

Age Groups – 2026-27 Season



Little Athletics Age Groups for the 2026-27 season are based on the age of the athlete as of 31 December 2026.

The age group for the athlete corresponds to the Year of Birth, it remains for the entire Summer and Winter Season.

Year of Birth	Age Group
2023	Little Athletics Tiny Tots
2022	Little Athletics Tiny Tots
2021	U6
2020	U7
2019	U8
2018	U9
2017	U10
2016	U11
2015	U12
2014	U13
2013	U14
2012	U15
2011	U16
2010	U17

Note: Children who are Three or Four years of Age may register as a Little Athletics Tiny Tot, if the Centre conducts the program

The minimum age is 3 years; children must wait until their 3rd birthday before they can register.

Little Athletics Tiny Tots program is not conducted in all States / Territories or Centres. Please check with the State Member Association on the availability of the program.