

## Multi-Class Shot Put Specifications - 2025-2026

	U9 / U10 / U11		U12		U13 & U14		U15		U16		U17	
Classification	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
<b>Hearing Impairment</b>												
F01	2	2	2	2	3	3	3	4	3	4	3	5
<b>Visually Impairment</b>												
F11-13	2	2	2	2	3	3	3	4	3	4	3	5
<b>Intellectual Impairment</b>												
F20	2	2	2	2	3	3	3	4	3	4	3	5
F21	1	2	1	2	2	3	2	3	2	3	2	3
<b>Physical Impairment</b>												
F32 (Seated)	1	1	1	1	1	1	1	1	1	1	1	1
F33 (Seated)	1	1	1	1	1	2	2	2	2	2	2	2
F34 (Seated)	2 (1.5)	2 (1.5)	2	2	2	2	2	3	2	3	2	3
F35	2 (1.5)	2 (1.5)	2	2	2	2	2	3	2	3	2	3
F36	2 (1.5)	2 (1.5)	2	2	2	2	2	3	2	3	2	3
F37	2 (1.5)	2 (1.5)	2	2	2	2	2	3	2	3	2	4
F38	2 (1.5)	2 (1.5)	2	2	2	2	2	3	2	3	2	4
<b>Physical Impairment</b>												
F40/41	1.5	1.5	1.5	1.5	2	2	2	3	2	3	2	3
<b>Physical Impairment</b>												
F42	2	2	2	2	3	3	3	4	3	4	3	5
F43/44	2	2	2	2	3	3	3	4	3	4	3	5
F45	2	2	2	2	3	3	3	4	3	4	3	5
F46	2	2	2	2	3	3	3	4	3	4	3	5
F52	1.5	1.5	1.5	1.5	2	2	2	2	2	2	2	2
F53	1.5	1.5	1.5	1.5	2	2	2	2	2	2	2	2
F54	2 (1.5)	2 (1.5)	2	2	2	2	2	2	2	2	2	3
F55	2 (1.5)	2 (1.5)	2	2	2	2	2	2	2	2	2	3
F56	2 (1.5)	2 (1.5)	2	2	2	2	2	2	2	2	2	3
F57	2 (1.5)	2 (1.5)	2	2	2	2	2	2	2	2	2	3
F61-64	2	2	2	2	3	3	3	4	3	4	3	5
<b>Transplant</b>												
F60	2	2	2	2	3	3	3	4	3	4	3	5

**Note:** Weight is Kg.

**Note:** If the weight differs in a classification, the U9 & U10 are in the brackets.

## Multi-Class Discus Specifications - 2025-2026

	U9		U10 & U11		U12		U13		U14		U15 & U16		U17	
Classification	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
<b>Hearing Impairment</b>														
F01	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1.5kg
<b>Visually Impairment</b>														
F11-13	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1.5kg
<b>Intellectual Impairment</b>														
F20	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1.5kg
F21	500	500	500	500	500	750	500	750	750	1kg	750	1kg	750	1kg
<b>Physical Impairment</b>														
F32 (Seated)	350	350	500	500	500	500	500	500	500	500	750	750	750	750
F33 (Seated)	500	500	500	500	500	500	500	500	500	500	750	750	750	750
F34 (Seated)	500	500	500	500	500	500	500	500	500	500	750	750	750	750
F35	500	500	500	500	500	500	500	500	500	500	750	750	750	750
F36	500	500	500	500	500	500	500	500	500	500	750	750	750	750
F37	500	500	500	500	500	500	500	500	500	500	750	750	750	750
F38	500	500	500	500	500	500	500	500	500	500	750	750	750	1kg
<b>Physical Impairment</b>														
F40/41	500	500	500	500	500	500	500	750	500	750	750	1kg	750	1kg
<b>Physical Impairment</b>														
F42	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1kg
F43/44	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1kg
F45	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1kg
F46	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1kg
F51	350	350	500	500	500	500	500	500	500	500	750	750	750	750
F52	350	350	500	500	500	500	500	500	500	500	750	750	750	750
F53	350	350	500	500	500	500	500	500	500	500	750	750	750	750
F54	350	350	500	500	500	500	500	500	500	500	750	750	750	750
F55	350	350	500	500	500	500	500	500	500	500	750	750	750	750
F56	350	350	500	500	500	500	500	500	500	500	750	750	750	750
F57	350	350	500	500	500	500	500	500	500	500	750	750	750	750
F61-64	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1kg
<b>Transplant</b>														
F60	500	500	500	500	750	750	750	750	1kg	1kg	1kg	1kg	1kg	1.5kg

**Note:** Weight is in Grams – g, unless listed.

## Multi-Class Javelin Specifications - 2025-2026

	U11		U12		U13		U14		U15		U16		U17	
Classification	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
<b>Hearing Impairment</b>														
F01	400	400	400	400	400	600	400	600	500	700	500	700	500	700
<b>Visually Impairment</b>														
F11-13	400	400	400	400	400	600	400	600	500	700	500	700	500	700
<b>Intellectual Impairment</b>														
F20	400	400	400	400	400	600	400	600	500	700	500	700	500	700
F21	400	400	400	400	400	400	400	500	400	500	400	500	400	500
<b>Physical Impairment</b>														
F32 (Seated)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
F33 (Seated)	400	400	400	400	400	400	400	500	400	500	500	500	500	500
F34 (Seated)	400	400	400	400	400	400	400	500	400	500	500	500	500	500
F35	400	400	400	400	400	400	400	500	400	500	500	500	500	500
F36	400	400	400	400	400	400	400	500	400	500	500	500	500	500
F37	400	400	400	400	400	400	400	500	400	500	500	500	500	500
F38	400	400	400	400	400	400	400	500	400	500	500	600	500	600
<b>Physical Impairment</b>														
F40/41	400	400	400	400	400	400	400	400	400	400	400	500	400	500
<b>Physical Impairment</b>														
F42	400	400	400	400	400	500	400	600	400	600	500	700	500	700
F43/44	400	400	400	400	400	500	400	600	400	600	500	700	500	700
F45	400	400	400	400	400	500	400	600	400	600	500	700	500	700
F46	400	400	400	400	400	500	400	600	400	600	500	700	500	700
F51	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
F52	400	400	400	400	400	400	400	400	400	400	500	500	500	500
F53	400	400	400	400	400	400	400	400	400	400	500	500	500	500
F54	400	400	400	400	400	400	400	400	400	400	500	500	500	500
F55	400	400	400	400	400	400	400	400	400	400	500	500	500	500
F56	400	400	400	400	400	400	400	400	400	400	500	500	500	500
F57	400	400	400	400	400	400	400	500	400	500	500	500	500	500
F61-64	400	400	400	400	400	500	400	600	400	600	500	700	500	700
<b>Transplant</b>														
F60	400	400	400	400	400	600	400	600	500	700	500	700	500	700

**Note:** Weight is in Grams – g.