	South Australia	31.79
7 Kelly, Chelsea	ACT	32.83
Heat 3 Preliminaries		
1 Taylor, Iluka-Rose	South Australia	27.71Q
2 Williams, Lacey	Victoria	29.56q
3 Rayment, Molly	New South Wales	29.70q
4 France, Macey	Queensland	30.27
5 Leys, Taya	Western Australia	30.37
6 Arnold, Rosie	Tasmania	32.23

Girls 200 Meter Hurdles (68cm) Under 13

Name	Age Team	Finals
Section 1 Finals		
1 Taylor, Iluka-Rose	South Australia	27.79
2 Hewitt, Maiya	New South Wales	28.80
3 Rayment, Molly	New South Wales	29.15

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls 200 Meter Hurdles (68cm) Under 13**

4 Berry, Leah	Victoria	29.35
5 Ross, Ishara	Victoria	29.66
6 Williams, Lacey	Victoria	x29.90
7 Hazell, Taylah	Queensland	29.95
8 Lange, Matilda	Tasmania	30.17

Girls 4x100 Meter Relay Under 13

Team	Finals
Section 1	
1 New South Wales 'A'	50.35
1) Rayment, Molly 13	2) Harrison, Matilda 13
3) Bower, Indii 13	4) Lubis, Ahlyrah 13
2 Victoria 'A'	50.48
1) Wong, Laura 13	2) Sprague, Ariela 13
3) Ross, Ishara 13	4) Berry, Leah 13
3 Queensland 'A'	51.05
1) France, Macey 13	2) Wilkinson, Anna 13
3) Wohlsen, Acacia 13	4) Allen, Charleigh 13
4 Western Australia 'A'	51.66
1) Leys, Taya 13	2) Philpott, Kate 13
3) Timeyin, Tolu 13	4) Williams, Sophie 13
5 South Australia 'A'	52.75
1) Hardy, Claire 13	2) Baak, Akon 13
3) Giannakis, Lillia 13	4) Fuss, Hayley 13
6 Australian Capital Territory 'A'	57.23
1) Kelly, Chelsea 13	2) Lennane, Josie 13
3) Ling, Ruby Jane 13	4) Gopalakrish, Nandhitha 13
7 Tasmania 'A'	57.70
1) Doyle, Kirra 13	2) McPherson, Kayla 13
3) Cook, Annabelle 13	4) Brown, Courtney 13

Girls 1000 Sprint Medley Under 13

Team	Finals
1 South Australia 'A'	2:23.05
1) Obst, Kaysii 13	2) Hardy, Claire 13
3) Fuss, Hayley 13	4) Taylor, Iluka-Rose 13
2 Victoria 'A'	2:23.60
1) Wong, Laura 13	2) Sprague, Ariela 13
3) Ross, Ishara 13	4) Tarabay, Madeleine 13
3 Queensland 'A'	2:23.61
1) Wohlsen, Acacia 13	2) Wilkinson, Anna 13
3) Allen, Charleigh 13	4) Hazell, Taylah 13
4 Western Australia 'A'	2:29.94
1) Philpott, Kate 13	2) Mammone, Georgia 13
3) Williams, Sophie 13	4) Pallis, Sasha 13
5 Tasmania 'A'	2:31.58
1) Werkman, Isla 13	2) Lange, Matilda 13
3) Wescombe, Zahli 13	4) Charles, Chanel 13
6 Australian Capital Territory 'A'	2:50.75
1) Badwal, Sehaj Kaur 13	2) Grocott, Emma 13
3) Hamilton, Ella 13	4) Paxton, Tessa 13
-- New South Wales 'A'	DQ
1) Harrison, Matilda 13	2) Diep, Elysse 13
3) Latanis, Sienna 13	4) McCreery, Siara 13

2022 Coles ALAC - 23/04/2022 to 24/04/2022

Lakeside Stadium

Results

Girls High Jump (1.20m) Under 13

Name	Age	Team	Finals
Flight 1			
1 Baak, Akon		South Australia	1.59m
1.45 1.50 1.53 1.55 1.57 1.59 1.61			
0 0 0 XO 0 0 XXX			
2 Franke, Rylee		Queensland	1.57m
1.35 1.40 1.45 1.50 1.53 1.55 1.57 1.59			
0 0 0 0 XO 0 XO XXX			
3 Martin, Caitlyn		New South Wales	1.50m
1.40 1.45 1.50 1.53			
0 0 XO XXX			
4 Holdich, Milly		Western Australia	J1.50m
1.30 1.35 1.40 1.45 1.50 1.53			
0 0 0 XO XO XXX			
5 Humphrey, Tayla		Queensland	1.45m
1.40 1.45 1.50			
0 0 XXX			
5 Khamphet Pearse, Audrey		New South Wales	1.45m
1.35 1.40 1.45 1.50			
0 0 0 XXX			
7 Wilson, Kate		Victoria	J1.45m
1.35 1.40 1.45 1.50			
0 XXO 0 XXX			
8 Van Beek, Scarlett		Western Australia	J1.45m
1.35 1.40 1.45 1.50			
0 0 XO XXX			
8 Mauriohooho, Armani		Victoria	J1.45m
1.35 1.40 1.45 1.50			
0 0 XO XXX			
10 Fumberger, Eve		Victoria	xJ1.45m
1.30 1.35 1.40 1.45 1.50			
0 0 XXO XO XXX			
11 Williams, Sophie		Western Australia	xJ1.45m
1.30 1.35 1.40 1.45 1.50			
0 0 XO XXO XXX			
12 Marin, Grace		South Australia	1.40m
1.25 1.30 1.35 1.40 1.45			
0 0 0 0 XXX			
12 Paxton, Tessa		ACT	1.40m
1.35 1.40 1.45			
0 0 XXX			
14 Petterwood, Macie		Tasmania	J1.40m
1.25 1.30 1.35 1.40 1.45			
XO 0 XO XXO XXX			
15 Stuart, Olivia		South Australia	x1.35m
1.25 1.30 1.35 1.40			
0 XO 0 XXX			
16 Hatten, Milah		Tasmania	J1.35m
1.25 1.30 1.35 1.40			
0 0 XO XXX			
17 Bower, Indii		New South Wales	xJ1.35m
1.25 1.30 1.35 1.40			
0 0 XXO XXX			
18 Gopalakrish, Nandhitha		ACT	1.30m
1.25 1.30 1.35			
XXO 0 XXX			

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls High Jump (1.20m) Under 13**

19 Carr, Lily	Tasmania	x1.20m
1.20 1.25		
O XXX		

Girls Long Jump Under 13

Name	Age	Team	Finals
1 Munro, Chloe		Queensland	5.10m
4.96m 4.98m 4.88m 5.10m			
2 France, Macey		Queensland	4.92m
4.89m ND 4.92m 4.89m			
3 Giannakis, Lillia		South Australia	4.85m
4.85m 4.78m 4.76m 4.83m			
4 Hadfield, Tayla		Western Australia	4.76m
4.68m 4.52m 4.76m 4.73m			
5 Hewitt, Maiya		New South Wales	J4.72m
4.72m 4.53m 4.62m 4.36m			
6 Lennon, Harli		Victoria	J4.72m
4.72m 4.43m ND 3.92m			
7 Ford, Renee		Victoria	4.71m
4.71m 4.42m 4.26m			
8 Hardy, Claire		South Australia	4.66m
4.53m 4.66m 4.25m 4.38m			
9 Khamphet Pearse, Audrey		New South Wales	4.63m
4.63m 4.42m 4.35m			
10 Timeyin, Tolu		Western Australia	4.58m
4.58m ND 4.20m			
11 Baak, Akon		South Australia	x4.54m
4.54m 4.36m 4.51m			
12 Humphrey, Tayla		Queensland	x4.46m
4.46m 4.43m 4.35m			
13 Paxton, Tessa		ACT	4.38m
4.38m 4.03m 3.94m			
14 Fumberger, Eve		Victoria	x4.35m
ND ND 4.35m			
15 Harrison, Matilda		New South Wales	x4.22m
3.78m 3.86m 4.22m			
16 Doyle, Kirra		Tasmania	4.07m
3.71m 3.20m 4.07m			
17 Petterwood, Macie		Tasmania	4.03m
3.84m 3.82m 4.03m			
18 Gopalakrish, Nandhitha		ACT	4.01m
3.84m 3.76m 4.01m			
19 Hamilton, Ella		ACT	x3.61m
3.50m ND 3.61m			
20 Hatten, Milah		Tasmania	x3.50m
ND 3.33m 3.50m			

Girls Triple Jump Under 13

Name	Age	Team	Finals
1 Williams, Sophie		Western Australia	10.89m
10.12m 9.99m 10.89m 10.80m			
2 Baak, Akon		South Australia	10.62m
9.68m 9.85m 10.46m 10.62m			
3 Munro, Chloe		Queensland	10.61m
10.60m 10.49m 10.12m 10.61m			

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls Triple Jump Under 13**

4	Hewitt, Maiya	New South Wales	10.56m
	9.70m 10.44m 10.23m 10.56m		
5	Hadfield, Tayla	Western Australia	10.54m
	10.06m 9.73m 10.12m 10.54m		
6	Frey, Mikayla	Queensland	10.48m
	10.18m 10.10m 10.48m 10.16m		
7	Giannakis, Lillia	South Australia	10.28m
	9.88m 10.28m 10.12m 10.04m		
8	Philpott, Kate	Western Australia	x10.21m
	10.21m 9.93m 9.64m 9.68m		
9	Martin, Caitlyn	New South Wales	10.02m
	10.02m 9.51m 9.42m		
10	Khamphet Pearse, Audrey	New South Wales	x9.96m
	9.93m 9.95m 9.96m		
11	Ford, Renee	Victoria	9.81m
	ND 9.55m 9.81m		
12	Lennon, Harli	Victoria	9.78m
	ND ND 9.78m		
13	Fumberger, Eve	Victoria	x9.74m
	ND 9.74m 9.22m		
14	Obst, Kaysii	South Australia	x9.67m
	9.67m 9.46m 9.62m		
15	Humphrey, Tayla	Queensland	x9.46m
	9.23m 9.35m 9.46m		
16	Arnold, Rosie	Tasmania	9.17m
	9.17m 8.83m 9.11m		
17	Tracey, Edith	Tasmania	9.16m
	ND 9.16m 9.09m		
18	Doyle, Kirra	Tasmania	x8.63m
	8.17m 8.63m 8.62m		
19	Kelly, Chelsea	ACT	8.16m
	ND 7.94m 8.16m		
--	Gopalakrish, Nandhitha	ACT	ND
	ND ND ND		

Girls Shot Put (3kg) Under 13

Name	Age	Team	Finals
1 Kapsalis, Irini		New South Wales	13.59m
	12.77m ND ND 13.59m		
2 Goble-Lote, Nylah		Queensland	12.64m
	ND 12.05m 12.00m 12.64m		
3 Wong, Kaiah		New South Wales	12.35m
	11.64m 11.78m 11.88m 12.35m		
4 Pitt, Madeline		Western Australia	11.35m
	11.30m 10.65m 11.05m 11.35m		
5 Tarabay, Madeleine		Victoria	11.03m
	10.77m 11.03m 10.96m 10.94m		
6 Latanis, Sienna		New South Wales	x10.24m
	10.24m 10.09m 10.11m 9.81m		
7 Sa'u, Genesis		Queensland	9.94m
	9.94m 9.46m 8.78m 9.84m		
8 Watts, Xanthee		Queensland	x9.70m
	9.45m 9.70m 9.47m 9.43m		
9 Price, Lilly		Victoria	9.65m
	7.77m 9.51m 9.65m		
10 Castle, Inara		South Australia	9.49m
	8.90m 9.49m 8.90m		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls Shot Put (3kg) Under 13**

11	Thomas, Annabelle	Victoria	x9.43m
	9.43m 9.14m 9.29m		
12	Van Beek, Scarlett	Western Australia	9.37m
	9.13m 9.37m 9.37m		
13	Lange, Matilda	Tasmania	9.25m
	ND ND 9.25m		
14	Kwa, Marz	Tasmania	9.16m
	9.16m 8.86m 8.85m		
15	O'Dea, Zara	Western Australia	x8.91m
	8.76m 8.91m 8.82m		
16	Werkman, Isla	Tasmania	x8.27m
	7.84m 8.27m 7.76m		
17	Heath, Chloe	South Australia	7.64m
	7.64m 7.28m 7.50m		
18	Ling, Ruby Jane	ACT	7.43m
	6.97m 6.95m 7.43m		
19	Robinson, Maeya	South Australia	x7.35m
	7.35m 7.14m 6.99m		
20	Badwal, Sehaj Kaur	ACT	6.53m
	6.35m 6.53m ND		

Girls Discus Throw (750g) Under 13

Name	Age	Team	Finals
1 Joseph-Riogi, Tallara		New South Wales	38.19m
	29.81m 32.91m 38.19m	37.53m	
2 Tarabay, Madeleine		Victoria	38.12m
	35.09m 38.12m ND	35.68m	
3 Camilleri, Jemma		New South Wales	36.21m
	21.28m 34.06m 35.27m	36.21m	
4 Wong, Kaiah		New South Wales	x36.16m
	ND 34.99m 35.62m	36.16m	
5 Watts, Xanthee		Queensland	34.56m
	30.10m 34.56m 29.05m	ND	
6 Lange, Matilda		Tasmania	34.36m
	32.47m 34.36m 32.95m	32.91m	
7 Capps, Chelsea		Queensland	34.05m
	28.51m ND 33.67m	34.05m	
8 Thomas, Annabelle		Victoria	32.18m
	31.45m 32.18m ND	31.72m	
9 O'Dea, Zara		Western Australia	31.95m
	31.95m 30.88m 31.24m		
10 Hatten, Milah		Tasmania	30.79m
	30.79m 25.38m 30.02m		
11 Pitt, Madeline		Western Australia	30.40m
	12.65m 26.48m 30.40m		
12 Kwa, Marz		Tasmania	x30.35m
	27.52m 27.29m 30.35m		
13 Price, Lilly		Victoria	x29.30m
	27.83m 29.30m ND		
14 Van Beek, Scarlett		Western Australia	x27.87m
	ND 25.34m 27.87m		
15 Heath, Chloe		South Australia	24.35m
	ND 23.50m 24.35m		
16 Castle, Inara		South Australia	18.81m
	ND ND 18.81m		
17 Baak, Akon		South Australia	x16.65m
	16.65m ND ND		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls Discus Throw (750g) Under 13**

18	Badwal, Sehaj Kaur	ACT	16.29m
	ND 14.99m 16.29m		
19	Grocott, Emma	ACT	14.69m
	ND 12.75m 14.69m		
--	Sa'u, Genesis	Queensland	ND
	ND ND ND		

Girls Javelin Throw (400g) Under 13

Name	Age	Team	Finals
1 O'Dea, Zara		Western Australia	39.17m
	37.65m 35.30m 39.17m 38.45m		
2 Joseph-Riogi, Tallara		New South Wales	37.50m
	37.50m 34.27m ND 37.45m		
3 Kwa, Marz		Tasmania	37.38m
	37.38m ND 31.06m 35.33m		
4 South, Jalyn		Queensland	37.23m
	34.86m 37.23m 34.49m 32.94m		
5 Tarabay, Madeleine		Victoria	36.36m
	36.36m 35.02m 35.60m ND		
6 Williams, Sophie		Western Australia	35.67m
	33.20m 35.67m 35.37m 31.31m		
7 Leith, Ella		Victoria	33.68m
	33.68m 32.75m 33.22m ND		
8 Caton-Smith, Inés		Victoria	x32.76m
	24.48m 24.02m 32.76m 28.63m		
9 Lange, Matilda		Tasmania	31.07m
	30.83m ND 31.07m		
10 McPherson, Kayla		Tasmania	x29.93m
	ND ND 29.93m		
11 Capps, Chelsea		Queensland	29.70m
	29.70m 23.03m 27.10m		
12 Latanis, Sienna		New South Wales	29.56m
	29.56m ND ND		
13 Camilleri, Jemma		New South Wales	x28.93m
	27.86m 28.93m 26.16m		
14 Watts, Xanthee		Queensland	x26.58m
	26.58m 22.77m 22.47m		
15 Badwal, Sehaj Kaur		ACT	20.52m
	20.52m 19.74m 19.35m		
16 Heath, Chloe		South Australia	19.04m
	ND ND 19.04m		
17 Ling, Ruby Jane		ACT	13.48m
	ND 10.00m 13.48m		
--	Robinson, Maeya	South Australia	ND
	ND ND ND		
--	Redin, Zoe	South Australia	ND
	ND ND ND		

Girls 1500 Meter Race Walk Under 13

Name	Age	Team	Finals
Section 1			
1	Webb, Matilda	New South Wales	7:06.39
2	Loring, Jessica	New South Wales	7:15.74
3	Clarke, Makenna	Queensland	7:19.49
4	Grocott, Emma	ACT	7:22.53

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls 1500 Meter Race Walk Under 13**

5	Dunduli, Tanveer Kaur	South Australia	7:39.15
6	Holmes, Sarah	Victoria	7:39.84
7	Ireland, Chelsey	Western Australia	8:10.82
8	Wilson, Kate	Victoria	8:28.15
9	Carr, Lily	Tasmania	8:46.23
10	Marin, Grace	South Australia	8:55.71
11	Lennane, Josie	ACT	12:13.59
--	Petterwood, Macie	Tasmania	DQ
--	Flahey, Natasha	Queensland	DQ
--	Curtis, Isabelle	Western Australia	DQ

Girls 200 Meter Dash Under 15

Name	Age	Team	Finals	
1	Tarr, Isabella	Victoria	26.75	
2	Ross, Charli	Tasmania	27.22	
3	Steward, Lily	New South Wales	28.20	
4	Severinsen, Abbie	Queensland	x29.04	29.032
5	Wolmarans, Olivia	Western Australia	29.11	
6	Allen, Lucy	South Australia	29.15	
Section 2				
1	Wing, Izzy	Tasmania	25.99	
2	Williams, Monique	Queensland	27.71	
3	Hamilton, Abbie	ACT	28.50	
4	Almeida, Jaide	New South Wales	28.69	
5	Rodgers, Sophie	South Australia	29.04	29.036
6	Jones, Rose	Victoria	x29.55	
7	Boss, Imogen	Western Australia	x30.73	
Section 3				
1	Di Giuseppe, Rhianna	Western Australia	27.20	
2	Berlese, Abbey	Tasmania	x27.28	
3	Carr, Madison	Victoria	28.40	
4	Seremet, Sovannary	Queensland	28.93	
5	Lovell, Sarah	New South Wales	x29.14	
6	Smillie, Laura	ACT	30.91	
7	Watson, Julia	South Australia	x31.06	

Girls 800 Meter Run Under 15

Name	Age	Team	Finals	
Section 1				
1	Wolmarans, Olivia	Western Australia	2:31.01	
2	Hamilton, Abbie	ACT	2:32.26	
3	Jones, Rose	Victoria	2:37.87	
4	Almeida, Jaide	New South Wales	2:38.92	
5	Allen, Lucy	South Australia	2:39.96	
6	Boss, Imogen	Western Australia	x2:51.95	
7	Smillie, Laura	ACT	2:52.11	
8	Severinsen, Abbie	Queensland	2:55.98	
9	Watson, Julia	South Australia	3:25.30	
Section 2				
1	Berlese, Abbey	Tasmania	2:23.42	
2	Wing, Izzy	Tasmania	2:30.84	
3	Ross, Charli	Tasmania	x2:31.09	
4	Di Giuseppe, Rhianna	Western Australia	2:44.26	
5	Tarr, Isabella	Victoria	2:44.33	
6	Lovell, Sarah	New South Wales	2:44.90	

2022 Coles ALAC - 23/04/2022 to 24/04/2022

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Results

....Girls 800 Meter Run Under 15

7	Williams, Monique	Queensland	2:46.11
8	Carr, Madison	Victoria	x2:55.31
9	Seremet, Sovannary	Queensland	x3:04.42
10	Steward, Lily	New South Wales	x3:05.68

Girls 100 Meter Hurdles Under 15

Name	Age	Team	Finals
Section 1			
1	Almeida, Jaide	New South Wales	13.75
2	Seremet, Sovannary	Queensland	13.97
3	Ross, Charli	Tasmania	x14.31
4	Wolmarans, Olivia	Western Australia	x15.38
5	Hamilton, Abbie	ACT	15.84 15.831
6	Tarr, Isabella	Victoria	x15.84 15.840
7	Watson, Julia	South Australia	x16.15
Section 2			
1	Wing, Izzy	Tasmania	13.79
2	Steward, Lily	New South Wales	13.87
3	Severinsen, Abbie	Queensland	14.32
4	Boss, Imogen	Western Australia	14.86
5	Rodgers, Sophie	South Australia	15.29
6	Jones, Rose	Victoria	15.41
7	Smillie, Laura	ACT	16.28
Section 3			
1	Berlese, Abbey	Tasmania	13.86
2	Di Giuseppe, Rhianna	Western Australia	14.00
3	Lovell, Sarah	New South Wales	x14.37
4	Williams, Monique	Queensland	x14.68
5	Allen, Lucy	South Australia	14.87
6	Carr, Madison	Victoria	15.43

Girls High Jump Under 15

Name	Age	Team	Finals
Flight 1			
1	Wing, Izzy	Tasmania	1.57m
	1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60		
	O P O O O O O XXX		
2	Jones, Rose	Victoria	1.54m
	1.39 1.42 1.45 1.48 1.51 1.54 1.57		
	O P O P XO XXO XXX		
3	Seremet, Sovannary	Queensland	1.51m
	1.45 1.48 1.51 1.54 1.57		
	O P O P XXX		
4	Almeida, Jaide	New South Wales	J1.51m
	1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54		
	O O O O O XXO O XXX		
5	Ross, Charli	Tasmania	J1.51m
	1.36 1.39 1.42 1.45 1.48 1.51 1.54		
	O P XO O XO XXO XXX		
6	Williams, Monique	Queensland	1.48m
	1.36 1.39 1.42 1.45 1.48 1.51		
	O XO XO O O XXX		
7	Allen, Lucy	South Australia	J1.48m
	1.36 1.39 1.42 1.45 1.48 1.51		
	O O O O XO XXX		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls High Jump Under 15**

8	Carr, Madison	Victoria	J1.48m
	1.33 1.36 1.39 1.42 1.45 1.48 1.51		
	XO O O XO O XO XXX		
9	Lovell, Sarah	New South Wales	J1.48m
	1.33 1.36 1.39 1.42 1.45 1.48 1.51		
	O XXO O XXX XO XXX		
10	Steward, Lily	New South Wales	x1.45m
	1.36 1.39 1.42 1.45 1.48		
	O O O O XXX		
11	Berlese, Abbey	Tasmania	xJ1.45m
	1.30 1.33 1.36 1.39 1.42 1.45 1.48		
	O P O O O XXO XXX		
12	Di Giuseppe, Rhianna	Western Australia	1.42m
	1.36 1.39 1.42 1.45		
	O O O XXX		
12	Severinsen, Abbie	Queensland	x1.42m
	1.30 1.33 1.36 1.39 1.42 1.45		
	O O O O O XXX		
14	Wolmarans, Olivia	Western Australia	1.39m
	1.36 1.39 1.42		
	O O XXX		
15	Hamilton, Abbie	ACT	1.36m
	1.30 1.33 1.36 1.39		
	O XO O XXX		
16	Watson, Julia	South Australia	J1.36m
	1.30 1.33 1.36 1.39		
	O O XXO XXX		
17	Tarr, Isabella	Victoria	xJ1.36m
	1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39		
	O P O O O XXO XXO XXX		
18	Rodgers, Sophie	South Australia	x1.33m
	1.30 1.33 1.36		
	O O XXX		
18	Boss, Imogen	Western Australia	x1.33m
	1.33 1.36		
	O XX		
20	Smillie, Laura	ACT	1.30m
	1.18 1.21 1.24 1.27 1.30 1.33		
	O O XO XXO O XXX		

Girls Long Jump Under 15

Name	Age	Team	Finals
1 Ross, Charli		Tasmania	5.05m
	ND 4.70m 5.05m		
2 Seremet, Sovannary		Queensland	5.01m
	4.91m ND 5.01m		
3 Lovell, Sarah		New South Wales	4.87m
	4.87m 4.54m 4.52m		
4 Wing, Izzy		Tasmania	4.86m
	4.73m 4.86m 4.22m		
5 Di Giuseppe, Rhianna		Western Australia	4.81m
	4.45m 4.81m 4.55m		
6 Carr, Madison		Victoria	4.77m
	ND 4.61m 4.77m		
7 Williams, Monique		Queensland	4.76m
	4.62m 4.23m 4.76m		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls Long Jump Under 15**

8 Almeida, Jaide	New South Wales	J4.76m
4.51m 4.76m ND		
9 Berlese, Abbey	Tasmania	x4.75m
4.56m 4.57m 4.75m		
10 Tarr, Isabella	Victoria	4.65m
4.65m 4.22m 4.47m		
11 Steward, Lily	New South Wales	x4.61m
4.55m 4.59m 4.61m		
12 Severinsen, Abbie	Queensland	x4.59m
4.40m 4.30m 4.59m		
13 Allen, Lucy	South Australia	4.58m
4.45m 4.47m 4.58m		
14 Jones, Rose	Victoria	x4.44m
4.44m 4.09m 4.01m		
15 Boss, Imogen	Western Australia	4.30m
4.30m ND 4.13m		
16 Hamilton, Abbie	ACT	4.20m
3.87m 4.20m 3.93m		
17 Watson, Julia	South Australia	4.17m
4.16m 4.10m 4.17m		
18 Smillie, Laura	ACT	4.13m
4.13m 3.74m 3.41m		
19 Wolmarans, Olivia	Western Australia	x3.07m
ND 3.07m ND		

Girls Shot Put Under 15

Name	Age	Team	Finals
1 Williams, Monique		Queensland	12.54m
11.32m 12.54m 12.43m			
2 Lovell, Sarah		New South Wales	11.06m
11.06m 10.39m 10.55m			
3 Boss, Imogen		Western Australia	10.92m
10.67m 10.70m 10.92m			
4 Carr, Madison		Victoria	10.90m
10.42m 10.45m 10.90m			
5 Berlese, Abbey		Tasmania	10.83m
10.46m 10.83m 10.55m			
6 Rodgers, Sophie		South Australia	10.44m
10.44m ND 9.65m			
7 Almeida, Jaide		New South Wales	10.32m
9.93m 10.32m 9.24m			
8 Wolmarans, Olivia		Western Australia	9.68m
9.59m 9.42m 9.68m			
9 Steward, Lily		New South Wales	x9.66m
9.66m ND ND			
10 Watson, Julia		South Australia	9.64m
9.49m 9.64m 8.62m			
11 Ross, Charli		Tasmania	9.51m
9.51m 9.23m 9.49m			
12 Tarr, Isabella		Victoria	9.09m
8.65m 8.40m 9.09m			
13 Wing, Izzy		Tasmania	x8.50m
ND 8.50m ND			
14 Seremet, Sovannary		Queensland	8.45m
ND 7.80m 8.45m			
15 Severinsen, Abbie		Queensland	x8.44m
8.44m 6.98m ND			

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls Shot Put Under 15**

16 Allen, Lucy	South Australia	x8.39m
8.21m 7.85m 8.39m		
17 Di Giuseppe, Rhianna	Western Australia	x8.09m
ND 8.09m 7.88m		
18 Smillie, Laura	ACT	7.73m
7.33m 7.73m 7.22m		
19 Jones, Rose	Victoria	x7.43m
7.43m 7.16m 7.10m		
20 Hamilton, Abbie	ACT	6.15m
6.15m 6.15m ND		

Girls Javelin Throw Under 15

Name	Age Team	Finals
1 Berlese, Abbey	Tasmania	37.50m
33.83m 30.85m 37.50m		
2 Lovell, Sarah	New South Wales	34.51m
30.13m 34.31m 34.51m		
3 Ross, Charli	Tasmania	33.64m
29.51m 32.17m 33.64m		
4 Boss, Imogen	Western Australia	32.65m
ND 32.65m 32.44m		
5 Williams, Monique	Queensland	31.43m
30.77m 31.43m 24.21m		
6 Wing, Izzy	Tasmania	x30.72m
30.72m ND 27.53m		
7 Watson, Julia	South Australia	30.13m
29.61m 30.13m ND		
8 Tarr, Isabella	Victoria	28.74m
28.74m ND ND		
9 Di Giuseppe, Rhianna	Western Australia	27.92m
ND 23.60m 27.92m		
10 Allen, Lucy	South Australia	27.40m
20.52m 27.40m 26.57m		
11 Carr, Madison	Victoria	27.32m
ND 25.10m 27.32m		
12 Steward, Lily	New South Wales	27.21m
17.65m 27.21m ND		
13 Smillie, Laura	ACT	25.59m
24.55m 22.63m 25.59m		
14 Severinsen, Abbie	Queensland	23.56m
23.56m ND ND		
15 Wolmarans, Olivia	Western Australia	x23.43m
ND ND 23.43m		
16 Seremet, Sovannary	Queensland	x19.23m
18.65m 17.35m 19.23m		
17 Jones, Rose	Victoria	x16.97m
15.71m 13.70m 16.97m		
18 Hamilton, Abbie	ACT	14.41m
9.30m 12.17m 14.41m		
-- Almeida, Jaide	New South Wales	ND
ND ND ND		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****Heptathlon: #4 Girls 200 Meter Dash Under 15**

Name	Age	Team	Finals	Points
Section 1				
1 Tarr, Isabella		Victoria	26.75	733
2 Ross, Charli		Tasmania	27.22	694
3 Steward, Lily		New South Wales	28.20	615
4 Severinsen, Abbie		Queensland	29.04	551 29.032
5 Wolmarans, Olivia		Western Australia	29.11	546
6 Allen, Lucy		South Australia	29.15	543
Section 2				
1 Wing, Izzy		Tasmania	25.99	798
2 Williams, Monique		Queensland	27.71	654
3 Hamilton, Abbie		ACT	28.50	592
4 Almeida, Jaide		New South Wales	28.69	577
5 Rodgers, Sophie		South Australia	29.04	551 29.036
6 Jones, Rose		Victoria	29.55	514
7 Boss, Imogen		Western Australia	30.73	432
Section 3				
1 Di Giuseppe, Rhianna		Western Australia	27.20	695
2 Berlese, Abbey		Tasmania	27.28	689
3 Carr, Madison		Victoria	28.40	600
4 Seremet, Sovannary		Queensland	28.93	559
5 Lovell, Sarah		New South Wales	29.14	544
6 Smillie, Laura		ACT	30.91	420
7 Watson, Julia		South Australia	31.06	411

Heptathlon: #7 Girls 800 Meter Run Under 15

Name	Age	Team	Finals	Points
Section 1				
1 Wolmarans, Olivia		Western Australia	2:31.01	680
2 Hamilton, Abbie		ACT	2:32.26	665
3 Jones, Rose		Victoria	2:37.87	598
4 Almeida, Jaide		New South Wales	2:38.92	585
5 Allen, Lucy		South Australia	2:39.96	573
6 Boss, Imogen		Western Australia	2:51.95	444
7 Smillie, Laura		ACT	2:52.11	442
8 Severinsen, Abbie		Queensland	2:55.98	403
9 Watson, Julia		South Australia	3:25.30	166
Section 2				
1 Berlese, Abbey		Tasmania	2:23.42	778
2 Wing, Izzy		Tasmania	2:30.84	682
3 Ross, Charli		Tasmania	2:31.09	679
4 Di Giuseppe, Rhianna		Western Australia	2:44.26	525
5 Tarr, Isabella		Victoria	2:44.33	524
6 Lovell, Sarah		New South Wales	2:44.90	518
7 Williams, Monique		Queensland	2:46.11	505
8 Carr, Madison		Victoria	2:55.31	410
9 Seremet, Sovannary		Queensland	3:04.42	325
10 Steward, Lily		New South Wales	3:05.68	314

Heptathlon: #1 Girls 100 Meter Hurdles (90mH-76cm) Under 15

Name	Age	Team	Finals	Points
Section 1				
1 Almeida, Jaide		New South Wales	13.75	1014
2 Seremet, Sovannary		Queensland	13.97	983

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Heptathlon: #1 Girls 100 Meter Hurdles (90mH-76cm) Under 15**

3	Ross, Charli	Tasmania	14.31	935
4	Wolmarans, Olivia	Western Australia	15.38	792
5	Hamilton, Abbie	ACT	15.84	734 15.831
6	Tarr, Isabella	Victoria	15.84	734 15.840
7	Watson, Julia	South Australia	16.15	696

Section 2

1	Wing, Izzy	Tasmania	13.79	1008
2	Steward, Lily	New South Wales	13.87	997
3	Severinsen, Abbie	Queensland	14.32	934
4	Boss, Imogen	Western Australia	14.86	860
5	Rodgers, Sophie	South Australia	15.29	804
6	Jones, Rose	Victoria	15.41	788
7	Smillie, Laura	ACT	16.28	680

Section 3

1	Berlese, Abbey	Tasmania	13.86	998
2	Di Giuseppe, Rhianna	Western Australia	14.00	978
3	Lovell, Sarah	New South Wales	14.37	927
4	Williams, Monique	Queensland	14.68	884
5	Allen, Lucy	South Australia	14.87	859
6	Carr, Madison	Victoria	15.43	786

Heptathlon: #2 Girls High Jump Under 15

=====											
Name	Age		Team							Finals	Points
=====											
Flight 1											
1	Wing, Izzy	Tasmania							1.57m	701	
	1.39	1.42	1.45	1.48	1.51	1.54	1.57	1.60			
	O	P	O	O	O	O	O	XXX			
2	Jones, Rose	Victoria							1.54m	666	
	1.39	1.42	1.45	1.48	1.51	1.54	1.57				
	O	P	O	P	XO	XXO	XXX				
3	Almeida, Jaide	New South Wales							1.51m	632	
	1.33	1.36	1.39	1.42	1.45	1.48	1.51	1.54			
	O	O	O	O	O	XXO	O	XXX			
3	Seremet, Sovannary	Queensland							1.51m	632	
	1.45	1.48	1.51	1.54	1.57						
	O	P	O	P	XXX						
3	Ross, Charli	Tasmania							1.51m	632	
	1.36	1.39	1.42	1.45	1.48	1.51	1.54				
	O	P	XO	O	XO	XXO	XXX				
6	Carr, Madison	Victoria							1.48m	599	
	1.33	1.36	1.39	1.42	1.45	1.48	1.51				
	XO	O	O	XO	O	XO	XXX				
6	Allen, Lucy	South Australia							1.48m	599	
	1.36	1.39	1.42	1.45	1.48	1.51					
	O	O	O	O	XO	XXX					
6	Williams, Monique	Queensland							1.48m	599	
	1.36	1.39	1.42	1.45	1.48	1.51					
	O	XO	XO	O	O	XXX					
6	Lovell, Sarah	New South Wales							1.48m	599	
	1.33	1.36	1.39	1.42	1.45	1.48	1.51				
	O	XXO	O	XXX	XO	XO	XXX				
10	Steward, Lily	New South Wales							1.45m	566	
	1.36	1.39	1.42	1.45	1.48						
	O	O	O	O	XXX						
10	Berlese, Abbey	Tasmania							1.45m	566	
	1.30	1.33	1.36	1.39	1.42	1.45	1.48				
	O	P	O	O	O	XXO	XXX				

2022 Coles ALAC - 23/04/2022 to 24/04/2022

Lakeside Stadium

Results

....Heptathlon: #2 Girls High Jump Under 15

12	Di Giuseppe, Rhianna	Western Australia	1.42m	534
	1.36 1.39 1.42 1.45			
	O O O XXX			
12	Severinsen, Abbie	Queensland	1.42m	534
	1.30 1.33 1.36 1.39 1.42 1.45			
	O O O O O XXX			
14	Wolmarans, Olivia	Western Australia	1.39m	502
	1.36 1.39 1.42			
	O O XXX			
15	Tarr, Isabella	Victoria	1.36m	470
	1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39			
	O P O O O XXO XXO XXX			
15	Watson, Julia	South Australia	1.36m	470
	1.30 1.33 1.36 1.39			
	O O XXO XXX			
15	Hamilton, Abbie	ACT	1.36m	470
	1.30 1.33 1.36 1.39			
	O XO O XXX			
18	Rodgers, Sophie	South Australia	1.33m	439
	1.30 1.33 1.36			
	O O XXX			
18	Boss, Imogen	Western Australia	1.33m	439
	1.33 1.36			
	O XX			
20	Smillie, Laura	ACT	1.30m	409
	1.18 1.21 1.24 1.27 1.30 1.33			
	O O XO XXO O XXX			

Heptathlon: #5 Girls Long Jump Under 15

Name	Age	Team	Finals	Points
1 Ross, Charli		Tasmania	5.05m	573
	ND	4.70m	5.05m	
2 Seremet, Sovannary		Queensland	5.01m	562
	4.91m	ND	5.01m	
3 Lovell, Sarah		New South Wales	4.87m	524
	4.87m	4.54m	4.52m	
4 Wing, Izzy		Tasmania	4.86m	522
	4.73m	4.86m	4.22m	
5 Di Giuseppe, Rhianna		Western Australia	4.81m	508
	4.45m	4.81m	4.55m	
6 Carr, Madison		Victoria	4.77m	498
	ND	4.61m	4.77m	
7 Williams, Monique		Queensland	4.76m	495
	4.62m	4.23m	4.76m	
7 Almeida, Jaide		New South Wales	4.76m	495
	4.51m	4.76m	ND	
9 Berlese, Abbey		Tasmania	4.75m	492
	4.56m	4.57m	4.75m	
10 Tarr, Isabella		Victoria	4.65m	466
	4.65m	4.22m	4.47m	
11 Steward, Lily		New South Wales	4.61m	456
	4.55m	4.59m	4.61m	
12 Severinsen, Abbie		Queensland	4.59m	451
	4.40m	4.30m	4.59m	
13 Allen, Lucy		South Australia	4.58m	448
	4.45m	4.47m	4.58m	

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Heptathlon: #5 Girls Long Jump Under 15**

14	Jones, Rose	Victoria	4.44m	413
	4.44m 4.09m 4.01m			
15	Boss, Imogen	Western Australia	4.30m	379
	4.30m ND 4.13m			
16	Hamilton, Abbie	ACT	4.20m	355
	3.87m 4.20m 3.93m			
17	Watson, Julia	South Australia	4.17m	347
	4.16m 4.10m 4.17m			
18	Smillie, Laura	ACT	4.13m	338
	4.13m 3.74m 3.41m			
19	Wolmarans, Olivia	Western Australia	3.07m	119
	ND 3.07m ND			

Heptathlon: #3 Girls Shot Put (3kg) Under 15

Name	Age	Team	Finals	Points
1 Williams, Monique		Queensland	12.54m	697
	11.32m 12.54m 12.43m			
2 Lovell, Sarah		New South Wales	11.06m	599
	11.06m 10.39m 10.55m			
3 Boss, Imogen		Western Australia	10.92m	590
	10.67m 10.70m 10.92m			
4 Carr, Madison		Victoria	10.90m	589
	10.42m 10.45m 10.90m			
5 Berlese, Abbey		Tasmania	10.83m	584
	10.46m 10.83m 10.55m			
6 Rodgers, Sophie		South Australia	10.44m	558
	10.44m ND 9.65m			
7 Almeida, Jaide		New South Wales	10.32m	550
	9.93m 10.32m 9.24m			
8 Wolmarans, Olivia		Western Australia	9.68m	509
	9.59m 9.42m 9.68m			
9 Steward, Lily		New South Wales	9.66m	507
	9.66m ND ND			
10 Watson, Julia		South Australia	9.64m	506
	9.49m 9.64m 8.62m			
11 Ross, Charli		Tasmania	9.51m	497
	9.51m 9.23m 9.49m			
12 Tarr, Isabella		Victoria	9.09m	470
	8.65m 8.40m 9.09m			
13 Wing, Izzy		Tasmania	8.50m	432
	ND 8.50m ND			
14 Seremet, Sovannary		Queensland	8.45m	428
	ND 7.80m 8.45m			
15 Severinsen, Abbie		Queensland	8.44m	428
	8.44m 6.98m ND			
16 Allen, Lucy		South Australia	8.39m	425
	8.21m 7.85m 8.39m			
17 Di Giuseppe, Rhianna		Western Australia	8.09m	405
	ND 8.09m 7.88m			
18 Smillie, Laura		ACT	7.73m	382
	7.33m 7.73m 7.22m			
19 Jones, Rose		Victoria	7.43m	363
	7.43m 7.16m 7.10m			
20 Hamilton, Abbie		ACT	6.15m	281
	6.15m 6.15m ND			

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****Heptathlon: #6 Girls Javelin Throw (500g) Under 15**

Name	Age	Team	Finals	Points
1 Berlese, Abbey 33.83m 30.85m 37.50m		Tasmania	37.50m	619
2 Lovell, Sarah 30.13m 34.31m 34.51m		New South Wales	34.51m	562
3 Ross, Charli 29.51m 32.17m 33.64m		Tasmania	33.64m	546
4 Boss, Imogen ND 32.65m 32.44m		Western Australia	32.65m	527
5 Williams, Monique 30.77m 31.43m 24.21m		Queensland	31.43m	504
6 Wing, Izzy 30.72m ND 27.53m		Tasmania	30.72m	490
7 Watson, Julia 29.61m 30.13m ND		South Australia	30.13m	479
8 Tarr, Isabella 28.74m ND ND		Victoria	28.74m	453
9 Di Giuseppe, Rhianna ND 23.60m 27.92m		Western Australia	27.92m	437
10 Allen, Lucy 20.52m 27.40m 26.57m		South Australia	27.40m	427
11 Carr, Madison ND 25.10m 27.32m		Victoria	27.32m	426
12 Steward, Lily 17.65m 27.21m ND		New South Wales	27.21m	424
13 Smillie, Laura 24.55m 22.63m 25.59m		ACT	25.59m	393
14 Severinsen, Abbie 23.56m ND ND		Queensland	23.56m	355
15 Wolmarans, Olivia ND ND 23.43m		Western Australia	23.43m	353
16 Seremet, Sovannary 18.65m 17.35m 19.23m		Queensland	19.23m	275
17 Jones, Rose 15.71m 13.70m 16.97m		Victoria	16.97m	233
18 Hamilton, Abbie 9.30m 12.17m 14.41m		ACT	14.41m	186
-- Almeida, Jaide ND ND ND		New South Wales	ND	

Girls Heptathlon Under 15

Name	Age	Team	Finals
1 Berlese, Abbey		Tasmania	4726
2 Wing, Izzy		Tasmania	4633
3 Ross, Charli		Tasmania	4556
4 Williams, Monique		Queensland	4338
5 Lovell, Sarah		New South Wales	4273
6 Di Giuseppe, Rhianna		Western Australia	4082
7 Carr, Madison		Victoria	3908
8 Steward, Lily		New South Wales	3879
9 Allen, Lucy		South Australia	3874
10 Almeida, Jaide		New South Wales	3853
11 Tarr, Isabella		Victoria	3850
12 Seremet, Sovannary		Queensland	3764
13 Boss, Imogen		Western Australia	3671

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls Heptathlon Under 15**

14 Severinsen, Abbie	Queensland	3656
15 Jones, Rose	Victoria	3575
16 Wolmarans, Olivia	Western Australia	3501
17 Hamilton, Abbie	ACT	3283
18 Watson, Julia	South Australia	3075
19 Smillie, Laura	ACT	3064

Girls 100 Meter Dash Under 13 MC

Name	Age Team	Finals
Section 1		
1 Campling, Matilda F01;T0	Queensland	15.79 74.20%
2 Kennedy, Hayleigh F20;T2	Queensland	17.65 67.51%

Girls 200 Meter Dash Under 13 MC

Name	Age Team	Finals
1 Campling, Matilda F01;T0	Queensland	33.45 73.03%
2 Kennedy, Hayleigh F20;T2	Queensland	39.06 64.03%

Girls 800 Meter Run Under 13 MC

Name	Age Team	Finals
1 Campling, Matilda F01;T0	Queensland	2:58.03 71.62%
2 Kennedy, Hayleigh F20;T2	Queensland	3:46.68 56.35%

Girls Shot Put Under 13 MC

Name	Age Team	Finals
Flight 1		
1 Kennedy, Hayleigh F20;T2	Queensland	4.86m 34.47%
		4.70m 4.86m 4.35m 3.41m

Girls Discus Throw Under 13 MC

Name	Age Team	Finals
1 Campling, Matilda F01;T0	Queensland	13.75m 23.49%
		ND 12.56m ND 13.75m

Girls Shot Put Under 15 MC

Name	Age Team	Finals
1 Brotto-Janson, Aniela F3	Victoria	7.97m 63.35%
		7.70m 7.53m 7.87m 7.97m
2 Davis, Hollie F20;T20	Queensland	6.53m 46.31%
		5.61m 6.34m 6.53m 6.13m

Girls Discus Throw Under 15 MC

Name	Age Team	Finals
1 Brotto-Janson, Aniela F3	Victoria	19.54m 51.65%
		18.44m ND 14.28m 19.54m

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Girls Discus Throw Under 15 MC**

2 Davis, Hollie F20;T20 Queensland 16.58m 38.00%
 ND 15.49m 15.89m 16.58m

Boys 100 Meter Dash Under 13

Name	Age	Team	Prelims
Heat 1 Preliminaries			
1 Proudford, Jack		New South Wales	12.35Q
2 Seremet, Leonardo		Queensland	12.48q
3 Brancatisano, Cooper		Victoria	12.51q
4 Oldham, Luke		Tasmania	13.16
5 Ferrante Tanikawa, Ken		South Australia	13.36
6 Martin, Henry		ACT	13.85
Heat 2 Preliminaries			
1 Haider, Zulqarnain		Victoria	12.17Q
2 Nwaobi, Daniel		ACT	12.49q
3 Dowling, River		South Australia	12.57q
4 Ehioghae, Paul		Western Australia	12.60
5 Cashion, Thomas		New South Wales	12.91
6 Gerrard, Luca		Queensland	13.05
7 Barwick, Rhys		Tasmania	13.57
Heat 3 Preliminaries			
1 Banigo, Nelson		Victoria	12.41Q
2 Tennant, Archie		Queensland	12.51q
3 Lau, Dylan		New South Wales	13.05
4 Vernon, Oakley		Tasmania	13.09
5 Uduma, Ogbonnaya		South Australia	13.23
6 Shaw, Callum		Western Australia	13.24
7 Cooper, Isaac		ACT	13.74

Boys 100 Meter Dash Under 13

Name	Age	Team	Finals
Section 1 Finals			
1 Haider, Zulqarnain		Victoria	12.07
2 Proudford, Jack		New South Wales	12.22
3 Nwaobi, Daniel		ACT	12.27
4 Banigo, Nelson		Victoria	12.33
5 Tennant, Archie		Queensland	12.34
6 Seremet, Leonardo		Queensland	12.41
7 Brancatisano, Cooper		Victoria	x12.43
8 Dowling, River		South Australia	12.75

Boys 200 Meter Dash Under 13

Name	Age	Team	Prelims
Heat 1 Preliminaries			
1 Miliias, Matthew		Victoria	24.97Q
2 Proudford, Jack		New South Wales	25.18q
3 Seremet, Leonardo		Queensland	25.74q
4 Vernon, Oakley		Tasmania	26.49
5 Shaw, Callum		Western Australia	27.67
6 Martin, Henry		ACT	27.75
Heat 2 Preliminaries			
1 Haider, Zulqarnain		Victoria	24.51Q
2 Badger, Cameron		New South Wales	25.74q

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****...Boys 200 Meter Dash Under 13**

3 Paelay, Emmanuel	Queensland	26.84
4 Cooray, Jayden	South Australia	26.95
5 Uduma, Ogbonnaya	South Australia	27.61
6 Paull, Cameron	ACT	28.78
7 Case, Xavier	Tasmania	30.70

Heat 3 Preliminaries

1 Brancatisano, Cooper	Victoria	25.42Q
2 Cashion, Thomas	New South Wales	25.81q
3 Nwaobi, Daniel	ACT	26.13q
4 Tennant, Archie	Queensland	26.31
5 Dowling, River	South Australia	26.49
6 Barwick, Rhys	Tasmania	27.55
7 Ehioghae, Paul	Western Australia	27.98

Boys 200 Meter Dash Under 13

Name	Age	Team	Finals
Section 1 Finals			
1 Haider, Zulqarnain		Victoria	24.36
2 Miliias, Matthew		Victoria	24.88
3 Brancatisano, Cooper		Victoria	x25.19
4 Proudford, Jack		New South Wales	25.20
5 Badger, Cameron		New South Wales	25.55
6 Seremet, Leonardo		Queensland	25.60
7 Nwaobi, Daniel		ACT	25.68
8 Cashion, Thomas		New South Wales	x25.94

Boys 400 Meter Run Under 13

Name	Age	Team	Finals
Section 1			
1 Artemis, James		Western Australia	60.86
2 Lemuel, Prijay		ACT	62.95
3 Lake, Jack		Western Australia	63.71
4 Pietsch, Louis		South Australia	x64.45
5 Peek, Luke		ACT	x67.76
Section 2			
1 Cooray, Jayden		South Australia	60.01
2 Vernon, Oakley		Tasmania	60.12
3 Jarvis, William		South Australia	60.27
4 Jordan, Alberto		New South Wales	x63.21
5 Paull, Cameron		ACT	64.58
6 Morgan, Charles		Tasmania	66.93
Section 3			
1 Wright, Oscar		Victoria	56.05
2 Badger, Cameron		New South Wales	56.36
3 Kakavas, George		Queensland	57.49
4 Agook, Deng		Victoria	59.02
5 O'Brien, Thomas		Queensland	59.43
6 Moresi, Joel		New South Wales	60.84
7 Boddenberg, Oliver		Victoria	x61.11
8 Kisby, Will		Queensland	x62.33

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****Boys 800 Meter Run Under 13**

Name	Age	Team	Finals
Section 1			
1 Ritossa, Flynn		South Australia	x2:19.39
2 Bennett, Cooper		Western Australia	2:23.72
3 Preece, Lachlan		Tasmania	2:25.86
4 Lemuel, Prijay		ACT	2:27.80
5 Morgan, Charles		Tasmania	2:31.04
6 Job, Lachlan		Tasmania	x2:32.78
7 Paull, Cameron		ACT	2:37.36
8 Davidson, Max		Victoria	x2:37.86
9 Christian, Nicholas		ACT	x2:46.29
Section 2			
1 Wain, Alexander		Queensland	2:08.40
2 Wright, Oscar		Victoria	2:09.66
3 Alley, Trent		New South Wales	2:12.73
4 Kisby, Will		Queensland	2:13.96
5 Huang, Ethan		Queensland	x2:14.67
6 Moresi, Joel		New South Wales	2:16.09
7 Ferns, Harrison		New South Wales	x2:17.50
8 Jarvis, William		South Australia	2:18.06
9 Mellech, Zac		Victoria	2:18.87
10 Cameron, Joshua		South Australia	2:18.91

Boys 1500 Meter Run Under 13

Name	Age	Team	Finals
Section 1			
1 Wain, Alexander		Queensland	4:20.10
2 Wright, Oscar		Victoria	4:29.52
3 Alley, Trent		New South Wales	4:29.68
4 Gartner, Ollie		Queensland	4:36.86
5 Pietsch, Louis		South Australia	4:37.20
6 Huang, Ethan		Queensland	x4:37.77
7 Mellech, Zac		Victoria	4:39.32
8 Shepherd, Kieran		ACT	4:43.65
9 Mortimer, Dylan		New South Wales	4:45.79
10 Ritossa, Flynn		South Australia	4:46.48
11 Cameron, Joshua		South Australia	x4:48.51
12 Bennett, Cooper		Western Australia	4:55.65
13 Preece, Lachlan		Tasmania	5:08.91
14 Morgan, Charles		Tasmania	5:09.38
15 Pashutin, Daniel		Victoria	x5:09.50
16 Robinson McEvoy, Jesse		ACT	5:28.85
17 Talbot, Lincon		Tasmania	x5:28.96
18 Kirk, Aidan		New South Wales	x5:36.46
-- Artemis, James		Western Australia	DNF

Boys 80 Meter Hurdles (76cm) Under 13

Name	Age	Team	Prelims
Heat 1 Preliminaries			
1 Ehioghae, Paul		Western Australia	12.42Q
2 Badger, Cameron		New South Wales	12.59q
3 Dickinson, Archie		Queensland	12.76q
4 McPherson, Guy		Victoria	12.89q
5 Vernon, Oakley		Tasmania	14.44

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys 80 Meter Hurdles (76cm) Under 13**

6	Peek, Luke	ACT	14.61
7	Spanagel, Finn	South Australia	14.72
Heat 2 Preliminaries			
1	Haider, Zulqarnain	Victoria	12.10Q
2	Evans, Zak	New South Wales	12.67q
3	Ferrante Tanikawa, Ken	South Australia	12.84q
4	Clark, Oliver	Western Australia	13.82
5	Shepherd, Kieran	ACT	14.65
6	Oldham, Luke	Tasmania	15.22
--	Coombs, Ruben	Queensland	DNF
Heat 3 Preliminaries			
1	Miliias, Matthew	Victoria	12.31Q
2	Price, Samuel	New South Wales	12.93
3	Paelay, Emmanuel	Queensland	13.59
4	Nwaobi, Daniel	ACT	13.61
5	Carthew, Kade	Western Australia	14.01
6	Green, Hamish	South Australia	14.37
7	Barwick, Rhys	Tasmania	15.46

Boys 80 Meter Hurdles (76cm) Under 13

Name	Age	Team	Finals	
Section 1 Finals				
1		Haider, Zulqarnain	Victoria	11.98
2		Miliias, Matthew	Victoria	12.22
3		Badger, Cameron	New South Wales	12.42
4		Ehioghuae, Paul	Western Australia	12.58
5		Dickinson, Archie	Queensland	12.66
6		Evans, Zak	New South Wales	12.69
7		Ferrante Tanikawa, Ken	South Australia	12.69
8		McPherson, Guy	Victoria	x13.01

Boys 200 Meter Hurdles (68cm) Under 13

Name	Age	Team	Prelims	
Heat 1 Preliminaries				
1		Coombs, Ruben	Queensland	28.48Q
2		Evans, Zak	New South Wales	28.74q
3		McPherson, Guy	Victoria	29.15q
4		Vernon, Oakley	Tasmania	30.34
5		McGinley, Gerard	South Australia	31.94
6		Martin, Henry	ACT	32.30
Heat 2 Preliminaries				
1		Haider, Zulqarnain	Victoria	25.82Q
2		Paelay, Emmanuel	Queensland	28.59q
3		Alley, Trent	New South Wales	29.45
4		Walsh, Axel	Western Australia	29.67
5		Green, Hamish	South Australia	31.67
6		Peek, Luke	ACT	32.39
7		Talbot, Lincon	Tasmania	32.93
Heat 3 Preliminaries				
1		Spadaro, Alex	New South Wales	27.98Q
2		Ferrante Tanikawa, Ken	South Australia	28.11q
3		Boddenberg, Oliver	Victoria	29.19q
4		Dickinson, Archie	Queensland	29.46
5		Cooper, Isaac	ACT	31.88
6		Blondeau, Paul	Western Australia	32.31

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys 200 Meter Hurdles (68cm) Under 13**

7 Morgan, Charles	Tasmania	33.75
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Boys 200 Meter Hurdles (68cm) Under 13

Name	Age Team	Finals
Section 1 Finals		
1 Haider, Zulqarnain	Victoria	25.50
2 Ferrante Tanikawa, Ken	South Australia	27.80
3 Spadaro, Alex	New South Wales	27.99
4 Coombs, Ruben	Queensland	28.43
5 Evans, Zak	New South Wales	29.12
6 McPherson, Guy	Victoria	29.22
7 Boddenberg, Oliver	Victoria	x29.60
8 Paelay, Emmanuel	Queensland	30.93

Boys 4x100 Meter Relay Under 13

Team	Finals
Section 1	
1 Victoria 'A'	47.04
1) Banigo, Nelson 13	2) Milias, Matthew 13
3) Brancatisano, Cooper 13	4) Haider, Zulqarnain 13
2 Queensland 'A'	49.19
1) Paelay, Emmanuel 13	2) Tennant, Archie 13
3) Gerrard, Luca 13	4) Seremet, Leonardo 13
3 New South Wales 'A'	49.24
1) Spadaro, Alex 13	2) Proudford, Jack 13
3) Badger, Cameron 13	4) Cashion, Thomas 13
4 South Australia 'A'	49.56
1) Uduma, Ogbonnaya 13	2) Dowling, River 13
3) Cooray, Jayden 13	4) Ferrante Tanikawa, Ken 13
5 Australian Capital Territory 'A'	51.25
1) Cooper, Isaac 13	2) Nwaobi, Daniel 13
3) Lemuel, Prijay 13	4) Martin, Henry 13
6 Western Australia 'A'	52.02
1) Shaw, Callum 13	2) Ehioghae, Paul 13
3) Clark, Oliver 13	4) Walsh, Axel 13
7 Tasmania 'A'	58.26
1) Case, Xavier 13	2) Hardinge, Sebastian 13
3) Morgan, Charles 13	4) Talbot, Lincon 13

Boys 1000 Sprint Medley Under 13

Team	Finals
1 Victoria 'A'	2:12.63
1) Banigo, Nelson 13	2) Milias, Matthew 13
3) Brancatisano, Cooper 13	4) Haider, Zulqarnain 13
2 Queensland 'A'	2:15.74
1) Tennant, Archie 13	2) O'Brien, Thomas 13
3) Seremet, Leonardo 13	4) Kakavas, George 13
3 New South Wales 'A'	2:18.19
1) Spadaro, Alex 13	2) Moresi, Joel 13
3) Proudford, Jack 13	4) Badger, Cameron 13
4 South Australia 'A'	2:25.64
1) Dowling, River 13	2) Uduma, Ogbonnaya 13
3) Cooray, Jayden 13	4) Jarvis, William 13

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys 1000 Sprint Medley Under 13**

5 Tasmania 'A'	2:29.31
1) Job, Lachlan 13	2) Oldham, Luke 13
3) Barwick, Rhys 13	4) Vernon, Oakley 13
6 Western Australia 'A'	2:29.88
1) Shaw, Callum 13	2) Lake, Jack 13
3) Ehioghae, Paul 13	4) Bennett, Cooper 13
7 Australian Capital Territory 'A'	2:30.64
1) Dau, Jacob 13	2) Paull, Cameron 13
3) Peek, Luke 13	4) Shepherd, Kieran 13

Boys High Jump (1.30m) Under 13

Name	Age	Team	Finals
Flight 1			
1 Spanagel, Finn		South Australia	1.70m
1.45 1.50 1.55 1.60 1.65 1.68 1.70 1.72			
0 0 0 0 0 0 0 XXX			
2 Blair, Xavier		Queensland	1.65m
1.45 1.50 1.55 1.60 1.65 1.68			
0 0 0 XO XXO XXX			
2 Dolman, Harrison		Victoria	1.65m
1.40 1.45 1.50 1.55 1.60 1.65 1.68			
0 0 P XO 0 XXO XXX			
4 Moresi, Joel		New South Wales	1.60m
1.45 1.50 1.55 1.60 1.65			
0 0 0 0 XXX			
5 Anderson, Samuel		Queensland	J1.60m
1.45 1.50 1.55 1.60 1.65			
0 0 0 XXO XXX			
6 Carthew, Kade		Western Australia	J1.60m
1.40 1.45 1.50 1.55 1.60 1.65			
0 0 0 XXO XXO XXX			
7 Still, Darcy		Victoria	1.55m
1.40 1.45 1.50 1.55 1.60			
0 0 0 0 XXX			
8 Lewanavanua, Ratu		New South Wales	J1.55m
1.45 1.50 1.55 1.60			
XO 0 0 XXX			
9 Shepherd, Kieran		ACT	J1.55m
1.40 1.45 1.50 1.55 1.60			
0 0 0 XO XXX			
9 de Vries, Caleb		Queensland	xJ1.55m
1.45 1.50 1.55 1.60			
0 0 XO XXX			
11 Agook, Deng		Victoria	x1.50m
1.40 1.45 1.50 1.55			
0 0 0 XXX			
12 Jordan, Alberto		New South Wales	xJ1.50m
1.40 1.45 1.50 1.55			
0 XO XO XXX			
13 Skuse, Kai		South Australia	J1.50m
1.30 1.35 1.40 1.45 1.50 1.55			
0 0 0 0 XXO XXX			
14 Hardinge, Sebastian		Tasmania	1.45m
1.30 1.35 1.40 1.45 1.50			
0 XO XO 0 XXX			

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys High Jump (1.30m) Under 13**

15	Dau, Jacob	ACT	J1.45m
	1.35 1.40 1.45 1.50		
	O O XXO XXX		
16	Green, Hamish	South Australia	xJ1.45m
	1.35 1.40 1.45 1.50		
	XO O XXO XXX		
17	Walsh, Axel	Western Australia	1.40m
	1.40 1.45 1.50		
	O P XXX		
18	Oldham, Luke	Tasmania	J1.40m
	1.30 1.35 1.40 1.45		
	O O XXO XXX		
19	Talbot, Lincon	Tasmania	x1.30m
	1.30 1.35		
	XXO XXX		

Boys Long Jump Under 13

Name	Age	Team	Finals
1 Dolman, Harrison		Victoria	5.77m
	5.47m 5.62m 5.43m	5.77m	
2 Tennant, Archie		Queensland	5.74m
	5.74m 5.50m 5.71m	5.71m	
3 Miliias, Matthew		Victoria	5.68m
	5.57m 5.43m 5.30m	5.68m	
4 Ehioghae, Paul		Western Australia	5.45m
	5.45m 5.34m 5.18m	ND	
5 Seremet, Leonardo		Queensland	5.40m
	5.18m 5.16m 5.40m	5.39m	
6 Gerrard, Luca		Queensland	x5.24m
	5.24m 4.84m 5.10m	5.20m	
6 Proudford, Jack		New South Wales	5.24m
	4.88m 5.24m 5.09m	5.22m	
8 Kanthasamy, Chellian		Victoria	x5.06m
	5.06m 4.55m	ND	
9 Moresi, Joel		New South Wales	4.88m
	4.88m ND 4.57m		
10 Oldham, Luke		Tasmania	4.87m
	4.87m ND 4.83m		
11 Lumley, Jude		New South Wales	x4.86m
	4.86m 4.84m 4.82m		
12 Shaw, Callum		Western Australia	4.74m
	4.58m 4.59m 4.74m		
13 Uduma, Ogbonnaya		South Australia	4.64m
	4.64m ND 4.63m		
14 Spanagel, Finn		South Australia	4.63m
	ND 4.63m 4.57m		
15 Drewsen, Luke		ACT	4.59m
	4.59m 4.55m 4.57m		
15 De Lacy, Spencer		South Australia	x4.59m
	ND ND 4.59m		
17 Dau, Jacob		ACT	4.46m
	3.98m 4.46m 4.25m		
18 Barwick, Rhys		Tasmania	4.42m
	4.42m 4.36m 4.32m		
19 Peek, Luke		ACT	x4.35m
	4.29m 4.35m 3.85m		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys Long Jump Under 13**

20	Clark, Oliver	Western Australia	x4.28m
	4.28m 4.15m		
--	Talbot, Lincon	Tasmania	ND
	ND ND ND		

Boys Triple Jump Under 13

Name	Age	Team	Finals
1 Seremet, Leonardo		Queensland	12.19m
	11.95m 11.03m 11.84m	12.19m	
2 Cvetanoski, Brandon		Victoria	11.90m
	ND 11.73m ND 11.90m		
3 Tennant, Archie		Queensland	11.63m
	11.63m 11.45m 11.56m 11.30m		
4 Shepherd, Kieran		ACT	11.21m
	10.88m 10.73m 10.79m 11.21m		
5 Gerrard, Luca		Queensland	x11.12m
	11.12m 11.01m 10.38m 11.05m		
6 Spadaro, Alex		New South Wales	11.03m
	10.96m 11.03m 10.80m 10.67m		
7 Dolman, Harrison		Victoria	10.93m
	ND 10.93m 10.85m 10.77m		
8 De Lacy, Spencer		South Australia	10.80m
	10.80m ND 10.64m 10.59m		
9 Kanthasamy, Chellian		Victoria	x10.76m
	10.47m ND 10.76m		
10 Ferrante Tanikawa, Ken		South Australia	10.75m
	10.56m 10.58m 10.75m		
11 Walsh, Axel		Western Australia	10.74m
	10.30m 10.74m 9.98m		
12 Lewanavanua, Ratu		New South Wales	10.64m
	10.64m 10.60m 9.81m		
13 Lumley, Jude		New South Wales	x10.29m
	10.29m 9.93m 10.21m		
14 Oldham, Luke		Tasmania	9.88m
	9.88m 9.58m ND		
15 McGinley, Gerard		South Australia	x9.79m
	9.79m 9.60m 9.58m		
16 Hardinge, Sebastian		Tasmania	9.55m
	9.26m 9.55m ND		
17 Blondeau, Paul		Western Australia	9.09m
	9.09m ND ND		
18 Christian, Nicholas		ACT	8.68m
	8.68m 8.42m 8.03m		
19 Talbot, Lincon		Tasmania	x8.65m
	8.65m 8.52m 8.14m		
--	Clark, Oliver	Western Australia	ND
	ND x		

Boys Shot Put (3kg) Under 13

Name	Age	Team	Finals
1 Webber, Aden		Queensland	13.69m
	12.94m 13.60m 13.39m 13.69m		
2 Eliadis, Theodore		Victoria	13.35m
	12.86m 13.35m 13.15m 13.28m		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys Shot Put (3kg) Under 13**

3	Ropeti, John Peter Johte	Victoria	12.38m
	12.05m ND 12.13m 12.38m		
4	Ngaru, Tyrese	Queensland	12.31m
	11.83m 12.31m 11.68m 11.63m		
5	Wilson, Tristian	Western Australia	12.25m
	11.53m 11.30m 12.25m 12.02m		
6	Still, Darcy	Victoria	x11.97m
	11.14m 11.55m 11.46m 11.97m		
7	Dabin, Cooper	New South Wales	11.65m
	11.61m 11.31m 11.40m 11.65m		
8	Price, Samuel	New South Wales	11.59m
	11.59m 11.22m 10.28m 10.60m		
9	Semmler, Hugo	South Australia	11.39m
	11.18m 10.82m 11.39m		
10	Traino, Boston	New South Wales	x11.16m
	11.16m ND 10.90m		
11	Blair, Xavier	Queensland	x10.86m
	10.66m 10.47m 10.86m		
12	De Lacy, Spencer	South Australia	10.32m
	9.70m 10.32m 10.04m		
13	Martin, Henry	ACT	9.96m
	9.15m 9.96m ND		
14	Swift, Max	South Australia	x9.70m
	9.70m ND 9.30m		
15	Job, Lachlan	Tasmania	9.60m
	9.08m 9.09m 9.60m		
16	Rodan, Marcus	Western Australia	9.06m
	9.06m 8.62m 8.93m		
17	Hardinge, Sebastian	Tasmania	8.89m
	8.89m 8.18m 8.81m		
18	Constantine, Kade	Western Australia	x7.50m
	7.40m 7.50m 7.01m		
19	Case, Xavier	Tasmania	x7.20m
	6.72m 7.20m 6.86m		
20	Cooper, Isaac	ACT	7.03m
	6.67m 7.03m 6.91m		

Boys Discus Throw (750g) Under 13

Name	Age	Team	Finals
1 Webber, Aden		Queensland	47.33m
	47.33m ND 46.80m 45.82m		
2 Dabin, Cooper		New South Wales	45.16m
	38.95m 38.03m 35.60m 45.16m		
3 Coombs, Ruben		Queensland	43.24m
	41.60m 38.40m 36.82m 43.24m		
4 Eliadis, Theodore		Victoria	42.60m
	42.60m 42.19m 41.68m ND		
5 Ropeti, John Peter Johte		Victoria	42.10m
	42.10m 39.70m 38.66m ND		
6 Berry, Jack		Victoria	x41.17m
	40.13m 41.17m 37.05m 38.20m		
7 Sipple-Asher, Joshua		Queensland	x39.40m
	35.87m 39.11m 39.40m ND		
8 Wilson, Tristian		Western Australia	38.76m
	ND 37.55m 38.76m ND		
9 Price, Samuel		New South Wales	37.20m
	ND 25.54m 37.20m		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys Discus Throw (750g) Under 13**

10	Cashion, Thomas	New South Wales	x36.43m
	36.43m 35.01m 35.12m		
11	Gordon, Jacob	South Australia	35.52m
	33.96m 35.52m ND		
12	McGinley, Gerard	South Australia	28.90m
	28.90m 26.40m ND		
13	Swift, Max	South Australia	x27.08m
	18.62m 21.04m 27.08m		
14	Job, Lachlan	Tasmania	26.48m
	ND 26.48m 26.41m		
15	Christian, Nicholas	ACT	25.98m
	19.76m 25.98m 19.79m		
16	Rodan, Marcus	Western Australia	25.95m
	25.49m 25.95m ND		
17	Innes, Maxwell	Tasmania	25.87m
	ND ND 25.87m		
18	Cooper, Isaac	ACT	25.32m
	25.32m 20.75m 20.28m		
19	Martin, Henry	ACT	x24.26m
	23.26m 24.26m ND		
20	Lake, Jack	Western Australia	x18.89m
	ND ND 18.89m		
21	Case, Xavier	Tasmania	x18.76m
	18.76m ND ND		

Boys Javelin Throw (600g) Under 13

Name	Age	Team	Finals
1 Wilson, Tristian		Western Australia	44.29m
	42.92m 40.96m ND 44.29m		
2 Webber, Aden		Queensland	42.38m
	42.38m 38.41m 37.31m 41.75m		
3 Ferrante Tanikawa, Ken		South Australia	40.24m
	40.24m 37.65m 37.30m 38.94m		
4 Cvetanoski, Brandon		Victoria	37.90m
	37.90m 29.83m ND ND		
5 Job, Lachlan		Tasmania	37.65m
	35.23m 37.32m 33.86m 37.65m		
6 Cloey, Ryan		New South Wales	35.66m
	ND 35.66m 32.16m 35.56m		
7 Hardinge, Sebastian		Tasmania	35.31m
	35.31m 32.30m 34.22m 31.60m		
8 Carthew, Kade		Western Australia	30.50m
	30.00m 30.50m 29.31m		
9 Finekisolau, Filtomas		New South Wales	30.06m
	30.06m 28.45m 25.59m		
10 Blair, Xavier		Queensland	30.04m
	30.04m 29.05m 29.07m		
11 Sipple-Asher, Joshua		Queensland	x29.60m
	28.64m ND 29.60m		
12 Clark, Oliver		Western Australia	x29.58m
	29.58m 28.00m ND		
13 Innes, Maxwell		Tasmania	x29.56m
	29.56m 28.98m ND		
14 Christian, Nicholas		ACT	28.67m
	27.51m 28.67m ND		
15 Ropeti, John Peter Johte		Victoria	26.65m
	26.18m 26.65m ND		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys Javelin Throw (600g) Under 13**

16	Price, Samuel	New South Wales	x26.52m
	24.97m 26.52m 26.02m		
17	Berry, Jack	Victoria	x26.37m
	25.32m ND 26.37m		
18	Peek, Luke	ACT	23.57m
	ND 23.57m ND		
19	Semmler, Hugo	South Australia	22.33m
	22.33m ND ND		
20	Cooper, Isaac	ACT	x21.93m
	19.69m 21.93m 17.62m		
21	Swift, Max	South Australia	x21.26m
	18.50m 21.26m 16.48m		

Boys 1500 Meter Race Walk Under 13

Name	Age	Team	Finals
Section 1			
1		Davidson, Max	Victoria 7:13.39
2		Pashutin, Daniel	Victoria 7:20.35
3		Christian, Nicholas	ACT 7:48.26
4		Tilton, Noah	Queensland 8:13.79
5		Zammit, Jayden	South Australia 8:24.84
6		Constantine, Kade	Western Australia 8:44.85
7		Blair, Xavier	Queensland 9:03.31
8		Robinson McEvoy, Jesse	ACT 9:04.02
9		Case, Xavier	Tasmania 9:20.32
10		Job, Lachlan	Tasmania 10:52.09
--		Kirk, Aidan	New South Wales DQ
--		Almstrom, Jackson	Western Australia DQ

Boys 100 Meter Dash Under 15

Name	Age	Team	Finals
1		Andrews, Asher	Victoria 11.67
2		Osborne, Joshua	Queensland 11.80
3		Morris, Ronan	South Australia 12.05
4		Harvey Cosseteini, Lucas	New South Wales 12.37 12.370
5		Thomas, Avery	Tasmania x12.40
6		Schirmer, Cameron	Western Australia x12.57
7		Turvey, Baxter	ACT 12.61
Section 2			
1		Doyle, Blake	Tasmania 12.01
2		Harvey, Quinn	Victoria x12.23
3		Kasozi, Benjamin	New South Wales 12.26
4		Bowen, Thadeus	Western Australia 12.29
5		Cowdroy, Geordie	Queensland x12.42
6		Bretton, Blake	ACT 12.63
Section 3			
1		McKay, Hudson	Victoria 12.18
2		Collins, Theo	Tasmania 12.21 12.205
3		Russell, Dempsey	Queensland 12.21 12.209
4		Stewart, Jaxon	Western Australia 12.37 12.367
5		Ajaka, Michael	New South Wales x12.60
6		Eastwood, Jackson	South Australia 13.28
7		Burgess, Kyle	ACT x13.41

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****Boys 800 Meter Run Under 15**

Name	Age	Team	Finals
Section 1			
1 Bowen, Thadeus		Western Australia	2:15.40
2 Harvey, Quinn		Victoria	2:15.97
3 Collins, Theo		Tasmania	2:18.78
4 Morris, Ronan		South Australia	2:20.86
5 Kasozi, Benjamin		New South Wales	2:25.34
6 Burgess, Kyle		ACT	2:27.25
7 Russell, Dempsey		Queensland	2:27.39
8 Eastwood, Jackson		South Australia	2:29.16
9 Bretton, Blake		ACT	2:37.95
10 Turvey, Baxter		ACT	x2:53.97
Section 2			
1 McKay, Hudson		Victoria	2:13.68
2 Osborne, Joshua		Queensland	2:16.84
3 Doyle, Blake		Tasmania	2:18.00
4 Andrews, Asher		Victoria	x2:18.59
5 Stewart, Jaxon		Western Australia	2:19.06
6 Harvey Cosseteini, Lucas		New South Wales	2:24.37
7 Thomas, Avery		Tasmania	x2:24.42
8 Ajaka, Michael		New South Wales	x2:32.18
9 Schirmer, Cameron		Western Australia	x2:34.41
10 Cowdroy, Geordie		Queensland	x2:59.62

Boys 110 Meter Hurdles Under 15

Name	Age	Team	Finals
Section 1			
1 Doyle, Blake		Tasmania	13.82
2 Morris, Ronan		South Australia	14.22
3 Andrews, Asher		Victoria	14.27
4 Cowdroy, Geordie		Queensland	14.42
5 Stewart, Jaxon		Western Australia	14.87
6 Harvey Cosseteini, Lucas		New South Wales	14.98
7 Burgess, Kyle		ACT	x19.40
Section 2			
1 Collins, Theo		Tasmania	14.00
2 Harvey, Quinn		Victoria	x14.33
3 Russell, Dempsey		Queensland	x14.43
4 Bowen, Thadeus		Western Australia	14.57
5 Kasozi, Benjamin		New South Wales	x15.38
6 Turvey, Baxter		ACT	15.63
7 Eastwood, Jackson		South Australia	17.55
Section 3			
1 Osborne, Joshua		Queensland	13.39
2 McKay, Hudson		Victoria	13.41
3 Thomas, Avery		Tasmania	x14.32
4 Ajaka, Michael		New South Wales	15.11
5 Schirmer, Cameron		Western Australia	x15.44
6 Bretton, Blake		ACT	17.93

Boys High Jump Under 15

Name	Age	Team	Finals
Flight 1			

2022 Coles ALAC - 23/04/2022 to 24/04/2022

Lakeside Stadium

Results

....Boys High Jump Under 15

1	Cowdroy, Georgie	Queensland	1.87m
	1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90		
	O P P O O O O XO XXX		
2	Osborne, Joshua	Queensland	1.84m
	1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87		
	O P O P O O O O O XXX		
3	Schirmer, Cameron	Western Australia	1.81m
	1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84		
	O O P O P O P XXO XX		
4	Russell, Dempsey	Queensland	x1.78m
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81		
	O P P O O XXO O O XO O XXX		
5	Doyle, Blake	Tasmania	J1.78m
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81		
	O P P O P O P O XO XO XXX		
6	Harvey, Quinn	Victoria	1.75m
	1.60 1.63 1.66 1.69 1.72 1.75 1.78		
	XXO O XO O XXO XO XXX		
7	Andrews, Asher	Victoria	1.72m
	1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75		
	O O O O O O O XXX		
8	Stewart, Jaxon	Western Australia	J1.72m
	1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75		
	O O P O O O O O O XXO O XXX		
9	Collins, Theo	Tasmania	J1.72m
	1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75		
	O P P P P O O P O O XO XXO XXX		
10	Harvey Cosseteini, Lucas	New South Wales	1.69m
	1.54 1.57 1.60 1.63 1.66 1.69 1.72		
	XO O O XO XO O XXX		
11	Bowen, Thadeus	Western Australia	xJ1.69m
	1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72		
	O O P O XO O O XO XO XXX		
12	McKay, Hudson	Victoria	x1.60m
	1.45 1.48 1.51 1.54 1.57 1.60 1.63		
	O O O O XO XO XXX		
13	Morris, Ronan	South Australia	1.57m
	1.51 1.54 1.57 1.60		
	O P O XXX		
13	Ajaka, Michael	New South Wales	1.57m
	1.45 1.48 1.51 1.54 1.57 1.60		
	O O O O O XXX		
15	Thomas, Avery	Tasmania	x1.51m
	1.45 1.48 1.51 1.54 1.57		
	XO P O P XXX		
16	Turvey, Baxter	ACT	J1.51m
	1.39 1.42 1.45 1.48 1.51 1.54		
	O O O O XO XXX		
17	Eastwood, Jackson	South Australia	1.48m
	1.42 1.45 1.48 1.51		
	O O O XXX		
18	Burgess, Kyle	ACT	1.42m
	1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45		
	O O P XO O O XO X		
19	Bretton, Blake	ACT	x1.30m
	1.18 1.21 1.24 1.27 1.30 1.33 1.36		
	O P O O O P X		
--	Kasozi, Benjamin	New South Wales	NH
	1.42 1.45		
	XXX X		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****Boys Long Jump Under 15**

Name	Age	Team	Finals
1 Osborne, Joshua 6.23m 6.30m 6.36m		Queensland	6.36m
2 Andrews, Asher 5.99m ND 6.26m		Victoria	6.26m
3 Doyle, Blake 6.13m 5.94m 6.05m		Tasmania	6.13m
4 Bowen, Thadeus ND ND 5.94m		Western Australia	5.94m
5 Stewart, Jaxon 5.77m 5.92m 5.75m		Western Australia	5.92m
6 Cowdroy, Geordie 5.68m 5.74m 5.91m		Queensland	5.91m
7 Thomas, Avery 5.41m 5.16m 5.71m		Tasmania	5.71m
8 McKay, Hudson 5.61m ND 5.70m		Victoria	5.70m
9 Russell, Dempsey 5.65m 5.56m 5.68m		Queensland	x5.68m
10 Harvey, Quinn 5.62m ND 5.65m		Victoria	x5.65m
11 Collins, Theo 5.26m 5.47m 5.09m		Tasmania	x5.47m
12 Morris, Ronan 5.18m 5.47m 5.09m		South Australia	J5.47m
13 Kasozi, Benjamin 5.39m		New South Wales	5.39m
14 Harvey Cosseteini, Lucas 5.18m 5.03m 4.34m		New South Wales	5.18m
15 Ajaka, Michael 5.06m 5.10m		New South Wales	x5.10m
16 Eastwood, Jackson 4.98m 4.54m 4.95m		South Australia	4.98m
17 Turvey, Baxter 4.64m 4.33m 4.77m		ACT	4.77m
18 Schirmer, Cameron 1.95m ND 4.73m		Western Australia	x4.73m
19 Burgess, Kyle 4.42m ND ND		ACT	4.42m
20 Bretton, Blake ND 4.38m 2.45m		ACT	x4.38m

Boys Discus Throw Under 15

Name	Age	Team	Finals
1 Ajaka, Michael 47.12m ND 51.42m		New South Wales	51.42m
2 Kasozi, Benjamin 41.08m 39.91m 43.46m		New South Wales	43.46m
3 Andrews, Asher 32.81m 42.72m ND		Victoria	42.72m
4 Stewart, Jaxon ND 40.58m 41.37m		Western Australia	41.37m
5 Schirmer, Cameron 36.16m 39.87m 41.34m		Western Australia	41.34m
6 Eastwood, Jackson 7.21m 39.39m 40.77m		South Australia	40.77m

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys Discus Throw Under 15**

7	Harvey Cosseteini, Lucas	New South Wales	x37.23m
	ND 37.23m ND		
8	Osborne, Joshua	Queensland	36.89m
	36.89m ND ND		
9	Bretton, Blake	ACT	35.97m
	30.39m 28.36m 35.97m		
10	Thomas, Avery	Tasmania	35.29m
	ND ND 35.29m		
11	Cowdroy, Geordie	Queensland	35.22m
	35.22m ND ND		
12	Collins, Theo	Tasmania	35.11m
	24.53m 26.94m 35.11m		
13	Doyle, Blake	Tasmania	x33.41m
	25.64m ND 33.41m		
14	McKay, Hudson	Victoria	32.83m
	ND 32.83m ND		
15	Bowen, Thadeus	Western Australia	x29.05m
	24.20m 29.05m 23.47m		
16	Harvey, Quinn	Victoria	x28.15m
	ND 23.09m 28.15m		
17	Burgess, Kyle	ACT	23.85m
	22.00m 23.85m 22.00m		
18	Russell, Dempsey	Queensland	x23.64m
	ND ND 23.64m		
19	Turvey, Baxter	ACT	x22.32m
	19.44m ND 22.32m		
20	Morris, Ronan	South Australia	21.77m
	ND 21.77m 9.00m		

Boys Javelin Throw Under 15

Name	Age	Team	Finals
1 Stewart, Jaxon		Western Australia	51.54m
	51.54m ND 50.21m		
2 Andrews, Asher		Victoria	50.20m
	50.20m 49.02m 43.10m		
3 Harvey Cosseteini, Lucas		New South Wales	45.00m
	42.95m 45.00m 43.42m		
4 Thomas, Avery		Tasmania	44.20m
	39.32m 44.20m ND		
5 Schirmer, Cameron		Western Australia	43.81m
	38.49m 43.81m ND		
6 Ajaka, Michael		New South Wales	43.10m
	34.35m 34.54m 43.10m		
7 Morris, Ronan		South Australia	42.46m
	35.03m 42.46m 41.68m		
8 Kasozi, Benjamin		New South Wales	x37.59m
	36.84m ND 37.59m		
9 Cowdroy, Geordie		Queensland	37.06m
	37.06m 36.15m 36.85m		
10 Eastwood, Jackson		South Australia	35.59m
	33.62m 34.83m 35.59m		
11 Doyle, Blake		Tasmania	35.40m
	35.40m 32.71m ND		
12 McKay, Hudson		Victoria	33.86m
	33.86m 32.61m 29.90m		
13 Russell, Dempsey		Queensland	32.71m
	19.62m 30.40m 32.71m		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys Javelin Throw Under 15**

14 Osborne, Joshua	Queensland	x31.79m
28.81m 31.79m ND		
15 Collins, Theo	Tasmania	x30.65m
30.65m 28.61m 25.85m		
16 Bowen, Thadeus	Western Australia	x29.81m
ND ND 29.81m		
17 Harvey, Quinn	Victoria	x29.78m
24.04m 29.78m 28.93m		
18 Burgess, Kyle	ACT	28.71m
23.75m ND 28.71m		
19 Turvey, Baxter	ACT	25.84m
24.15m 25.84m ND		
20 Bretton, Blake	ACT	x23.46m
ND 23.46m 20.09m		

Heptathlon: #3 Boys 100 Meter Dash Under 15

Name	Age Team	Finals	Points
Section 1			
1 Andrews, Asher	Victoria	11.67	717
2 Osborne, Joshua	Queensland	11.80	691
3 Morris, Ronan	South Australia	12.05	641
4 Harvey Cosseteini, Lucas	New South Wales	12.37	580 12.370
5 Thomas, Avery	Tasmania	12.40	574
6 Schirmer, Cameron	Western Australia	12.57	543
7 Turvey, Baxter	ACT	12.61	536
Section 2			
1 Doyle, Blake	Tasmania	12.01	649
2 Harvey, Quinn	Victoria	12.23	606
3 Kasozi, Benjamin	New South Wales	12.26	601
4 Bowen, Thadeus	Western Australia	12.29	595
5 Cowdroy, Geordie	Queensland	12.42	571
6 Bretton, Blake	ACT	12.63	532
Section 3			
1 McKay, Hudson	Victoria	12.18	616
2 Collins, Theo	Tasmania	12.21	610 12.205
3 Russell, Dempsey	Queensland	12.21	610 12.209
4 Stewart, Jaxon	Western Australia	12.37	580 12.367
5 Ajaka, Michael	New South Wales	12.60	538
6 Eastwood, Jackson	South Australia	13.28	421
7 Burgess, Kyle	ACT	13.41	401

Heptathlon: #7 Boys 800 Meter Run Under 15

Name	Age Team	Finals	Points
Section 1			
1 Bowen, Thadeus	Western Australia	2:15.40	660
2 Harvey, Quinn	Victoria	2:15.97	653
3 Collins, Theo	Tasmania	2:18.78	619
4 Morris, Ronan	South Australia	2:20.86	595
5 Kasozi, Benjamin	New South Wales	2:25.34	543
6 Burgess, Kyle	ACT	2:27.25	522
7 Russell, Dempsey	Queensland	2:27.39	521
8 Eastwood, Jackson	South Australia	2:29.16	501
9 Bretton, Blake	ACT	2:37.95	410
10 Turvey, Baxter	ACT	2:53.97	266
Section 2			

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****...Heptathlon: #7 Boys 800 Meter Run Under 15**

1	McKay, Hudson	Victoria	2:13.68	681
2	Osborne, Joshua	Queensland	2:16.84	643
3	Doyle, Blake	Tasmania	2:18.00	629
4	Andrews, Asher	Victoria	2:18.59	622
5	Stewart, Jaxon	Western Australia	2:19.06	616
6	Harvey Cosseteini, Lucas	New South Wales	2:24.37	554
7	Thomas, Avery	Tasmania	2:24.42	554
8	Ajaka, Michael	New South Wales	2:32.18	469
9	Schirmer, Cameron	Western Australia	2:34.41	446
10	Cowdroy, Geordie	Queensland	2:59.62	223

Heptathlon: #1 Boys 110 Meter Hurdles (100mH-76cm) Under 15

Name	Age	Team	Finals	Points
Section 1				
1	Doyle, Blake	Tasmania	13.82	998
2	Morris, Ronan	South Australia	14.22	946
3	Andrews, Asher	Victoria	14.27	940
4	Cowdroy, Geordie	Queensland	14.42	921
5	Stewart, Jaxon	Western Australia	14.87	865
6	Harvey Cosseteini, Lucas	New South Wales	14.98	852
7	Burgess, Kyle	ACT	19.40	398
Section 2				
1	Collins, Theo	Tasmania	14.00	975
2	Harvey, Quinn	Victoria	14.33	932
3	Russell, Dempsey	Queensland	14.43	920
4	Bowen, Thadeus	Western Australia	14.57	902
5	Kasozzi, Benjamin	New South Wales	15.38	804
6	Turvey, Baxter	ACT	15.63	775
7	Eastwood, Jackson	South Australia	17.55	568
Section 3				
1	Osborne, Joshua	Queensland	13.39	1055
2	McKay, Hudson	Victoria	13.41	1052
3	Thomas, Avery	Tasmania	14.32	934
4	Ajaka, Michael	New South Wales	15.11	836
5	Schirmer, Cameron	Western Australia	15.44	797
6	Bretton, Blake	ACT	17.93	531

Heptathlon: #6 Boys High Jump Under 15

Name	Age	Team	Finals	Points
Flight 1				
1	Cowdroy, Geordie	Queensland	1.87m	687
	1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90			
	O P P O O O O XO XXX			
2	Osborne, Joshua	Queensland	1.84m	661
	1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87			
	O P O P O O O O O XXX			
3	Schirmer, Cameron	Western Australia	1.81m	636
	1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84			
	O O P O P O P XXO XX			
4	Doyle, Blake	Tasmania	1.78m	610
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81			
	O P P O P O P O XO XO XXX			
4	Russell, Dempsey	Queensland	1.78m	610
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81			
	O P P O O XXO O O XO O XXX			

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....Heptathlon: #6 Boys High Jump Under 15

6	Harvey, Quinn	Victoria	1.75m	585
	1.60 1.63 1.66 1.69 1.72 1.75 1.78			
	XXO O XO O XXO XO XXX			
7	Stewart, Jaxon	Western Australia	1.72m	560
	1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75			
	O O P O O O O XXO O XXX			
7	Collins, Theo	Tasmania	1.72m	560
	1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75			
	O P P P P O O P O O XO XXO XXX			
7	Andrews, Asher	Victoria	1.72m	560
	1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75			
	O O O O O O O XXX			
10	Bowen, Thadeus	Western Australia	1.69m	536
	1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72			
	O O P O XO O O XO XO XXX			
10	Harvey Cosseteini, Lucas	New South Wales	1.69m	536
	1.54 1.57 1.60 1.63 1.66 1.69 1.72			
	XO O O XO XO O XXX			
12	McKay, Hudson	Victoria	1.60m	464
	1.45 1.48 1.51 1.54 1.57 1.60 1.63			
	O O O O XO XO XXX			
13	Morris, Ronan	South Australia	1.57m	441
	1.51 1.54 1.57 1.60			
	O P O XXX			
13	Ajaka, Michael	New South Wales	1.57m	441
	1.45 1.48 1.51 1.54 1.57 1.60			
	O O O O O XXX			
15	Turvey, Baxter	ACT	1.51m	396
	1.39 1.42 1.45 1.48 1.51 1.54			
	O O O O XO XXX			
15	Thomas, Avery	Tasmania	1.51m	396
	1.45 1.48 1.51 1.54 1.57			
	XO P O P XXX			
17	Eastwood, Jackson	South Australia	1.48m	374
	1.42 1.45 1.48 1.51			
	O O O XXX			
18	Burgess, Kyle	ACT	1.42m	331
	1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45			
	O O P XO O O XO X			
19	Bretton, Blake	ACT	1.30m	250
	1.18 1.21 1.24 1.27 1.30 1.33 1.36			
	O P O O O P X			
--	Kasozzi, Benjamin	New South Wales	NH	
	1.42 1.45			
	XXX X			

Heptathlon: #4 Boys Long Jump Under 15

Name	Age	Team	Finals	Points
1 Osborne, Joshua		Queensland	6.36m	666
	6.23m 6.30m 6.36m			
2 Andrews, Asher		Victoria	6.26m	644
	5.99m ND 6.26m			
3 Doyle, Blake		Tasmania	6.13m	615
	6.13m 5.94m 6.05m			
4 Bowen, Thadeus		Western Australia	5.94m	574
	ND ND 5.94m			

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Heptathlon: #4 Boys Long Jump Under 15**

5	Stewart, Jaxon	Western Australia	5.92m	569
	5.77m 5.92m 5.75m			
6	Cowdroy, Geordie	Queensland	5.91m	567
	5.68m 5.74m 5.91m			
7	Thomas, Avery	Tasmania	5.71m	525
	5.41m 5.16m 5.71m			
8	McKay, Hudson	Victoria	5.70m	523
	5.61m ND 5.70m			
9	Russell, Dempsey	Queensland	5.68m	519
	5.65m 5.56m 5.68m			
10	Harvey, Quinn	Victoria	5.65m	512
	5.62m ND 5.65m			
11	Morris, Ronan	South Australia	5.47m	475
	5.18m 5.47m 5.09m			
11	Collins, Theo	Tasmania	5.47m	475
	5.26m 5.47m 5.09m			
13	Kasozi, Benjamin	New South Wales	5.39m	459
	5.39m			
14	Harvey Cosseteini, Lucas	New South Wales	5.18m	417
	5.18m 5.03m 4.34m			
15	Ajaka, Michael	New South Wales	5.10m	402
	5.06m 5.10m			
16	Eastwood, Jackson	South Australia	4.98m	378
	4.98m 4.54m 4.95m			
17	Turvey, Baxter	ACT	4.77m	339
	4.64m 4.33m 4.77m			
18	Schirmer, Cameron	Western Australia	4.73m	332
	1.95m ND 4.73m			
19	Burgess, Kyle	ACT	4.42m	276
	4.42m ND ND			
20	Bretton, Blake	ACT	4.38m	269
	ND 4.38m 2.45m			

Heptathlon: #2 Boys Discus Throw (1kg) Under 15

Name	Age	Team	Finals	Points
1 Ajaka, Michael		New South Wales	51.42m	900
	47.12m ND 51.42m			
2 Kasozi, Benjamin		New South Wales	43.46m	735
	41.08m 39.91m 43.46m			
3 Andrews, Asher		Victoria	42.72m	720
	32.81m 42.72m ND			
4 Stewart, Jaxon		Western Australia	41.37m	692
	ND 40.58m 41.37m			
5 Schirmer, Cameron		Western Australia	41.34m	692
	36.16m 39.87m 41.34m			
6 Eastwood, Jackson		South Australia	40.77m	680
	7.21m 39.39m 40.77m			
7 Harvey Cosseteini, Lucas		New South Wales	37.23m	608
	ND 37.23m ND			
8 Osborne, Joshua		Queensland	36.89m	602
	36.89m ND ND			
9 Bretton, Blake		ACT	35.97m	583
	30.39m 28.36m 35.97m			
10 Thomas, Avery		Tasmania	35.29m	569
	ND ND 35.29m			
11 Cowdroy, Geordie		Queensland	35.22m	568
	35.22m ND ND			

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Heptathlon: #2 Boys Discus Throw (1kg) Under 15**

12	Collins, Theo	Tasmania	35.11m	566
	24.53m 26.94m 35.11m			
13	Doyle, Blake	Tasmania	33.41m	532
	25.64m ND 33.41m			
14	McKay, Hudson	Victoria	32.83m	520
	ND 32.83m ND			
15	Bowen, Thadeus	Western Australia	29.05m	446
	24.20m 29.05m 23.47m			
16	Harvey, Quinn	Victoria	28.15m	428
	ND 23.09m 28.15m			
17	Burgess, Kyle	ACT	23.85m	345
	22.00m 23.85m 22.00m			
18	Russell, Dempsey	Queensland	23.64m	341
	ND ND 23.64m			
19	Turvey, Baxter	ACT	22.32m	316
	19.44m ND 22.32m			
20	Morris, Ronan	South Australia	21.77m	305
	ND 21.77m 9.00m			

Heptathlon: #5 Boys Javelin Throw (700g) Under 15

Name	Age	Team	Finals	Points
1 Stewart, Jaxon		Western Australia	51.54m	611
	51.54m ND 50.21m			
2 Andrews, Asher		Victoria	50.20m	592
	50.20m 49.02m 43.10m			
3 Harvey Cosseteini, Lucas		New South Wales	45.00m	515
	42.95m 45.00m 43.42m			
4 Thomas, Avery		Tasmania	44.20m	503
	39.32m 44.20m ND			
5 Schirmer, Cameron		Western Australia	43.81m	498
	38.49m 43.81m ND			
6 Ajaka, Michael		New South Wales	43.10m	487
	34.35m 34.54m 43.10m			
7 Morris, Ronan		South Australia	42.46m	478
	35.03m 42.46m 41.68m			
8 Kasozi, Benjamin		New South Wales	37.59m	407
	36.84m ND 37.59m			
9 Cowdroy, Geordie		Queensland	37.06m	400
	37.06m 36.15m 36.85m			
10 Eastwood, Jackson		South Australia	35.59m	379
	33.62m 34.83m 35.59m			
11 Doyle, Blake		Tasmania	35.40m	376
	35.40m 32.71m ND			
12 McKay, Hudson		Victoria	33.86m	354
	33.86m 32.61m 29.90m			
13 Russell, Dempsey		Queensland	32.71m	338
	19.62m 30.40m 32.71m			
14 Osborne, Joshua		Queensland	31.79m	324
	28.81m 31.79m ND			
15 Collins, Theo		Tasmania	30.65m	308
	30.65m 28.61m 25.85m			
16 Bowen, Thadeus		Western Australia	29.81m	297
	ND ND 29.81m			
17 Harvey, Quinn		Victoria	29.78m	296
	24.04m 29.78m 28.93m			
18 Burgess, Kyle		ACT	28.71m	281
	23.75m ND 28.71m			

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Results

...Heptathlon: #5 Boys Javelin Throw (700g) Under 15

19 Turvey, Baxter	ACT	25.84m	241
24.15m 25.84m ND			
20 Bretton, Blake	ACT	23.46m	208
ND 23.46m 20.09m			

Boys Heptathlon Under 15

Name	Age Team	Finals
1 Andrews, Asher	Victoria	4795
2 Osborne, Joshua	Queensland	4642
3 Stewart, Jaxon	Western Australia	4493
4 Doyle, Blake	Tasmania	4409
5 McKay, Hudson	Victoria	4210
6 Collins, Theo	Tasmania	4113
7 Ajaka, Michael	New South Wales	4073
8 Harvey Cosseteini, Lucas	New South Wales	4062
9 Thomas, Avery	Tasmania	4055
10 Harvey, Quinn	Victoria	4012
11 Bowen, Thadeus	Western Australia	4010
12 Schirmer, Cameron	Western Australia	3944
13 Cowdroy, Geordie	Queensland	3937
14 Morris, Ronan	South Australia	3881
15 Russell, Dempsey	Queensland	3859
16 Kasozi, Benjamin	New South Wales	3549
17 Eastwood, Jackson	South Australia	3301
18 Turvey, Baxter	ACT	2869
19 Bretton, Blake	ACT	2783
20 Burgess, Kyle	ACT	2554

Boys 100 Meter Dash Under 13 MC

Name	Age Team	Finals
Section 1		
1 Carius, Bayley F20;T20	Queensland	14.43 72.56%
2 Castelli, Nate F36;T36	New South Wales	36.92 31.74%

Boys 200 Meter Dash Under 13 MC

Name	Age Team	Finals
1 Carius, Bayley F20;T20	Queensland	29.59 72.49%
2 Castelli, Nate F36;T36	New South Wales	1:25.53 27.50%

Boys Long Jump Under 13 MC

Name	Age Team	Finals
Flight 1		
1 Carius, Bayley F20;T20	Queensland	4.13m 54.06%
ND 3.88m 4.13m 3.94m		
2 Castelli, Nate F36;T36	New South Wales	0.89m 15.01%
0.89m ND 0.64m 0.38m		

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****Boys Shot Put Under 13 MC**

Name	Age	Team	Finals
1 Castelli, Nate F36;T36 ND 1.95m ND 1.64m		New South Wales	1.95m 11.95%

Boys Discus Throw Under 13 MC

Name	Age	Team	Finals
1 Carius, Bayley F20;T20 ND ND ND 18.83m		Queensland	J18.83m 41.12%
2 Last, Jacob F35;T35 16.18m 18.69m 15.96m 19.39m		Queensland	J19.39m 35.82%
3 Castelli, Nate F36;T36 5.49m 5.02m 5.96m ND		New South Wales	J5.96m 13.87%

Boys 100 Meter Dash Under 15 MC

Name	Age	Team	Finals
Section 1			
1 Motler, Lowdnes F20;T20		New South Wales	15.31 68.39%
2 Costello, Liam F38;T38		Victoria	16.68 64.39%
3 Darwich, Adnan F20;T20		New South Wales	17.21 60.84%

Boys 200 Meter Dash Under 15 MC

Name	Age	Team	Finals
1 Darwich, Adnan F20;T20		New South Wales	34.98 61.32%
2 Costello, Liam F38;T38		Victoria	35.82 60.92%

Boys 800 Meter Run Under 15 MC

Name	Age	Team	Finals
1 Darwich, Adnan F20;T20		New South Wales	3:43.27 49.23%

Boys Long Jump Under 15 MC

Name	Age	Team	Finals
Flight 1			
1 Costello, Liam F38;T38 2.91m 2.76m 2.82m 2.89m		Victoria	2.91m 40.81%
2 Motler, Lowdnes F20;T20 2.31m 2.59m 2.84m 2.39m		New South Wales	2.84m 37.17%
3 Darwich, Adnan F20;T20 1.79m 2.04m 2.17m ND		New South Wales	2.17m 28.40%

Boys Shot Put Under 15 MC

Name	Age	Team	Finals
1 Costello, Liam F38;T38 4.77m 4.63m 4.87m 5.15m		Victoria	5.15m 32.29%
2 Motler, Lowdnes F20;T20 ND 3.65m 4.01m 3.39m		New South Wales	4.01m 23.19%

2022 Coles ALAC - 23/04/2022 to 24/04/2022**Lakeside Stadium****Results****....Boys Shot Put Under 15 MC**

3	Darwich, Adnan F20;T20	New South Wales	3.49m	20.19%
	2.65m 3.49m 3.34m ND			

Boys Discus Throw Under 15 MC

Name	Age	Team	Finals
1 Costello, Liam F38;T38		Victoria	17.99m 34.00%
	ND 17.31m 16.93m 17.99m		
2 Motler, Lowdnes F20;T20		New South Wales	10.50m 22.93%
	10.50m ND ND 9.47m		

Mixed 4x100 Meter Relay Under 15

Team	Finals
Section 1	
1 Queensland 'A'	48.12
1) Seremet, Sovannary 15	2) Russell, Dempsey 15
3) Williams, Monique 15	4) Osborne, Joshua 15
2 New South Wales 'A'	49.05
1) Almeida, Jaide 15	2) Harvey Cosseteini, Lucas 15
3) Steward, Lily 15	4) Kasozi, Benjamin 15
3 Western Australia 'A'	49.40
1) Bowen, Thadeus 15	2) Stewart, Jaxon 15
3) Boss, Imogen 15	4) Di Giuseppe, Rhianna 15
4 Victoria 'A'	49.90
1) Carr, Madison 15	2) McKay, Hudson 15
3) Andrews, Asher 15	4) Jones, Rose 15
5 Australian Capital Territory 'A'	51.32
1) Smillie, Laura 15	2) Bretton, Blake 15
3) Turvey, Baxter 15	4) Hamilton, Abbie 15
6 South Australia 'A'	52.91
1) Allen, Lucy 15	2) Eastwood, Jackson
3) Watson, Julia 15	4) Morris, Ronan 15
-- Tasmania 'A'	DQ
1) Wing, Izzy 15	2) Doyle, Blake 15
3) Berlese, Abbey 15	4) Collins, Theo 15