AUSTRALIAN ATHLETICS CHAMPIONSHIPS TECHNICAL REGULATIONS

3 November 2026

Championships in Australia are conducted according to the rules of World Athletics, World Para Athletics, and Australian Athletics.

1 Timetable Changes

The timetable and any changes in the timetable or these regulations are available on the Australian Athletics website.

2 Uniforms

Open athletes - Athletes are encouraged to wear their Member Association, orFirst Claim Club uniform. All uniforms must comply with the Australian Athletics advertising regulations.

Underage athletes - All athletes should wear their approved Member Association uniform – and any variations or transition arrangements agreed between the Competition Manager and each MA. Where MA uniform is unavailable, under-age athletes should wear the uniform of their First Claim Club.

Particular attention is drawn to the Nike Pro and similar instances with other manufacturers, where oversize branding around the top bands of lower body garments is prevalent. Athletes will not be permitted to compete in those items which do not comply with the advertising regulations. Taping the waist or the turning down of such non-compliant lower body items will not be allowed. To avoid stress on arrival at the Call Room athletes are asked to ensure that they are not wearing these garments for on-field warm-up or competition purposes.

3 Athlete Check In

For the Open and Junior (Under Age) Championships athletes are required to check in no later than 90 minutes prior to the advertised start time of their event.Check-in is only required for the first round of each individual event (not any subsequent rounds). Athletes are encouraged to check in at their earliest convenience.

Check-in is at the Technical Information Centre (TIC). See the Appendix for specific location.

There are some exceptional cases in relation to check-in which athletes must consider:

- Where a Preliminary Round (before the First Round) is contested on the same day then athletes should check in 90 minutes before the Preliminary Round, even for those athletes who start participation in the First Round.
- Where the Preliminary Round is on a previous day (to the First Round) we encourage any athletes who know they will withdraw from the First Round to advise as soon as possible (or confirm their intention to run)
- In events which are timed finals then ALL athletes should check in 90 minutes before the first race even for those athletes not listed to contest the first race. This allows the potential to move athletes to the “A” Race.

Any competitors who have difficulty with check-in, please report to the Technical Information Centre (TIC) / Competition Management as soon as possible to assure your participation in the competition.

The intention to contest a relay must be confirmed in writing by team managers 120 minutes before the competition using the appropriate form provided by TIC. Athletes and their running order are confirmed in the Call Room at the call room time.

Athlete check-in does not apply in the Australian All Schools Championships, athletes are considered to be competing unless they are scratched by their Team Manager.

4 Scratching from an event

If an athlete fails to participate in an event after confirmation (check-in) or does not compete in all rounds of an event for which s/he has qualified, s/he may not be permitted to compete further as outlined in World Athletics Rule TR 4.4. This rule does not apply to an athlete who having confirmed, then withdraws before the closure of the confirmation (check in) time for the first round of that event.

5 Competition Bibs

The collection of the bibs is from your State Team Manager.

For all athletes in walking events:

- Athletes will receive two numbered bibs. The competition bibs must be worn on the front and back of their competition uniform firmly attached with no less than four (4) pins. The entire bib including sponsorship information must be always visible and no part of the bib shall be folded under the uniform. These numbered bibs will be issued in the Call Room.

For athletes in all other events:

- Athletes will receive one bib only displaying the athlete's name. In track events the bib must be worn on the front of the uniform, for field events athletes may choose to wear the bib on either the front or the back of their competition uniform firmly attached with no less than four (4) pins. The entire bib including sponsorship information must be always visible and no part of the bib shall be folded under the uniform.

International athletes – please collect bibs from the TIC.

Athletes who lose their bibs will need to collect a new bib at the TIC and pay $20 for a replacement.

Australian Athletics will enforce World Athletics Rules TR 5.9 & TR 5.11, which render an athlete liable to disqualification if s/he tampers in any way with the competition bib.

6 Entries

Under 20 Athletes are permitted to enter their age group plus open. Where events are held simultaneously (for example walks and some Para Athletics events then this is not possible).

For the Junior Championships (U14-U20) able bodied athletes (where qualified) may enter a maximum of two age groups in the same/similar event but there must be at least a two-year age gap. That is, an athlete cannot enter the same/similar event in the U15 and U16 age groups or U16 and U17 etc. These athletes may also enter the open championships if so qualified.

Underage Para athletes may only enter one underage competition (in addition to Open). Entries for para-athletes in under-age events will be accepted in a universal age group. Where there are at least three athletes confirmed for an age group in any event a separate championship event will be conducted. Where this means an athlete would be competing out of their age group, throwing implement weights will be based on their age.

Para event grouping:

- In Junior Para age groups there is a single competition in each event for wheelchair/seated and ambulant athletes. Baseline tables are used to determine the results.
- In Open Para field events there is a single competition in each event for wheelchair/seated and ambulant athletes. Baseline tables are used to determine the results.
- In Open Para track events there are separate competitions in each event for wheelchair and ambulant athletes. Baseline tables are used to determine the results.
- In Open Para events where the three athlete rule is not met then every effort will be made to merge separate wheelchair competition with ambulant to create multi-class competition to be viable.
- Open Para events may be split into Paralympic Pathway and National Para events where more than five (5) athletes confirm in each group. This is expected in the sprints and likely in some field events.

Same/similar event means 80/90/100/110m hurdles; 200/400m hurdles; 3000/5000metres and 1500/3000/5000m walk and each of the throwing events (regardless of change in weight of implements).

Athletes may only enter events subject to the following regulations:

- Where NO EVENT is indicated in the Entry Standards document (https://www.athletics.com.au/resources/?search=entry+standards), athletes cannot enter higher age groups in the same/similar event
- For all Under 14 events, athletes must be turning 12 or 13 in the year of the competition where they are suitably qualified. Athletes can qualify using either the Under 14 standards or Under 14 Member Association Championship first three placings [Note: there is no eligibility by any notional determination of the first three Under 13 athletes in MA Under 13 Championships]. Where athletes in this age group also participate in the ALAC competition, Australian Athletics recommends that parents appropriately manage the risk of athletes participating in too many events.

- Athletes (who turn 11 or younger in the year of the competition) may not enter any events.
- There is no restriction on athletes competing in both the Australian Athletics Championships and Australian Little Athletics Championships.
- Athletes must be turning 14 years of age in the year of competition to enter any steeplechase or 3000 metres event.
- Athletes must be turning at least 16 years of age in the year of competition to enter any event over 5000 metres or any men's open throwing, hurdles, or steeplechase event.

7 Warm-up & Training

Warm-up and training facilities are explained in the Appendix.

8 Accreditation

Accreditation must be collected at the time of initial entry to the venue. Athletes must always wear their accreditation.

Accreditation passes are not transferable. Athletes will not be granted entry to the stadium without an accreditation pass for any reason. Athletes that lose their accreditation will need to purchase an additional one at $20 from the TIC.

Accredited Australian Athletics coaches who have at least one athlete competing may apply for and will be provided with Accreditation. Accreditation gives access to the venue. Only athletes' technical officials, staff and media will have access to the competition area (which includes post-event and the medal staging area)

9 Call Room Procedures

A call room will be in operation. All athletes are required to report to the Call Room before all rounds of all events except the second and subsequent events within the combined events competition.

Having previously checked in, all athletes must report to the call room on time with their competition bib attached with no less than four (4) pins.

Hip numbers will be provided at the Call Room for those events that require them.

In the Call Room, athletes will be expected to demonstrate that their competition uniform and bibs, shoes and other equipment comply with the competition rules. Track athletes will leave the Call Room ready to run.

In exceptional circumstances competition management may allow track athletes to take warm clothing to the start line. If this is allowed, it will be advised at the Call Room and the athletes will be responsible for retrieving their own clothing from the start line.

Athletes will proceed to the start of their event from the Call Room accompanied by a Call Room Judge, Starter's Assistant or Field Event Official. Athletes who proceed to the event unaccompanied by a judge or an official may not be allowed to start.

The call times allow for marshalling and movement to the competition site. The remainder of the time may be used to complete the warm-up at the competition site (where the competition site is not in use). Warm-ups are only to be conducted under the supervision of officials.

If an athlete is already or likely to be competing in another event at the designated call time the athlete or someone on his/her behalf must notify the Call Room prior to the designated call time.

Please note that Para Wheelchair athletes will not be able to take their day chairs into the Call Room (except for those in seated throws).

Any changes in running order in relays are provided in the Call Room by competing teams.

The final entry time to the Call Room are as follows (times are prior to the scheduled start time). Note that these times are for closing the Call Room for these events, there will be a call for athletes 5 minutes before these when the Call Room will open for the event.

Event	Entry time to call room
Pole Vault	**70 minutes**
Discus, Javelin, Hammer, High Jump	**45 minutes**
Long & Triple Jump, Shot Put, Seated Throws (if combined)	**35 minutes**
Hurdles, Wheelchair Track, Seated Throws (if separate), Relays	**20 minutes**
All other track events	**15 minutes**

10 Start Rules - World Athletics Rule TR 16.7 & TR 16.8

a) For the able-bodied competition from U15 to Open inclusive, the World Athletics Rule will be applied.

b) For U14 competitions and below, one false start per race (not each athlete) shall be allowed without disqualification of the athlete making the false start. Any athlete(s), making further false starts shall be disqualified from the race. Where an athlete eligible for such an age group competes in an older age group, he/she will be subject to the rules applied to the older age group.

c) For all Para events, the start rule will be applied as per individual classification standards. (see later for information related to assistance)

- Starting blocks (for events up to and including 400m) are mandatory for classes T01, T11, T12, T13 and T20.
- Starting blocks may be used for sport classes T21, T35-38, T40-47 and T61-64 in all races up to and including 400m, these athletes may require their starting blocks to be set for them by the Starter's Assistant.
- A crouch start stance is not required by athletes in Sport Classes T21, T35-38, T40-47, T61-64 and T71-72.

d) Only those starting blocks supplied by the venue can be used. Private blocks are not permitted.

11 Rounds to be contested – Able Bodied

Rules for progression and qualifying rounds are as follows. These are the numbers of athletes checked-in and over-ride the World Athletics Rules and remain subject to change by competition management.

Where less rounds are scheduled, the scheduled rounds will be the maximum which will apply (unless changes can be made for fairness or exceptional circumstances as per World Athletics Rules)

Event	Confirmed athletes	Rounds
Open 100m* & Sprint hurdles (assumes 10 lanes)	1-10	Final only
	11-30	Two rounds
	Over 30	Three rounds
Underage (assumes 10 lanes)	1-10	Final only
	Over 10	Two rounds
200m	1-8 (8 lane track) 1-9 (9 lane track)	Final only
	9-24 (8 lane track) 10-27 (9 lane track)	Two rounds
	Over 24 (8 lane track) Over 27 (9 lane track)	Two rounds
400m and 400mH	1-8 (8 lane track) 1-9 (9 lane track)	Final only
	9-24 (8 lane track) 10-27 (9 lane track)	Two rounds
	Over 24 (8 lane track) Over 27 (9 lane track)	Three rounds (if pre-scheduled or able to be scheduled)
800m	1-10 (8 lane track) 1-11 (9 lane track)	Final only
	11-30 (8 lane track) 12-33 (9 lane track)	Two rounds
	Over 30 (8 lane track) Over 33 (9 lane track)	Three rounds (only if pre-scheduled)
1500m	1-15	Final only
	Over 15	Two rounds (only if pre-scheduled)
Over 1500m		Final only (May be divided into timed finals if the confirmed field is too large)
Open Field events	1-14	Single round
	Over 14	Two rounds where the qualification is scheduled in advance.
Field events for under age and schools athletes		Single round

At the discretion of competition management the above regulations may be modified to suit thelocal requirements. The “advantages” of conducting qualifying rounds for the purposes of World Rankings will be considered.

12 Rounds to be contested – Multi-Class Para Athletics

All multi-class athletics competitions will be contested as timed finals except for the open ambulant 100m and 200m where there are sufficient competitors to justify multiple rounds. Where heats and finals are used then progression to the finals is based on AA Para Points.

13 Track Progressions

For events up to and including 800 metres with semifinals (assumes 9 lanes).

7 heats:	First 3 per heat plus the next 6 fastest time to the semi-finals
6 heats:	First 4 per heat plus the next 3 fastest times to the semi-finals
5 heats:	First 4 per heat plus next 7 fastest times to the semi-finals
4 heats:	First 4 per heat plus the next 2 fastest times to the semi-finals

For events up to and including 800 metres without semifinals - and where there are semifinals.

6 heats:	First in each heat plus the next 2 fastest to the final
5 heats:	First in each heat plus the next 3 fastest to the final
4 heats:	First in each heat plus the next 4 fastest to the final
3 heats/semifinals:	First 2 in each heat plus the next 2 fastest to the final
2 heats/semifinals:	First 3 in each heat plus the next 2 fastest to the final

For the 1500m

4 heats:	First 3 per heat plus the next 3 fastest to the final
3 heats:	First 3 per heat plus next 3 fastest times to the final
2 heats:	First 5 per heat plus the next 2 fastest times to the final

Next Fastest

The ‘next fastest’ will be decided on times to 0.01 second. If the times are equal and there is space available, then both or all such athletes will be advanced. Where there is no space available then the photo finish will be re-read to 0.001 second if possible. If further ties remain then there will be a coin toss.

14 Track Progressions where a Preliminary Round is conducted

The open 100m, 200m, 400m, 800m and 400m Hurdles Championships may be conducted with the addition of a preliminary round (see below). For the purposes of selecting the athletes to be seeded into the First Round then competition performances in the Championship year and the year prior to the Championship are considered.

14.1 100 metres

Preliminary Round: At least the winner of each heat plus sufficient additional fastest times to make 45 athletes inthe First Round (5 heats of 9 athletes). Approximately 24 athletes will be directly seeded into the First Round. This will include a maximum of 5 foreign athletes (representing a foreign country, not those eligible to run for an Australian state)

14.2 200 metres

Preliminary Round: All of the athletes in the 100m final who have checked-in (for 200m) will progress directly to the First Round and as many of the remaining checked in athletes (based on seed rank) to make up a maximum of 15 athletes will also be progressed to the First Round. This will include a maximum of 3 foreign athletes (representing a foreign country (including those in the 100m final), not those eligible to run for an Australian state). All remaining athletes will contest the Preliminary Round. The top 8 (for 8 lane track) or 11 (9 lane track) ranked athletes (winner of each heat plus sufficient next fastest times) from the Preliminary Round will progress to the First Round.

14.3 400 metres, 800 metres and 400 metres Hurdles

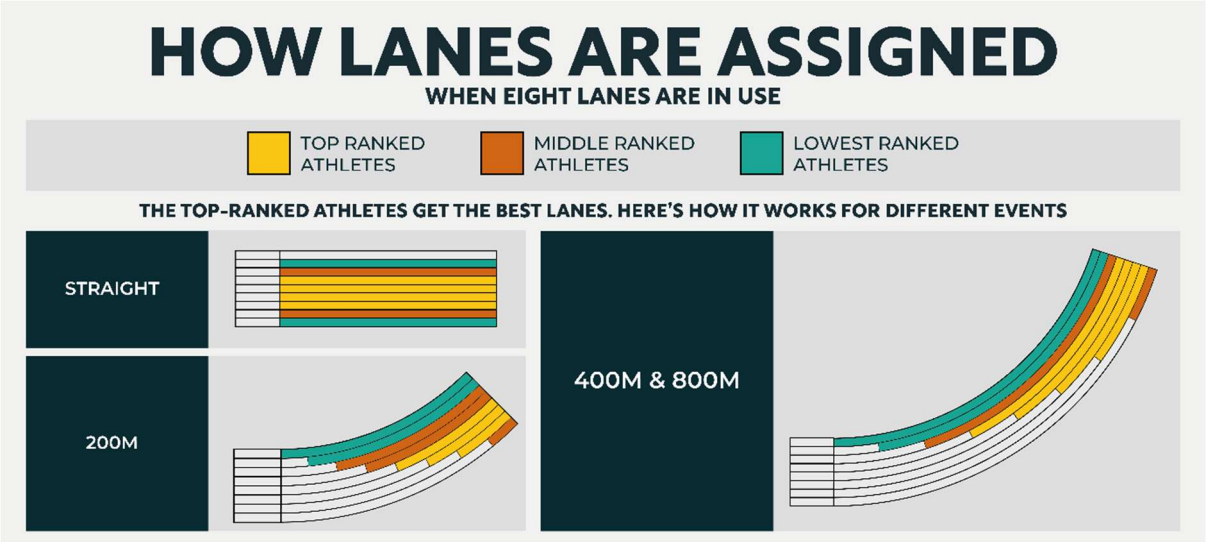
Preliminary Round: At least the winner of each heat plus sufficient additional fastest times to make 24 athletes (or 27 on a nine lane track) in the First Round (3 heats of 8 or 9 athletes). Approximately 15 athletes will be directly seeded into the First Round. This will include a maximum of 3 foreign athletes (representing a foreign country, not those eligible to run for an Australian state). If there are less than 24 athletes entered (or 27 on a nine lane track) then the preliminary round shall be cancelled.

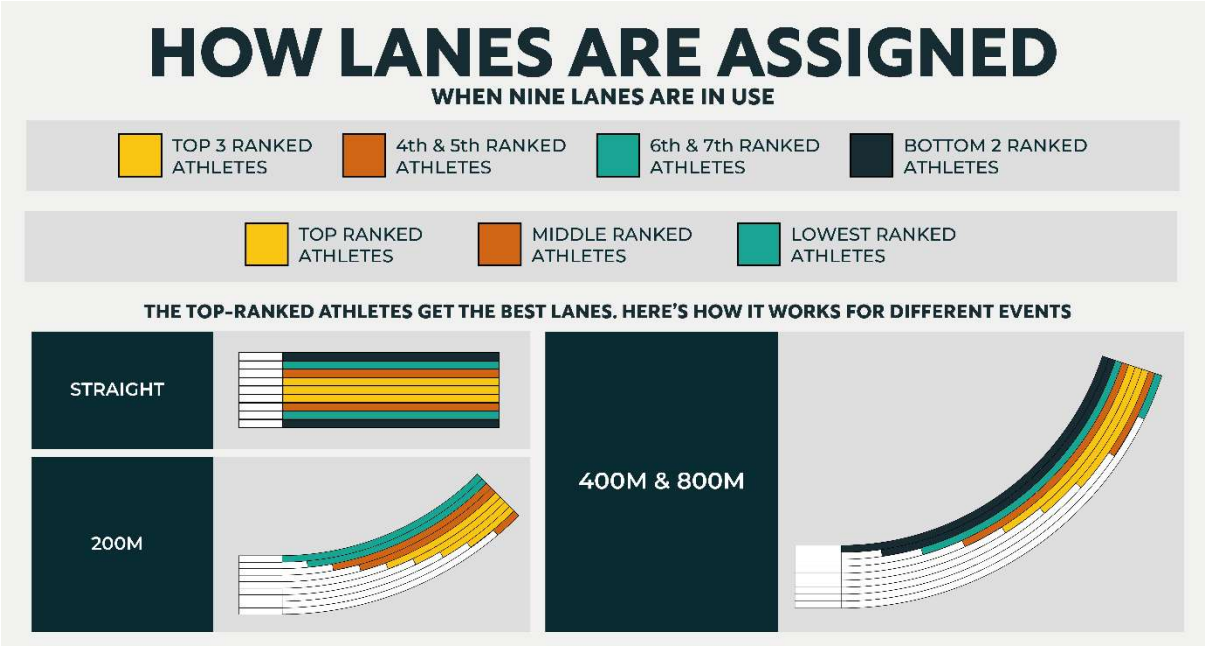
15 Seeding Performances

The seeding performance to be used in Championships conducted in February or later in the year are from performances in the same year as the Championships.

16 Preferred lanes (for lane allocation after the first round)

The preferred lanes for events from 100m to 800m inclusive (including hurdles) will follow the World Athletics rules TR20.4. For a 9-lane track using only 8 lanes then all lanes are moved out by one (TR20.4).





17 Additional Lanes

Where there is an "extra" lane available in the final (up to 9 in 100m-800m) then the additional lanes will be used in all rounds after the first round. This additional lane will be used in the following priority order:

In the semifinal

1 – According to the published progression system regardless of nationality.

In the final

1 – In the normal way to accommodate ties or advancements by referees or the jury (see next fastest above)

2 – To recognize Australian athletes where there is at least one foreign athlete in final

Foreign Athletes
Where there at least one foreign athlete progresses to a final of 8 (up to 800m) then if there is an 9th lane available in the final and has not been otherwise used as above then the next fastest Australian (maximum of one) will be added to the final. A foreign athlete for these purposes is an athlete representing a foreign country in the Championships (not a foreigner who resides in Australia and is representing an Australian club/state).

3 – Allocated to the next fastest athlete (regardless of nationality)

18 Replacements – for open able bodied competition only

Where an athlete withdraws from a round of competition after the initial round, the athlete can be replaced by the next most qualified athlete. This will only be done where sufficient time is available to notify and prepare the next athlete. The competition will not be delayed for the incoming athlete. Athletes who, after the initial round, do not plan to take any further part in the competition are encouraged to notify the TIC as soon as possible to enable the procedure to be completed.

The replacing athlete will take lane/position of the withdrawn athlete (assuming the withdrawal takes place after the draw is completed). If the draw is not completed then usual lane draw rules apply.

Athletes who do withdraw are still subject to World Athletics TR4.4.

19 Draws and cancelled rounds

The draw shall be made approximately 80 minutes before the advertised start time of the event. Where all scheduled rounds of a competition are not required then (unless otherwise advertised in the schedule):

- the first round will be cancelled for events with two rounds.
- the semifinal will be cancelled for events with three rounds unless otherwise advised in advance.
- Where there are insufficient athletes for a planned preliminary round then the preliminary round will be cancelled.

20 10000m Race Walk Cut-off policy

The following cut-off times may be enforced for the 10000m Race Walk.

Open Men 54 minutes Open Women 60 minutes

U20 Men 60 minutes U20 Women 64 minutes.

When the times (as listed above), are reached, the race for that age group will stop and the athlete will receive a rank but no time. The Competition Director and Technical Delegate reserves the right to use a commonsense approach if an athlete has a short distance remaining.

21 A and B Finals

Where any event is conducted with A and B Finals then where athletes have the same time to 1/100 and are from different heats then times are not taken to 1/1000 for the purposes of giving medals. If in same heat, then placing still applies.

22 Field Events

In the **U20 and Open** age groups (including Para Athletics), all athletes will have three (3) trials. At the conclusion of the 3 trials, the top eight (8) athletes will have three (3), further trials. The competition order will be changed after round 3 only. **In Para Athletics events, the competition order will not be changed.**

For U13 – U18 age groups (including Para Athletics), all athletes will have three (3) trials. At the conclusion of the 3 trials, the top eight (8) athletes will have one (1) further trial. The competition order will be changed after round 3 only. **In Para Athletics events, the competition order will not be changed.**

The take-off boards to be used for triple jumping events and the starting heights in high jump and pole vault are set out in qualifying conditions for the competition (Championships).

Where qualifying rounds are required to be held the Technical Delegates will determine the automatic qualifying heights or distances. If less than 10 athletes achieved the automatic mark, the next best athletes will be included to make a final of 10. Where required countbacks will be applied.

To facilitate faster qualification competitions for the elite athletes in vertical jumps the qualification may be split into pools with one pool starting at or near the designated qualification mark.

Jump offs will be conducted under World Athletics TR26.9. The Technical Delegate can terminate the jump-off if the prevailing weather or light conditions justify the termination of the competition at that point.

All athletes in **seated throws** will do their throws consecutively. A reasonable amount of time will be permitted for an athlete's throwing frame to be secured in the circle before the athlete attains a seated position on the throwing frame. The maximum time allowed for athletes to secure themselves to the chair and have as many warmup throws as time permits is:

- 4 minutes for F32-34 and F45-57
- 5 minutes for F31 and F51-53

Athletes will be allowed a one-minute break between their third and fourth throws.

23 Relays

For all mixed relays the order will be Male, Female, Male, Female.

Overseas teams will not receive medals in relay events

The running order for all teams must be submitted 2 hours before the scheduled start time. Teams will be able to make changes in the Call Room.

24 Personal Implements

Athletes who wish to include their own throwing implements in the equipment pool (which may be used by any athlete in the same competition), must lodge them with the Technical Manager at the **Technical Room**, no later than **three (3) hours**, before the scheduled start time of their event on the day of competition or on a previous day (for events that are held early in the morning). The technical room will not open before 7.00am each morning so athletes need to be aware of close off times.

Any such implements will be impounded until after the competition when athletes may collect them from the Technical Room. If qualifying is held in field events and personal implements are lodged, and the athletes that lodged them make the final they will be impounded until the final is held.

Please note that World Athletics TR32.2 limits the number of personal implements added to the pool per person to a maximum of 2. There should be no **rough stickers** on the discus. **Both ends of the hammer wire must be covered by "clear plastic tubing to prevent the wire unravelling during competition."**

Athletes are to provide their own vaulting poles. Australian Athletics will not provide poles. Poles must be lodged at the Technical Room no later than **three (3) hours** prior to the event and be clearly labelled with the athletes NAME, CONTACT NUMBER and EVENT (& AGE GROUP).

25 Take-off Boards for Triple Jumping Events

The following boards will be used for Championships and will not be changed.

Men	Age Group	Women
13m	**Open**	11m
11m or 13m	**U20**	9m or 11m
11m or 13m	**U18**	9m or 11m
11m or 13m	**U17**	9m or 11m
9m or 11m	**U16**	9m or 11m
9m or 11m	**U15**	9m or 11m
9m or 11m	**U14**	9m or 11m

26 Race Walking - Penalty Zone

The Penalty Zone will be in place for the race walking events 5000 metres and longer.

27 Shoes and Spikes

All athletes should be familiar with World Athletics Rules relating to shoes and spikes, see the excerpts from the World Athletics Shoe regulations.

All athletes should be familiar with World Athletics Rule TR5.2 and World Athletics Shoe Regulations 10 and 11 (the most relevant provisions of which are set out below).

10. Technical Requirements for Athletic Shoes

10.1 Unless specifically agreed by the Chief Executive Officer (or their nominee) in writing, any Athletic Shoe worn in Applicable Competitions must, at the points set out in Regulations 10.3 and 10.4 below, have a sole with a maximum thickness as set out in the table in Appendix 3. For the avoidance of doubt, the maximum thickness of the soles excludes the thickness of an additional inner sole, other insertion or addition that are inserted in accordance with Regulation 7.

10.2 The sole of the shoe (including the part beneath the heel of the Athletic Shoe) may have grooves, ridges, indentations or protuberances, provided these features are constructed of the same or similar material to the basic sole itself.

11. Athletic Shoes: Spikes

11.1 The sole of the shoe (including the part beneath the heel of the Athletic Shoe) may be so constructed as to provide for the use of up to 11 spikes.

11.2 Any number of spikes up to 11 may be used, but the number of spike positions must not exceed 11.

For clarity, adding inner soles, other insertions and additions to an Athletic Shoe is allowed but only in the following circumstances:

(a) the additional inner sole or insertion is a removable Orthotic (i.e., it cannot be permanently fixed inside the shoe); or

(b) the addition is a heel raise or heel cap (e.g. to jumping shoes) or a brace or strap (e.g. to thrower shoes).

For the avoidance of doubt, the use of an Orthotic, a heel raise or heel cap as above does not fall within the maximum thickness for soles set out in the table in Appendix 3 of the World Athletics Shoe Regulations, with the intent that any other type of additional inner soles, insertions or additions are not permitted.

See the full World Athletics Shoe Regulations

and the online tool to check your shoes.

Please also note:

New Sole Thickness Table – in force from 1 November 2024

Event	Maximum thickness of the sole (as per Regulation 10.6 of the Regulations).	Further Requirement/Note
Track Events including hurdle and steeplechase events	20mm spike shoe or non-spike shoe	For relays, the rule applies to the distance of the leg being run by each athlete. For Track Race Walking Events, the maximum thickness of the sole is the same as that for Road Events.
Field Events	20mm spike shoe or non-spike shoe	For all Jumping Events, the sole at the centre of the athlete's forefoot must not be higher than the sole at centre of the athlete's heel referred to at Regulations 10.3 and 10.4 (i.e. at centre point of the shoe at 12% and 75% of the shoes internal length).

28 Combined Events

The Combined Events competition will be conducted under the World Athletics false start rule TR39.8.3. In Track Events, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts in the race shall be disqualified.

Starting heights will be determined by the Combined Events Referee in consultation with the athletes. These will be available in the Combined Events Rest Area.

29 Para Athletics - Classification

An athlete intending to compete in a Para Athletics event must have a formally recognised National (not provisional) or International Level Classification.

Athletes must not enter unless they meet the classification requirements unless arrangements are already in place for classification in the host city immediately prior to the Championships.

30 Para Athletics - Baseline Performances

Baseline provides a simplified way for athletes, administrators, and coaches to compare performances in multi-class events across all athletes with an eligible classification. Baseline uses a base time/distance/height in each class for each contestable event and measures this against the individual athletes' performance to generate a score.

Australian Athletics (AA) may change or amend the Baseline guidelines and associated resources (including base performance) at any time. For further information on Baseline performance and the Baseline performance template please head to the Australian Athletics website.

31 Para Athletics – Assistance / Guides

31.1 Assistance without any requirement of paperwork / forms / approval

T11-12 Guide Runners, all athletes in the T11 classification run with a guide and are blindfolded, T12 athletes have the option to use a guide.

F31-33 and F51-54 can have one assistant per athlete per event.

T11/12 – Can have two (2) guides for jumping events.

F11/12 – Can have one (1) assistant per athlete for throwing events.

No other classes are entitled to have an assistant on the field of play.

31.2 Assistance which requires approval (appropriate forms)

31.2.1 Form Required and always Approved:
Starting Block Assistance (starters assistant) for T12, T20, T21, T35-38, T40-47, T61-64, T71-72
Field Event Assistance (runway markers by field judge) for T/F20, T/F21, T/F35-38, T/F42-47, T/F61-64

31.2.2 Assistance outside of those above may still be permitted but would require justification and approval by the Technical Delegate in advance of the day of competition. Applications of this type must be submitted at the time of entries and should include:
- the rationale for requiring assistance;
- the health or safety risks that may arise in the event without assistance
- be accompanied by medical or other professional evidence to support the request

31.3 Assistance for athletes with a hearing disability which requires approval

Starting lights systems are regarded as personal equipment and the athlete needs to provide their own. Athletes requiring deaf lights should fill out the appropriate form (available on the website) and submit it to TIC the day before the competition.

31.4 Ambulant Para Athletes must be able to move from the Call Room to the event site walking, use of wheelchairs or similar are not permitted for safety reasons. Athletes unable to do this will be considered DNS.

32 Para Athletics – MASH

32.1 For athletes requiring a MASH (T61/T62), in para athletics:

- There is a dispensation of the MASH requirement in Under 15 competitions at all levels
- Athletes competing in Under 17 competitions and above at national level must have an approved MASH. States to make their own decisions in state-based competition.

32.2 For athletes requiring a MASH (T61/T62), in able bodied competition:

- There is no dispensation for any age athletes in national level competition.
- If an athlete without a valid MASH participates in a WRC then the competition organiser MUST ensure that the results ARE NOT included in the results provided to World Athletics. (as per WAR C2.1B)
- If an athlete wants to compete in able bodied competition then an International Classification is required followed by the approval by World Athletics.

33 Para Athletics – Coaching for Seated Throws

Athletes in seated throwing events are unable to move to the edge of the track to receive coaching support in the same way as athletes in other events.

To facilitate appropriate coaching support between attempts, coaches will be able to move from a designated location near the site of each seated throwing event to provide advice to athletes. This location will be determined by the Referee on an event-by-event basis.

Sport Class F31-33 and F51-54 are allowed one assistant per athlete as per WPA rules. If the assistant is also the coach, they will be permitted to move to the designated location when it is their athlete's turn to provide coaching advice between their trials.

For Sport Classes F34 and F55 – 57, or where the assistant is not the coach, the coach will be granted access to the FOP to provide coaching advice to their athletes during their trials.

In the Club Throw and Discus Throw the coach must be escorted both in and out of the cage with no delay to the event.

No coaching is allowed from any other location within the FOP and no recording devices are permitted within the FOP.

33.1 Procedure

- While the athlete is being secured to their throwing frame, the coach (if not an assistant) will be escorted from the coaching area outside of the field of play to the designated location within the FOP. Once assistants (where applicable) have finished helping their athlete, they will move either to the designated location to assume the coaching role (if also the coach) or back to their designated seating for assistants within the FOP.

- After each attempt the coach may move to and speak to the athlete until the next attempt is announced. The coach must then return to the designated location within the FOP and can only talk to the athlete after they have completed their next attempt. The coach must be silent throughout the attempt.
- Once an athlete has completed all their attempts, coaches who are not the assistant will return to the designated coach's seating and assistants will return to their designated seating within the FOP.
- The next athletes coach will be escorted onto the FOP if applicable.

This process will be repeated for all athletes until the event is complete.

34 Physiotherapy and Massage

Teams and individuals are responsible for their own services and should refrain from setting up physiotherapy and massage tables in areas that block access and egress from the venue.

35 Post Event Procedures

At the conclusion of each event (including field events, heats, and semi-finals) athletes must report immediately to Post Event Control located near the finish line end of the track. Doping control may be conducted. If athletes have other events or duties (such as interviews or presentations) they should sign the acknowledgement and ask the chaperone to wait.

36 Medal Presentations

After the championship finals, medal presentations will be made as soon as possible after the event. All placegetters are asked to assist with this procedure by going with an official at the completion of the event. Each athlete must wear either their competition singlet or tracksuit top for the presentation.

All medals, including para, (gold, silver, bronze) will only be awarded if three (3) or more athletes/teams participate in the event. Where two athletes/teams participate then only the gold medal will be awarded. There will be no medal awarded where only one athlete participates.

For Underage Para and Open Para field events the results from Ambulant, Wheelchair/Seated and Frame Running will be combined to produce a final result.

For the Open Para track events the medals will be awarded separately in Ambulant/Frame Running and Wheelchair unless multi-class rules have been applied due to insufficient entries.

Medals will be awarded separately for Paralympic Pathway and National Para Events where the competition has been divided.

International athletes will be awarded a medal if they finish in the first three. No medals will be awarded to overseas relay teams.

37 Concussion in Sport

Australian Athletics is a signatory to and follows the Concussion Guidelines available at https://www.ausport.gov.au/concussion.

38 Anti-Doping

A reminder this is a National level Australian Athletics event. Sport Integrity Australia can conduct anti-doping testing at any event or competition.

It is your responsibility to ensure you are aware of your obligations to clean sport.

All **Australian** athletes are required to complete online Sport Integrity Australia eLearning prior to the event:

- Anti-Doping Fundamentals
- The latest Annual Update

All **International** athletes are required to complete equivalent Anti-Doping online WADA online eLearning prior to the event

Competitors are aware:

- of medications and supplements not allowed within competition.
- Sport Integrity Australia App & Global Dro Australia APP helps provide some product search assistance.
- testing and certification of sports supplements cannot provide athletes a 100% safety guarantee
- if they fit the criteria to apply for an in advance Therapeutic Use Exemption (TUE)

39 Protests & Appeals

These must be lodged initially with the relevant Referee as per World Athletics Rules (WA TR8).

Appeals to the Referee Review Panel can be made after a Protest to the Referee is dismissed, are to be made in writing on the appropriate form and lodged with the $50 fee. Appeals may be lodged by either the athlete orathlete's representative (usually the Team Manager) and are to be lodged in the TIC.

The Referee Review Panel (replacing the Jury of Appeal) will operate as below:

A Referee's Decision Review Panel comprising two (2) persons, shall hear any appeal made in accordance with the applicable World Athletics Rules. For the avoidance of doubt, this Panel will act in place of the Jury of Appeal and no Jury of Appeal shall be appointed for these competitions Two panel members shall hear any appeal. Panel members will be nominated by the Technical Delegate(s) (or the Competition Director if Delegate(s) are unavailable) from amongst the other referees appointed for the competition, provided that any such person is not involved in the matter which is the subject of the appeal.

The Referee's Decision Review Panel shall discharge its duties in accordance with the World Athletics Rules applicable to Juries of Appeal and any variations prescribed by or arising from these General Rules. A member of the Referee's Decision Review Panel shall make a report to the Competition Director detailing any appeals heard and the decisions made.

If at least one Member of the Panel agrees with the original decision of the Referee, such decision shall prevail. If both members disagree, they shall make a decision which shall be substituted for the original decision. Alternatively, the Panel may request the Referee to make a new decision with which they agree.

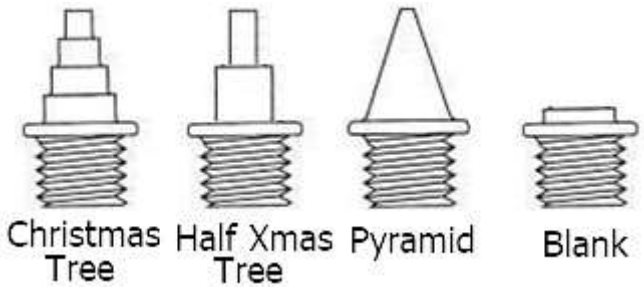
For out of stadia championships, trials or World Ranking Competition or World Athletics Label Race conducted under the direct jurisdiction of Australian Athletics, where no other referees have been appointed, no appeal shall be allowed, and the decision of the Referee shall prevail. In accordance with World Athletics Rules, where new evidence becomes available such Referee shall fully review their original decision.

Eligibility protests under World Athletics Technical Rule 8.1 shall be dealt with by the Technical Delegate(s). Any appeal shall be dealt with by the relevant governing body – for national events, Australian Athletics and for events below national level, by the relevant Member Association under whose jurisdiction the event is being conducted.

40 Appendices – Competition Specific Information

40.1 Appendix 1 - Permitted Spikes

Only Christmas Tree or Pyramid spikes are permitted at this venue. Needle spikes are banned and are not used under any circumstances. These will be checked in the Call Room. Spike length is a maximum of 7mm for track and 9mm for Javelin and Jumps.



40.2 Appendix 2 - Qualification standards in field event qualification rounds

If the qualification round is required in field events in open competition then the following qualification standards shall apply.

Men	Event	Women
	High Jump	
	Pole Vault	
	Long Jump	
	Triple Jump	
	Shot Put	
	Discus Throw	
	Hammer Throw	
	Javelin Throw	

40.3 Appendix 3 - Starting heights & progressions in high jump and pole vault

Women's Pole Vault	
Open Qualifying	
Open Final	
Under 20	
Under 18	
Under 17	
Under 16	
Under 15	
Under 14	

Men's Pole Vault	
Open Qualifying	
Open Final	
Under 20	
Under 18	
Under 17	
Under 16	
Under 15	
Under 14	

Women's High Jump	
Open Qualifying	N/A
Open Final	
Under 20	
Under 18	
Under 17	
Under 16	
Under 15	
Under 14	

Men's High Jump	
Open Qualifying	N/A
Open Final	
Under 20	
Under 18	
Under 17	
Under 16	
Under 15	
Under 14	

40.4 Appendix – Venue Locations

- See OnePlan for Sydney
- See OnePlan for Brisbane